

Coastal News

email: coastalnews@mapua.gen.nz

covering Mapua & Ruby Bay
run by volunteers

Wide discussion on Mapua draft plan

The July meeting of the Mapua & Districts Community Association had an excellent turnout with over 50 people attending, including Crs Trevor Norris and Brian Ensor and the Mayor, Richard Kempthorne. There was lively, robust and at times frank discussion in regard to the main subject those who attended had come to hear about – the Draft Mapua Structure Plan.

Rose Biss and Steve Markham of the Tasman District Council brought the meeting up to speed with the Draft Plan after the receipt of 38 submissions from the community.

Submissions covered a wide variety of issues, including vision, plan boundary, character, movement networks, productive land, open space, walkways & cycleways, coastal protection, deferment of development, actual services and the difference perceived between commercial and business proposals.

What next? The council had given instructions on how it would like to progress these issues. Changes would be drafted but not notified until the District Plan became operative after October; there would be other projects included in asset management and in the long-term community plan. It was felt positive that the new LTCCP document would come out at the end of the year in support of policy plans.

Extensive discussion involved some of the following comments from those at the meeting:

- Recent submissions and those from 2004 were still not truly reflected in the Draft Structure Plan – Where was the big picture, the detail, the questions and answers?
 - It was imperative that transport issues 20 years out must be part of the Structure Plan;
 - The lack of provision in the Plan for public transport system was of major concern.
 - Deferment of zoning issues needed to be clarified and better defined;
 - The Association had invited Council to peruse the Riverhead Structure Plan as a vision of what the MDCA wanted to see. But where was the passion?

- The current Draft Plan made it a challenge to re-engineer Mapua to become a notion of a relatively self-sufficient community, a laudable vision. There was a need to encourage local business and business services that would come along with the foresight for that vision.

- Members agreed that there was a mis-match of expectations in regard to issues of transport, biodiversity, transportation into the future, services, sustainability concepts, ecological attitudes, restoration and other issues.

Cr Norris pointed out that when the council considered planning perspectives and the future use of land, it had to consider hard. The area was limited in terms of flat land, 50% of which was subject to flooding; it had extensive coastline and hill areas beyond. If the council allowed some of these things to go ahead under an infrastructure that couldn't be

Contd. on p2

This month in the Coastal News

Garden News	p4/6
Mapua Wetland	p5
Mapua Hall Society	p7
Animal Health	p8
Hills Community Church	p9
Your letters	p12
Health News	p17
Soccer Club	p21

supplied, it would not be many years before the community was complaining to the council, so it was important for the community to not only think about what it wanted but to also think about how the required infrastructure was supplied. Steve Markham agreed, adding that there were a lot of assumptions behind details in the plan so it was important for membership and the community as a whole to get to grips with the processes.

Two other presentations were made at the meeting:

Sustainable Transport Forum

Christine Musgrave provided an outline of the Sustainable Transport Forum as part of the sustainable futures group.

- It was up to us as a community to be creative and use existing resources. These included bus and/or different forms of public transport. Concepts of car-pooling, car-stops and other forms of sustainable transport were discussed.

- Various websites were available to provide an overview of how these can work for communities. Christine proposed that a group be formed to brainstorm the concept – this needed some champions.

- Members were invited to contact Jenny Easton who offered to co-ordinate a community response to push this forum along for the community.

Other issues discussed were:

Mapua Waterfront Park

A consultant had been appointed by the council to begin design work. It was therefore timely to conclude other processes in regard to audit and sign-off by the Ministry for the Environment.

Cr Norris noted that the advisor's brief was to consult the community before the planning process began. Details in that regard would be dealt with by the sub-committee.

Seawall and Esplanade

Preliminary designs were expected in the next 3-4 weeks on completion of the seawall. There was extensive discussion in regard to the amount of land that had disappeared in just 3 ½ years. The TDC was committed to completing the last link of seawall. It was acknowledged that flexibility of timing for the work was an important factor in terms of seasonal accessibility.

Cr Norris emphasised that the process the council had gone through had been exhaustive. It was his understanding that where the esplanade had disappeared that area would be rebuilt behind the new wall. Adjacent landowners would make a contribution to this project as part of the prerequisite before the council approved funding.

Council representation would be requested for the next meeting of the association in regard to the seawall & reserve to bring membership up to speed on this issue.

National Awards

David Mitchell noted that two top national awards had been awarded to two local people:

- Author Melanie Drewery had recently won the premier award for a picture book at the New Zealand Post Children's Book Awards, for her book *Tahi – One Lucky Kiwi*. Her success this year follows the selection of her recent book for small children *The Grumble Rumble Mumbler* to be read at New Zealand's biggest Storytime last year during National Library Week.

- Gillian Pollock had received the Forest and Bird Society's premier award, an Old Blue, for a lifetime of dedicated and committed conservation work. Much of this was in Nelson, where Gillian has done a lot of work for and with birds as well as being involved in practical conservation work and making many submissions to local bodies. The award also recognized a lot of dedicated work Gillian did in South Canterbury, particularly the way Gillian was able to encourage local bodies and authorities to work together on weed control in the Upper Ashburton River catchment.

Mapua Inlet Restoration Project

A public meeting will be held on 4th August in the Bowling Club Rooms at 7.30pm. Anyone interested in knowing more about this great project are invited to come along to hear what it's all about.

Next Meeting

The annual general meeting of the association will be held on Monday 11th August 2008 at 7.30pm in the Mapua Hall (Supper Room), to be followed by a general meeting. Everyone is welcome to attend—it's your community!

Pam Stinton, Secretary

Edited by Andrew Earlam (advertising) 540-2845, Terry Smith (editorial) 540-3203, and compiled by Barbara Mercer, 540-3022. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. Deadline for paper copy at the Mapua Store and e-mailed items (preferred) to coastalnews@mapua.gen.nz is the 20th of the month. Small ads are by gold coin donation in the collection boxes, club notices free. Printed by the Tasman District Council.

Garden Notes



August weather can be the most unpredictable month of the year—icy squalls one day and mild the next. In central districts such as ours, the first welcome signs of spring mean that many seeds can be sown, mainly in trays, as we can still experience quite hard frosts, but pansies, asters, carnation, cornflowers, marigold and zinnias will germinate as the daylight gets longer.

Seed trays are inexpensive to buy, and with a sheet of glass, plus newspaper, a good seed-raising mix, and you are under way. Even though I do have a very small greenhouse I still cover my trays with newspaper.

Most seeds require darkness to germinate. Remember to water the seed mix before planting, and you probably won't have to again until they are well through the soil.

Seeds of cyclamens germinate in temperatures that have distinct night and day fluctuations. Prick out seedlings as soon as possible using a flattened stick.

The vege patch is now the one area that has become extremely important as the prices hit the roof. As the soil begins to warm up many veges can be sown—cabbages, carrots, silver beet—towards the end of the month, and beetroot, celery, swedes, turnips, lettuce, and a row of early potatoes in a sheltered spot.

Tender plants such as aubergines, capsicums, marrows and squash can be grown under glass, or

left until mid-spring. Aubergines and capsicums take five months of warm weather to crop, so are best sown as soon as possible.

August is the final month in which one can plant deciduous fruit trees. Lemons need feeding now, they are heavy and constant bearers of fruit, and a 10-yearold tree can take at least two kilos of citrus fertiliser

a year.

This is the month to spray peach and nectarine trees against curly leaf, which does seem to be prevalent in our area.

Apples must be sprayed for black spot, otherwise the fruit will be disfigured. This disease also attacks pears, quinces and citrus.

There are many gardeners who have a love for peonies, those with the magnificent blooms. All peonies require a cooler part of the garden, are gross feeders and are peeping through right now, so feed with blood and bone as it wont burn the sprouts like potato fertiliser will.

Towards the end of August the corms of tuberous begonias will appear in retail shops. I was quite surprised just how many gardeners grow these magnificent pot plants, or in baskets. They are well worth every effort one puts into them. The flowering season is a long one and the colour range is most brilliant. So, happy August.

Barry Highsted.

Preschoolers start planting young

About 15 Correspondence School preschool children and their families were involved in a mid-winter tree and shrub-planting organised by the Friends of Mapua Wetland. On a frosty June 19 at the Mapua Playcentre, the children from rural Nelson each “potted up” either a Moutere Hills native kowhai tree or a hebe shrub which they then took home to put in their family gardens.

Four-year-old twins Oliver and Emily Wood from Dovedale (pictured) were among those who enjoyed planting, something their father Peter said they were used to. The hebe and kowhai they chose were being kept under shelter at the moment, he said. Because of the heavy frosts they get in their area, the family wanted to wait for warmer weather before planting them out.

David Mitchell and Janet Taylor of the Friends organised the planting session, which was one of two for correspondence pre-school pupils in the Top of the South Island.

Meanwhile, a group of 12 Mapua School children working under Deputy Principal Mandy Stephens are starting an environmental education programme based at the wetland. It will cover propagating seeds, caring for seedlings and planting and protecting young plants.

The Friends of Mapua Wetland’s environmental education programme was recently supported with a \$350 grant from the Mapua-Ruby Bay and Districts Community Trust.

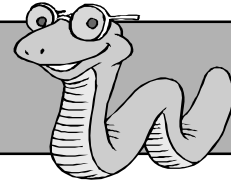
WANTED

Friends of Mapua Wetland Inc is seeking two wooden picnic tables suitable for Mapua School pupils to use while planting seeds and potting up seedlings. They would be used for our school environment education programme, which runs from now till December. If you have something suitable and are prepared to lend it or sell it for a realistic price, please phone David Mitchell, 540-2873.



Correspondence School teacher Helen McConnell from Wellington helps twins Emily and Oliver Wood, 4, of Dovedale to pot up a kowhai tree and a hebe shrub before they take them home to plant.

Coastal Garden Group



The day of the club's AGM dawned wet – very wet. We were therefore pleased that the skies brightened as the morning wore on and the weather did not deter a good crowd from turning out to our meeting and spit roast lunch.

After the opening formalities Barry read his report as chairman for the year, taking us back through the speakers we had enjoyed and the gardens we had visited. He thanked his committee and announced that Valerie, Heather and Joy will be stepping down this year. After the financial report the results of the Bloom, Cluster and Shrub competition were announced with Joy in first place, Jenny Ralfe second and Anne-Marie third. This fun competition will start again in August and members were encouraged to start planning for the Spring Show which will be held in September.

With tummies rumbling the election of officers and committee (with two new members joining the team) ended proceedings for the meeting.

Members and guests then enjoyed a roast lunch with a choice of dessert followed by coffee and chocolates. The assortment of headgear worn for the hat competition was varied and showed more than a little creative flair. The judges were given a hard time choosing just two to be declared as winners. Thank you to everyone who took part and helped make the event an enjoyable and successful occasion.

Our regular meetings resume on Thursday 7th August at 1.15pm in the Supper Room at the Mapua Village Hall. All enquires to either Barry Highsted (540-3139) or Anne-Marie Giddens (540-2335).

PUBLIC MEETING

A **Restoration Project** for the Mapua Inlet will be the subject of a public meeting to be held on **August 4th at 7.30pm**

at the **Bowling Club**, Mapua Domain.

The meeting will determine if there is public support for the project as well as seeking ideas and suggestions.

There are copies at the library of the Mapua Inlet Resoration Strategy by Michael North written in 2006, which provides suggested strategies and technical advice and makes very interesting reading if you would like some background before the meeting.

Hope to see you there.

Plant Stall

The Coastal Garden Group's annual plant stall will take place on Saturday 13 September. As usual we are inviting other local community groups who wish to have a stall that morning as a fund-raiser to please contact either Barry Highsted (540-3139) or Anne-Marie Giddens (540-2335). The stalls will coincide with an auction to be held in the hall.

Mapua Hall Society

Changes under way for the hall

A number of matters affecting the hall have been progressed during the past month.

Firstly, in order to progress our registration with the Charities Commission, two changes to the Hall Society's constitution have had to be made. This occurred at a Special General Meeting of the Society on July 9 and the changes have been forwarded to the Registrar of Incorporated Societies for registration. These involved the tightening of two clauses in the constitution. One to ensure that no member of the Society or an associated person could gain any personal financial benefit from the Society's activities except as a legitimate contractor; and one to ensure that should the Society be wound up, assets or profits would be distributed for charitable purposes. These changes had to be made quickly to meet a Charities Commission deadline.

This action precedes a full rewrite of the Hall Society's constitution which will begin soon to bring the constitution into line with the requirements of the Incorporated Societies Act.

Secondly, a review of the Society's accounting system has highlighted a few inequalities in the manner in which hall rental have been charged. In order that this process may be fairer to all users a small change in some hire rates has been made and will come into effect on 1 August. Most users will be unaffected by this since the base rate has remained unaltered.

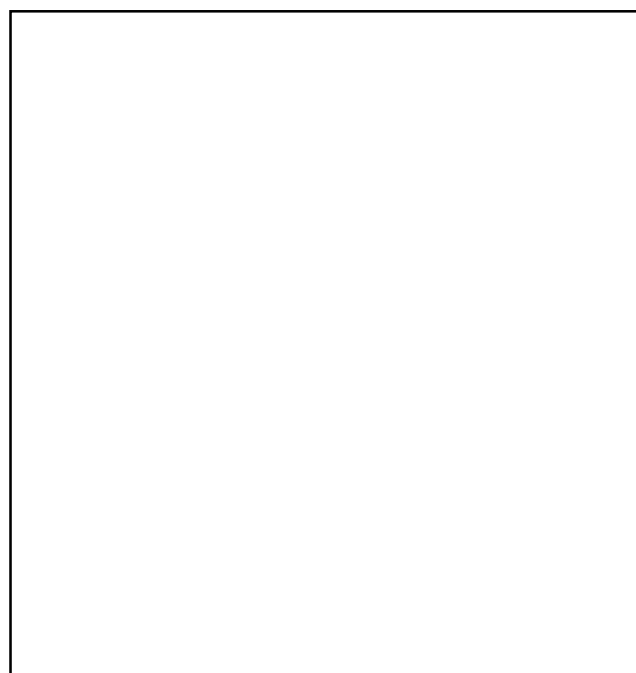
As part of that review it was determined that the committee had no idea of how many hall keys are in

circulation, who holds them and how many unauthorised copies exist. Accordingly, the locks on the hall door will be changed on 1 August to security keyed locks. Those people or groups who begin their use of the hall when Video Ezy is not open (before 11 am daily and on a regular basis) may obtain a key from John Sharman (540-3642) or Peter Butchart (540-2686). The issue of keys will be recorded and a \$25 refundable bond will be required to be paid. It will not be possible for individuals to have these keys copied.

Thirdly, the feasibility study progresses slowly. We have met with a building consultant who will filter the ideas gleaned from the study and from discussions with committee members into a set of sketches for further discussion. It is one thing to have wants and ideas, but quite another to ensure that these fit in with what is permitted by the various regulations.

The committee has been advised by our insurers of a need to have the wiring in the hall checked and if necessary to have the switchboard upgraded. This will hopefully be completed by the time this issue of the *Coastal News* hits the street. A new heater for the supper room should be installed by then, too.

John Sharman, chairman



Animal Health File

Dr. Paula Short, Tasman Bay Vets, 69 Aranui Road, Mapua, ph 540-2329



August is Dental Month

August is traditionally dental month in veterinary practices throughout New Zealand. This is an initiative launched by the Hills pet food company many years ago to help vets raise awareness of dental disease in pets.

Dental disease is very common in our pets, in fact research has shown that dental disease is present in as many as 85% of cats and dogs over the age of 4 years. The first sign of dental disease in our pets is gingivitis (inflammation of the gums) and mild plaque and tartar formation. As an owner you will see slight reddening of the gum margins above the teeth and mild brown staining of the teeth. Left untreated this will progress over time to severe inflammation and ulceration of the gums and extensive tartar build-up.

Serious dental disease can lead to problems such as anorexia, weight loss, drooling, chronic pain and loss of teeth. It is also known that the bacteria that accumulate

in the plaque and tartar can spread into the blood stream and lead to kidney, heart and liver disease.

Professional dental cleaning is the ideal treatment for dental disease in our pets. As they are unlikely to sit still and open, wide a general anaesthetic is necessary, during which the teeth are cleaned with an ultrasonic scaler, any loose or damaged teeth are removed and the teeth are polished. In some cases antibiotics are given pre and post surgery.

As with all diseases prevention is better than cure and there are a range of options for prevention of dental disease. More and more people are opting to brush their pet's teeth with specially designed pet tooth brushes and tooth pastes. This is best started when the pet is young. There are also many good dental diets available such as Hills Oral Care and Hills T/D (teeth diet) these are designed to help reduce tartar formation on the pet's teeth by mechanical abrasion of the tooth surface by a network of fibres in the biscuit. There are also a variety of dental chews available which are effective plaque reducing agents and can be given to your pet as a treat and a mouth rinse for pets has just become available in the last month which is also proven to reduce tartar build-up.

Hills Community Church

Making a Sentimental Journey

I shook off the winter doldrums last month and spent a fortnight in the States with my husband, Rod. We soaked up some absolutely splendid Minnesota sunshine, watched riverboats cruise the mighty Mississippi River, enjoyed time with family and friends and yes, swatted more than a few mosquitoes.

Travelling to places one has once lived can be a somewhat surreal experience. It's both familiar and different. Rod and I walked the trails on my sister's property in Hudson, Wisconsin, that had once belonged to us 20-plus years ago. The trees had grown considerably and changed the surrounding landscape and yet, as evening fell, I heard the familiar 'whooshing' sound of hot air balloons sailing over those treetops as they so often did when we called that place home.

We also spent a weekend in Lanesboro, Minnesota where we had lived for 10 years before coming to New Zealand. The town looked about the same, a few shops had closed and others had opened and the bank's interior had gotten a facelift. We saw a production of "Harvey" at the Commonweal Theatre—a professional theatre company that has been in Lanesboro a number of years. We were pleased to see some familiar faces in the cast although the production was held in a newly built theatre.

We worshipped with our former congregation and were confronted here, too, with the familiar and the new. It looked the same, but felt different. The organist who had played every Sunday morning for 30-plus years had suffered poor health in the past year so a new face was behind the keyboard. Children had grown. Conversations with former parishioners were warm and congenial but I felt like a visitor nonetheless.

We'd also established a clergy retreat on our property when we lived in Lanesboro called "Shepherd's Rest." We took a drive down the gravel road to the property just before heading out of town. We were surprised to see the new owners had left the "Shepherd's Rest" sign at the corner of the property but noted the mailbox had been moved to the foot of the driveway (no more ¼ mile hikes to the mailbox!).

As we boarded the plane for our flight back to Mapua, I reflected on all the places we've lived over the years. Each was a place of discovery and growth. Each was loved and appreciated—a gift from God. Each had their season and purpose. The psalmist captures my sentiments about place and purpose with these words: "*Lord, you have assigned me my portion and my cup; you have made my lot secure. The boundary*

lines have fallen for me in pleasant places; surely I have a delightful inheritance." (Psalm 16:5-6)

These are reassuring words as we live in a world where nothing lasts forever or remains the same; where time and circumstances can take us to new places. These words also remind us who's *really* in charge and that God does indeed offer us what's best. All that's required is our trust. And with our lot secure, we can appreciate those momentary places wherever that may be.

*The Ever Intrepid Traveller, Rev Marilyn Loken,
Minister, Hills Community Church*

Regular Happenings @ Hills—

Hills Community Church is a community-based church with historical roots in the Anglican, Presbyterian, Methodist and Pentecostal traditions. We offer both traditional and contemporary worship settings each with an informal and relaxed style. Visitors and newcomers are most welcome. For more information call: 540-3848.

Sunday Worship: Traditional service 9:00am, Contemporary service & SPACE for Kids 10:30am; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea between services. First Sunday of each month: one service @ 10:30am. 5th Sundays: one service @ 10:30am led by our Youth.

1st & 3rd Tuesdays: 12:15pm—Anglican Communion service

Wednesdays: 10am-noon—Kidz n Koffee. Open to parents-caregivers-pre-K kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft & share a laugh! Open to all, crèche provided



Daffodil Day Volunteers

for Mapua Friday 29th August.
Is anyone interested in helping on the
Daffodil Day stand in Mapua?

9.30am until mid afternoon.

We usually do two hours each, in pairs.

Please phone either

Sue Sladen 5432622 or Mary Garner
5402853

or m.garner@xtra.co.nz

Daffodil Day hats available for those
happy to make exhibitionists of
themselves.

All sustainability is local

A customer said to me the other day, “You must be getting busy now that petrol prices are going up and people don’t want to drive to Richmond!” Up until that point it was not something I had thought about but it spurred me to sit down and try to work out roughly what it cost me to drive to Richmond. Using a petrol price of \$2.20 a litre, assuming 17km to Richmond and a car with a fuel efficiency of 8L/100km it worked out at \$3 each way, round trip \$6. Of course, that is not taking in to account the costs of keeping the car on the road or the actual cost to the planet of the carbon emissions – both these calculations are completely beyond me.

I read a saying once that “all sustainability is local”. Of course that is a rather simplistic view of a complicated topic. But, if you view sustainability as an opportunity rather than a threat then surely the opportunity is to build stronger communities where people live, work, shop and play in the same area by supporting local producers and retailers.

The concept of “being local” is well on its way to becoming a worldwide trend with the re-emergence of Farmers Markets and the spread of movements such as the 100-mile diet, where you only eat things grown within a 100-mile radius of where you live. On a slightly larger scale there is our own Buy Kiwi Made campaign, still local if you compare it on a global scale!

Mapua and its close surrounds is blessed with an incredible array of businesses that make living locally easy. We have everything from cheese makers to furniture makers in our district. You can even buy a letterbox that is “made in Mapua”.

Here are a couple of fabulous local businesses that have embraced both sustainability and the concept of being local:

The Mapua Country Trading Company has just launched its website at www.mapuacountrytrading.co.nz. They have some fantastic stuff for around the home, garden and lifestyle block, such as beautiful wooden baskets, home preserving gear and even worms! Many of the products are handcrafted in Nelson or Golden Bay and many products are made from recycled materials. Most exciting is that they will be opening a store in Mapua in the next few months.

Over in Appleby is Fresh 2 U, who deliver boxes of fresh, organic fruit and veges. These are ordered through their website www.fresh2u.co.nz and delivered each week, often by the grower himself. Wherever possible they source their fruit and veges locally, and of course, it’s all organic.

If all sustainability is local then Mapua village is a pretty good place to be a local.

Paula Short

The Naked Bun 2008

Deadlines! Deadlines ! Deadlines!

(Tell us about them! Editors)

The last few weeks have been filled with an amazing array of deadlines for us. As we listen to the rain thundering down on our very new roof, we sit to write an article to meet the deadline for the *Coastal News* to introduce ourselves as the new and very proud owners of The Naked Bun 2008 .

It is only 12 weeks ago, on a visit to close friends here in Mapua, that a chance comment led us to purchasing not only a home here in Mapua but also the business at The Naked Bun. Always a couple to follow fate, we mentioned that it seemed that our endeavours to buy a home, business and somewhere for Mum and Dad to live with us had somehow eluded us in Blenheim over the last six months, and as quick as a flash, our friends directed us to The Bun, our new home and that was very much that!

Of course, the speed with which our lives have changed from English teacher at Marlborough Boys' College and small business owner in Blenheim to cafe and bakery proprietors has meant that the last three months have been 'full on'. Thank goodness, therefore, for wonderful staff and a community eager to support new enterprise.

No doubt, over the coming weeks, we shall meet many new people in the community and hopefully we shall be able to share time and chat in the convivial atmosphere of The Bun. Many old favourites will be on sale... those scrumptious vanilla slices and the delectable Danish pastries... Some new lines are there too.. unforgettable Mille feuille and mouth-watering Eccles cakes. Freshly baked bread will be on sale daily and used in the various sandwiches available from early through to late! Brunch menus will run through too and include home-made soup of the day.

We have met the deadline, but no doubt, not covered all that a proper and full introduction might have done... but that is what time will take care of ...and we do hope to be here and part of the Mapua community for some time. We look forward to meeting you all, down at The Bun.

Joanna & Adrian Saville-Barnes.

All fun and games!

The Mapua Hall was full to the brim for the Mapua School fund-raiser "Armchair Games and Auction Night". All those that attended enjoyed this night of fun and hilarity. With over \$6,000 being raised, the Mapua School PTA would like to acknowledge the following contributors to this awesome evening.

Anchorage Wines	McDonald's Motueka
ASB Aquatic Centre	Melanie Drewery
Bibby Family	Mike Harvey
Black Sheep Touring Co	Miranda Sicking
Canterbury Tactix	Mr Andrew Malcolm
CrackerJack	Nelson Giants
De Jong Landscaping	New World Motueka
Elsbeth Collier	Peter Morrison Summit Financial
Fiona BibbySmith	Phil Jones
Fon Wines	Playhouse Theatre
Gemmell Family	Redwood Cellars
Gray Family wines	Ron and Fiona Oliver
Jane Evans	Smokehouse
Jens Hansen Jewellers	Svetlana Young
Joanna Lusty	Terra Firma - Andy Palmer
Jones Family	Tessa Mae's
Kerry-Anne Nicolas	The All Blacks
Kristin Harrison Catering	The Dentist - Mapua
Lusty Family	The Lavender Room - Lisa Polak
Mapua Auto Centre	The Scrapbook Store
Mapua Carpet Cleaning	Trevor Lummis
Mapua Chalets	Twin Residential
Mapua Leisure Park	Vibrant Earth
Mapua Pharmacy	Vista Design

Letters to the Editor...



Project attracts tenders

Andrew Adams, project engineer for the Ruby Bay by-pass, reports there has been nationwide interest in the by-pass project on the part of several large contracting firms. All of the interested contractors have indicated their intention to use as much local labour and machinery as possible if they are successful bidders. Tenders for the construction close on 18 August. At that point Transit NZ will consider the tenders submitted, both on price and ability to perform.

When the September issue of *Coastal News* is out, we may know who has been selected to build the new road. At this time, Transit NZ is expecting a fairly speedy selection process and a November start for the project. Keep your fingers crossed.

It is good news for our wider community area that interested contractors will look locally for both people and machinery to participate in the project. What with a general nationwide economic slowing and already some cut-backs locally, the project will provide a welcome injection of both dollars and employment.

The clearing of the right-of-way for the project by Transit NZ contractors is now complete in areas where that was appropriate.

I expect that next month the project up-date news will be much the same. But who knows? Watch this space.

Hugh Gordon

Sam's Spam

August 2008

Hi readers. I hope you are keeping warm this winter. With the longer nights you might be watching more television so I thought I'd talk about Freeview TV this month. As television reception is not good in this area, lots of people have SKY, but Freeview is now another option. Freeview offers an alternative to SKY TV – on the plus side you do not need to subscribe to it and there are no monthly fees and contracts, but on the minus side Freeview does not offer a very large number of channels.

I have taken most of information from the website, <http://freeviewnz.tv/> This website also has information on suppliers of equipment plus registered installers etc.

Most electrical retailers seem to supply the digital receivers (set-top boxes), eg Dick Smith, Noel Leeming, Harvey Norman, Powerstore etc, so should be able to give you more advice. I have checked the Dick Smith website and digital receivers start from about \$200.

To get Freeview, all you need is a digital receiver (set-top box) and a satellite dish. If you already have an existing satellite dish, it should be capable of receiving the Freeview service.

The channels available come via satellite and are currently: ONE, TV2, TV3, C4, Maori Television, TVNZ6, TVNZ7, TVNZ Sports Extra, Stratos, Parliament TV, Cue, Te Reo, Radio New Zealand National and Radio New Zealand Concert.

One interesting thing I hadn't realized was that Prime has not joined Freeview's digital platform. You can still watch it but you will need to receive it through your analogue TV tuner via your UHF antenna. You can then switch between Freeview and Prime by switching between your A/V input and TV tuner using the TV remote.

Up to now, NZ television programmes have been delivered by an analogue signal but Freeview is digital. This gives clear DVD-quality

pictures and sound delivered in a widescreen format, plus gives improved reception, particularly in locations where it is difficult to get an analogue signal. Unfortunately, unlike 75% of New Zealand, in our area we cannot yet access the high definition platform so we will have to wait for this improved service

If Freeview does not offer enough channels for you, you can still pay to have SKY as well, but you will require a Freeview digital receiver in addition to your SKY decoder. If you have SKY though, it is probably not worth paying for Freeview as it does not give you anything extra.

Although I can help you with many TV-related matters, I cannot help you with Freeview set-up. You will have to contact a registered installer.

<http://fontstruct.fontshop.com/>

If you've ever fancied designing your own type font, this website is for you!

FontStruct is a free font-building tool that lets you quickly and easily create fonts. They are constructed out of geometrical shapes, which are arranged in a grid pattern, like tiles or bricks. Once you're finished "building" your font, FontStruct generates high-quality TrueType fonts, ready to use in any Mac or Windows application.

The site encourages users to share their "FontStructions" and you can see other people's fonts in the gallery and even download or copy them and make your own variations. To help you make your fonts, there is an "intro screencast" or the 'quick start guide'.

That's all for this month! Remember, I have my Whiz Kid Sam advert in the Noticeboard section of *Coastal News* for anyone out there needing help with computers, designing websites, setting up DVD players etc (03 540-2804). Average job price \$15. Bye for now!

Postal Delivery

We can post you the Coastal News. To take advantage of this post \$10 with your name and address to Coastal News, PO Box 19, Mapua Store, 7048. Include your new postal code for rapid delivery. Existing subscribers can also send their new code in by email coastalnews@mapua.gen.nz or by post.

Mapua Public Auction

When? Saturday 13th September
starting time 10.45am

Where? Mapua Hall.

This is an opportunity for you to have unwanted goods sold on your behalf, turned into cold hard CASH, as the saying goes: "someone's trash, someone's treasure."
OR you may wish to donate your goodies to either one of –

Mapua Hall or Hills Community Church the two big projects under way at present. Private sales, ie your own, will warrant a small fee to cover costs of \$3.00 per item up to \$100. \$10 on larger items.

All donated items gifted will be auctioned free of charge. Goods remain the property of the owner until the new owner claims it. Unsold goods will be required to be removed directly after the auction.

Who? contact now as lines are open.

Allan Mulligan 543-2019.

Owen Milne 540-2298, Jim Bryse 540-3139
for all enquires.

*This is your chance to take part,
and we all enjoy a good Auction.*

What fun we can have here in Mapua.

Police Update

Greeting to everyone. Great that the shortest day has been and gone. I'm sure the days are starting to get a bit longer now. We have been having a run of fuel being stolen from orchards and logging sites near Motueka and in Tasman, but nothing at Mapua—yet. With the high cost of fuel we all need to check that any stores of fuel are as safe as they can be. It will only take a group of offenders to pass through Mapua and there could be problems here as well. School holidays have been great police-wise with no issues of schoolkids doing anything they shouldn't, so good on you all.

A mountain bike has been stolen—please keep your eye out for it (see below).

Watch the low sun late afternoon when you are driving. Be safe out there.

Grant Heney, Rural Community Constable, Motueka.

Ph 03) 528-1220

Mapua Occurrences:

June 27: Non-injury crash at Ruby Bay. Wet road

July 2: Giant Mountain Bike, black. Stolen from Aranui Road. Serial No. D671222

July 9: 16-year-old youth caught doing wheelies at Mapua Domain at 11.30pm. Car impounded and youth summonsed to court

July 10: Domestic and an assault at Redwood Valley

Mapua Health Centre

There have been a number of viral bugs doing the circuit ranging from colds to the flu which, in addition to congestion and feeling generally unwell, tends to cause headache and aching all over, especially back and neck. If you do get flu it is good to keep warm, rest, drink plenty of water and take panadol for the aches. It may last a week or more.

It's important to remain vigilant about the symptoms of meningitis which can be difficult to distinguish from the flu and can present with headache, rash, stiff neck (which may be a late symptom), and photophobia (dislike of light), often with a fever, vomiting (especially in children) and feeling very unwell. The rash is usually a measles-like red or bluish rash that can sometimes look like small bruises and does not blanch when the skin is compressed by the base of an empty glass. If in doubt please seek medical attention.

Vaccinations

There have been some changes to the childhood vaccination programme:

Pneumococcal—babies born after 1 January this year are now receiving the Pneumococcal vaccine.

Meningococcal B—this vaccination programme has now achieved its purpose of overcoming the high level of this form of meningitis and is now being given only to those who started the course before 1 June this year.

Human Papilloma Virus—from 1 September 2008 girls 17-18 years will be able to receive the HPV vaccine. The gardasil vaccine targets the types of HPV responsible for most cases of cervical cancer and genital warts. Clinical trials show gardasil is highly effective in preventing these types of HPV in young women who have not previously been exposed to them and protection lasts for about five years.

If you would like to know more information please contact one of our nurses on 540-2211

Hyperbaric Oxygen

No doubt you will have heard a rumour about the new addition to our practice. Its true, we do have a Hyperbaric Chamber. Hyperbaric medicine, also known as hyperbaric oxygen therapy (HBOT), describes the use of 100% oxygen at higher than normal pressures in order to speed up the recovery from certain injuries and to improve the body's ability to heal from a variety of conditions.

The helpfulness of HBOT lies in its ability to produce much greater amounts of oxygen in the tissues of the body. The increase in pressure of oxygen with HBOT is a lot higher than breathing pure oxygen at normal pressure and up to 15 times higher than breathing air. It is this increased saturation of oxygen in our body tissues that can accelerate the natural healing process.

Some of the potential benefits of HBOT are that it can:

- promote the growth of new blood vessels
- decrease swelling and inflammation
- assist in the recovery from certain injuries
- improve healing, e.g., for chronic ulcers, burns, post-surgical wounds & bone repair
- help to overcome certain toxins
- increase the body's ability to fight various infections
- be used to complement certain other therapies and treatments

If you would like to know more about the chamber and treatment please give Bridget a call on 540-2211.

Blood Donors wanted

Would you be willing to become a blood donor if there was a collection point in Mapua? I know there are members of our community who already donate in Motueka or Richmond but if we could get a base of 60 people they would set up here. If you would like to participate please ring Helen Bibby on 540-3830.

SECRETARY WANTED

The Mapua Health Centre's board of management is looking for a new secretary as Colin Mann, who has held that position for the last several years, is standing down.

The board is a voluntary group of people who look after the affairs of the community owned Health Centre. It will have its annual general meeting for this year on 25 August at the Health Centre and members of the local community are invited to attend.

Meetings are held usually every two months and the secretary is required to keep minutes and attend to a small amount of correspondence. Anyone interested could call Angela Fon, the board chair, on 540-3135, or attend the meeting. Nomination forms will be available.

PROBUS CLUB

Coastal Connections

On the 10th of July, eighteen ladies enjoyed lunch at Jesters. The number of members now stands at 29 so we do need to plan our venues carefully so that we can all be seated together.

Birthday greetings were given to Diana and while we waited to be served, we viewed the local glossy magazine “Wild Tomatoes”. Olive very kindly took members’ knitted items for the Moldovian orphans to Faith Wells in Motueka. Greatly admired were the eleven pairs of booties made by Joy. She is very talented. (see the photo.)

There will be a display of all the items from the Motueka/Tasman/Mapua area on Monday the 4th of August at St. Thomas’s church, High Street, Motueka from 11am until 2pm. Everyone is welcome – take your friends! This project is New Zealand-wide and much appreciated in a country much colder than ours in winter.

Our next luncheon will be at Stoneridge, Redwoods Valley, on the 14th of August, starting at 11.45am. As Dot organises car-pooling and seating at the venue, it is essential that you advise her if you will not be attending. Please phone Dot on 540-2323 a few days beforehand.

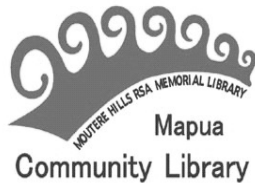
Reported by Barbara Halse.



MAPUA LIBRARY

Ph 540-2545

**Antiques Road show &
Collectables Fair Sunday
21 September, Mapua Hall**



Ever wondered what that
Old thing of Great

Grandma's is worth? Here's your chance to find out!

Ever collected something but never had a chance to exhibit your treasures? Here's your chance at collector fame!

Do you love taking time to admire beautiful things? Looking for that special something? This is your opportunity right here in Mapua!

Watch out for our advertisement in this edition of the *Coastal News* for more details.

Enquires to committee member Max Cook, Ph 540-2177, maxine@greatevent.co.nz

This will be the library's major fund-raiser for the year with all proceeds going towards our administration costs. We are lucky enough to have received grants from various sources that enable us to keep our book stock up to date, but we do rely on community support for everything else.

We will also be running a second-hand bookstall at the Coastal Garden Club's community stall day, Saturday 13 September. If anyone has any good quality books they would like to donate, please bring them to the library, or contact Analee on 526-6099 to arrange collection. Last year we had many very satisfied customers going home with a few good reads tucked under their arms. Come along and see what you can find. We'll be there somewhere behind the pile of books ready to help!

A sample of new books to watch out for:

Adult Fiction: the latest Alexander McCall Smith, *The Miracle at Speedy motors* – more in the life of Mma Precious Ramotswe, private detective.

Non Fiction: *A Nest of Singing Birds*, 100 years of the New Zealand School Journal by Gregory O'Brien.

Young Adults: *Gool* by Maurice Gee, sequel to the award winning *Salt*.

Children's Picture Book: *A Booming in the Night* by Ben Brown, a New Zealand nature story with great illustrations.

Sarah McLeod

Library Hours:

Tuesday, Friday & Saturday 2pm – 4.30pm

Wednesday 5pm – 7.00pm

Thursday 10am – 12.30pm

Mapua & Districts Soccer Club

Sadly the weather was against us for the Club Soccer Day. After lots of co-ordinating of various teams (thank you Toby) and lots of organising of helpers and suppliers (thank you Mongrel) we had to cancel at the very last minute!

We have scheduled another day for the event which is 2nd August. There will be a sausage sizzle, bouncy castle, lolly scramble for the kids and raffle and spot prizes. Please come along and support your local club. Keep your fingers crossed we don't get rain or frost!

Men's Team

The men are having an amazing season. Their last game saw them win the 3rd division. Big celebrations followed with bubbly and a hot shower!

Keep up the good work guys, Mapua is proving to be a club to watch.

Midgets

This has to be my favourite team to watch, they always look like they are having so much fun. Their coach David Francis always makes training great fun which must be working as he has record numbers for the club. Well done Dave!

After a two-week break for the school holidays, all teams are keen to get back on the pitch. We love to see you all down at the Domain so come along and support

your local club. Don't forget the Club Soccer Day on 2nd August.

Mapua and Districts Football Club, PO Box 38, Mapua
Tony Jemmett Ph 540-3664

Gary Breakspeare 540-2044

Toby Wild (Senior Men's co-ordinator) 540-2030

Bridget Wild (Senior Women's co-ordinator) 540-2030

E-mail Jemmz@xtra.co.nz

VOLUNTEER FIRE BRIGADE

June-July call-outs

June 8: Rubbish pile unlawfully set alight at Tasman Golf Club. Put out.

July 16: Gorse bush fire in reserve Brabant Drive. Out on arrival, unknown cause.



After a few years of talks with Fire Service we have a new set of stairs. The old set were unstable and rotten.

Safety Tip – never leave cooking unattended



MAPUA AND DISTRICTS BUSINESS ASSOCIATION

Coordinator: Janet Ph 540 3364

Calling all local businesses and community groups

If you would like to have a profile in the 2008 – 2009 Mapua and Districts Community Directory, then now is the time to act.

If you haven't already been in touch with Lynley, our Directory Coordinator, you can contact her via directory@mapua.biz

Your free, up-to-date copy of the Directory will be in your letter box August – September time.

MEMBER PROFILE

MAPUA CHALETS

Andy, Karen, Ben (7) and Hannah (6) bought Mapua Chalets nearly a year ago. We were instantly seduced by its beautiful location, stunning views and proximity to Mapua School and village. At first we were content to gaze at the views over Tasman Bay and enjoy the solitude but soon the lack of guests began to worry us! We felt rather like one of those crazy British families we'd watched on television who'd risked everything in some mad business venture on the other side of the world! Fortunately our fears were unfounded and we are delighted that since Christmas the Chalets have exceeded all our expectations, being almost full through the summer and now full with longer term guests for the winter months.

We are planning to add a wellness centre and spa pool facilities for next season and continue to run our own sea kayaking and biking trips for guests. Many of our guests come to meet up with friends in the village so if you have friends or family visiting do give us a call and we will do our best to offer you a great rate!

Phone **5403310** or visit our website at www.mapuachalets.co.nz

MEMBER PROFILE

JUST CABINS Brent Ritchie

Brent moved to Mapua to start his new business in January 2008.



The cabins are approximately 10 sq. metres, fully insulated and carpeted and are ideal for home offices, spare bedrooms or workers' accommodation. Brent's business utilises several local trades and suppliers with the construction and finishing of the cabins in Mapua. Rental starts at \$55 per week for a six-month lease.

The most entertaining new client was a very loud snoring teenager whose parents have moved him outside into a cabin for some peace and quiet at night!

More information is available at www.justcabins.co.nz or **0800 58 78 22**.

Check out our website

www.mapua.biz

For local business information

Advertising in the new Mapua & Districts Community Directory will promote your business. Become a member of the MDBA and benefit.

Be Local – Buy Local

Noticeboard

Apple Wood for sale. Dry and ready to burn \$40 per cubic metre undelivered phone 5402571

Health Centre AGM: Mapua, Ruby Bay & Moutere District Health Centre Management Board AGM at the Mapua Health Centre, Monday 25 August, 7.30pm. Nominee forms at the centre. The secretary ph 540-2040.

Taoist Tai Chi - Improve your flexibility, mobility and balance, and learn to relax. Suitable for all ages. New classes are just starting, so come and join us at the Mapua Community Hall. A new Wednesday class starts 6 August, 1.00-2.30 pm. A new Thursday class starts 28 August, 6.00-7.30pm. For information: Christine Weir 543 2204 (ev).

Rooms to rent: 69, Aranui Road. Tel Julie Ewer for more details, 5402705

Property Maintenance: Need help with tidying-up your property? Experienced maintenance man and arborist available to take care of your home and surrounds. Advise your requirements to Keith 540 2540.

Mapua Art Group: Painting/Drawing mornings every Thursday 9am -- 12.30pm, Supper Room, Mapua Hall. A group of like-minded artists get together to paint and help each other in a fun and social environment. All levels and media most welcome. \$4 session includes morning tea. Tables and chairs provided. Lisa Chandler, 540 3933.

KIDPOWER Parent/Child Workshop for 4-7 year olds. Sat 9 Aug 1-3.30pm. Have fun with your child(ren). Gain positive, non-frightening tools for effective safety education in your family. **FULLPOWER** Workshops for women Sat 9+16 Aug (1-5pm) in Lower Moutere. A practical personal safety course. Experience how you can react in tricky situations and gain peace of mind. If you have put off doing something positive about your own or your loved ones' personal safety, NOW is the chance to do a course close by *and* at half the usual cost! (Thanks to Adult Community Education Funding). Registrations essential. Flexible fee. Call 543 2669 for further information.

Office Assistant Wanted. We are looking for a skilled office assistant who is happy to volunteer 3 to 4 hours per week. This position can grow into a part time job. For more information call Cornelia from the KIDPOWER Trust at 543 2669

Car pooling: Would you like to be part of a carpool when you commute to work? It's easy! And it saves fuel. I am offering to coordinate getting more carpools started. Jenny Easton, 5402613.

House for Sale. sunny, 2 double bedroom brick house at the top of Higgs Road. Private, easy-care section. \$325,000. 540-3911. Trade Me listing #156510364.

WhizKid Sam. Need Help? Can't connect your DVD / Video player/ Lost your computer work? Can't download your digital photos? Need help setting up an email account? Average job price only \$15! Basic web design, average price \$25/page, including advice on

domain registration. Call WhizKid Sam! 540 2804.

sam@realspecial.co.nz-http://

whizkid.awardspace.com/

Probus Club meets first Fridays, Mapua Hall 1.30pm. All retirees most welcome. Enquiries to Pres. Laurie Metcalf 540 2295, Secr. Margaret Butchart 5402686

Women's Recreation Group: meet outside Mapua Mall Thursday mornings. Early group leaves at 9.15am and walks for approximately 1½ hours, various walks. Join us whenever you can. Lynley 5402292 for more info and to talk about cycling. Later group leaves 10am and walks approx 50 minutes. Val 5403931.

PANZ (pastel artists of NZ) meet each Tuesday, Mapua Hall, 9am-noon. If you are interested in trying pastels as a painting medium, please join us. Glenys Forbes 540-3388.

Mapua Hills Rose Society (est 1949) meets 1st Mondays (except J months) 7.45pm, Supper Room, Mapua Hall. Rose lovers, growers, visitors and guests very welcome. Enquiries: Letty Thawley, 540 2876, Margaret Sinclair 03 528 8477.

Friendship Club meets 3rd Thursdays, supper room at the Hall. We play indoor bowls and have cards for Euchre & Crib, etc, and have a lovely afternoon tea (please bring a plate). \$1 donation and 20¢ raffle. We are a group of friendly people who enjoy a good laugh (some of us are not good bowlers!) We welcome old and new members. Enquiries: Val Roche 540 3685

Genealogy Computer Discussion Group. This year our meetings will be 1.30pm 2nd Saturdays, bimonthly on the following dates: Aug 9; Oct 11; and Dec 13. For information: Val 540 3931 or Peter 540 2686

Spinners, Knitters, Weavers – Wool Gatherers meet at Mapua Hall, second Tuesdays, 10am. All welcome.

Coastal Garden Group meet first Thursdays, 1.15pm, Supper Room, Mapua Hall. Members, guests & visitors welcome. Enquiries: Barry Highsted 540 3139, Anne-Marie Giddens 540 2335.

Kidz'n'Koffee Playgroup, every Wednesday (in school term), 10am-noon at Hills Community Church. Ages 0-5yrs. All parents & caregivers are welcome to attend, no cost, donation for morning tea. Come & relax & meet some neighbours. Enquiries: Lisa Gant 543 2530, Tressa Waynan 540 2632.

Toy Library: check out our extensive selection of toys, puzzles & videos for children 0-5yrs. Located behind the Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Tracey, 5403307, or Kirstin, 5402811 about membership or casual hire.

YOGA with Robin - Classes weekly. All levels welcome. Call 540 2113 for class times & information. www.rubybayyoga.com