

Coastal News

email: coastalnews@mapua.gen.nz

covering Mapua & Ruby Bay, run by volunteers

Progress being made on Cycle Trail

Stuart Hughes of the Nelson Cycle Trail Trust provided an excellent overview of the Nelson Cycle Trail at the May meeting of the Mapua and Districts Community Association

Under the funding arrangement available, the trust has an obligation to get the trail as far as Mapua in two years, and Wakefield in the other direction. The trust is at least six months into that period and working hard to stretch available funding in order to get further than Mapua, with progression towards Motueka.

Those who travel into and out of Nelson will have now seen the recently opened Richmond Deviation cycleway which is already being used by an increased number of cyclists and walkers. This stretch of the trail, funded by New Zealand Transit Authority, is an especially important link, although Stuart emphasised that not all parts of the trail will reflect the same standard that particular segment offers in taking cyclists from Nelson right through to Three Brothers Corner.

It will eventually connect with a cycle-pathway to Brightwater and Wakefield, including a swing-bridge crossing into Brightwater. This stretch will take cyclists well away from the State highway. In July another tender will go out to join up the last bit of the old rail reserve from Three Brothers to Ranzau Road. Council approval is in place for this stretch and extensive consultation work continues with all stakeholder groups such as the Ornithological Society, Forest & Bird, Fish & Game, landowners and others.

That work includes taking a close look at the rules and methods of controlling access to and from Rabbit Island in order that cyclists do not spend a lot of time in the bay sitting around waiting for the ferry service while also providing time for them to stop and enjoy a swim or a picnic before they hop on the ferry. Cyclists coming the other way into Mapua intending to cross over to Rabbit Island will provide a huge amount of opportunity for local businesses. The TDC is working with the trust in this crucial planning process.

The section from Rabbit Island to Nelson City is looking towards completion in the next few months at which time Mapua as a community can start to take advantage of a truly iconic aspect of this route—the ferry service.

John Ward, local owner/operator of the Flat Bottom Floozie, noted that several years ago he was asked whether he would be interested in providing a ferry service to and from Rabbit Island. This was a business venture John was not prepared to do without the expertise of his long-time friend Paul Nankivell. The result is that he and Paul, who both hold skippers' tickets, have been working on a purpose-built ferry to provide a crossing service to and from Rabbit Island.

The ferry is a couple of metres longer than the Flat Bottom Floozie and will seat about 50 people and take 20-plus cycles. It will be run to a timetable with about four return crossings a day, 365 days of the year. If demand increases, John and Paul will increase the number of sailings. John emphasised that tariffs will be kept to a minimum, with hopefully something special for locals.

The ferry will operate from the wharf area – due to it having a flat bottom and shallow draft, it will leave off the gravel beach near the concrete ramp. On the Rabbit Island side, there will be some sort of hard-top access over the sand so that cyclists can enter and exit the ferry safely.

It will be a nice, quiet operation, said John, and will of course also provide locals with an opportunity to safely commute on their bikes to Richmond and Nelson, although tidal aspects would need to be taken into consideration should people consider commuting this way to and from work. One huge advantage is that it's going to be flat all the way from Mapua to Nelson and that means easy riding for everyone who wants to get on their bike and be a part of this iconic experience.

Public Forum: At the beginning of each general meeting of the association, there is a public forum slot open to anyone who wishes to express an opinion, concern or suggestion. Each speaker has two minutes and the subjects people raise are varied. As long as it concerns the community, we'd like to hear about it.



You don't need to be a member of the association, so let's be hearing from you!

For her two minutes, Elena Meredith noted that her recent visit to the North Island reminded her of some pretty good models of public transport. Elena suggested to the TDC and the community alike that we should start thinking far more seriously about how we get into work and back home again. How about a 'park-and-ride' model which would take a huge number of cars off the road? It's not difficult to do—it just needs some serious thinking about developing different transport models.

Pam Stinton, secretary

Mapua Public Hall

The Hall Committee will present an update on the hall remediation project at the June meeting of the Community Association on Monday 13 June at 7pm sharp in the Mapua Hall (Supper Room). After last month's public consultation meeting, everyone is encouraged to come along this time to hear what the committee has come up with after a very positive input from the community.

Garden Notes

June marks the beginning of winter. This month brings us the shortest day of the year on 21 June. For a period of several weeks the hours of daylight remain almost static then begin their gradual increase. As I always say about June it is the month of rest, but plan and wait for spring.

To those readers who enjoy those beautiful heavily perfumed oriental lilies, flowering from Christmas onwards, bulbs are in stores now, rather later than usual. If you wish to add to your collection then two new one are on offer: Black Beauty, a lovely specimen type with reflexing petals, and Red Star, which is a full double, heavily scented lily. Both can be grown in a container, and the packet has full instructions.

Through the kindness of a friend I now have again, after some 20 to 30 years, the lilium candidum (Madonna lily) now quite rare, due to a nasty virus which swept through New Zealand and nearly wiped them out save for a few pockets here and there,

mainly in the coldest parts of the country. Very rarely are they available and then only one or two bulbs are released. I will see how my one does in the future.

June is a good month to improve soil fertility. The vege garden will benefit from a good dressing of dolomite lime applied now. Lime is great for leaf crops—broccoli, cabbage, rhubarb and silver beet.

Building up your soil with compost this month will prepare the soil for August/September plantings. It is not too late for pansies, violas and wallflowers, bulbs, lilium, lily of the valley and tulips. Deciduous trees should be pruned in winter only once you can see that the flowering and fruiting buds have formed. They are round and fat, the leaf buds are thin and pointed. Planting of new trees can be done too with a good amount of manure which gets them off to a good start.

Alas, a gardener's work is never done. Still, go and enjoy

Barry Highsted

Edited by Andrew Earlam (advertising) 540-2845, Terry Smith (editorial) 540-3203, and compiled by Barbara Mercer, 540-3022. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. Deadline for paper copy at the Mapua Store and e-mailed items (preferred) to coastalnews@mapua.gen.nz is the 20th of the month. Small ads are by gold coin donation in the collection boxes, club notices free. Printed by the Tasman District Council.

The next step for the Hall

The Hall Committee was encouraged by the positive response to the concept presentation of the draft plans, and equally delighted with the constructive and helpful feedback that was received after the presentation.

No one could have wished for a clearer indication of the amount of support this project has from the Mapua community and we are now developing the plans and drawings in greater detail.

Active community input will ensure that the hall becomes the centre for many future community activities, big or small. This is everyone's chance to play their part in this exciting project.

On 10 September, as part of our fund-raising for the Hall Project, we are joining the Garden Club's Spring Show in a one-day expanded extravaganza of flower displays, events, competitions, market stalls, sausage sizzle and much more.

If you or your group would like a stall, and you need further information, please contact the Hall

Committee's secretary, Mary Garner, email: m.garner@xtra.co.nz

The day-to-day schedule of the elected Hall Committee of just seven members has been very full, and with the upcoming building project, the committee needs more members to share in this work.

A new meeting schedule and a team approach have been instigated and depending on where your interest lies you can join one or all four teams: 'The Design Team', 'The Project Development Team', 'The Fundraising, Events and Promotion Team' and 'The Management Team'. Each individual team will meet once a month and will need people with interest and/ or experience in the specific area it deals with.

The AGM is on 21 June at 7.30pm in the hall, so do come along and perhaps put your name forward to join one of the teams.

Hanne Bjorklund, Mapua Hall Committee

Mission Without Borders

Mission Without Borders is a national organisation committed to knitting blankets and garments for needy people in Eastern Europe and it has several contributors in Mapua and Ruby Bay who have been providing knitted material for several years. The Coastal News has received information about the work which should interest our readers:

There is no need to knit by yourself if you don't want to. There are many "knit and natter" groups as well as annual gatherings and morning teas in several areas. Patterns are available through knitting coordinators who can also pass on ideas and advice.

Contacts for Mapua are Faith Wells (528-7409), and Barbara Halse (540-3091).

The mission needs help to cover the costs of getting blankets, clothes and other donated goods to Eastern Europe, which run to a few thousand dollars per container. A guide as to costs is a donation of \$4 a blanket to help cover shipping and freight. Gifts above \$5 are tax-deductible.

The most important items needed are knitted, crocheted and hand-made items including blankets, jerseys, scarves, bed socks, patchwork quilts, beanies and knitted teddy bears. Also needed are items for sewing, embroidery, knitting and craft activities for vocational training courses as well as for poor families and elderly who want to sew or knit but can't afford the materials. Bed linen, towels and items such as soap and toothpaste are also needed.

All donated items must be new to comply with shipping and customs regulations.

Last year the mission shipped 8000 knitted blankets, 3000 cot blankets, 14,000 hats, 9600 scarves, 2700 pairs of mittens/gloves, 7200 pairs of slippers/socks, 9500 jerseys, 15,000 items of baby clothing and much more.

Animal Health File

Dr. Paula Short, Tasman Bay Vets, 69 Aranui Road, Mapua, ph 540-2329

Lending a helping hand on Niue

have always thought of my work as a veterinarian as a privilege rather than a job. It was pretty hard work making the grades to get accepted into the course and very competitive with 180 people vying for only 55 places. Whenever I have a tough day at work I remind myself of the many people who would love to trade places with me. Some of my most cherished moments as a veterinarian came in March as part of a team of vets and nurses to volunteer on the small pacific island of Niue.

The night before we left things were looking a little dodgy, with tsunami warnings out across the Pacific after the earthquake off the coast of Japan. Fortunately Niue is a rocky island with steep cliffs rising 40 metres or so from the sea so there were no real issues. Our team of two vets and three vet nurses arrived the next morning on the one Air NZ flight in for the week with a large cat cage full of drugs and equipment ready for a week of desexing. With no veterinary clinics on the island we had plenty of work to do!

Our trip was co-ordinated by South Pacific Animal Welfare (SPAW), a charity set up last year in Auckland by Karen Galvan who formerly worked for The Elizabeth Honey Foundation in Rarotonga organising desexing and animal care over there. This charity has accomplished a lot in its short history with several desexing trips to Tonga last year and plans to expand into more Pacific Islands. SPAW had already liaised with the government of Niue to get permission for



Paula Short working on a Niuen cat in the makeshift surgery.

our visit, as well as obtained the assistance of the wonderful Brian and Teressa to organise facilities, animals and accommodation for us. Sponsorship was obtained from Pfizer for drugs and Shoof for veterinary equipment.

Our first job was to set up our clinic in a small room in former Agriculture Ministry buildings. We had brought most of the basics with us but things still were pretty rudimentary. No whiza n g anaesthetic machines, bloodpressure monitors and apnoea alerts here. Everything



Paula injecting a pig.

was to be done under injectable anaesthesia only. That meant that speed was of the essence! And speedy we were – with over 60 cats and dogs desexed in one week. Most surgery was done in the mornings before things got too hot. By the afternoon it was time to retire to the pool or the beach.

Our accommodation was provided by Brian and Teressa at Namaluku Cottages, 10km out of the main town of Alofi and just up the road from our surgery. We made great use of their pool and their local knowledge pointed us to some great snorkeling spots. Several afternoons were spent giving talks to local school children and inspecting some of the island's pigs which at times was hair-raising.

We had plenty of chances to meet the locals with a dinner hosted at Namaluku as well as a special dinner at the New Zealand High Commission with Mark Blumsky, former Mayor of Wellington, who is now High Commissioner to Niue. But the best times were always discharging the cats and dogs at the end of the day with the grateful Niuens showering us with gifts of paw paws, bananas and chocolate cakes! It really was a privilege to spend the time in Niue and to be able to use my veterinary skills to help those animals who don't have the advantage of the regular veterinary care that is available in New Zealand.

Update on Plan Change 22

A summary of the 74 submissions received on Proposed Plan Change 22 is being prepared. The Tasman District Council will publish a notice about the availability of the summary of all submissions in early June.

A copy of the notice about the summary is being sent to all those who submitted. There is then a two-week period for lodging further submissions, but only those who have a greater interest than the public generally or who represent an aspect of the public interest, can make a valid further submission.

For those who decide to make a further submission a copy must be sent to the original submitter. A further submission is limited to a matter in support of or in opposition to a relevant submission.

The main topics raised in submissions relate to the coastal hazard area, subdivision rules in closed zones, indicative walkways and commercial zoning in Toru Street.

Contact: Rose Biss, Policy Planner, 543-8421.

Gallery relocated

As you probably have noticed, I have relocated my gallery as I needed desperately more space for the last two years. Don't be too sad about me moving away as I will be just around the corner when you come into Mapua. I will be moving into Peter Wells' old apple packing shed.

The new premises will also give me the opportunity to save this old apple packing shed from getting demolished.

I will have a small temporary display area in the new premises and a fully functioning workshop for any custom-made needs as there are always locals who want to have little jobs done.

In the next few years I will turn this old shed into something absolutely fantastic with a much larger gallery for unique wooden furniture and other wooden art, so just watch this space.

But first I have to jump through all the bureaucratic hoops till I can give you the best gallery experience in Mapua. Stay in touch and my website will let you know when I am fully ready with everything. Well, you would notice that anyway when you drive past.

Don't forget that you can always drop in to view the temporary display area or if you want to have a little tour through the old shed.

And the large globe sculpture still standing at the old premises? That will go with me to the old shed; there is a nice spot right next to the shed.

Andreas Niemann, Rare Creations, 152 Mapua Drive.



motueka arts council Workshops Programme 2011

This year's Winter Workshops begin in early July. There's an exciting variety. Twenty in all! Winter is a great time to learn something new!

Workshops

Felting – flowers and bags
Oamaru stone carving
Cryptic crosswords – Picture framing
Machine mania – Singing
Italian Banquet – Patchwork
Advanced photography weekend
Drumming – Quilling
Screen printing and fabric design
Scrapbooking – Soapmaking
Woodcut printing
Drawing – charcoal/pencil
Pottery – Orienteering
Writing a family/area history
Creative photography

For your brochure please contact course co-ordinator, Jane Wells

(03) 5432 996 or patandjane@xtra.co.nz

Letters to the Editor ...



Celebrating Anniversaries

As there seem to be many celebrations for Golden Weddings and even longer in the village, it would be a good idea for the *Coastal News* to advise that people can request congratulatory messages from the Governor-General, the Prime Minister, the Minister of Internal Affairs and the local MP.

These messages are sent for the 50th, 55th, and 60th anniversaries, along with the 100th birthdays. Details and an application form can be obtained from the Department of Internal Affairs, PO Box 805, Wellington 6140, from the web site www.dia.govt.nz or phone (04) 470-2974.

Mike & Barbara Halse

The Hall—More than an Upgrade

It was only when I saw the possibility of the current hall parking area being incorporated into the hall upgrade, and the whole area being development as a community centre, that the 'hall upgrade' made sense.

With the memorial roses moved to an area outside the proposed kitchen on the northern corner, and forming the basis for wonderful gardens to evolve among tables, seating and sail shade, and a safe socialising area outside the supper room, this area then becomes the community centre for socialising throughout the day, by all ages.

Perhaps a typical day would go something like this:

- Early risers gather and exercise on the fields
- * Mothers and caregivers, having dropped their charges off to school, gather and sort their day. La Leche League, for instance, meets regularly, as do other health and social support groups.
- Others attend one of various classes from to group fitness activities on the field and in other areas of the hall, yoga and pilates-type activities, to art classes, meetings and lectures in 'Bill's Room' and the supper room.
- After school, primary schoolers meet for socialising, a band class, movement, dance, sports activities, to be followed later by secondary children for the same, all mingling in the socialising area.
 - Early evening sports practices and games
- * Evening meetings and night school classes, with people socialising before and after, in the outside social area.
- * Weekends would have a steady flow of activities, including socials for youth.

A suitable governance and administrative structure would be needed.

Should the application for a community development worker for three years application be successful, the community centre concept would be off to a great start.

The complex has very good foot accessibility, sited as it is in the centre of the village.

Hopefully, enough people see the exciting options available here for our future evolution as a community, that you will talk with your associates and help progress this opportunity to develop a community centre further.

In the first instance, do send off an email to the hall committee by the end of the month, leaving them in no doubt as to your desire for this to happen, and speak with the members.

I am prepared to discuss the matter further.

David Kemp

By-pass - Getting On and Off

Last month I wrote that the Mapua on/off access to the by-pass was "one problem point". Subsequently a number of people have agreed with me. The NZ Transport Agency has now recognised this. The left-turn access from Mapua Drive onto the by-pass has been widened by 1.5 metres. Is that enough? Time alone will tell. Sadly the weather has prevented the proper curing of the added pavement.

The response I have received from readers of the *Coastal News*? Most consider that this intersection is extremely dangerous. Of particular concern is coming from Richmond and making the right-hand turn into Mapua Drive. Crossing that south-bound lane can be very daunting, particularly in the face of traffic coming down the hill from Motueka at 100kmh or more.

However, when you stop to think about it, this scenario is repeated at several locations on State Highway 60. We, the motoring public, have got to be patient, observant and very careful whenever we leave or enter a high speed roadway.

Andrew Adams, highway engineer, and Robin Gardiner, highway safety specialist, inspected the Mapua access intersection recently. They are going to see that the highway marking at the intersection will be renewed and made more user-friendly as a result of their inspection.

Letters to the Editor...



Port Mapua. Many use the well-worn phrase, "jewel in the crown" for this quite magic location. It is a huge asset for our community. It is a "jewel in the crown" now matter how hackneyed the phrase and its value to our community needs to protected and augmented. People come from all over to enjoy its atmosphere and ambience.

As the popularity of this spot has grown, so have the problems associated with traffic control also grown. The recently formed Waterfront Precinct Advisory Group was created to address these problems. Hopefully comments and suggestions will be forthcoming from the public meetings at the Mapua Boat Club on 25 May and will assist the advisory group to make the wharf area not only a safer public area but to further enhance it in other ways.

The Advisory Group has adopted its name to indicate its focus is on the full waterfront area as a "precinct" and looking forward to making a "safe and enjoyable place for people to live and work in; to travel to and from; and enjoy, visit and play in". It is up to all of us to focus on this as well. Please support the members of the Precinct Group in their efforts.

To remind readers of what I am talking about, the Precinct Advisory Group consists of the wharf owners, business tenants, representatives from community organisations, iwi and selected community and TDC staff members. Cr Brian Ensor is the chairman.

Waterfront Park. A. Dickson wrote in the May Coastal News that the "waterfront park amphitheatre etc are nice to have but not essential." I agree wholeheartedly. ATDC resource consent now pending proposes the wharf be extended from its present end across at an angle in front of the Apple Shed Restaurant and onto the corner of the waterfront park. The TDC should then proceed with the waterfront park toilet block which has already been designed and approved and get rid of the ugly and inconvenient public toilet at the far end of the wharf. For the present, a much a better use of the limited funds available. Thank you A. Dickson for speaking up even if, to quote you, "no one wants to speak up for fear of raining on the parade". Cycles and Cycleways. An exciting coming event for Mapua will be the completion of the Richmond to

Rabbit Island Cycle and Walkway. This all part of the cycle and walkway network for the greater Nelson area which is being funded by the recent government grant of some \$2 million which is under the administration of the Nelson Tasman Cycle Trails Trust. It will soon be possible to ride (or walk) to Mapua on the cycle/walking track from Nelson to Mapua and stay off the vehicular roadway. Surely a watershed for those who want to walk and cycle in safety.

Remember the Flat Bottom Floozie? As we speak, there's a new floozie in the making, soon to become the Floozie Cycle Ferry which will run from Rabbit Island across the Mapua Channel to the beach beside the Mapua wharf. The tentative start date for the ferry is October.

Plan Change 22. Submissions to this extremely important update are being summarised by the TDC Planning Department and will be published this month. When published there will be a 14-day period for further submissions. Please note, however, that any such submission has to be related to one or more of the published submissions. No new submission will be accepted. After this 14-day period a date for hearing the submissions will be announced.

Coastal Erosion. Ruby Bay beachfront property owners take notice. The recent Environment Court hearing in favour of Ben and Miranda Van Dyke in relation to the erosion problems at Jacketts Island will have a direct bearing on the future of erosion matters for the Ruby Bay coastline. Information from the proceedings has a direct relationship to the ongoing Ruby Bay situation. This information may well have a bearing on some of the conclusions reached by the TDC Planning Department in relation to the Council Plan Change 22.

Finally. Question: Why are we so angry at the pump? Answer: We're mad at high and rising petrol prices because we live in a place where automobiles are the only feasible means of transportation. How can we go about changing that? Think about it.

Hugh Gordon

Mapua Health Centre

In June each year Men's Health Week is held around the world. Locally, it's a chance for New Zealand men to make a difference to their health for themselves and their families.

Why have an International Men's Health Week?

- · Male life expectancy is unnecessarily low.
- · Reported male-specific diseases are increasing (especially prostate and testicular cancers)
- Men have higher risk of suicide and yet male depression remains under-diagnosed and undertreated
- Health services have been slow to respond to men's health needs and little has been done to encourage and enable men to access services faster and more efficiently

We have a government-funded programme for all men aged 45-64 to have a free cardiovascular check up and this can start at 35 if there are particular risk factors or heart-related symptoms. There is a similar programme for women which has had a fairly high take-up rate, however, men have been very slow to take advantage of this great opportunity for preventive health care despite a mail out and reminders. Please get in contact with the health centre if you would like to enrol (540-2211).

If you still want to make use of the flu vaccine, it is available for free to those over 65 years or if you have a chronic medical condition such as asthma requiring regular medication, heart disease, diabetes, etc. Also, for those with ongoing mobility problems, wheelchairs are available for loan from the RSA.

In case the chills and early evenings of autumn are affecting your mood the latest research shows that just taking one gram of fish oil (containing 300mg of both eicosapentaenoic acid and docosahexaenoic acid) can be effective in treating mild to moderate depression when compared to placebo (Eur Arch Psych Clin Neuro Feb 2011), and that looking at bright light may be able to improve mood and sleep (Arch Gen Psych Jan 2011). A review of trials for both St John's Wort and SAMe (s-adenyl methionine) also showed efficacy for improving the blues (Alt Med Rev 2011), and a study from Spain found that people who eat more saturated fats (as found in meat and full cream dairy) have a greater tendency for depression (PLoS ONE 6(1) 2011).

There are a number of important national and global health promotion events for the month, including:

1-7 Autism NZ Appeal Week
www.autismnz.org.nz
1-9 Rape Awareness Week
www.rapecrisis.org.nz
13-19 Men's Health Week
www.ageconcern.org.nz/health/healthy-men
20-26 Volunteer Awareness Week
www.ocvs.govt.nz/news-updates
20-26 Order of St Johns Appeal Week
www.stjohn.org.nz
20 World Refugee Day
www.un.org/depts/dhl/refugee
27-2 Continence Awareness Week

www.continence.org.nz

MAPUA COMBINED PROBUS

The guest speaker at the club's May meeting was Alan McTurk, proprietor of the Mapua Pharmacy. Alan was born in Northern Ireland in 1968. His education took him through high school to study pharmacy in the UK. After graduation he worked in a number of pharmacies including one in Risley prison.

Alan eventually returned to Northern Ireland and set up his own pharmacy in Tynan. This pharmacy is close to the border so services customers from both sides. Over the years Alan has travelled extensively and during a 'working holiday' in New Zealand he saw an opportunity to set up a second pharmacy here in Mapua. That was some six years ago now and is very popular with the locals, with customers often saying. "It's so good to have a pharmacy in Mapua".

Alan still has an interest in his pharmacy in Northern Ireland. He makes a point of returning "home" once a year to keep in contact with his parents and family. Alan says he enjoys his lifestyle, dealing with and getting to know the local residents and offering pharmacy services. He recently renovated his Mapua shop, modernising it and extending it with a view to the future. He and his staff are to happy to talk about medicines and health needs.

The club's mini-speaker was Marion Mouat, who talked about her hobby of growing chrysanthemums. She displayed three large plastic buckets of the flowers, with a good variety of colours and size of blooms. Marion's early interest in growing flowers was when she was living in Levin. She joined a small group of enthusiasts showing their chrysanthemums at the Otaki flower show.

Marion was later able to become involved with a flower group in Stoke which met in members' homes. The Horticultural Society used to put on the Autumn Show in the Stoke Hall, but the show was cancelled permanently a few years ago. Over time she found that more men were enthusiastic chrysanthemum growers than the women.

Marion spoke about various management needs in growing the plants. Her husband built a plastic covered shed for plant protection. The chrysanthemums have more prolific growth in cooler climates; the longer dark nights bring the flowers into bloom; the rust fungi are always a concern that can prevent good flower propagation; and the use of liquid cow manure and compost promotes good growth for the plants.

David Higgs

Police Report

Hi all. The long warm temperatures are just starting to wane and with colder days and wetter roads we all need to allow just a few minutes longer to get to our destinations. I have just been helping with about 30 pine trees across the Motueka Valley - so you don't know what nature will put in front of you sometimes.

It is pleasing to report that there have been no major issues in the Mapua area in recent times, but metal is hot property and scrap metal is being stolen regularly throughout the district. Hot water cylinders have been taken out of unoccupied houses. If you have any old cylinders sitting around, be aware.

Grant Heney, Rural Community Constable, Motueka. Ph 528-1226 (direct).

Occurrences

16 May: Three 10-metre lengths aluminium pipe stolen Old Coach Road

14 May: Male stopped driving at 160kmh

13 May: Tools stolen from shed Upper Moutere

29 April: Mapua male stopped driving while disqualified on Aranui Road. Car impounded

23 April: Male arrested for possession of cannabis Gardner Valley Road

21 April: Solar water heating cylinder stolen Tahi Street

20 April: Mapua male stopped driving while disqualified. Car impounded

New Ruby Coast, Moutere Hills website now live

The Mapua and Districts Business Association's new website is now live. Covering the whole region from Mapua to Tasman and over to the Moutere Hills, the website provides information for both visitors and locals alike. It includes new features such as a community events page and regularly updated articles on community happenings, as well as listings of all our member businesses and plenty of information for visitors to the region.

The address is: www.rubycoastmouterehills.co.nz
The website has been a work in progress by the
marketing subcommittee of the Mapua and Districts
Business Association since September last year. It had
been recognised for some time that the existing MDBA
website was ready for an overhaul and with the
opening of the Ruby Bay by-pass imminent now was
the time to come up with a new website that promoted
the region and our businesses and could become a
useful resource for the community and visitors alike.

With the help of David Letsche of Making Websites Work and Jane Neil of Chocolate Dog, as well as many hours put in by the marketing subcommittee of the MDBA, particularly David Short and Janet Taylor, the new website has taken shape. The website is designed to be able to constantly evolve and over time more features will be added which will make it an even more valuable resource for locals, businesses and visitors.

Feedback from business association members has been excellent. There is an easy-to-search area of the site which contains information on all of our local business members, including their contact details and direct links to their websites. There is a wealth of information about our region on the site and this will be updated and extended over time.

In order to make this site a great success we need your help. If you have friends coming to visit the area, point them to our website. There is lots of information on activities, accommodation, walking and cycling and local shops and art galleries. If you are looking for a local business to use then look it up on the site. If you are organising an event or just want to know what is happening in the area then check out the events section.

Please contact the MDBA coordinator, Janet Taylor, at coordinator@mapua.biz if you would like to add any information about upcoming events. We also welcome articles and pictures from the community on events and happenings in the district. A big thank you to all those who have contributed photos and articles already.



Taking It To The Streets!

With only a few spaces left in the hall, the Mapua Show is going outside the walls for the first time to showcase the many artists who have their own studios in the area.

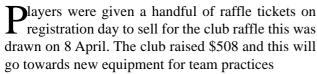
In addition to being able to see the full range of the artists' works, there will be demonstrations where you will be able to watch as the works of art are created, plus hands-on workshops in which you can participate.

So be sure and mark your calendars now for the 12th and 13th of November!

Reminder to Exhibitors: If you want one of the few remaining spaces in the hall, or are an artist who would like to exhibit in your own studio and have not yet been contacted, please contact Debbi Bamfield immediately at 540-2942 or email her at scrapperdo4u@yahoo.com.

Mapua & Districts Soccer Club

Fund-raising for the Club



Winners were: Bumper Hamper – Jerry Lare; Kayaking Trip – Nyla Brakespeare; Apple Shed Voucher – J McPherson.

Many thanks to all the parents that donated goods for the hamper, Toby Wild for supplying the kayaking voucher and to Vivien and Tom Fox for the Apple Shed voucher.

The club also took part in the Sprig & Fern Motueka quiz night during May to raise funds for the club. All proceeds from the entry fee and the raffle ware donated to the club. The final figure raised has not been finalised yet but we expect it to be in the region of \$1000.



President – Sian Potts sianpotts@xtra.co.nz

 $Secretary-Anna\ Caswell\ anna caswell @\ callsouth.net.nz$

Treasurer – Phil Jones home@vibrantearth.co.nz

Senior Men's Coach –Stuart Campbell s campbell50@hotmail.com

Senior Women's Coach - Toby Wild thewildfamily@xtra.co.nz

Meetings for Cyclists

The Nelson Tasman Cycle Trails trust is holding a series of community/commercial meetings which will focus on trail "local ownership", micro economic development, funding, marketing and promotion opportunities and the expected timeline to growth as a result of the 2011-2016 completed Dun Mountain and Tasman loop trails. Our own N.Z Great Rides.

It's about businesses and community planning to benefit from the expected cycle tourism influx, clustering to achieve tourist packages, confidential intention of tourism-related developments and philanthropic aspirations to help establish and maintain this generational goldmine. Meetings scheduled are:

9 June: Tapawera Community Centre, 7.30pm

14 June: Motueka Top 10 Holiday Park, 6pm

21 June: Brightwater Sprig and Fern, 54 Ellis

Street Brightwater, 6pm

23 June: Moutere Inn, 7.30pm

28 June: Mapua Wharf, Shed One, 6pm.

30 June: Sports Tasman, 142 Saxton Road East

Stoke, 5.30pm

17 August: Ngatimoti Hall, 7.30pm

Fiona Newey, Executive Officer, Nelson Cycle Trails

Trust

Mahana School

What a wet start to the term! The rain seems like it is never going to stop, but that hasn't stopped the Mahana students from getting involved in a variety of activities, both inside and out. These include our school's cooking team being involved with the Maggi Cook-off, (Erin Simpson is visiting next month to film the team for TV!), the Maths Problem Challenge Competition, a visit to work with world champion skipper Peter Nestler, cross-country training, Keeping Ourselves Safe with Constable Tonkin, Rippa Rugby, hockey tournaments, golf for our Year 7/8 students, photo competition, book week, visits to read to kids at our local pre-schools and making use of our brand new hardcourt area. The students are enjoying the chance to play outside without getting too muddy and wet, we save that for our cross-country course!

Eva Osmond (6) and Tiana Olney (6) Report:

We've been to 'Country Kids' to read to the little kids. I (Eva) read the *The Toy Town Fire Engine*. We read in groups and I read to all the boys. It was fun.

We've got some new hard court that we can play on. The grass was so wet and slippery, and now we have room to play with the balls and the unicycles. The PE shed has been moved so it's not in the way now.

We've been running around the whole school for cross-country training. It's very muddy but that is fun. Our school cross-country is on Monday at Woollaston Winery!

We've been learning about counting really big numbers. We love big numbers. Our favourite big numbers are 100 and 174, and my Poppa's favourite number was 6! We know heaps of adding, and can even quickly add doubles like 7 plus 7, and 8 plus 8, and even 12 plus 12.

Last week we had Book Week. I (Eva) dressed up as Little Red Riding Hood. We love reading; our favourite books are *Hungry Monster* and *Ready Steady Jump*.

Jed Taikato (8) and Ella Stephens (7) Report:

We've been learning to write alliteration poems. It's like writing using the same sound at the start of each work. We like poems because they are fun to write and read. Here is my (Ella) poem...

The happy hilarious horse had hiccups/and hopped over a hunting hound

We went to Country Kids, and I (Jed) read the *Cheese Trap* and *Hunches and Bunches* to some preschoolers. It was really fun and a cool experience. I was excited before I went because it was one of my friend's pre-school.

We have been running a photo competition at school. We could take a photo ourselves and then email to school. They were printed out and displayed in the hallway. The best ones are being sent to another competition, and if they win they might win an iPod!

We love school!

Mapua School



The Mapua Easter Fair – Behind the Scenes

year ago we started to think about this year's Easter Fair. Easter Sunday 2011, was on the 24th of April which meant that it was likely to be cold and/or wet. Daylight savings would have finished so it would be getting darker earlier. Due to the changes in the school calendar, the fair was smack in the middle of the term holidays. A challenge for the school and playcenter to get enough volunteers to help on the day. And, it was the day prior to Anzac Day, so we would not have a back-up day if it rained.

The planning began.

Three months ago, after we all started to come to grips with the Christchurch earthquake, we worried about the availability of generators, fencing and most importantly port-a-loos. Food stalls, fair rides and entertainers would require generators to operate. But most importantly, we wouldn't be able to welcome visitors if there were no "facilities".

The organising continued.

One month before the fair, flyers requesting help were delivered to the residents of Mapua. The response was fantastic. Neighbours, who have no connection to the school or playcenter, came forward with offers of baking, stall items and help on the day.

Our major sponsors devised additional opportunities to raise funds. Friends and families gathered pre-loved toys and books. They baked, bottled and preserved. Businesses in the region were generous in their giving to the chocolate wheel and raffles. They sponsored the printing of flyers as well as gave of their professional services.

Easter Sunday 5am it is wet, wet, wet. Any damage to the Domain and we would be financially responsible. Over 300 vendors, their cars and equipment could easily ruin the playing fields. Is it a go or do we cancel?

Where else but Mapua could you call a business on Easter Sunday at 6am and be greeted with a warm hello

and "Sure we can help". Aaron Dunlop, from The Shed, arrived with gravel, equipment and a smile as he helped protect the areas of the Domain with the most potential for damage. Volunteers were busily raising marquees and tents that should have been erected the day before but couldn't be due to the wind and rain.

Historically, fair visitors want to enter before the 10am opening and we ask our stall holders to be ready by 9am. This year it was 9:45am and no one was there...had the pouring rain of a few hours earlier changed their plans? More FM came to the rescue as their DJs reassured listeners that the Mapua Easter Fair was on – Come join us celebrate our 29th year! The visitors came and so did a little blue sky and sunshine.

After the Fair.

The school and playcenter were thrilled with the response from the volunteers in the community, who not only helped early Sunday morning, but returned at the end of the fair to clean up. In total, over 80 individuals worked to create a day to celebrate family, friends and community.

This year, the Mapua Easter Fair welcomed nearly 11,000 visitors. Although this was down by 5000 from last year, it was a great result considering the very wet weather. Fortunately, the chocolate wheel and raffles increased our revenues due to the quality of the items donated and the fantastic skills of the Mapua teachers who MC'd and sold tickets. Revenue was also bolstered by the innovative sign project sponsored by Ray White and the generous support of Howie Timms and his team at NBS. In all, over \$30,000 will be distributed by the Easter Fair Trust to the youth of Mapua.

Thanks to everybody whose exceptional contribution continues to make this an iconic day.

Lisa Dunn, Trustee, Mapua School & Easter Fair Trust

Sam's Spam

his month I thought we would take a trip down memory lane (computer memory that is) as I often have calls about slow-running computers.

Memory (also known as RAM) is the most important feature connected with a slow-running computer. If you have too little memory, your entire computer system will be slowed down, overworked, and some programmes may not run at all. Memory is measured in gigabytes (GB) and your computer will already come with a certain amount of memory. A new netbook will usually have about 1GB, a laptop about 2GB.

I found this useful chart on the internet to tell you how much memory you will need:

http://askbobrankin.com/ how_much_memory_do_i_need.html

If you are this type of user:	You need this much memory
Casual user: Web browsing, email, listening to music	0.5 - 1.0 GB
Frequent user: the above plus word processing, photo viewing, simple games, video viewing	1 - 2 GB
Power user: the above plus photo editing, video editing, real-time multiplayer online games such as Halo, multitasking	2 - 4 GB
Professional User: high-performance gaming, large documents, high-definition video editing	4 - 8 GB

For most users, 2GB of RAM will be fine and is required for the latest operating systems, such as Windows 7 and Mac OS X. But if you can spare an extra \$100 or so, upgrading to 4GB is likely to make your computer run smoother and faster over the long haul. There are different types of memory for different computers so it is best to take your computer with you if possible to make sure you get the correct one. Memory upgrades can be bought at places like Dick Smith and Noel Leeming.

Another problem, other than lack of memory, that may make your computer to run slowly is having a clogged-up hard drive. This can be caused by temporary files your computer creates which are not needed but unfortunately are not automatically removed when you shut down the computer. To remove them you need to use a disk clean-up programme, such as CCleaner (see below)

Free Stuff

This month's free download is CCleaner. This will not expand the memory capacity of your computer but will get rid of unnecessary 'junk' that can cause your computer to run slowly.

To download, visit www.piriform.com/ ccleaner

MAPUA Bowling Club

We have just held our AGM and the following are the principal officers elected for the coming season: President, Dave England; vice-president, Nancy Coeland; secretary, Jean Daubney; treasurer, Margaret Busby; club captain, Michael Busby.

Over the winter months our greenkeeper, Don Sixtus, and his band of helpers will be busy preparing our green and the surrounds in anticipation of opening our new season in late September. If you are thinking of joining us you can be sure of a warm welcome. Bowls are available for you to come and have a try. Anyone interested or intending new members can contact Dave England (phone 540-2934) Nancy Coeland (544-2847) or Michael Busby (544-6325).

Maurie Daubney.

Under The Bonnet with Fred

Thoughts and Rules of Thumb for 4X4 work

A fter 14 years of 4x4 Coast-to-Coast this is a brief of good rules of thumb evolved by observing the mass of different people involved, their stories and their vehicles. There seems to be a good number in the 4x4 activity.

If you get stuck three times in the same place maybe you're not meant to go there; a team of three for a 4x4 trip for safety; having three hours fuel reserve by end of the day to cover yourself should there have been an emergency; three vehicles tied together make a powerful tow.

Best 4x4:

Much debate on this one but from experience they are Toyota, Isuzu, Suzuki, Nissan, Land Rover in no particular order. Lot of more modern 4x4s are full of electronics which make them comfortable, but impractical in the water, and we have a lot of water in back-country New Zealand. The most capable for South Island New Zealand—Toyota Land Cruiser 80

series cab and chassis as used on high country farms a lot. My favourite is the Toyota VX Land Cruiser.

Must haves, the Three Ts

- 1) Good tyres, so you don't get stuck. Mud grip tyres with good tread. There is much debate about which are the best tyres but I found Cooper Desert Duellers good off and on-road.
- 1) Tow hooks front and rear, ready if you get stuck, attached to the chassis and easily accessible. Painted yellow, they are easily located when required.
- 2) Tow ropes x 2 for when you're stuck. Don't keep them buried under all your luggage and hard to get out—your 4x4 might be slowly filling up with water! I banned the use of rope and shackle as people kept dropping the shackle pin, which is not easy to find in a fast-running mountain river!

Think Safety:

- 1) A group of three vehicles makes safe 4x4ing.
- 2) Watch the weather. A small creek can turn into a ranging torrent and a dry, dusty road can become dangerously slippery. Above 300m on mountain roads even in the summer I have experienced snow and sleet. Take clothing suitable for the cold and wet.

- 3) Communications. Cellphone, UHF radio or an emergency locator. It's not just yourself but others that may require help.
- 4) Bees and wasps. There are lots of stinging insects in the New Zealand bush so leave them alone and they will leave you alone. Avoid an emergency.
- 5) The best is a three-vehicle team, well equipped vehicles with engine snorkels and goos communication. Think safe and you'll be safe.

Some Rules of Thumb -River Crossings.

1) Still water runs deep. Dirty water. I don't know

how deep it is; if in doubt get out and walk the river first. A wet bum is better than an expensive engine repair.

- 2) Windows down, seat belts off. Should the electrical system short out the windows are down ready for exit. Seat belts off ready to exit
- 3) If you're stalled in the river, don't start the engine. Water in a high
- compression diesel will instantly destroy the engine and sometimes split the block. Get the vehicle out of the water, remove the filters and injectors, stand clear as a jet of water from the motor can easily blind you, just flick the ignition key until all water is clear.
- 4) Good entry and good exit. Find an easy entry into the river so you get the feel of the river before getting into deeper water. Most important is an easy exit as your tyres are all wet; driving on wet slippery rocks/mud and with all the water now collected in your 4x4 it might weigh another 300kg.
- 5) Stuck? Best practice is to pull the vehicle back the way it came.
- 6) Oversized tyres can make even a big 4x4 float. True.
- 7) My 4x4's is floating? Make a quick call and open your door and sink it. You'll be safe but wet with all four tyres on the riverbed.

Spend a bit of time planning your river crossings as drowning is the biggest danger with 4x4ing in the South Island.

My VX Land Cruiser was equipped with a snorkel to provide air to the motor while river crossing. The front and rear diffs were vented up to the engine



firewall to prevent the sudden change of air pressure sucking water into the diffs when entering cold water. **Incidences:**

During 4x4 Tough-Tough event we had a challenge where a team of three had to tow one dead vehicle, a Nissan Patrol, up-stream, under the bridge, around the piers and then back down-stream and out. As this team rounded the pier the towed vehicle, which had over-sized tyres, started floating dangerously towards the pier. Visual contact had been lost with the front tow vehicles and all the shouting to stop went unheard over all the vehicle and water noise. The Nissan Patrol driver shouted, "Open the doors," and it quickly sank. The wheels were now in contact with the river bed just in time as the tow rope tightened and it was pulled clear of the pier amongst shouts, smiles and cheers

from all watching. The front tow vehicles were oblivious of the drama behind.

Taking a tour out of Hanmer Springs, over Molesworth Station and heading for the Nelson lakes. I told my clients the rain would turn to snow at Lake Tennyson. Right on cue large, soft snowflakes were falling. We stopped at the lake for a cup of tea. I looked out the side and one of the lady clients from Auckland was on her knees crying. Panic for me—I couldn't see her husband. Had he dropped dead? I ran over to see what had happened but she was crying for joy because she had never seen snow falling.

Later up on Island Pass, 1340m above sea level, two bikes could just be seen in the snow by a tent half-buried in snow. Finally after some noise and shaking of the tent two French tourists emerged. They were 100m from a DOC hut. Watch the weather. The mountains have no friends.

Fred Cassin

MAPUA LIBRARY

We were pleased to welcome new members to the committee at our recent AGM and farewelled with regret a number of our long-standing members—Sue Brillard, Heather Quinn, Sue England, Catherine Butchard, and Tony Small. While not continuing on the committee they will maintain their interest in the library and you will still see their familiar faces behind the desk when you visit.

Dot Moriarty, retiring chairperson, expressed gratitude for their and other committee members' sterling work and support during the last two years when the library underwent many changes. Appreciation of Dot's dedication to, and work for our library was expressed by Analee and supported unanimously.

Officers elected for the coming year were: Chairperson, Eileen Dobbie; vice-chair, Hugh Gordon; secretary, Penny Brown, assisted by Yvonne Jardine; treasurer, Dennis Emery; committee: Dot Moriarty, Analee Emery, Sharon Kennedy and Bert Youngman.

The incoming committee is looking forward to a year in which we can again engage with the community. Should you have an idea how the library might assist with a worthy community initiative, please do not hesitate to call a committee member and discuss. We are committed to continuing support with the BEAR programme (Be Excited About Reading) for the children and we will continue to display work of local artists and crafts people. We also hope to have more speaker/authors functions such as the recent highly successful Joe Bennett evening.

The library is now open every afternoon Monday to Saturday and of course we run the Wednesday evening and Thursday morning session as well. There are always new books arriving, something of interest happening, so if you are new to the area, or have not already joined our library do call in, have a look around and meet our friendly librarians on duty for the day. You and your family will receive a warm welcome.

Eileen Dobbie

New Library Hours:

Open every afternoon Monday: 2–4.30pm Tuesday: 2–4.30pm

Wednesday: 2 - 6.30pm

Thursday: 10- 12.30pm; 2– 4.30pm

Friday: 2-4.30pm Saturday 2-4.30pm

BOOK REVIEW

The Legend of Colton H Bryant by Alexandra Fuller. Reviewed by Adrienne Taylor. Available in the Mapua Community Library.

This is the story of a boy born and raised in Wyoming, the sparsely populated "Cowboy State" of the USA. Colton is an unlikely, seemingly ordinary type of hero, born into the tough reality of Wyoming's working class with "horses and oil in his blood like his father before him and his grandfather before that..." Colton was born in a hurry and he continues to love speed through his boyhood, manhood, marriage and early death on an unsafe oil rig. He suffered from ADHD that hampered his learning, and lacked ambition due to the isolation of his surroundings.

However, Alexandra Fuller was captured by the life of this young man and she details Colton's life story to portray a lovable young man with a great ability to bear life's travails with patience and good humour, a guy who knew how to "cowboy up" when faced with adversity. His abiding mantra: "Mind over matter. I don't mind so it don't matter" masked his quietly endured pain.

Fuller writes beautiful intense prose, and I was engaged by the story of a young life lived to the full. But, here's the rub: I was recommended this book by a library patron who said "it's a bit like Annie Proulx but non-fiction". The book is heavily reliant on dialogue-based vignettes, and from early on I kept asking myself is this really non-fiction? How could these evocative poetic descriptions come from Colton or one of his friends?

Here's an example of Fuller describing a Wyoming lake in the early morning: "There was a lacy netting of mist coming off the lake, all secretive with what it knew about water and air and the difference between the two...." It surely must be Fuller imagining this and countless other scenes.

Having said that, this device makes a pretty mundane story into something more like the "legend" in the book's title.

My consternation was heightened at the end of the book by the following note from the author: "This is a work of nonfiction, but I have taken narrative liberties with the text. I have emphasised certain aspects of Colton's life and of his personality and disregarded others. I have recreated dialogue and occasionally juggled time to create a smoother story line."

Given that large parts of the book are dialogue, I felt uneasy because I didn't know what was real and what was imagined? What character traits had been disregarded? Fuller obviously thinks that her acknowledgement of these "narrative liberties" allows her to claim this book is a work of nonfiction, but I don't agree. Colton H. Bryant died aged 25 as a result of a preventable work accident yet his death is barely covered in the story. The image of Wyoming as the home of the cowboy overlooks the highly exploitative oil and gas industries that have been given licence to overlook environmental and health and safety regulations. (An investigation into Bryant's death found six safety violations but the oil drilling company was fined only \$7031 and nothing was paid to his family). Accurate reporting has been sacrificed for fictional conversations. Not all readers will be concerned about this distinction between fiction and nonfiction. Alexandra Fuller is a talented writer who does a great job of evoking Wyoming, its people and most of all, Bryant as a real character. This book is a very good read and it has certainly provoked me to think about what constitutes nonfiction and fiction.

Fresh Local Art

If you'd like an exciting piece of genuine original local art, the Mapua Art Group invites you to come along to to the inaugural Mapua Art Group Original Art Sale in the Mapua Hall, Aranui Road, on Queen's Birthday weekend.

The opening will be between 6.30pm and 8.30pm on Friday 3 June. Refreshments will be provided and Ruby Bay painter Lisa Chandler will give a short illustrated talk on her progression from graphic designer to an arts degree.

All works will be for sale from the opening night; cash or cheque only. The sale will be open from 10am to 4pm Saturday, Sunday and Monday of Queen's Birthday weekend. There will be a diverse range of art and artists across oils, acrylics, mixed media and watercolour.

Entry is free, but donations are welcome with all proceeds going towards new easels for the group.

Mapua Art Group Exhibitions Manager Linda Morris says there's a diverse range of art across all mediums.

"The great thing about this group of artists is that they are all very different in their styles. We will have well over 60 works on show covering every size, medium and subject matter."

"We hope that those who are keen on art will take the time for a pleasant trip out to Mapua and see our



Members of the Mapua Art Group busy preparing art for their upcoming Queen's Birthday Original Art Sale.

exhibition on the way. It's also a great chance for businesses to buy for their empty wall space."

All visitors will also be able to vote for their favourite works in the people's choice award, supported by Impressions Art Supplies store in Richmond.

Please come along and support this fantastic local community group. We have all ages and backgrounds of artists and this will be the first time exhibiting for some of our members.

The Mapua Art Group meets weekly in the supper room at the Mapua Hall and has about 45 local artist members. It has been running for 3½ years now and is an important source of support and education for local artists across a wide range of mediums and skill base.

For more information phone Linda Morris on 543-2686

Hills Community Church

All I Really Need to Know

Thanks to the internet and 24/7 news we truly live in an age of information overload. But for all the information (and misinformation) floating out there in cyberspace are we truly any wiser? How much does one really need to know to get on with life? King Solomon put it simply: "The fear (awe) of the Lord is the beginning of knowledge" (Proverbs 1:7a). Jesus made it pretty easy too: "Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind"; and, "Love your neighbour as yourself." (Luke 10:27) Popular author Robert Fulghum wrote an amusing book of essays in 1989 entitled "All I Really Need to Know I Learned in Kindergarten". I recently re-read his essay and found his words quite reassuring:

All I really need to know about how to live and what to do and how to be I learned in kindergarten. Wisdom was not at the top of the graduate school mountain, but there in the sand pile at school. These are the things I learned:

- Share everything.
- ' Play fair.
- ' Don't hit people.
- Put things back where you found them.
- Clean up your own mess.
- Don't take things that aren't yours.
- * Say you're sorry when you hurt somebody.
- Wash your hands before you eat.
- Flush.
- Warm cookies and cold milk are good for you.
- * Live a balanced life—learn some and think some and draw and paint and sing and dance and play and work every day some.
 - Take a nap every afternoon.
- ' When you go out in the world, watch out for traffic, hold hands and stick together.
- Be aware of wonder. Remember the little seed in the Styrofoam cup: the roots go down and the plant goes up and nobody really knows how or why, but we are all like that.
- ' Goldfish and hamsters and white mice and even the little seed in the Styrofoam cup they all die. So do we.

And then remember the Dick-and-Jane books and the first word you learned—the biggest word of all— LOOK.

Everything you need to know is in there somewhere. The Golden Rule and love and basic sanitation. Ecology and politics and equality and sane living. Take any one of those items and extrapolate it into sophisticated adult terms and apply it to your family life or your work or government or your world and it holds true and clear and firm. Think what a better world it would be if we all—the whole world—had cookies and milk at about 3 o'clock in the afternoon and then lay down with our blanket for a nap. Or if all governments had as a basic policy to always put things back where they found them and to clean up their own mess. And it is still true, no matter how old you are, when you go out in the world, it is best to hold hands and stick together.

With milk and cookies in hand, Marilyn Loken, Minister, Hills Community Church

Happening @ **Hills**—we are a community-based, multi-denominational church with historical roots in the Anglican, Presbyterian, Methodist and Pentecostal traditions. We offer both traditional and contemporary worship in an informal and relaxed style. Visitors and newcomers are most welcome.

Sunday Worship: Traditional service 9:00am, Contemporary service & Children's programme including crèche 10:30am; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea in-between. 1st Sunday of each month: one family-style service @ 10:30am followed by a shared lunch.

Weekly Calendar:

1st & 3rd Tuesdays: 12:15pm—NZ Prayer Book Communion service followed by intercessory prayer

Wednesdays: 10am-noon—Kidz n Koffee Open to parents-caregivers-pre-K kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft & share a laugh! Open to all, crèche provided

Drop-off for Area Food Bank – Bring your non-perishable food items to the church (122 Aranui Rd) on Friday mornings between 9am & noon.

We also offer numerous home groups and youth activities. Contact 540-3848 for more information on our ministries.



Many greetings to all and a huge thank you to the families, grandparents, teacher colleagues from around the region and the weather frog who combined made our Open Day on May 15 a real success. Most people lingered to meet the teachers and absorb the atmosphere Harakeke has to offer fully.

We were thrilled and proud to be able to present the recently achieved Pâ- Harakeke Award, the top award given out by the National Heart Foundation to Early Childhood Education Centres that promote and actively encourage healthy food choices and the importance of physical activity.

Harakeke is the first preschool in the Top of the South to achieve this award and the team (teachers and children) owes a huge 'Thank-you' to our parents and caregivers for supporting this goal. Let's keep up with our high standards and encourage others to 'give it a go'!

The next step? Going Zero Waste and becoming an Enviroschool! Watch this space!

We also squeezed in a most enjoyable trip to Mapua 'Touch the Sea' aquarium. Children and adults alike loved the opportunity to touch the sea creatures - the stingray's skin is just unbelievably smooth and soft

and a few of us were even brave enough to touch the eels (despite the warning signs).

Harakeke now has its own website. Please check it out and follow news and events at www.harakeke.org.nz

Far away from the cyberspace generation is still another way of life - one of our families has introduced us to the life of Lhamo Lama and wrote this to share with you:

Harakeke has a new very special friend called Lhamo Lama, a 4 year old girl who attends the nursery class at the Kailash Bodhi School in Jumla north Western Nepal. She has two big brothers at the school and a younger brother who is just 1 yr old. Her father is Karma Lama and mother Dolma Lama. Tashi, the school Principal says that Lhamo's father has tried very hard to do business in Jumla but now he is grazing some cows and doing some farming in a village five hours walk from Jumla, where they are renting a house so the children can attend the school.

There is no money left over for school fees, uniforms and stationery. But now with our help Lhamo Lama is so happy she can now go to school. She has a harder life than us and has very few things- in fact the Harakeke book is the only colourful thing on her wall- but the children are happy and especially knowing there are friends at Harakeke thinking about them. Hopefully the children at Harakeke are going to enjoy learning about Lhamo and a different way of life. If families would like to find out more look at www.intime-kbs.org

Ka kite for now -The Harakeke team

Emergency Response Group

The Mapua Emergency Response Group has now had several meetings and planning is well advanced for response in case of a declared emergency in our local area.

For this team to take action an emergency has to be declared by Civil Defence. The local Fire Service will respond by activating this group. Alternatively the local Fire Chief on his own initiative may also activate the group.

A number of local community members have volunteered to be part of this group. The group is made up of a management team supported by the following teams: Welfare, First Aid, Administration, Catering, Transport and General. Thank you to those who have agreed to be part of this initiative.

Initially, two welfare centres have been identified and are set up. The first centre is the Mapua Community Church in Aranui Road. The second is the Mahana School at School Road, Mahana.

More information will be advised as plans are formulated.

We welcome involvement of additional people in this group. For more information, please contact Cliff Taylor, 540-2011 or cliff.lynt@ihug.co.nz

Russell Sampson

Noticeboard

Pony Rides: for kids birthdays or special occasions, at your place. Weekends. Ph Maddy 540 2990 or Chantal 526 6292

Board & card games: Would you like to meet up a couple of times a month (probably Tuesday evenings) for a friendly session of playing card and/or board games (what ever we find hidden away in the cupboards) with like minded people? If so please ring Alison on 03 526 6842 or email ali@snap.net.nz

Children's Gymnastics: 1-9yrs. improves a child's strength, balance, coordination, spatial awareness & eye tracking using hand apparatus, songs, and gym equipment. Thursdays @ Mapua. Fridays @ Upper Moutere. Ring Sam, 5432512

Room to rent within 69 Aranui Road building in Mapua Village centre – tel Julie 5402705 or email julie@inhealth.co.nz

Coastal Connections Social Group: The next lunchtime gathering is at the "Moutere Inn", Moutere Highway, Upper Moutere on 9 June. Look forward to seeing you all. Julie Haliday, 540 3533

Kidz 'n' Koffee playgroup: 10am – noon, Wednesdays during school term at Old Church Hall, Aranui Rd. All parents and caregivers welcome, we cater for 0 - 6 yrs. Gold coin donation for a delicious morning tea. Come and make some new friends. Info: Anja, 544 8733

Massage for Health (Ruby Bay): 03 970 0960 (local call) or 02102 55 65 25, amanda.stevens824 @gmail.com NZQA Qualified

Coastal Garden Group meet first Thursdays, 1.15pm, Supper Room, Mapua Hall. Members, guests & visitors welcome. Barry Highsted 540 3139.

Mapua Hills Rose Society (est 1949) meets 1st Mondays (except J months) 7.45pm, Supper Room, Mapua Hall. Rose lovers, growers, visitors and guests very welcome. Enquiries: Letty Thawley, 540 2876, Margaret Sinclair 03 528 8477.

Need technical help? Can't connect your DVD player? Don't know how to download photos from your digital camera? Computer running slowly? Local help is at hand! Average job price only \$20! Basic web design also available - pages start from just \$35. Call Sam, 540 2804. – sambennett@live.jp

Friendship Club meets third Thursdays 2pm, Supper room at the Hall. Indoor bowls followed by afternoon tea (please bring a plate). \$2 door charge and 20¢ raffle. We are a group of friendly people who enjoy a good laugh (some of us are not good bowlers). We welcome new members. Val Roche 540-3685

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Behind Mapua Hall every

1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Emma 03 929 5123 or Gill 543 2195 about membership or casual hire.

Women's Recreation Group - meets outside Mapua Mall Thursday mornings. Leaves 9.15am for 1½ hour walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540 2292.

Mapua Village Quilters meet each Wednesday evening. We are a small group, anyone interested to join us, please contact Linda, 540 2840

Spinners, Knitters, Weavers – Wool Gatherers meet at Mapua Hall, second Tuesdays, 10am. All welcome. Fair Exchange: We meet the second & fourth Wednesdays of the month. 9am at the Smokehouse to exchange homemade or homegrown items. Info: Debbi, 540-2942 or DLBamfield@gmail.com.

Probus Club meets first Fridays, Mapua Hall 1.30pm. All retirees most welcome. Enquiries to Pres. Anne Evans; 540 3070, Secr. Margaret Butchart 5402686 **Genealogy Computer Discussion Group**: This year our bimonthly meeting will be 1.30pm on Saturdays, on the following dates: 11 June, 13 Aug, 8 Oct and 10 Dec. Info: Val 540 3931 or Peter 540 2686.

PANZ (pastel artists of NZ) meet each Tuesday, Mapua Hall, 9am-noon. If you are interested in trying pastels as a painting medium, please join us. Glenys Forbes 540-3388.

Mapua Art Group: Painting/Drawing Thursdays 9-12.30, Supper Room, Mapua Hall. Like-minded artists get together to paint and help each other in a fun, social environment. All levels & media welcome. \$4 session includes morning tea. Tables, chairs provided. Lisa Chandler, 540 3933

RSA Meetings: RSA room, Mapua Library, 2.00pm, second Mondays, and refreshments are served at the close.

YOGA with Robin - Classes weekly. All levels welcome. Call 540 2113 for class times & information. www.rubybayyoga.com

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