



## Progress on New Boat Ramp and ATM

The Mapua Boat Club's proposed new boat ramp has been supported by a near unanimous vote at the November Mapua and Districts Community Association meeting – 43 yea, 0 nay and 2 abstentions.

The passed motion stated the MDCA “supports in principle the prepared and circulated plans for the future location of the Mapua boat ramp and will collect current feedback from members for participation in the TDC’s future review of its land in the Mapua Waterfront Area.”

One MDCA member spoke against the motion with concerns primarily around parking and the compromising of the recreational area. The proposed plan will now be part of the TDC Mapua Waterfront Strategic Plan Review and will go through resource consent process in hopes of being included in the 2018 strategic plan.

The Nelson Building Society (NBS bank) and the Mapua Hall committee announced a successful negotiation to locate a new ATM in the north-west corner of the Mapua Hall. NBS executives felt this location was ideal because of ease of accessibility, lighting and parking, but most importantly it optimizes security for users and the machine. The ATM should be installed soon after 1 December and be ready for the summer season.

The ATM will also provide some small funding for the hall as part of an annual lease arrangement. The new ATM is truly a gift to the community as there is little economic benefit derived by the bank. And the Mapua and districts community sincerely thanks NBS, Ken Beam and Howie Timms for their continued contribution to our area and support of Mapua Hall.

In other news:

Cr Tim King informed the meeting that the Mapua Waterfront Strategic Plan Review is now under way and “to look for it on TDC web-

site.” The plan will also include references to land on the corner of Tahi and Aranui roads and also Grossi Point. The TDC wants the process completed by April 2017 so they can include the results in the 2018 Annual Plan. They are committed to listening to the community’s input and consultation especially in response to any proposed plans.

- An effort to improve Mapua Wharf security camera coverage is taking place, with a plan to store the recordings at the TDC instead of the Jellyfish.

- A number of ideas have been presented online for how to use the \$1815 the MDCA holds for a wharf aquarium memorial – from creating marine life infopanel, to donating the funds to the marine sculpture to be erected in Higgs Reserve at the entrance to Mapua Drive. A summary will go onto the MDCA’s Facebook page soon so residents can log their preference.

- A resource consent application has been submitted to the TDC to build seven steel sheds, each containing four commercial storage units, to be located on the south side of Mapua Drive, adjacent to the Globe Café and Rare Creations near the junction with Seaton Valley Road. Extensive landscaping surrounding the buildings is proposed. Comments from the public on the Resource Consent closed on 30 November. You can download the full application under the "Documents" heading at this TDC url: <http://www.tasman.govt.nz/.../overview-limited-land-use-mapua/>

- And long time Mapua resident, MDCA member and *Coastal News* contributor, Hugh Gordon, has been granted “Lifetime Membership” in the MDCA in gratitude for his many contributions to the community over many years. Please join us at our 12 December 7pm meeting at the Mapua Hall to enjoy nibbles and toast Hugh for all he has done for Mapua and districts.

*Tim Hawthorne, MDCA Executive Committee*



The Coastal News team would like to thank all our readers, contributors and advertisers and wish you a joyful Christmas and a happy and prosperous New Year.



## No January Meeting

Please note the Mapua and District Community Association will not meet in January; after our 12 December meeting, the next meeting will be Monday, 12 February.

All of us at the MDCA wish all our neighbours and visitors to the region a relaxing summer in which to enjoy the beauties and amenities of our "home space."

Want to comment or join the Mapua and Districts Community Association? Just email Mary Garner [m.garner@xtra.co.nz](mailto:m.garner@xtra.co.nz) or go to the "About" tab at [www.facebook.com/mapuacommunityassociation](http://www.facebook.com/mapuacommunityassociation)



is holding its annual exhibition of members' work in the Mapua Community Hall Bill Marris Room **January 5th to 15th 2017**

open from 10am to 5pm daily.  
**Opening Night on Wednesday 4th January at 7pm - all welcome.**



The exhibition will show a culmination of the members' work from 2016 and will be in many media from oils, acrylics, watercolours, pastels, mixed media, 3D and photography.

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## Police Report

This will be the last police report before the Christmas period. No doubt there will be a very busy period, even more so now that extra people will be coming our way rather than going via Kaikoura. The roads will be chock full of people who don't know where they are going or what they are doing. The strong earthquake we had should have got you thinking how prepared are you if we were in Kaikoura's situation? I am checking my emergency kit and water and changing the fuel for my generator. They say another quake is coming and the big one hasn't been yet.

Crime-wise there has just been a spate of rural shed burglaries in the Dawson Road/Stagecoach Road area as well as another in Aporo Road towards Tasman. Chainsaws and firearms stolen.

Recently Nelson offenders stole a locked motorbike from an open garage on Mapua Drive. Luckily they were disturbed and the offenders' van was found by police a short while later at McKee Domain with the bike inside. The offender was found trying to leave while hiding in the van – he was arrested.

Once again it just shows how offenders from further afield come to our area to commit crime, so don't just think you can leave your car or shed unlocked because you have never had any problems before – because they are coming!

Keep safe out there and be patient on the roads

*Grant Heney, Community Constable,  
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Dr Tim Phillips addresses the meeting. At left are Judith Holmes and Dale Vercoe

## Community Support for Healthcare Trust

More than 80 community residents gathered on 23 November at Mapua Hall to “Think Tank” a possible new Mapua-based health care facility. Dale Vercoe is making his property above Mapua Drive available for development and invited the Mapua and districts residents to help define exactly what the community needs.

Meeting participants strongly endorsed the WHO health definition of “a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.” The meeting was unanimous in its support for a charitable trust community model for this development with an emphasis on ‘care in the community’ involving all age groups in an inclusive caring model.

Small groups formed to develop ideas as diverse as respite/hospice and dementia care, fire/ambulance/helipad and community van services, holistic/alternative/preventive health care services, health

education classes, district nurse base, temporary residence for homeless, meals on wheels, half-way house for hospital leavers not ready to be at home, mother/new infant care, whole foods café, a therapy pool, daycare for seniors, mental health support, a high-end health tourism facility, a garden maintained by community and Mapua School students, cradle to grave community health support and a sustainable and eco-friendly building.

A charitable trust is being formed. Some models put forth were the small but successful Marlborough hospice and the potential of creating an alliance with the Jack Inglis Friendship Hospital in Motueka. The “Dales Gift” organising group is looking for volunteers with all types of skills. For more information, please visit [www.facebook.com/dalesgift](http://www.facebook.com/dalesgift) or call Graeme Stradling at 540-2050.

Contact: Graeme Stradling, 540-2050,  
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# Something Lighter for Christmas

*Sarah La Touche is a qualified clinical nutritionist who has recently moved to the Mapua district. She comes here from Waiheke Island where she wrote articles on food and nutrition for The Gulf News, a local newspaper, and has been, for several years, a contributing writer to Dish, a well-known New Zealand national food magazine. Sarah and her partner Denis also conduct hosted holidays, taking small diverse groups of people who love travel, food and wine to France (<http://www.foodiesinfrance.com>) and have now opened self-catering and B&B accommodation in Seaton Valley Road, Mapua. ([www.holidaystaymapua.nz](http://www.holidaystaymapua.nz)).*



*Sarah will be a regular contributor of articles on food and nutrition to the Coastal News.*

## Summer Festive Feasting

While our northern hemisphere friends are rugging up in woollens, coats and galoshes, preparing to stuff the Christmas goose, we on the other hand, will most likely be flip-flopping around in jandals, shorts and T-shirts, dusting off the ham stand.

Despite being something of a traditionalist, I can never get my head around Christmas food at this time of year in our warm antipodean climate. So our festive feast is always somewhat left of centre, which has its advantages.

We can relax a bit about all the panic and palaver that goes with Christmas feasting – no need to brine the turkey, or deal with bread or brandy sauce, unless you love that sort of thing, of course. We have gotten into the swing of saving that for the chill of August when we can cope with devouring a chestnut stuffed goose and all the trimmings of a really traditional Christmas feast.



Instead we opt for something lighter but special. It is usually seafood that we don't normally indulge in. In the last few years we have enjoyed paua lightly sautéed in butter and

garlic and served on a fresh herb risotto. Some fresh seared scallops are always a treat, or whitebait if it's available, and John Dory cooked with a crisp skin is very hard to beat.

A fresh festive salad features also, some deliciously sweet and earthy newly dug potatoes. Jersey

Bennes are popular; the tiny, tiny ones are best of Christmas. Hard to find but seek them out, they are worth every morsel. This season though, for our first Christmas in Mapua, I have planted the heritage variety called Pink Fir Apple. They are exceptionally delicious so fingers crossed they will deliver on the day!

For sweetness there is something with dark chocolate, or beautiful succulent berries. Or both actually, because I can never get enough of those lovely berries. And of course some fabulous wines to match our scrumptious feast.

About ten years ago I had the privilege of working with talented Melbourne chef Greg Malouf. This salmon dish is my take on his beautiful Salmon Tarator, which I think is just perfect for our hot summer Christmas's. It can be prepared in advance and put together Christmas morning, tastes like heaven, and looks the part too. Enjoy it as a main or starter with a good buttery Chardonnay or Riesling.

## **Slow Roasted Salmon with Tarator, Walnuts and Tahini Sauce.** Serves 6

1 fillet New Zealand King salmon (800g), skin on, pin-bones removed. (Use a pair of tweezers).

1 tablespoon sea salt

2 -3 tablespoons olive oil

Baking parchment

Pre heat the oven to 100degC. Gently rub the fillet with olive oil on both sides, then the salt, and place skin-side down on a large piece of baking parchment. Lay this onto a wire rack which you can place on an oven tray. Cook for 18 – 20 minutes, no more. It should be just cooked on the outside and a little underdone inside. Remove from the oven, cover with another sheet of baking parchment and leave to cool. The fish will continue cooking as it slowly cools. This gives the flesh a buttery consistency when you bite into it – divine!

### **Tahini Sauce**

150g thick, plain yoghurt

3 tablespoons Tahini, stirred to smooth

1 clove garlic, crushed with a little salt

Juice of 1 lemon

½ teaspoon Spanish smoked paprika to season

Whisk all the ingredients together until smooth and creamy then refrigerate.

### **Tarator**

60g walnuts, toasted and skins removed (Do this by rubbing the hot toasted nuts in a tea towel to remove the loose, bitter, papery skins).

1cup coriander leaves, finely shredded

1 small purple onion or a shallot, very finely diced

1 long red chilli, seeded and finely diced

(Continued next page)

½ teaspoon sumac Middle Eastern spice that has a delicious tart, lemony flavour)

Juice of 1 lemon

60 ml extra virgin olive oil best quality

Sea salt and freshly ground pepper

Chop the walnuts very finely and put in a mixing bowl with the coriander, onion, chilli and sumac. Add the lemon juice and olive oil, season with salt and pepper and stir to mix all the ingredients well.

To serve, place the salmon on a large, flat platter and carefully smear the surface of the lightly cooked fish with some of the Tahini sauce right to the edges. Then pat on the tarator mix so that it completely covers the fish neatly and evenly. It will stick to the sauce easily, and looks quite spectacular. You can decorate the edge of the platter with cherry tomatoes, halved and tossed in salt and pepper and olive oil if you wish, or some bunches of fresh coriander or cress.

Serve at room temperature with extra Tahini sauce and tiny baby new season or Jersey Benne potatoes, lightly boiled and tossed in butter with plenty of black pepper.

Sarah La Touche is a qualified holistic nutritionist. She also runs B&B and self-catering accommodation in Mapua, walking and gastronomic hosted holidays in France. She is available by phoning 027 315 1165, [sarah@livingnutrition.co.nz](mailto:sarah@livingnutrition.co.nz) or [www.holidaystaymapua.nz](http://www.holidaystaymapua.nz)

#### OKC – ORPHAN KIDS CHARITY - FUNDRAISERS



We had a huge crowd turn out for our Quiz Night, we even ran out of question sheets! Thank you Sprig & Fern Mapua and the maestro Quiz Master Steve. Money raised from the quiz and raffle sales amounted to \$574.60,

and it all goes into the educational scholarship fund for next year's students. It is enough money to sponsor one student for one year's study. Fantastic!

Marion Satherley won the Zumba pass we raffled. Many thanks to Hillary Williams from Zumba Mapua for sponsoring this prize. Sarah Taylor won the Breville Juicer, then found a buyer for it and donated the money back to OKC because she already has a juicer. Thank you Sarah! The money will go to the student education fund.

At the quiz we also launched a special one-off fundraiser called 10 x 10 x 10 where we aimed to raise \$1000 by asking ten people to donate \$10 each day for ten days. As I write this we are at Day Three and on target to reach our goal. Janet will take this money to buy sports equipment, books and games for the children of the orphanage when she visits Vietnam in January. The Trustees of OKC, Janet, Sarah and Brigid, are overwhelmed by your generosity and ongoing support. Visit our blog on Wordpress any time you want to catch up on OKC: [orphankidscharity.wordpress.com](http://orphankidscharity.wordpress.com)

## PANZ

Mother Nature has not been very kind to the country this week. With wild weather and most of all the 7.8 earthquake that struck on Monday morning. To our fellow New Zealanders who have been affected by it we want to express our concern and support for the very stressful time you are experiencing. Go well!

We have come to the end of another year for our Pastel Group and a busy one it has been. We will be looking forward to a rest before we resume in February 2017. It is hard to believe that is almost the end of November. Where has the time gone?

We have had a very busy year with our National Exhibition in Mapua, with over 2000 visitors viewing some amazing artwork painted by pastel artists from throughout New Zealand. We have had several well attended pastel workshops throughout 2016 conducted by Master Pastellists such as, Tricia Taylor from Australia and Stan Sperlak from the United States. It has been a year of creativity by our workshops, monthly painting challenges, and our weekly Tuesday morning get-together at the Mapua Hall.

Two of our local members, Michael Busby and Marian Painter, received Merit awards for their entries into the National Pastel Challenge for Still Life and/or Floral. Good on them for their efforts.

Our Nelson Region membership has grown to a very impressive 55 members, two of which now live overseas. There is always room for more.

We will be taking a two-month break after our last painting day on 22 November. We will be celebrating with a year-end barbecue at one of our member's homes to start off the festive season.

Maybe you will set yourself a New Year's resolution to start painting for the first time or to get back into it again. Whichever it is feel free to join us in the New Year.

For additional information please contact our Area Rep, Glenys Forbes at 03 540-3388.

Have a very happy and safe holiday season from all of us at the Pastel Artists of New Zealand, Nelson Region.

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# Jamie Oliver an Irritation!

There are two things that really irritate me about Jamie Oliver. Firstly, the finished product—or my finished product—never looks anything like his, often being a different colour and totally different texture. You’d have thought at least the colour would be the same, wouldn’t you?

Secondly, his recipes seem to have one ingredient a minute of cooking time. Fifteen minutes equals 15 things to buy. Thirty minutes, 30 things. In my early days dealing with Jamie, I religiously brought each ingredient exactly as described. If he wanted four rashers of smoked pancetta, four smoked rashers it was. If he said a quarter of a bunch of flat-leaved parsley, it was so. It wasn’t easy copying his every item as, let’s be honest, Tasman isn’t London. Some of these things may never have come here.

Over the years this has resulted in an over-extended pantry, a myriad small bottles with the top 2cm empty, used once. These bottles have occasionally been deployed twice but not often. Burned by the first recipe experience, it takes a couple of years to forget I ever did it and then, browsing the recipe book, I’d think “that’s looks nice” and off we’d go again. Except this time I had one or two of the ingredients and, ignoring the use-by date, in the ingredient would go.

These ingredients were unearthed during the recent move into the new house and it was a slightly archaeological experience. What on earth is this? Had something from the medicine cabinet slipped into the pantry? Do you use this by the cupful or the teaspoon? Is it meant to be cloudy at the bottom? Should the lid be bulging like that?

The move also relocated the recipe book. Taking time out from shifting boxes, I thumbed through and

was beguiled to try one. Most likely it was a repeat, as I found a couple of “tracer” ingredients in the pantry, most likely got between 18 months and two years ago based on location and condition. Assemble the ingredients, simplify (bacon for pancetta) and maybe even ignore a couple of items altogether, plan the cooking and then execute the plan.

And this time there was a big difference. Our rental house cooktop had two settings: on and off. On was red hot and Off was off. Anything in between was a binary thing of one or the other, depending on some factor I never understood. “Simmer gently for seven minutes” was a genuinely impossible command. It was volcanic and dangerous one minute, then totally inert the next.

Not now: now I can add, subtract and shift heat from inner to outer rings instantly with a twist of the knob, preventing eruption and incineration effortlessly. The result was a Jamie recipe that actually looked like one of his. OK it took 45 minutes and not 15, but who’s counting?

This is going to alter our Christmas strategy. On account of having a garage full of things we can’t fit into the house, the Christmas present rule this year is “consumables only”. A Jamie recipe is on the cards for the big day and I have a list of recipes I feel brave enough to try. And it’ll probably take from now to Christmas to assemble to ingredients.

*John Bampfylde*







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Showcasing the best of Nelson

# 🎵 TWELVE MONTHS OF CRAFT GROUP 🎵

On the first month of this year the Craft Group did decree.

We'd meet, chat and have a cup of tea.

Going into month two, the Craft Group made pretty.

Lovely fabric hearts ,

Over two weeks of a sewing bee.

When the month turned to March, the Craft Group knitted these

Special Twiddle Muffs, with beads and buttons,

For the folk who can feel anxiety.

As April saw March off , we crafted with Julie

Assorted greeting cards. Made with scrap paper.

Also stamps and ink pads

Enjoying cake with Ella's hot coffee.

During May , that's the 5<sup>th</sup> month, the Craft Group turned arty.

🎵 Making - Crazy - Patchwork 🎵

Sewing fabric scraps. Using many yarns.

With colourful stitch-work.

It was all such a jolly thing to see.

For June & the half year, the Craft Group made with me.

Fashioned old used lightbulbs.

🎵 Like - Hot - Air - Balloons 🎵

Using glass paint. Which was baked.

And some ribbon too.

So they shone and were very glittery.

With July underway, the Craft Group learnt to weave.

Flax into flowers. Which Vespa taught us.

And would be gifted

🎵 To - The - Crafty -Tarts 🎵

Next, a padded card. Using hair gel. For 3D effect.

Which looked fab and was scented and smelly.

August was quite frosty. Craft Group was shivery. But collected sea shells. Which we bleached bright & white.

Doodled pretty patterns.

🎵 And - Stuck - To - Flower - Pots 🎵

Then Crafty Tarts came. For a show and tell. Pooling craft ideas.

Everyone sure enjoyed this jamboree.

When Spring did awaken, the Craft Group could be seen.

Blowing up some balloons. Cutting up cloth and twine.

Making free with craft glue. With the aim to create.

🎵 Fancy - Fabric - Bowls. 🎵

So when the glue dried. Popped the balloons.

Hoping for the best.

All of which cause Craft Group hilarity.

October rolled over and Craft Group created trees.

Called a Walk In The Woods. To be displayed in

Nelson.

During the town Arts Week.

Then made something different.

🎵 Book - Folded - Hedgehogs 🎵

Using Mills and Boon. From Op shops. Which we did not read.

The result, very cute, spikey, hedgies.

November came along and we started pebbly.

Styling cool stone trivets. Using glue & door mats.

Thoughts then turn to Noel. And to decorations .

With ink, wax and tissue. Stamps & words creating.

🎵 Festive - Season's - Candles 🎵

Plus folded crackers. And on theme.

Starry Greetings cards.

Which made us twinkle and feel all Christmassy

For the last month of this year our Craft Group is smiley

The Xmas outing all planned. And a Year End party. Caring with our craft friends . Sharing some good laughter.

With some lovely craft made.

Plus the cake and coffee. Also tea and biscuits.

🎵 Being - Of - Good - Cheer 🎵

So from all of us. At Craft Group. With a cheery wave.

🎵 HAPPY CHRISTMAS & NEW YEAR TO ALL OF THEE. 🎵




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<b>5</b> Roses Society Dinner	<b>6</b> PROBUS LUNCH	<b>7</b> Closed	<b>8</b> Themed Thursday \$22 CANADIAN set menu from 5pm	<b>9</b> David Upfold, Comedy Hypnotist 8pm Friday and Saturday, 4pm Sunday \$25, plus meal option NZs Best and Funniest Hypnotist Direct from Auckland Perfect night out for your Christmas function		<b>11</b>
<b>12</b> Closed	<b>13</b> Closed	<b>14</b> PROBUS LUNCH	<b>15</b> Closed to the public for WEDDING	<b>16</b> MURDER MYSTERY Murder 101 \$20 + meal 8pm start Dancing Afterwards	<b>17</b> Paul Madsen's SUPERSTAR SHOW \$25, 8pm	<b>18</b> KATH BEE 1030am Set Menu Sundays \$22 2 Course from 5pm
<b>19</b> Closed	<b>20</b> Closed	<b>21</b> Closed	<b>22</b> Themed Thursday \$22 CHRISTMAS set menu	<b>23</b> CHRISTMAS DISCO! Music 730pm FREE TO ALL	<b>24</b> Open 11am till 4pm	<b>25</b> CHRISTMAS DAY LUNCH \$75, Kids \$25 Massive 3 Course
<b>26</b> BACKYARD CRICKET DAY Annual event From 1pm Family Friendly Free to all	<b>27</b> MEGADISCO All Vinyl all night Music 7pm FREE TO ALL	<b>28</b> BOOGIE TRAIN Bad ass Blues \$20, 8pm	<b>29</b> VARIETY SHOW Nelson best performers on show \$20, 8pm	<b>30</b> 2016 Annual Quiz Night FREE	<b>31</b> Paul Madsen NYE SPECIAL!!! BeeGees, Queen Eagles and much more \$30, Limited dining Bookings recommended	<b>1</b> Set Menu Sundays \$22 2 Course from 5pm
<b>2</b> Cat Steven's Tribute Bryce Wastney and Ryan Beehre Present Cats best \$20, 8pm	<b>3</b> THE LIZARD KINGS: The DOORS Experience Part of the Nelson Jazz Fest The boys from Boogie Train and Liam Ryan create a very special show. \$30, 8pm	<b>4</b>	<b>5</b> CLOSED FOR WEDDING	<b>6</b> GARY MCCORMICK AND PAUL UBANA JONES The master guitar player and NZ's favorite funny man present 2 shows that will make you laugh and cry. \$30, 8pm	<b>7</b>	<b>8</b> Kozilla Dirty old Dunedin rock \$10, 8pm Set Menu Sundays \$22 2 Course

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# Mapua Health Centre

This year has been a very busy and interesting year for Mapua Health Centre and we would like to say thank you to all our patients for your support and understanding during this time, especially when there have been delays in waiting time for consults which is often related to a temporary shortage of doctors. Although, there has been a shortfall of doctors and locums throughout Nelson and the surrounding areas, we now have good staffing levels since the arrival of our new doctors, Jenny James and Robin Barraclough. We are also pleased that our practice has been chosen to receive two GP registrars for next year with Dr Edward Johnson starting on 12 December for the first six months. In addition, we have a final year medical student, Maria Siegruhn, for a month as part of her introduction to general practice.

We are delighted to have Sarah Pumphrey joining our team of receptionists. We look forward to working with Sarah and hope you will make her feel welcome when you next pop into the practice. We also welcome Janet Hardcastle who is an experienced nurse and has come to us from the Nelson Marlborough DHB. Janet will be working regularly on Mondays to Wednesdays, and part of her job will be operating the hyperbaric oxygen chamber.

During the year we have renovated our old staff room to make way for a new clinic room and this is already in full use. We are also adding some temporary buildings to the back of the centre in order to provide a larger staff room and some admin/nursing cabins. We continue to look at options of how to best to provide for an increasing range of health services and a growing patient population. Ideally, we would like to build a larger and purpose-designed health centre which would also include a pharmacy, dentist, physiotherapist and other health practitioners. We would like to thank the community health committee, and its chairperson Derek Craze, for the dedicated support that they provide in maintaining the health centre and exploring new solutions for our future development. If you would like to help towards these goals please contact Sue Fox at 540-2211.

Recently the receptionists have been asking patients to confirm and/or update their contact details, place and date of birth etc. We appreciate that this is time-consuming and possibly a little frustrating, however all general practices are required to verify this information for the Ministry of Health to ensure accuracy of records in the centralised register. We do appreciate your time and patience.

It looks as if we could be in for some sunny weather which means that there is likely to be plenty of UV light to zap our skin and potentially lead to skin cancer if we get over exposed. So please don't forget the sunsmart slogan of *slip under some shade, slip into some clothing, slop on some sunscreen and slap on a hat*. This is especially important between 11am to 3pm, although getting some sunlight exposure outside those hours can be helpful for vitamin D production.

If you would like to get any skin lesions checked Dr Tim Phillips is now holding regular minor surgery and skin check clinics every Wednesday. The skin checks take about 30 minutes (although some checks may take longer) and will be focused on checking for any suspicious moles or lesions. This is a full comprehensive body check and will give opportunity to discuss any issues that may arise.

If you would like to register for Manage My Health™ please contact the receptionist on 540-2211 or talk to the staff when you next call in to the centre.

## Trail Hopper

Starting 1 December 2016.  
Daily transport for passengers  
and bikes from Nelson to Kaiteriteri  
and return twice a day.

### Time-table

NELSON ► KAITERITERI

Nelson ISITE	Mapua Wharf	Motueka ISITE	Kaiteriteri Beach
Depart	Depart	Depart	Arrive
9.30am	10.15am	10.45am	11.15am
4.15pm	5.00pm	5.30pm	6.00pm

KAITERITERI ► NELSON

Kaiteriteri Beach	Motueka ISITE	Mapua Wharf	Nelson ISITE
Depart	Depart	Depart	Arrive
1.00pm	1.30pm	2.00pm	2.45pm
6.15pm	6.45pm	7.15pm	8.00pm

ADULT	ONE WAY	RETURN
Nelson – Mapua	\$25	\$40
Nelson – Motueka	\$30	\$50
Nelson – Kaiteriteri	\$35	\$60
Mapua – Motueka	\$15	\$25
Mapua – Kaiteriteri	\$25	\$40
Motueka – Kaiteriteri	\$15	\$25

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# Mapua Bowling Club

## The Write Bias

The Mapua Bowling Club held the 'Bonfire Bash' on Guy Fawkes Day. Members were joined by bowlers from the Riwaka Bowling Club and enjoyed an afternoon of bowls competing on either the Captain's or President's team. Dave England's President's team won by a slim margin. Drinks together in the club house and a mouth-watering afternoon tea concluded a fun day of bowling.

Club champs have got under way. Although rain has caused some delays, it is planned that these will have finished by Christmas.

Saturday morning sees a team from Mapua competing in the President's Cup, a Nelson-wide completion. Support for away tournaments has been good and the club has fielded teams at Richmond, Stoke, Tahunanui, Riwaka and Wakefield.

A women's team is taking part in the annual 'Town & Country' tournament and men's squad will play in the 'Greenkeepers' completion.

Congratulations to Sue England, our Club Captain, who has been selected for the team to represent Nelson Centre in a fours tournament against Marlborough, which takes place in Blenheim on 3 and 4 December. We wish Sue and the Nelson team well.

Leisure Bowls (previously known as League Bowls) has started. Sessions are held every Monday at 6pm. They are open to new and existing bowlers with both friendly and competitive play. It is a perfect

activity for relaxing after work or for those bowlers who prefer bowling in the cool of the evening. There is no need to book; just turn up on a Monday evening and give it a go. Flat-soled shoes are essential to protect the green, but there are plenty of sets of bowls to borrow at the Club and the bar is always open. Cost for the whole season is only \$42.50 or you can pay a weekly fee of \$5. Why not give it a try?

The Club's Christmas event will be held on Saturday afternoon, 17 December. It will be the annual Kiwi vs the Rest competition. It will be followed by the Christmas party and Christmas draw.

To close for the year, we wish you bowlers out there a wonderful and safe holiday season.

For information about bowling, coaching or booking the clubhouse and facilities please call President Dave England 03 540-2934.

Barbara Brown



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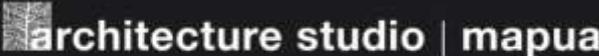
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Coming up in 2017..

The Mapua Art Group will be holding an exhibition in the Bill Marris Room from the 5th – 15th January.

Mapua Makers Market will return for another glorious summer Market on the 15th January.

Mapua Movie Nights have finished for this year but will return on the second Sunday of every month starting Sunday 13th March 2017.

PECHAKUCHA Evening to be held on Friday 31st March, don't miss it!

**NBS**  
NELSON BUILDING SOCIETY

**24HR ATM to be installed at the hall.**

NBS has been a huge support to the hall through the re-build and beyond and we're pleased to announce the upcoming installation of an ATM machine on the front wall of the hall.

A few committee members and myself met with Howie Timms & Ken Beams from NBS and discussed all the in's and out's of having an ATM in our community and how the hall is a prime position for this. There is ample parking, good access & it's a well lit busy area of Mapua. We hope to see the machine up and running by mid December.

**CHRISTMAS OFFICE HOURS:**

The office will be closed from:

**Wednesday 21st Dec - Wednesday 11th Jan 2017.**



*From us . . .*

*The Hall Committee & Megan would like to thank everyone for their support in 2016 through fundraising efforts, financial donations, donations of time & for simply using your community hall! The hall wouldn't be thriving like it is today without you so **Thank You!***

*Enjoy your Christmas with family & friends and we wish you a safe & happy Summer. See you in 2017!*



**What's On at the Hall In DECEMBER**

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
<p><b>WWW.MAPUAHALL.ORG</b></p> <p> Like us on facebook <a href="http://www.facebook.com/mapuacommunityhall">www.facebook.com/mapuacommunityhall</a></p>			<p>1 9am Mapua Art Group</p> <p>9.30 Low Impact Dance</p> <p>3.30pm Karate</p> <p>6pm Zumba</p>	<p>2 9am Yoga</p> <p>9:05am Aerobics</p> <p>10:05am Pilates</p> <p>6.30pm Mapua Youth Group</p>	<p>3 9:05am Aerobics</p> <p>10:05am Pilates</p> <p>3pm CCF Christmas Party</p>	<p>4 <b>Mapua Makers Market</b></p>
<p>5 9am Yoga with Robin</p> <p>9.30am Low Impact Dance</p> <p>3.30 Funk Busta</p> <p>6pm Zumba</p>	<p>6 2.30pm Sit &amp; Be Fit</p> <p>4.30pm Childrens Theatre Sports</p> <p>6pm Cardio/Pump</p> <p>7pm Yoga</p> <p>7pm Pilates</p>	<p>7 9am Yoga</p> <p>9:05am Aerobics</p> <p>10:05am Pilates</p> <p>12.30pm Tai Chi</p>	<p>8 9.30 Low Impact Dance</p> <p>3.30pm Karate</p> <p>6pm Zumba</p>	<p>9 9am Yoga</p> <p>9:05am Aerobics</p> <p>10:05am Pilates</p> <p>Wedding Set up</p>	<p>10 <b>WEDDING</b></p>	<p>11</p>
<p>12 9am Yoga with Robin</p> <p>9.30am Low Impact Dance</p> <p>6pm Zumba</p> <p>6.30pm Hall Comm. Meeting</p> <p>7pm Comm. Assc. Meeting</p>	<p>13 2.30pm Sit &amp; Be Fit</p> <p>4.30pm Childrens Theatre Sports</p> <p>6pm Cardio/Pump</p> <p>6pm Yoga</p> <p>7pm Pilates</p>	<p>14 9am Yoga</p> <p>9:05am Aerobics</p> <p>10:05am Pilates</p> <p>12.30pm Tai Chi</p>	<p>15 2pm Friendship Club</p> <p>3.30pm Karate</p>	<p>16 9am Yoga</p> <p>9:05am Aerobics</p> <p>10:05am Pilates</p>	<p>17</p>	<p>18</p>
<p>19 9.30am Low Impact Dance</p> <p>6pm Zumba</p>	<p>20 6pm Yoga</p>	<p>21 9am Yoga</p> <p>12.30pm Tai Chi</p>	<p>22 9.30 Low Impact Dance</p> <p>6pm Zumba</p> <p>7pm Comm. Assc. Meeting</p>	<p>23</p>	<p>24</p>	<p>25 <b>CHRISTMAS DAY!</b></p>
<b>OFFICE CLOSED UNTIL WEDNESDAY 11TH JANUARY</b>						
<p>26 <b>BOXING DAY</b></p>	<p>27 6pm Cardio/Pump</p> <p>7pm Pilates</p>	<p>28 8.30am Aerobics</p> <p>9.30am Pilates</p> <p>12.30pm Tai Chi</p>	<p>29</p>	<p>30 8.30am Aerobics</p> <p>9.30am Pilates</p>	<p>31 <b>NEW YEARS EVE</b></p>	<p>1 <b>NEW YEARS DAY!</b></p>
<b>OFFICE CLOSED UNTIL WEDNESDAY 11TH JANUARY</b>						

## Book Review

The *Lavender Keeper* by *Fiona McIntosh*, and *Trafficked* by *Sophie Hayes*. Reviewed by *Jill Bunting*. These books are available in the *Mapua Community Library*

I would like to briefly review two books for the reader, one factual –a true story, and the other a work of fiction. I read them both on a rainy weekend and liked the contrasting styles. I would have to say neither were authors or types of books I had been drawn to before but I would thoroughly recommend both for a read over the coming summer. Possibly more likely to be enjoyed by females, they are nevertheless both good reads.

*The Lavender Keeper* is well written and straddles the war years in France, with searing descriptions of the privations experienced by those left in the heart of occupied Paris during the Blitz in the mid 1940s, contrasting with possibly the most evocative of settings for other parts of the story—the lavender fields of Provence. Anyone who has been to Provence when the lavenders are in full bloom will be almost able to smell the heady scent and re-experience the exquisite sight of rolling field after field of gently swaying lavender heads from white to lilac to intense deep purple.

The two main characters, Luc Bonet, brought up by a wealthy Jewish family on the foothills of the French Alps who joins the French Resistance to revenge the Nazi brutality which robbed him of his family, and Lisette Forestier, a Resistance fighter whose mission is to infiltrate the highest levels of the

Gestapo by seducing a high-ranking officer and feeding the information back to the Resistance.

Inevitably, as with all good romances, the path of true love is not without pitfalls not the least of which is who to trust, and whether trusting can lead to betrayal? It has all the right ingredients –heartbreak, passion, devotion and treachery.

*Woman's Day* magazine describes this story as “An Enthralling, Evocative Read”. I agree.

I read the whole of *Trafficked* in a day, partly because it was a wet day and I had peace and quiet and felt rather indolent, but also because I alternated between being pretty angry at the author's stupidity (it is a true story) and also pretty disgusted at man's inhumanity to man. Or in this case a man towards a vulnerable young party girl who thought she was in love with the “romantic” guy from the Middle East.

It describes well the grooming period—five years of loving phone calls and emails whereby Kas grooms Sophie until she regards him as her best and most trusted friend and eventually believes herself to be in love with him. She is persuaded to go to Italy for a holiday and she and Kas spend an idyllic weekend together which transforms friendship in Sophie's mind into the greatest love she has ever known.

It isn't until she is ready to return to her job and flat and life in England that she is forced to realise that she has been entrapped into slavery by someone she no longer recognises. She loses everything—her passport, her money and her freedom and is forced into prostitution on the street corners to service Kas's debts and drug-dealing. Between extreme violence, threats to her family which she believes to be realistic, entrapment and degradation and depression she clearly spirals towards what seems to be inevitable—disappearance from the world as she knew it and inevitably, given who she is sold to, disease.

There are parts of this story that are hard to fathom given that New Zealand is so safe (comparatively) and the privileges most of us grow up accepting as our right.

From time to time New Zealand news items about human traffickers in women, (most particularly, in this country, Asian traffickers) who bring in young girls who do not speak English and who naively, as does Sophie, give up their passports-give this story credence.

I still struggle to identify with how anyone could possibly be so stupid, but then she was 24 and gullible, not a pensioner and wise!

Worth a read given that Sophie, by happenstance, escaped, and she has since dedicated her life to prevention and education to try to prevent this happening to other young men and women, most particularly in the UK.

A sombre but good read.

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# Mapua Community Library

(Moutere Hills RSA Memorial Library)

## New Year Book Sale

This will be on Monday 2 January from 9am to 1pm at the library. See you there. Come and purchase your holiday reading and support the library. Bring your family, neighbours and visitors down to the library for a browse.

More donated books for the sale are welcome, in particular of the holiday reading genre.

Thanks for your support of the Labour Weekend book sale; nearly \$600 was raised.

## Christmas Raffle

We will once again run our very popular Christmas raffle. This is an important component of our local fund-raising and is always so well supported. Funds raised will go towards maintaining and updating our catalogue system – something grants organisations don't find to be very 'sexy' to support!

We welcome donations for the prize hamper(s) from 'anyone and everyone' in the community. There is a box in the library foyer to receive your donation.

Look out for our ticket seller outside Mapua 4 Square in the week 12-17 December. The hampers always look magnificent!

## Christmas Closures

A reminder that we are always closed on statutory holidays. This year we also won't be open on Christmas Eve or New Year's Eve.

## Art Displays

Country Kids will display art in the children's section over the school holidays and Bidy Karsten will display her art through December until mid-January. Bidy will be followed by a display by Heather Marr. You are welcome to pop and view local talent.

## Thanks to our book suppliers

We have a wonderful working relationship with the bookshops that supply many of our new books, and they regularly offer a meaningful discount. Our thanks to Paper Plus Motueka, Whitcoulls Richmond and Page and Blackmore Nelson.

## Visitors to Mapua

If you are visiting Mapua, you are welcome to become a temporary member of our library. We are a community library staffed and run by volunteers and it is free to join. We have free magazines to take away as well as current magazines to borrow, second-hand books to purchase and a great selection of up-to-date books to borrow. We look forward to welcoming you to our library.

## Thanks

We continue to receive wonderful feedback about the treasure that our community library is. There are so many people and organisations that are a part of maintaining this as an up-to-date, welcoming and special place. It is truly a COMMUNITY library. Thanks to everyone who has contributed in any way.

Our best wishes to you and your loved ones for a safe and happy holiday season – may you always find time to read a good book!

*Lynley Worsley*

## Library Hours (closed Statutory Holidays)

Monday 2pm-4.30pm  
Tuesday 2pm-4.30pm  
Wednesday 2pm-6.30pm (during Daylight Saving)  
Thursday 10am-12.30pm; 2pm-4.30pm  
Friday 2pm-4.30pm  
Saturday 2pm-4.30pm

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# A Long Time Ago...

A long time ago when I was a young girl I used to play with someone famous...of course he wasn't famous then, his name was John Lennon. He was just one of the local boys on the street, at least just around the corner from where I lived. It all seems a bit surreal now, but it's true!

I lived in Woolton, a pleasant suburb of Liverpool City, where I was born. My family and I lived in Vale Road, just around the corner where John lived with his Auntie Mimi on Menlove Avenue. I was lucky as my cousin Ivan, who lived five houses down from me was John's best friend. This meant I was allowed to play along with them even though I was a few years younger. We used to play out on the street, quite a gang of us, John, Ivan, Pete, Nigel, Clive and others.

One of our favourite stunts was climbing the big stone wall that ran along one side of Vale Road. It had bits of sharp glass cemented into it along the top to stop intruders. This wall was one of the boundary walls of "Strawberry Fields" orphanage. We would climb up the wall, throw a jacket over the glass and clamber down the other side and play in the spacious grassy grounds. That was until we heard the booming voice of the matron yelling at us to "Get out of here!" We ran, helter skelter back over the wall.

Most of us went to Penny Lane primary school, Penny Lane being a suburb a twopenny tram ride away from Woolton. I can remember John Lennon as being the witty one, always ready with a smart an-

swer. I can imagine he would have been a "hard case" to have had in your class at school.

You can see where the songs *Penny Lane* and *Strawberry Fields* came from. The parish church of Woolton was St Peter's, and each year we had a traditional village fete. There was always the crowning of the Rose Queen, attended by her flower girls, an important ceremony during the fete. The one held in 1953 was special for me as I was one of the flower girls, dressed up beautifully and carrying a basket of rose petals. In 1957 at the village fete there was great excitement as *The Quarrymen* were playing one of the very early gigs. The picture shows John, third from the right, aged about 15 years on the lorry on the way to the fete.

It was at this fete that my cousin Ivan introduced John Lennon to Paul McCartney, another friend of Ivan's. The rest, as they say, is history...

Sheila Wilson



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## Postal Delivery

We can post you the *Coastal News*. Post \$20 with your name and address to *Coastal News*, PO Box 19, Mapua Store, 7048, or email [coastalnews@mapua.gen.nz](mailto:coastalnews@mapua.gen.nz)

## ART WALK

ATTENTION ALL ART LOVERS:- Saturday 3rd December has a localized art walk on Trewavas Street Motueka from 10 am to 4 pm. There are 10 houses/studios and at least 20 artists. With Christmas Shopping in mind, or just an interest in the arts come and look for something different... There will be Acrylic and water colour art, pottery, jewellery, photography and much more besides. Maps will be available from around town and both ends of Trewavas Street itself, enjoy a leisurely wander round and see some wonderful work by very talented people. 🎨.....

# Wheelie Fantastic Makes a Move

What a difference a year makes. This time last year the staff at Wheelie Fantastic were frantically getting their new premises in Shed 4 ready. A year later they are frantically moving out! The ever-increasing popularity of cycling means that their business has outgrown the need to be in one place.

In many ways the company is getting back to its roots, offering a flexible service, getting bikes and people to where they want to be. Their focus has always been on high quality service with a bespoke approach to the services that people request. In order to do that their attention is on what the customer wants. As more people book online and search for unique experiences, the need for a retail space diminishes.

Lisa, one of the co-owners, explains: "We have been really fortunate to experience life at the wharf for over five years, but we recognise the need to move forward. We fortunately have secured a great meeting point for our customers who travel to Mapua and want to come to us to start their ride.

"Mapua Country Store is a very accessible location and easy to find. It also has the added bonus of

not being as congested as the wharf area in the busy periods. I guess we have always been a business which carves its own path. Maybe we will start a trend of business development away from the wharf! The Country Store has certainly shown there is more to Mapua than just the wharf area."

Wheelie Fantastic is also getting back to its original brand colours of blue and green. New staff uniforms and a new vehicle will reflect those colours.

Nicky, the other co-owner, reflects that her summers won't quite be the same, without a daily trip to the wharf. "I am looking forward to a more flexible approach to work and can't wait to go to the wharf to enjoy the area, rather than always view it as a place of work. In the past, by evening, I couldn't wait to leave the wharf, now I am imagining a

Friday evening with a glass of wine – maybe even sitting in Rimu wine bar in a corner of Shed 4 that we used to work in!"

Both Lisa and Nicky agree that nothing has changed in terms of offering locals a great service. Bikes and a friendly, flexible approach are just a phone call away.



## Time to explore the cycle trail

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## Riding With Food in Mind

If you just happen to be down at the Mapua Wharf on a Thursday morning around 9.30am you will very possibly see a group of cyclists in hi-vis jackets chatting and getting ready to ride off to some distant destination. This group is called 'Wheels2Meals'. Why? Because they always ride to a place where they can enjoy good coffee, food and some socialising before cycling back to Mapua.

The group began a little over two years ago (September 2014) and the only criteria for joining was to bring your bike, a hi-viz top and some money for refreshments to the Mapua wharf at 9.30am each Thursday.

Since arriving in Mapua in 2008 Pete O'Halloran, the group's founder, had always wanted to organise a group like this, "Because I have always been a fitness freak and it's more fun to ride with others than riding alone!"

Eventually Pete's wife, Di, told him to "stop procrastinating, Peter, and just do it." So he rounded up some cycling friends, including Noel Forbes and Fran Rutledge, and placed a small free advert in the back page of the *Coastal News* and it took off! The group now has around 20-plus cyclists turn up each week. (In the interest of safety, if many more turned up Pete would probably need to start another separate group).

Pete says the group provides social cycling enthusiasts with an opportunity to socialise with similar, healthy lifestyle people without having to plan each ride themselves.

"The fitness of all our riders has improved markedly over the past two years as we have all become more healthy and agile. Our rides frequently take us to interesting parts of the countryside we would otherwise never visit."

This is a harmonious group with a good mix of both sexes and ages mostly range from the 50s to 70s. We also now have a few riders who are using high-tech E-bikes (Electric bikes). Because they ride on a Thursday morning many are retired persons, however, they also have some working people with flexible working hours.

When the group first started they usually rode a total return journey of 20km to 30km but as fitness improved the rides have extended to 30 to 40km. But they do not race! Newcomers now need to have a reasonable level of fitness or they can choose an easier ride to get started.

Each Wednesday Pete plans the next day's ride and sends an email to all members of the group, showing a map of the proposed ride, the total distance to be covered, the elevation to which they will ride and the number of kilojoules to be expended.

Because Mapua is surrounded by hills Pete tries to alternate a flat ride one week, followed by a hill ride the next week. A typical ride would be to take the Mapua ferry to Rabbit Island, ride to Pomeroy's coffee house in Stoke for refreshments then return to Mapua by the same route. Total distance, 44km. Members are welcome to plan similar rides or rides in other areas but that is not Pete's role – the local rides keep him busy enough.

Pete O'Halloran, the founder of 'Wheels2Meals' explains his arrival in Mapua and a little about his previous life leading to his involvement in the Thursday cycling group:

"We moved to beautiful Ruby Bay/Mapua in February 2008 and just love living here. I'm very happily married to Di and we have three really smart children, six much loved grandchildren, one lovely great granddaughter and a delightful Labradoodle called Nico.



I previously worked as engineering manager with Toyota NZ, senior manufacturing manager with Toyota Australia in Melbourne and CEO of EMAIL Cooking Appliances in Adelaide (Australia's biggest white goods manufacturer).

In 2001 I founded my own management consultancy, "Simply Lean", which has become New Zealand's most experienced and successful trainer of Toyota's Management Systems (Lean Thinking).

In 2010 I sold "Simply Lean" to my trainees and retired from business life. Finding I had some free time at last I joined the Motueka Creative Writers' Group and I'm thoroughly enjoying another new learning experience trying to become an author. I also belong to the Motueka ukulele group, "Ukulele Craze", and the Tasman Golf Club. I organise weekly cycling rides from Mapua wharf and run movie nights once a month at the Mapua Hall."

So, if you are interested in seeing the district from the seat of a bike and have time available on a Thursday morning from 9.30am, head to the wharf with your bike, a hi-vis jacket, a few dollars in your pocket and join the ride.

Pete Hancock

# Makers Market



The theme for the Mapua Makers Market on 4 December is 'Have a Hand-made Christmas.' There will be nearly forty stalls containing unique handcrafted items which have been individually made with care and love. There are many reasons to buy hand-made, especially for Christmas gifts and the stalls at Mapua Makers Market showcase this.

"We really want to emphasise the story behind the products," says Vikki Heays, Market Organiser. "There is so much care, skill and attention which goes into making hand-made, which makes hand-made items so unique and special and therefore ideal presents."

The Mapua Makers Christmas Market will be its largest yet and is set indoors at the beautiful Mapua Hall. This enables the public to browse at their leisure. Java Hut is right next door for those who wish to browse while sipping on quality coffee or the Sprig & Fern across the road offers great food and refreshments either before or after the market experience.

The Mapua Makers Christmas Market will be held on 4 December in the Mapua Hall, Aranui Road, Mapua, from 10am to 3pm. There will be another market on 15 January. Please direct any inquiries to Vikki and Miriam, Market Organisers, on the Facebook page [www.facebook.com/MapuaMakersMarket](http://www.facebook.com/MapuaMakersMarket) or email them on [mapuamakersmarket@gmail.com](mailto:mapuamakersmarket@gmail.com)

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- Blackcurrant Bake-off – get creative!
- Photographic competition – start snapping.
- Moutere Artisans
- Moutere History
- Sarau cream teas
- Huge recycled book stall – save those books and bring them in.
- Animals and kids area back again – loads of fun for everyone!
- Masses of stalls, activities, workshops & displays.
- Food, beer, wine & cider
- Music and entertainment
- Blackcurrants & local produce, fresh, frozen and growing
- Wear purple!

**A fun day out for the whole family.**

**Keep up** with all the exciting Festival news and competition details on [www.saraufestival.co.nz](http://www.saraufestival.co.nz) or 'like us' on facebook and keep up with our changes – we can't fit it all in here!



## Forklift Operators Required

We are looking for two reliable and hardworking people to join our team for the 2017 apple and pear harvest season, from February to May.

You will need a current forklift operator certificate and F endorsement prior to starting.

Experience is preferred but full training will be given.

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## Letters to Editor

### *'Wonderful publication'*

I have just read your publication and wanted to say that I think it is a wonderful publication. It is intelligently written and full of pertinent news and information.

We will be building in Mapua next year, having purchased our section at Aporo View and look forward to perusing all the back issues of *Coastal News* Mapua to learn all we can about the area.

We also look forward to participating in local life and volunteering wherever needed.

Thank you again for a great read.

Linda [and Peter] Hong

### *More thanks*

Dear *Coastal News* volunteers, thank you for another year's efforts in producing the *Coastal News* to keep us informed and entertained as well. We all look forward to the monthly update.

Mapua is certainly fortunate in having so many who volunteer so much time and energy in making this the vibrant community that it is.

The Community Association has made some good decisions on behalf of the community and prevented some bad ones being made. The Mapua Community Hall goes from strength to strength, The Mapua Business Association has again freely distributed the local phone directory, Helen and Neville work tirelessly, with other volunteers, on the planting and weeding at Dominion Flats, and the Mapua wetlands thrive.

An imposing sculpture graces the entrance to the Ruby Coast at Tasman and another is underway thanks to the fund-raising efforts of the Ruby Coast Initiative Trust. Bridget and her team have enlivened the bland walls of the toilet block at the Domain with their mosaics, the Mapua Boat Club's wharf museum provides interesting historical information and reminds us what Mapua Wharf is all about. The Fire Brigade are ever ready and willing, the library functions and so does the Toy Library, because of dedicated volunteers.

Many other groups and individuals contribute to the community and thanks to the *Coastal News*, we are all kept up to date.

Margaret Cotter



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## Festive Gala a Great Fund-Raiser

It was a beautiful evening – the Mahana Cellars were festive and everyone came to have a very good time! The Ruby Coast Initiative Trust (RCIT) would like to express a huge thank you to Claire and the staff at Mahana for hosting a fabulous event that was also a wonderful launch for the fund-raising for the Mapua Gateway Sculpture.

More than \$7000 was raised on the night, made possible through the support and generosity of many of our local businesses with spirited bidding at the live auction. The miniature of the Tasman Sculpture was auctioned at the event and now has a very happy owner.

A miniature of the Mapua Gateway Sculpture was displayed on the night and shows how the Mapua Sculpture will be similar in size (9+ metres) and shape to the Tasman Sculpture, with the difference that it depicts fish and local estuary life. The miniature has been created with the option of lighting and it looked magnificent on display at the gala. If you



would like to view this miniature (approx. one metre in height) it is on display at the cellar door at Mahana Estates, and more exciting – the RCIT will make these to order as a fund-raiser for the Gateway Sculpture – the perfect Christmas present or souvenir of your stay in our area! If you would like to know more about ordering your own mini sculpture, please contact the Trust via secretary@rcit.co.nz or call Janet on 540-3364

As well as fund-raising the RCIT has made good progress on preparations for the Mapua Gateway Sculpture. Consent has now been granted for the sculpture to be located at Higgs Reserve and the Trust was successful in gaining a grant from Pub Charity for the sculpture's foundations. Work will begin soon on this first stage of construction and we are hopeful this stage will be completed before Christmas.

If you would like any further information (or to make a donation to the project) see the Trust website at [www.rcit.co.nz/donating](http://www.rcit.co.nz/donating) or email if you would like to enquire about ordering a mini Mapua sculpture.

A big thank you to everyone who supported the Mahana Christmas Gala fund-raising event – all the businesses who kindly donated items for auction, those who attended and offered great entertainment with their bidding and Mahana and its wonderful staff for making the gala such a memorable event.

*Janet Taylor, RCIT secretary*



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# Hills Community Church



As we approach the end of year, we have all been reminded recently that despite our desire for stability and security, even the solid ground can surprise us; we live in a land that is being continually formed and shaped beneath our feet. Our thoughts and prayers go to those communities and families who have a long journey of recovery ahead of them.

As much as we like to approach life with a sense that we are in control, if we are honest, we will have to admit, that there is so much that is beyond our control. One way to face this is to simply ignore it, to pretend that we are in control. But the way to live with true freedom and joy, is to accept that the gift that is life is not ours to control, but rather we find ourselves in God's hands.

The writer Danielle Strickland suggests that far from being ordered and controlled a life lived well is somewhat messy.

'It's a mix of failure and success, courage and fear, faith and doubt. It's – well, a beautiful mess. If I were to tell the truth, since God invaded my life and welcomed me into the worlds of creative beauty my whole life has been a beautiful mess.' May we have the courage to let go and embrace the journey.

May God bless you over this Christmas and summer season.

*Blessings in Christ, Rev John Sherlock*

**Hills Community Church** is a community-based church with historical roots in the Anglican, Presbyte-

rian, Methodist and Pentecostal traditions. We offer traditional and contemporary worship in an informal and relaxed style. Visitors and newcomers are most welcome.

## Sunday Worship:

9am, Traditional service. 10:30am Contemporary service & Children's programme including crèche; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea in-between.

5:30pm-6:30pm Teen service (call Mark for info 020 4104 8799)

## Weekly Calendar:

Wednesdays: 10am-noon—Kidz n Koffee. Open to parents-caregivers-pre-school kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft and share a laugh! Open to all.

Friday 6:30-8:30 Mapua Community Youth Club at Mapua Community Hall

Drop-off for area food bank – Bring your non-perishable food items to the church (122 Aranui Road)

Office hours (ph. 540-3848) Tuesday 9-12:30, Thursday 9:-11am, Friday 10am-11am

Church Hall for Hire: for events or regular activities please call Jillian at the office 540-3848, or office.hcc@xtra.co.nz

See us on the web for details and events: [www.hillscommunitychurch.org.nz](http://www.hillscommunitychurch.org.nz)



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**Mapua Community Carol Service.**  
**Thursday 15<sup>th</sup> Dec. 6pm, Mapua Wharf**

Come and celebrate the festive season at the Mapua community carol service held at the Mapua Wharf Amphitheatre.

Come along with a picnic tea, or grab some fish and chips.  
Music from the Motueka Brass Band  
With items from Mapua, School, Tamaha cubs and a ukulele orchestra.  
Also Christmas mince pies.

**Christmas and summer services in Mapua**

Sunday 4<sup>th</sup> and 11<sup>th</sup> Dec ..... 9am and 10:30am  
Friday 9<sup>th</sup> ..... Christmas Messy Church 5-7pm  
Thursday 15<sup>th</sup> December .. Community Carol Service at the Mapua wharf 6:00pm  
Sunday 18<sup>th</sup> Dec ..... 9am and 10:30am, 7pm  
..Blue Christmas, space to be still in the Christmas season.  
Christmas Eve ..... 9pm Candlelit Carol Service  
Christmas Day ..9:30am Family Communion Service  
Summer season  
1<sup>st</sup> January – 5<sup>th</sup> February Sunday service at 9:30am followed by morning tea.  
29<sup>th</sup> January ..... Church picnic.

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## When Your World Cracks Up

It is all very well remarking glibly about various 'wake-up-calls' but when it hits home literally in an earthquake with devastating danger and long-term damage, the mood, quite rightly, is different.

In a very short space of time – two minutes can seem endless – a number of crucial issues are highlighted in a forced haze of reaction and response. Survival – priorities – escape routes – people – stuff – action plans, and the list goes on.

Then afterwards, there are the analyses, damage assessments, and the anticipated after-shocks. How are we to respond in the short, medium, and long-term? For those relatively unaffected, our compassion may move us to feel, act, or give. We may endeavour to really plan better for next time. For those caught up in more serious and immediate disruption and damage to life, the long-haul of clearing up and a re-beginning of 'normal' life may seem a small-lifetime away or unlikely to occur at all.

Reflecting at Christmas-tide upon so-called 'natural' disasters heightens the sense of loss and disorientation all the more – we remember Indonesia, Japan, and Fiji and home with great sobriety. And yet there are on these occasions opportunities to actually reflect a God-given image to one's neighbour. Stories of altruism and extraordinary kindnesses,

heroism and heart-filled care merge together alongside the tragedies and frustrations of people rebuilding their lives.

These two extremes are not mutually exclusive – they are the stuff of this life. Tragedy and triumph together do not exclude the inevitable 'why?' question. Inadequate, at this stage, are pious platitudes, prophetic denunciations, or trite truth.

The Christian understanding of Christmas allows for a divine/human narrative that is not shy of suffering and pain – often it's unfair. It is honest enough to include incredible hope and rescue despite ourselves and our conscious and unconscious short-fallings – to God and one-another. It is credibly real enough in describing what actually happened and had to happen so that twenty centuries later, we are not far removed from what Christmas should mean.

Joseph, Mary, Jesus et al still speak of a very human refugee-type situation that is shot through with danger and potential disaster. It is also suffused with divine intervention and supervision as God takes on human nature in the Person of Jesus Christ, in order to rescue humanity. A world cracking up yet with the potential to be re-made may seem a mutually exclusive message – not according to the Christian Christmas claim.

*Richard Drury*

*For more information on Tasman Bible Church go to [www.tasmanbiblechurch.org.nz](http://www.tasmanbiblechurch.org.nz)*

Going to church doesn't make you a Christian any more than standing in a garage makes you a car.

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**SUMMER IS COMING**



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**Dec 27th: MEGA DISCO** FREE!! 730pm  
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**Dec 28th: Boogie Train** \$20, 8pm  
Best Blues in town

**Dec 29th: Variety Show Extravaganza**  
\$20, 8pm. Magic, Comedy, Singing, Pole Performance

**Dec 30th: 2016 Quiz Night** Free! 730pm

**Dec 31st: PAUL MADSEN'S NYE  
SUPER STAR SHOW**  
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**Jan 2nd: Cat Stevens Tribute**  
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**Jan 3rd + 4th: The Lizard Kings  
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## Scouting Continues to Grow

Scouting in Mapua is going from strength to strength but there is still room for growth. Tamaha Sea Scout Group consists of a Kea Club (School Years 1 – 3), a Cub Pack (School Years 4 – 6), a Sea Scout Troop (School year 7 – 10) and a Venturer Group (school year 11 – 14).

Scouting is not just about knots, woggles and big shorts, and it's not just for boys either! There are 16,000 young people in Scouting in New Zealand, spread across five sections: Keas, Cubs, Scouts, Venturers and Rovers. Each section has its own balanced programme of activities, badges and awards. New Zealand Scouts are just some of the 30 million young people in 216 countries and territories who join in the fun of Scouting every week. Members have experiences that last a lifetime.

Tamaha (Ta=Tasman, Ma=Mapua & Ha=Mahana) is one of eight Scout Troops in the Nelson region (but only one of two Sea Scout Troops). There are 7 Keas, 10 Cubs, 23 Scouts and 10 Ventures who are guided by 11 parent volunteer leaders and a committee of five. The growth part that I mentioned above is that we have 38 youth of various ages on our waiting list but are unable to take on more without more volunteer leaders.

Tamaha operates a Scout building called a 'Den' at the Mapua Domain and a 'Ship' (yacht and kayak storage facility) on the wharf next to the Jellyfish Restaurant. During the year, the kids attend numerous group and regionally organised camps, help with plantings and beach clean-ups and in-den activities. During the summer months, you might see the Cubs or Scouts out on the water in the estuary on a Tuesday or Wednesday evening.

Tamaha has just bought a new Sunburst yacht at a very good price. A big thank you to Ian Gardiner from Picton. Keep an eye out for the red boat on the estuary. We would also like to thank Pub Charity Ltd for the funding required to buy a new cutter road trailer. The trailer was built by local Nelson company, Osprey Boats. It will enable us to take our second cutter to Picton to take part in the Jamboree, as well as other expeditions such as the Easter Scouting Sailing regatta at Lake Rotoiti next year.

The mission of Scouting is to contribute to the education of young people, through a value system based on the Scout Promise, to help build a better world where people are self-fulfilled as individuals and play a constructive role in society.

This December we have 13 Scouts and two Leaders heading to the Jamboree in Renwick. Of course, since the recent earthquakes we are just waiting to hear whether Civil Defence wants 5000 Youth and 500 leaders converging on the area, even if they are quite resilient and self-sufficient. Our fingers are crossed.

If you would like more information about your children attending Tamaha, or becoming a leader please contact: Group Leader David Scott, email [scotty@ski.co.nz](mailto:scotty@ski.co.nz).

Further Resources:

Tamaha Scouts - <https://sites.google.com/site/tamahamapua/home>

Tamaha Facebook - <https://www.facebook.com/TamahaScouts/>

Scouting New Zealand - <http://www.scouts.org.nz/>

*David Scott*

## Playcentre

With the days getting warmer more and more of our sessions see our tamariki exploring the outdoors – the sandpit, workshop area and all the outdoor gym equipment are getting good use and our awesome new sensory garden is growing so fast thanks to all the rain this spring has brought!

Both children and parents are looking forward to our upcoming events with a visit to the Nelson Modellers' Pond on Monday 5 December and our Christmas Party on Monday 12 December.

Our two Sprig and Fern fund-raisers on 2 and 9 November went really well, raising us \$650 which will go towards water play toys, textural resources (such as clay) and office supplies.

Big thanks to those who generously sponsored items for our raffle hampers – Kirsten and her team at the Mapua Country Store; Adele and her team at Hamish's and Wanessa at Ruby Bay Cherries. Thanks also to the Sprig & Fern for giving us (and others) the opportunity to fund-raise in such a fun way. Their quiz nights are heaps of fun, so if you haven't been to one, get yourselves down there on a Wednesday night and help out some local charities.

One more end of year shout out needs to go to John Murphy & Associates in Motueka who give us discounted rates for our auditing requirements every year, allowing us more funds to spend on resources for the children.

We have our final day for 2016 on Friday 16 December and will be back open for 2017 on Friday 3 February.

### About Playcentre

Playcentres are Ministry of Education-registered, the difference being parents' input into their child's learning, development and fun. At Playcentre, we follow the Early Childhood Curriculum 'Te Whariki' which is unique to New Zealand with an emphasis of child-initiated play and parent education. It's a great way to really have hands-on play with your child, while you also get the benefit of having social interaction with other adults.

Mapua Playcentre has been a prominent place for families in the Mapua community for over 60 years. We have a qualified supervisor on each session, whose experience and knowledge is awesome. Visitors are always welcome so drop in and find out what Kiwi families have been embracing for generations.

We offer a term of free sessions for first time families and all children under two are free.

Session times are Mondays and Fridays 9:30am – 12 noon during school terms. You can find us at 84 Aranui Road (behind the tennis courts by the scout den). Alternatively please contact us with any questions you have either by phone: Anita on 021 1265 357, email: [mapuaplaycentre@gmail.com](mailto:mapuaplaycentre@gmail.com) or find us on Facebook.



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**MAPUA NATURAL HEALTH CLINIC**



Body Talk / Energy Healing

Jude 021 2020339  
www.mapuanaturalhealth.co.nz

**Exercise Helps Relieve Stress**

With the recent events in the South Island, there will be many people feeling rather stressed and anxious right now. Not only the stress from the actual event on Sunday night, but the accumulated stress that has come from the worries about our friends and loved ones, our pets, our properties, and jobs etc

When we are stressed our bodies release Cortisol, the stress hormone, which is also associated with weight gain (or difficulty with weight loss).

Sometimes, even though it might feel like the last thing you want to do, doing some exercise is a great stress-reliever. As little as 30 minutes a day can have huge benefits. What you do will depend on where you live and what you have available or have access to. A brisk walk, or jog, or a bike ride is a great way to get some fresh air and enjoy being outdoors. If you are more of an indoor exerciser, pop into your nearest gym and see what they are offering.



Whatever you decide, just get started. Get outside in the fresh air and sunshine, or do something indoors... any exercise is a start!

We wish our Catalyst Fitness clients and all *Coastal News* readers a very peaceful holiday season and best wishes for 2017.

*Karyn Holland, Personal Trainer at Catalyst Fitness*

**CATALYST FITNESS**

**Enjoy your Christmas break**  
Will your New Year's Resolutions include losing weight, getting fit or going to the gym, like most people's? We'll be here when the time comes!  
We will be unstaffed between Dec 23 and Jan 4.  
See you soon.

Enquiries, call Karyn on 027 223 9561  
14 Warren Place, Mapua. Email info@catalystfitness.co.nz  
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*Edited by Andrew Earlam (advertising) 540-2845, and Terry Smith (editorial) 540-3203. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1<sup>st</sup> of the month. The deadline for emailed items to coastalnews@mapua.gen.nz is the 20<sup>th</sup> of the month. Notices are a gold coin donation in the collection boxes. Club notices are free. Printed by the Tasman District Council.*

# Under The Bonnet with Fred

2016 Review—Car of the Year



Well, 2016 is almost done and it is time to review the year. I have picked the Car of the Year and despite what my friends might have thought it does not go fast and does not have a V8 engine.

The Car of the Year is Charles and Audrey's 2012 Nissan Leaf. Despite what all the doubters might be thinking, this was car was cool to drive. You have to adjust your perspective on why you buy a car. If you want a shopping basket that's very affordable to run, reliable, starts every time and needs inexpensive servicing only once a year then a Nissan Leaf is the ideal car.

Two things I have found living in Mapua are you have to make a list for shopping and you have to have a car. The Leaf is the car to get you the 20km to Motueka or Richmond. The Nissan Leaf has the range to shop even into Nelson, 66km return. Charles and Audrey use their solar panels to charge their Leaf which means this car runs on sunlight most of the time. I equated the driving experience of the Nissan Leaf to that of a late model Cadillac—quiet and smooth.

An article on EVs (electric vehicles) from Westpac Bank and Z fuel gave examples based on a comparison of petrol consumption of 10L/100km (28mpg) on a vehicle travelling 14,235km a year would cost of \$2847 for fuel and servicing. The Nissan Leaf travelling 14,235km would cost \$524 including servicing! Cost of petrol for 100km is \$20. Cost of charging an EV is \$3.69 for 100km, or on \$20 the Leaf could travel 542km. ie you can travel 81% further for \$20. Electric charging comparison cost is about 37 cents a litre. But there is talk of a road user tax on EVs in 2020 to recover tax used to build roads. The range on the 2016 Leaf is 225km which I'm sure will increase with newer models. This might be the future in personal transport.

## Rat problem

I have got to thank John Bampfylde for his story about rats nesting in his car engine during winter. I have had the same problem with my 1984 Cadillac which is stored over winter. I tried to bomb them with five different brands of rat bait but they treated it as a snack and even dragged it up from the floor of the garage to the V of the engine where they had nested.

I could not find mothballs but found that the main ingredient in them was camphor oil. There is Walys Cat Repellent I bought from Mega Store with camphor oil in it. Be careful with this stuff as it's very

pungent. Keep out of reach of children and don't sniff it as I did; it will burn your nose.

I put small amounts of cat repellent in milk bottle caps placed on the engine air cleaner, radiator cover and in front of each wheel to discourage rats from climbing up the wheels to the engine bay. No sign of those little pests any more.

Just to add to this, a few years ago I left some toffees in the centre console of my VX Landcruiser and the little beggars got inside through the windows left ajar for a bit of ventilation and chewed the seats and console trying to get at the toffees. Keep this all in mind for next winter. Or get a cat.

## Overheating

Overheating seems to be a problem with cars that have been sitting for a while. Radiators sometimes clog up or the thermostat may be stuck open or closed. Something I didn't know is anti freeze does go off. A symptom of thermostat stuck closed is high temperature gauge reading and radiator boiling. A quick check is very hot top hose and a cool bottom hose. Symptoms of a thermostat stuck open is little movement of the temperature gauge or wild fluctuations of the temperature gauge, or the heater temperature rising on acceleration and cooling at idle.

Simple repair: new thermostat and radiator flush + new antifreeze. Ask your auto technician for advice. Remember, a cooked engine is a stuffed engine.

I had a lot to do with Kaikoura in years past and I know that the earthquake will change things. The SH1 coastal road has to go and a new route following the old original inland road from Kaikoura to Waiau to connect to Christchurch is the only way. Once things are sorted Kaikoura will boom with the reconstruction of SH1 and an increase in tourism.

*Fred Cassin*





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# Feuerstein's Method

"Intelligence is not a static structure but an open, dynamic system that can continue to develop throughout life," says Dr Reuven Feuerstein.

Who would benefit from the Feuerstein Instrumental Enrichment Program (FIE)?

It's a program for anyone who wants to think and learn better and faster. For adults going into or are in Tertiary Training, for students at school who want to learn more efficiently.

Also for students with these learning deficiencies: Dyslexia, Specific Learning Disabilities, ADHD, Aspergers, Blind, Down Syndrome.

How does the FIE Programme work?

There are 14 Instruments (books) that are designed to guide the learner through steps that are graded from easy to difficult, steadily training the brain to process more efficiently.

The learner is encouraged to participate in three one hour sessions per week.

Testing is available but not essential.

A Mediator (Tutor) trained in FIE is required.

## Want to know more?

Please Contact Feuerstein IE Program Mediator,

Nelson area. **Kathryn Bird**

25 years' experience in Tutoring children and adults with specific learning disabilities.

021 2844 100 [kate@psi.net.nz](mailto:kate@psi.net.nz)

## Boat Shed Mapua

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## Christmas Pudding Removal

### Sessions in the Mapua Hall

5 weeks pay-as-you-go classes start

Tues 27 Dec, end Fri 27 Jan.

All classes 55-ish minutes.

Ten-trip ticket for any class; ... \$80.00 (\$8.00 /session)

Five-trip ticket for any class; ... \$42.50 (\$8.50 /session)

Casual rate (pay per class); .....\$10.00

Casual double-header discount (two on the same day); ..... \$17.00 (\$8.50 each)

Tickets expire on Jan 27th. Tickets are transferable between family members but not outside family.

**Note early morning start. Get in, get it over with then get on with the holiday. ☺**

Tuesdays 2.30 - 3.15pm Sit and Be Fit (gold coin)

Tuesdays 6pm - 6.55pm High Intensity Interval (Cardio/Strength)

Tuesdays 7.05pm - 7.55pm Pilates.

Wednesday 8.30am - 9.20am Aerobics (old-fashioned, but quite fast)

Wednesday 9.30am - 10.20am Pilates

Fridays 8.30am - 9.20am High Intensity Interval (Cardio/Strength)

Fridays 9.30am - 10.20am Pilates.

Saturdays 8.30am - 9.20am Strength session.

Saturdays 9.30am - 10.20am Pilates

There will be two Saturdays Jan 7, and 21st.

Term 1 2017 will commence after Anniversary /Waitangi day holidays, and to give Lynda a chance to recover from the Buller 1/2 Marathon, on February 21st.

Call Lynda 0272221491 for more details. Shoes needed for all sessions except Pilates. Bring a towel for the Pilates mat. All classes suitable for all ages/levels of fitness (choose your weights etc.)



## Oasis Preschool Mapua

Spaces available!

Monday - Friday 7:30am - 5:30pm

2 Toru Street, Mapua (03) 540 3668

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## Going on the water?

It's that time of the year again that we've all been looking forward to and if the weather decides to sort itself out, many of us will be dragging out the boat.

Unfortunately, it's also a time that opens us up to all the dangers associated with it, including fire. Now one thing I never want to do with these articles is come across as pious. I'm a volunteer and a parent and just like you. It's not until you see, first hand what can happen that the dangers all around us graphically reveal themselves.

A fire on the boat is an indiscriminate, real and present danger. I was a chartered yacht skipper for many years and have experienced situations you simply wouldn't normally account for.

One particularly memorable incident happened on the quay in Athens. I'd just returned from a hellish trip and was looking forward to getting my head down at the hotel.

A few boats away I hear this huge commotion followed by a group of guys running in panic from below, through the cockpit onto the boardwalk and off into the sunset.

Before I had the chance to even wonder what was going on there was the most almighty explosion. Much of the contents of what was a decent sized boat, shot skywards some hundred feet or more.

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### WATCH THE VIDEOS [FIREBUDDY.CO.NZ](http://FIREBUDDY.CO.NZ)

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I later discovered the cause and it's something you simply wouldn't think of.

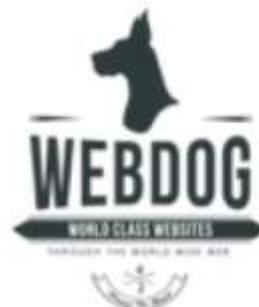
One of the crew was moving stuff around the locker and in doing so laid the auxiliary outboard onto the battery. The terminals shorted out igniting the fuel tank ... BOOM!

"This shouldn't be happening," was my first, useless mental response, before I recovered and darted for the fire extinguisher; that item of safety equipment that had, until now, seemed a legislative necessity rather than an item which might one day save my life.

Luckily, on this occasion, the explosion didn't cause a fire but it graphically illustrates the need to be prepared ... for anything!

I've always been firmly in the 'she'll be alright' camp and resented the legislation that's thrust upon us but as I mature, I see more of the obscure incidents that drive it.

So this summer all I ask is that you look at the safety kit on board and think about the 'unthinkable' and make sure that at the very minimum there's a dry powder extinguisher aboard.



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**Are you prepared to enjoy your Summer Holiday Motoring**

Reduce the risk of your vehicle breaking down while you are away on holiday by organising a pre-holiday vehicle inspection.

We recommend a pre-holiday inspection so special attention can be given to the areas which are more likely to be put under pressure while you are away.

Those areas include the braking system, cooling system, shock absorbers, wheel alignment, tuning, servicing items (fluid levels, belts, hoses etc), and ensuring you have a current WOF.

If you have a boat, caravan or trailer with your camping gear, don't forget to have the tyres and brakes checked so they are in sound condition and their WOF is also current prior to heading away.

I'm sure you've heard the saying 'prevention is better than the cure'. This saying is very pertinent when it comes to your vehicle, especially when the cure can entail spending hundreds of dollars. Coupled with the inconvenience, stress, and missed opportunities a breakdown can cause if holiday activities and/or travel plans have to be altered as a result.

There are definitely better ways of spending your holiday dollars and time than having your vehicle repaired.



Happy & safe motoring from the team at

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# MAPUA AND DISTRICTS BUSINESS ASSOCIATION

Coordinator: Janet Taylor  
P: 540 3364 or  
M: 027 230 2943



## Season's Greetings

As the summer season approaches, the Business Association would like to extend a warm welcome to visitors. We trust you will enjoy all that our scenic region has to offer, from the Ruby Coast to the Moutere Hills. We are sure you will enjoy discovering the wide range of unique local businesses that add vibrancy to our area, making it a great destination. Pick up one of our Ruby Coast Moutere Hills Maps, relax and enjoy exploring our region.

To MDBA members and the wider community – we wish you a happy and relaxing summer and thank you for your continued support. **Happy Festive Season!**

## Mapua Holiday Homes

Mapua is a very popular holiday destination and has a number of out of town property owners. I saw a need for a holiday home management service whilst dealing with clients as a real estate agent. Giving owners the



option of a holiday rental instead of a full time rental, allows them the freedom to use the property themselves for personal holidays.

It started with one home, owned by an out of town buyer increasing to 6 properties over the course of the first summer. Ranging from full time holiday homes to owner occupiers wanting to do short term holiday lets over the summer holidays.

We now manage a growing selection of holiday lets in Mapua, Ruby Bay and Motueka. Our homes are all very different and cater for most needs, even those looking for something a bit different with our beach front house bus.



Management packages can be tailored to suit individual requirements, and as all property managers live locally, we are available to guests 24/7.

Sian Potts  
0272 968 345  
mapuaholidayhomes@gmail.com  
www.mapuaholidayhomes.co.nz



[www.rubycoastmouterehills.co.nz](http://www.rubycoastmouterehills.co.nz)

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# Noticeboard

**Mapua Friendship Club** will meet as usual on the 3rd Thursday in January for a game of indoor bowls and afternoon tea. And will meet for a lunch on the last Friday, venue TBA, please phone Val at 540-3685 for an update. New members are always very welcomed.

**Wanted** to house-sit or rent for a month from mid Dec, while building finishes. Mature reliable non-smoking couple, freshly retired. Contact Gwen 021678995

**Tuition:** Want help with maths or physics? Individual tuition, or help given on-line. No fees for online help, koha if you want. Email: mathshelp99@gmail.com or text 0211856524.

**Mapua Boat Club** nights Thursdays 5.30-7.00 at the Club rooms, Mapua Wharf. Visitors and guests welcome. For more info: mapuabcsecretary@gmail.com

**Olive Oil** Skye Harvest Extra Virgin, 2016 Frantoio, available fresh from the producer. 750ml \$20. Ph 540 2698, email mcleodsarah@xtra.co.nz. Orders delivered or call in 113 Seaton Valley Rd Mapua.

**Mapua Social Cycling Group:** "Wheels 2 Meals". Approx 30 km ride, coffee break halfway, no racing! Depart Mapua Wharf each fine Thursday @ 9:30 am. Just turn up with your bike, HiVis top & coffee money, or email wheels2meals@gmail.com

**Ruby Coast Walking Group** meets 9.30am Wednesdays outside Tasman Store. We walk for about 1½ hours, then enjoy coffee & muffin back at the Store. Walk according to your ability and speed. All welcome. Just turn up. Fiona 526-6840, fiona.oliver@xtra.co.nz

**Kidz 'n' Koffee playgroup:** Wednesdays 10-noon, Hills Community Church, Aranui Rd (during term time). All parents & caregivers welcome, we cater for 0-6 yrs. \$2 donation per family. Make some new friends. Info: Esther 540 -2177.

**Spinners, Knitters, Weavers** – Creative Fibre Group, Mapua Hall, 2nd Tuesdays 10am. All welcome.

**Mapua Community Youth club.** Year 9 -13 youth. 6.30-8.30 most Fridays at Mapua Hall. Contact: Andy Price 540 3316, Marv Edwards 027 312 6435. A community-based youth project for Mapua and district, funded and co-ordinated by Hills Community Church in partnership with the wider local community.

**Mapua Craft Group** meet Fridays 10-noon, supper room, Hills Community Church. Simple craft work including: paper craft & card making, sewing, knitting, cooking, small upcycling projects. Occasional guest speakers, demos & outings. A social, some fun and a chat, some easy craft along the way. Koha for materials & room rent. Info: Julie Cox 540-3602, juliecox@xtra.co.nz & facebook.

**Coastal Garden Group** meet first Thursdays, 1.00pm, Tasman Bible Hall. Members, guests & visitors welcome. Judith Garrett-Brown, Phone 03 528-5405

**Women's Recreation Group** - meets outside Mapua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540-2292.

**Daytime Book Group:** Meets first Tuesdays 9.45am. New members welcome. Anne 540-3934

**Fair Exchange:** A small group meets at Appleshed restaurant 9am 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays to exchange home grown and home made produce & goods. We welcome everyone! It's the sharing that counts. Info: Judith Holmes 021 072 8924 / 544-0890.

**Ruby Coast Newcomers Social Group:** meet new people, make new friends. We have coffee at 10am last Fridays at Tasman Store & hold ad hoc day & evening social events. Info: Vivien/Richard 526-6707, vpeters@xtra.co.nz, or just turn up.

**Moutere Hills Rose Society.** A gardener with a special love of roses? We meet monthly - contact Margaret 03 528-8477 or Cynthia 03 528-8664.

**Motueka Senior Net.** Technology for mature adults. Monthly Members' meetings with guest speakers. Help sessions twice monthly. Courses & workshops change each term. Special interest groups meet regularly. Demystify technology in a fun and friendly forum. Clubrooms 42 Pah St Motueka. More info: Seniornetmotueka.org.nz, Neighbourly or call Annie 540-3301.

**Mosaic workshops:** Keen to start a mosaic project, or continue work on one you've had on the back burner? Enjoy the stimulation of working with others, and become more confident in your skills. Tools and some materials provided. \$10 per session. Contact: Bridget 5402461 or bridgetpcastle@gmail.com

**Mapua Art Group** meets Bill Marris Room Mapua Hall Thursday mornings, 9-noon. Like-minded artists get together to paint, draw, help each other in a social environment. All levels & media welcome. \$5 /session includes morning tea. Tables, chairs & easels provided. Cushla Moorhead 03 528 6548.

**Toy Library:** extensive selection of toys, puzzles & videos for children 0-5yrs. Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544-8733, about membership or casual hire.

**Ruby Coast Run Club** meets 9am Mondays at Mapua School parking lot. Info: Debbi 027 327 4055.

**Java Hut Knit Group:** 10am Tuesdays at Java Hut. Bring your knitting or crochet project. Info: Debbi 027 327 4055

**Qi-gong** practice weekly in Mapua, YUAN GONG form. Info: Marianne, 0220 828 559.

**Probus Club** meets Mapua Hall, 1.30 pm, first Fridays. Guest speakers talk for about an hour, and club member will also give a short talk. Now in its 15th year, new members always welcome. Pres: Bill Hall, 540-2522, Secr: Rita Mitchell, 03 528-8097

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