



Want to buy a (half poisoned) section, cheap?

Mt. Hope looks like it will be a great place to live. A few steps away from Aranui Park, Jared's Fruit and Vege, and the Māpua School. There are even land/build packages available from trusted homebuilders! What could be wrong, except that the coveted park-side sections have all been sold?

Well, dig a little deeper. The row of eastern sections, adjacent to Aranui Park, have the eastern half on the subdivision plan labelled as "Covenant". This means that there are some restrictions on half of your land, which you really should have your lawyer dive into. You may notice that these sections are bounded by a retaining wall. What is that wall for?



The resource consent¹ describes this wall, and how long the developer anticipates it will last.

"The applicant has stated that the retaining wall can only have a design life of 50 years as this is the maximum that manufacturers will guarantee building products for, but in reality it will likely have a much longer functional lifespan. The respective lot owners will be responsible for inspecting and maintaining the wall to ensure it continues to be fit for purpose, including adequately retaining the contaminated cell".

Wait. "Contaminated cell"? Tell me more ...

"The subdivision and change of land use does not comply with the permitted activity requirements of regulation 8(4) as a preliminary site investigation exists in which it was assessed that it is likely that there will be a risk to human health as a result of the subdivision RM210630. Nor does the activity comply with the controlled activity requirements of 9(3) as the levels of arsenic and lead exceed the NESCS standards for residential land use".

So, easy! Just strip off the contaminated topsoil and take it away! Wait ...

"The RAP (Remediation Action Plan) has identified that approximately 5000m³ of contaminated topsoil will need to be excavated in order to remediate the site. The applicant has stated that it is cost prohibitive to remove the contaminated material from site and dispose of it at an approved landfill site".

"It is proposed to dispose of approximately 2000m³ of the contaminated material within a 'cell' located along the rear of proposed Lots 1 to 10 behind a 2-metre-high retaining wall. The remaining 3000m³ will be stockpiled on Lot 31, which will remain undeveloped".

"The contaminated cell will be approximately 200 metres long and 15 metres wide. The cell area will not be able to be built on, and therefore result in a minimum of 17 metres (including the wall boundary setback) at the rear of Lots 1 to 10 that cannot be built on".

We wouldn't want to subject a developer to "cost prohibitive" remediation of toxic chemicals at the site. So, let's just strip the topsoil, build a retaining wall, dump the topsoil on the east side of new sections, and let the new homeowners deal with it! Why would a new Māpua resident want to be able to use all of the land they just bought?



One might think that TDC's Group Manager, Environmental Science, would step in and stop this game of "hide the toxic waste". TDC describes this part of their leadership team:

"Our dedicated teams also carry out extensive environmental control and protection work across the region".

The approved remediation plan smells of the techniques applied to the old Fruitgrower's Chemical Company site, around Waterfront Park. The difference is, future toxic waste cleanup is left to the unwary private homeowner, long down the road. Clinical studies indicate that arsenic can remain in soil for 9,000 years².

Bruce Struthers

Refs: 1. Tasman District Council RM210632, Consent Granted 6 October 2022

2. Hindmarsh, J.T. and McCurdy, R.F. 1986. Clinical and environmental aspects of arsenic toxicity. *CRC Critical Reviews in Clinical Laboratory Sciences*, 23(4): 315- 347

Ellis Creek Farm

Quality local meat and eggs delivered with a smile to your door.

Jonathan Thorpe from Ellis Creek Farm provides a weekly delivery service that many residents between Motueka and Richmond are benefiting from. Maree and Cliff, customers from Iwa Rd said that *"Since stumbling across Ellis Creek Farm, selling meat from a fridge on Takaka's Main Street several years ago, we have loved our doorstep deliveries. The meat is delicious, and it is great to be able to support a local and regenerative farming family."*

Our customers vary widely in their needs, some have a limited budget, some specific dietary requirements, and others are looking for specific cuts for smoking or BBQing. We get regular requests for a bigger piece of meat such as whole fillet, or a 4-5kg brisket, for a special occasion or event. Another common request is for fat, used to make tallow for cooking, or to make skin care cream.

Although many are reducing their meat intake, Chrissie from Upper Moutere is one customer who has increased meat in her diet to overcome health deficiencies: *"I value and am enormously grateful to be able to source local, high quality, flavoursome meat and excellent free range eggs from the Thorpe family in Golden Bay, knowing that the farm is using regenerative agriculture methods and that the animals are healthy, happy and well cared for. Their friendly and reliable door to door service is fantastic and I also love the glimpses of life on the farm shared via social media."*

Ellis Creek Farm nestled in the foothills to the east of Abel Tasman National Park was previously home to Ellis Winery one of the first wineries in the South Island. Since 1939 it has been farmed by the Thorpes. Our aim now is to grow ethically raised, healthy and contented animals, using spray-free regenerative pasture, improving the capacity of the land to sequester carbon, build organic matter, and protect and enhance our waterways. This sounds nice on paper, but for Rose and Andy Williams (Jonathan's sister and brother-in-law) who manage the farm it is jolly hard work. But it is worthwhile when you follow it through: Healthy soil, healthy pasture, healthy animals, healthy customers, healthy environment.

This year Ellis Creek Farm established their own MPI-approved micro mobile abattoir. Our animals are killed locally on our farm, in the most humane and stress-free way possible - no factories and no long-haul cattle trucks.

Another customer from Westdale Rd said *"Ellis Creek Farms meat is the best quality meat we have found in the top of the south. It arrives well packaged, and we always know where it is at. Communication is exceptional."*

During the summer we also ordered some of their other products and I am still dreaming of the avocados grown on the farm. Thank you for raising and producing your animals ethically sound.

One of the benefits of having a direct farmer to customer relationship is that we can inform each other. Sometimes a customer will ask if we have a particular cut of meat, or type of fat for a specific need, or they give us feedback if there are any problems. Customers have also been learning how to value all different cuts, keeping in

mind that the whole animal is not all made up of fillet steak! Getting to know each customer's needs has been important. Some like more fat on their meat, and others less. We do our best to allow for any preferences or requests customers provide with their online or phone order.

Another favourite for some families is the 5-meal box. If you don't have time or energy to make decisions, this is a good choice, giving five different cuts that can be easily prepared, normally including a pack of mince, sausages, Schnitzel, slow cook, and maybe a stir fry or a little roast.

For Jonathan, the weekly drive through from Golden Bay on a Wednesday is something he looks forward to, appreciating the beautiful views, and early morning light as the sun rises, chatting with customers, and receiving feedback. Each delivery is packed with ice, and insulated with a wool wrap so that it can be left on a doorstep or chilli bin and remain cold until customers return home from work.

Being a family business, older brother William who lives in Auckland looks after the sales website and handles any online customer enquiries.

The next challenge for Ellis Creek Farm now that their abattoir is running smoothly is to lift sales volumes to a profitable level. If you would like to be a part of this story by supporting Ellis Creek farm, jump online, subscribe and make an order. If you have any trouble, you can always phone and one of the family can put through a phone order for you.

Find us online at [EllisCreekFarm.co.nz](https://www.elliscreekfarm.co.nz) FB, or Instagram or give Jonathan a call on 0272236431.



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Weekly Deliveries

Spray Free Pasture
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Order Online

www.elliscreekfarm.co.nz

Lynda's Exercise Classes in the Mapua Hall
Late 2024: Classes end December 19th
Summer series starts **Tuesday Jan 7th** to end of Feb.

Cardio/Weights Tuesday 6 pm.
Old-fashioned Aerobics Wednesday 8.30 am.
Cardio/Weights Friday 8.30 am.
Pilates Wednesday & Friday 9.30 am.

5-trip ticket \$60; 10-trip ticket \$100; 20-trip ticket \$180.
Casuals – \$15 per session.
Top-ups for single sessions on your ticket \$12.
Please contact Lynda for details,
lyndamabin@gmail.com 027 222 1491.

Draft Māpua Masterplan

Is it providing what we asked for?

The plan was recently released for public consultation, and after an initial review, I would like to share some observations. Over the next few months, I will be working on more comprehensive feedback. I share some of my key findings here, encouraging readers to also review the plan and provide feedback.

Council officers have clearly invested significant effort into the draft Masterplan and supporting documents. It is also commendable that feedback is accepted until February 16, 2025, allowing ample time for reading, digesting, sharing findings, and submitting feedback. Please do so!

The document begins with the statement, "The Māpua Masterplan is a comprehensive plan that provides strategic direction on how Māpua will grow and develop over the next 30 years." The rest of the text in the introduction is all about growth and very little about anything else. The word 'urban' is often used in the text. When looking up the definitions it always referred to cities and towns, not to villages.

It appears that the council's focus is primarily on growth, which is inconsistent with the wider agreed principles such as live-ability, environmental considerations, and other factors. It remains to be seen how the council will honour or deliver the other outcomes sought through the masterplan.

All evidence of a clear bias.

More housing choices

It is commendable that the Council has addressed the demand for more housing options in response to community feedback. Some of the existing urban areas will allow for intensification. Undeveloped areas that are already zoned as 'deferred residential' are proposed to offer more housing choices, including smaller homes.

Plan changes following the adoption of the masterplan will utilise 'outline development plans' to ensure these development patterns are implemented. A Māpua-specific design guide will be created to ensure the village character is retained. This is great but there is limited information on the specific content of these documents. As the masterplan will inform these documents and plan changes, it is crucial that more detailed guidance is included in the final masterplan.

It is indicated that 'retirement villages' will be allowed. Traditional gated retirement villages cater for the elderly but tend to be expensive and do not foster intergenerational interaction. Alternatively, the requirement of various housing types, including those specifically designed for the elderly, may better support a multigenerational community. Additionally, development typologies like social housing and co-housing should also be included.

Silent on large parts of Māpua and Climate Change

Large parts of the existing areas in Māpua are omitted from the plan. This omission is likely due to concerns about future sea level rise affecting these areas. It is important that the masterplan includes these regions and outlines how these will be managed in response to climate

change. Simply excluding these areas is not fair to the people living in these areas.

Unless a retreat option is agreed upon, TDC should address how these communities will be supported, how these areas will be looked after and outline this in the masterplan. For instance, property owners may wish to redevelop their sites, and the planning process needs to establish parameters for such developments (e.g., floor levels, climate-resilient designs, etc.).

Additionally, the area encompassing the Māpua domain and the Māpua Community Hall is excluded from the plan. A vision should be included or developed for this area.

Furthermore, a clear vision for Aranui Rd, covering aspects such as appearance, character, movement, and public spaces, should be integrated into the plan as a future direction for various actions.

No justification for more sprawl in Seaton valley

The future demand for housing is uncertain. Considering various local, national, and international changes, it is important to remain adaptable and avoid opening all proposed new development areas immediately.

When sea level rise displaces parts of the community and residential areas, these communities should be prioritized for relocation to higher ground. If new development zones are released too early, out-of-region demand will snap up these areas, leaving no space for displaced communities. This requires careful consideration before starting development.

The council has not provided a quantified justification for the new development areas in Seaton valley, identified in the Future Development Strategy (FDS). Originally, it was stated that any new area must be re-justified through a proper plan change process. Now, the council treats the FDS as mandatory.

Through the proposed changes additional housing capacity is provided in existing residential areas and yet-to-be developed areas zoned as 'deferred residential'. Additionally, the national government has approved a significant development in Seaton Valley under the "Fast Track Legislation". This extra capacity should be deducted from the capacity provided in these remaining development areas, which as a result might not be needed at all and certainly not any time soon.

The feedback on the option indicated that the Māpua Community is not in favour of new developments in Seaton Valley. Quote from the consultation report: "Much of the feedback advocates for minimal to no development in Seaton Valley to maintain the area's rural outlook". Despite this feedback, the council has proceeded with its plans. It feels that the proposals for Seaton Valley are based on willing landowners and not on a substantiated need.

Given the uncertainties and concerns mentioned, it is suggested that the additional new developments be removed from the masterplan and the FDS. If the council

Continued on page 4



Spoonbill nesting survey

The local Branch of Birds NZ are studying spoonbills this season to see if there are any signs of nesting in our region. We're keen to get more people on the lookout.

Spoonbills are a distinctive large white, rather gawky bird, with a huge black beak shaped like a spoon! Over winter we have

hundreds of spoonbills in the area, but in Spring any with breeding on their minds usually head over to Marlborough where there is a breeding colony.

To date we don't have any evidence of them nesting here, so this November to the end of January we are asking people to keep an eye out for spoonbills and when they see them to look closer to observe anything like stick carrying or courting behavingspooning spoonbills as it were!

We are trying to cover the Nelson/Tasman coastline as well as streams and ponds etc.

There is a Birds Nelson public Facebook group where people could alert us to anything of interest, or just call me 027 5444 121.

Jenny Edwards

Draft Māpua Masterplan Continued from page 3

disagrees, a phased approach could be implemented as an alternative to address these issues.

The introduction of the draft plan states, "Māpua is identified, along with Brightwater, Wakefield, Motueka, and Richmond as one of Tasman's urban centres and is expected to provide for some growth in the district." This decision was made many years ago without consultation and at a time when none of the councillors were from Māpua. This approach is undemocratic and lacks clear rationale. It also conflicts with the objective of preserving the village's character.

It seems that TDC aims for Māpua to become a suburb of Richmond and a seaside town. Several other townships in the region have been removed from this list, so it is unclear why Māpua has not been considered for removal as well. For more information, please refer to previous articles I have published in the Coastal News.

Natural environment

It is commendable that the draft plan includes a variety of actions in response to the feedback received regarding open spaces, walking and cycling pathways, and the natural environment. However, it should be noted that the implementation of these actions is largely dependent on the availability of funds. Only time will reveal whether these actions will be implemented or remain as mere words.

Is the council listening?

I made a substantial submission in response to the options presented earlier this year. It was frustrating to see that almost none of my feedback was included in the summary report or considered in the draft report. I feel that the council is not open-minded, which undermines our local democracy.

Are we wasting our time? I certainly hope not!

So please read the plan and provide your feedback to the council. This is the last opportunity to have a say, including the opportunity to appear at the hearing at which one can address the decision makers directly. For those interested, I am happy to share my feedback with anyone who is interested. My feedback will likely be available at the start of February.

Jan Heijs

**MĀPUA BOAT CLUB
KIDS FISHING COMPETITION**

Where - Māpua Wharf
When - Sunday 8th December 2024
Time - Lines in 11am - out 12 noon
Registrations from 10.30am

3 Categories:

- Under six years
- 6 - 9 years
- 10 - 12 years

Spot prizes - sausage sizzle
Prize presentation

CONDITIONS OF ENTRY:
Free entry
Only fish caught on lines win prizes
Maximum 3 hooks per line
Children to be accompanied by an adult at all times

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Māpua Hall Society~

72a Aranui Road Māpua | Mapuabookings@gmail.com | 035402330

December news

***Thank you to the volunteers and stall holders
at our recent Christmas Makers Market.***

***It was a fantastic day with some beautiful artisan items up for sale.
The market is held three times a year in our beautiful hall and features
local products .***

Hall volunteers baked up a storm for the famous market cafe.

Save the date ~19th January -Summer Makers Market

Special mention of appreciation

***Our Committee would like to express our sincere gratitude for the
generous donation we received from our Mapua Art Group (MAG).***

***The Mapua Art Group is a place for art loving people to create
masterpieces!***

MAG meet on Thursday from 9.30-12.30pm at our hall.

***Mapua Art Groups Christmas Exhibition is being held from
Dec 27th to Jan 5th at our Mapua Hall***

Summer events and class times- include

***Yoga, Tai Chi, Art classes, Chair yoga, Aerobics, Pilates, Weights,
Cardio, Boardgames, Hot desking, Private functions, Commercial kitchen
hire, Social dancing, Choir, Community meetings, Kai Collective and
more!***

Please see our Mapua Hall website for class times and details.

***For hall bookings please contact the hall coordinator on
bookings@gmail.com or 035402330***

Our Hall office is open Mon-Fri 9-12pm

***The Mapua Hall Committee wish everyone a safe and happy
Christmas~Meri Kirihimete***



Māpua Village Bakery



Holiday Schedule

We are open most days and some holidays, but some days we do let the staff out of their cages.

This year we will be closed on Christmas Day and Boxing Day. We'll also be closed January 1st. But we will be open January 2nd

These holiday periods are extremely busy and we're baking as fast as we can, but we will be running out of product more often over this period.

This is especially true on days like Christmas Eve. So if you want to make sure you can get your bread, croissants, pies, or cakes please order in advance from the front counter or make sure you come in early enough to get what you want!

Pet of the Month



This month's all-star is Ruby. She was born in New Plymouth but has spent her entire life of 3 years here in Māpua.

She's a Cavoodle and wants everyone to know she accepts treats.

Her favourite things to do are playing with balloons and wrapping paper. She doesn't even mind when the balloons pop! She is going to go nuts this Christmas.

Ruby is also a talented little girl who can hi-five, spin and dance, amongst her repertoire of tricks. When not showing off, she likes hanging out with her mate Aggy and her boyfriend Walter the sausage dog.

Her favourite food is anything, but especially chicken, and also especially the Māpua Village Bakery doggie treats.

Toasties

We have cheese, we have bread, so there's only one thing to do. Make more Toasties!



In addition to our classic 'choose your own fillings' toastie, we're rolling out in December a Toastie Menu. In cooperation with The Mousetrap food truck (Nelson and Motueka markets) we're going around the world for some classic cheeses and flavours. Here are some of the highlights:

- France: Brie (Little River) and Blueberry
- Italy: Smoked Caciocavallo (Viavio) and Bacon
- Korea: Kimchi and Four Cheese
- Cuba: Cubano (marinated pulled pork) and Swiss
- UK: Welsh Rarebit (with Guinness)
- USA: Buffalo Chicken and Blue (Whitestone)

So put on your best travelling clothes and pop down to the cafe for a new toastie!

Cheese Scones

Just look at these beauties.

That's right, it's our famous-in-Māpua cheese scones.

We wanted to highlight them this month because they remain our best-seller year in and year out.

What makes them so special?

Well, they're scones and scones are delicious. And they have cheese, and cheese is delicious.

It's mostly cheddar for flavour with a bit of Mozzarella for extra cheesiness.

And then comes the biggest difference of all.

We took our original recipe and doubled the cheese! You can't have too much of a good thing. Come by and try one soon.



Nature Harp

Harpist for weddings and functions in the Tasman region.

I am a qualified youth worker and offer harp, piano and guitar lessons.

Contact me for further details:
Mobile: 027 218 6050
Email: harpnature@gmail.com

YouTube: <https://www.youtube.com/@NatureHarp>

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Upper Moutere



Moutere Caravans

At Moutere Caravans, we specialise in expert workshop services, a wide range of high-quality spare parts, and premium accessories tailored for European and UK caravans. Our goal is to provide everything our customers need for a safe, smooth, and enjoyable journey on the road.

Frank's background in car mechanics and sales, combined with Corinne's experience in customs, event coordination, and teaching, set the foundation for their business. Moutere Caravans grew from a passion for caravanning that started back in Switzerland when the couple renovated a 1970s German caravan for family holidays across Europe.

In 2007, Frank and Corinne moved to the Moutere with their two children and founded Moutere Caravans in 2010.

Initially focusing on importing and selling German caravans, Moutere Caravans expanded to include spare parts sales and repairs as demand grew. In 2017, they shifted their focus entirely to European caravan parts, accessories, and repairs, positioning the business as a trusted name in the industry.

Corinne, Frank, and their dedicated team are committed to providing outstanding customer service, guided by honesty, integrity, and a passion for caravanning. Whether you're looking for expert advice or reliable repairs, Moutere Caravans is here to ensure your journey is as smooth as possible.

The Moutere Caravans workshop offers a full range of repair services, including the installation of fridges, motor movers, solar systems, water tanks, satellite dishes, and more. They also offer a selection of caravan-themed gifts, all beautifully gift-wrapped for any occasion.

Their well-stocked shop in Mahana features a wide variety of parts and accessories for European and UK caravans, with all products also available through their online store. Whether you need a specific part or are simply browsing, the friendly team at Moutere Caravans is always happy to help.

Visit Moutere Caravans today to explore their shop, get expert advice, and find everything you need for your next adventure on the road.

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Garden Tour

Māpua Garden Tour a great success

The weather really put it on for the weekend of the 16th and the 17th of November creating the perfect conditions to showcase beautiful gardens in the area to over 400 people. 15 very generous garden owners opened their beautifully kept properties to ticket holders giving their time and sharing their passion with others over the two-day event.

The garden tour was organised by Māpua School Fundraising team and the team lead, Angela Sepulveda, is very pleased with the outcome, as the event raised \$9500 through ticket sales, donations and raffle sales.

Angela says “the money raised goes directly to the school and the support from the community to organise and run this event has been amazing and very much appreciated. So many people got behind us to help make it happen, and we are thrilled with the outcome in just the first year of this event.

Our plan is to run the Māpua Garden Tour annually if we are able to.”

Māpua School would sincerely like to thank the owners of the gardens for their efforts to help fundraise for the school, particularly Joyce Bullock for her guidance and assistance at the outset.

We would also like to thank the Māpua Art Club for sharing their creations and skills at the weekend. Having them displaying their art and working on their pieces in one of the gardens added so much to the event.

If you have a beautiful garden (big or small) that you would like to share in the 2025 event please email us at foms@mapua.school.nz



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71 Aranui Road, Mapua

Māpua Craft Group report

Our meeting for December will be on the 6th, then starting again in February 2025 on the 7th and 21st.

The attached photo shows some of the many cards we have made. Several will be donated to the Māpua Library together with bookmarks to raise funds for the purchase of new books: our contribution to the "Give a Little" project.

Our group is concentrating on whatever craft we enjoy and "try anything" seems to be what people like. We have an abundance of simple craft materials, card, stamp pads and designs, knitting patterns, beads, buttons, glue and craft magazines that encourage us to give it a go as they say! Just come along and ask.

As usual we enjoy coffee and nibbles for morning tea, donating \$3 towards the hire of the supper room.

Celebrations have been enjoyed in late November with a gathering at the Grape Escape Cafe for various members' special events in their lives.

We wish you an enjoyable Christmas and look forward to meeting again in 2025 when hopefully, more people may decide to join us.

Contacts: Barbara 5403901 and Val 5403931.



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the playhouse

SUMMER time!!

Fri 6th Dec

**Paul Madsen: Super Star Show
Queen, Beegees and more**

Fri 20th Dec

The Best 80s Xmas Party

Fri 27th + Sat 28th Dec

Salmonella Dub Sound System

Mon 30th Dec

The Great 2024 Quiz Night

Tues 31st Dec

**The Boogie Train!
New Years Eve Beach Bash**

Fri 3rd Jan

The Best 80s Night Ever

Sat 4th Jan

Beegees + Queen Tribute

ALL YOU CAN EAT RIBS!!!

THURSDAYS IN JANUARY

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the playhouse

SUMMER time!!

**Fri 10th Jan
ABBA Disco Party**

**Sat 11th Jan
Sun City Soul Band**

**Sun 12th Jan
Lee Martin Folk Music**

**Friday 17th Jan
Ampersand Jazz Trio**

**Sat 18th Jan
Woman Who Rock
6 bands!! early start**

**Fri 24th Jan
Ben Hurley Stand Up**

**Sat 25th Jan
Paul Madsen Presents
The Best Tribute Night ever**

**Fri 31st Jan
80s Night!!!**

playhousecafe.co.nz

Māpua & Districts Community Association (MDCA)

Meeting notes - November 2024

Māpua Masterplan (MMP)

The Māpua Masterplan Consultation is open from 1st November 2024 through to 16th February 2025. Hard copies of the Māpua Masterplan, supporting documents and maps, and feedback forms are available at both the Māpua Hall and Māpua Library.

MDCA will conduct an open forum on the MMP at our December Public Meeting, and notices advertising this have been placed around the village, posted on Facebook and emailed to all MDCA members.

The objective of the Open Forum is to provide members and residents an opportunity to share their views on the future development of Māpua, so we encourage you to attend and have your say.

MDCA will not be making a submission as an organisation, but we hope the forum will help residents prepare their submissions.

Resource consents hearings process

The Chair spoke with the TDC Resource Consents Manager who confirmed that TDC are unable to provide a calendar of scheduled Non-Notified Resource Consent Hearings. Non-Notified RC hearings involve “affected persons” only and are not open to the “interested” parties. As such, TDC do not plan to advertise either non-notified nor Limited Notified Resource Consent Hearings on the TDC website. MDCA have invited experts from the TDC present on the RMA process in the near future.

Other Council news

Newline’s November issue covered Local Water Done Well (replacement for 3 Waters). TDC is currently looking at how best to manage their water services under the new ‘Local Water Done Well’ requirements, with several options being considered. There is also the consideration that not all relevant legislation has been passed, which adds complexity.

In other news, new Navigation and Cat Bylaws have now been enacted, with Dog Bylaw deliberations scheduled for November 25th. Finally, the Urban Growth Plan Change 81 Info Brochure has been distributed to residents.

Dominion Flats

With the ten-year goal having been met and all monies spent, MDCA’s Dominion Flats sub-committee has officially been disbanded. Councillor Christeen Mackenzie joined all present in recognising the magnificent success of the Dominion Flats project under the tireless leadership of Helen Bibby.

TACA

TDC’s Helen Forcey and Tasman Bay Guardian’s Elliot Easton gave a brief presentation on options to address high e-coli levels in Tasman Valley stream. Pollution may be due to older septic tanks, stock, wildfowl or combination, with testing / studies or ongoing.

Also, in very well-earned recognition, TACA’s Mike Markert featured on TV1 Good Sorts Sunday 10th Nov celebrating his leadership of the Te Mamaku Drive tree planting efforts.

Nelson-Tasman Emergency Management

Several nominations have been received from residents interested in being on the subcommittee. The first meeting of this newly formed subcommittee tasked with developing a Community Emergency Preparedness Plan is planned for February 2025.

Māpua Community news

AED batteries and pads have been replaced at the Ruby Bay store, with the next lot of replacements due in a year’s time at Tessa Mays. Also, the recently installed Pool at the Māpua School may be open to the public over summer still dependent on how the pool care is managed. Stay tuned for updates.

The next Public Meeting will be held on 9th December

Annual membership subscriptions are due and can be paid by direct credit – see www.ourMāpua.org for details.



RUBY BAY STORE

December-January what's on

Lindsey Shields
Touring Otago folksinger/songwriter
Friday 6 December 7.30pm, \$25

The Early Bobs
Clayton Taylor does Dylan
Saturday 14 December 7.30pm, \$25;
Saturday 4 January 7.30pm, \$25

Rennie Pearson & Bob McNeill
Celtic music you'll want to dance to
Monday 6 January 7.30pm, \$25

Tommy Pickett
Touring Waiheke singer/songwriter
Wednesday 8 January 7.30pm, \$25

Nina Lane & Bryan Owens
Northland musical duo on tour
Saturday 18 January 7.30pm, \$25

The Nelson County Playboys
A local celebration of American icons
Saturday 25 January 7.30pm, \$25

For bookings, more info and other events visit
www.rubybaystore.co.nz
174 Stafford Drive, Ruby Bay • 027 417 1713
Venue opens at 6.30pm • Local food, wine, beer and cider

Ruby Coast Running Club

Events our runners took part in during November included the Nelson Half Marathon.

We had a small but keen group of runners enter the event this year. Some of our group also attended as volunteers, helping out on the course, running one of the aid stations. This was a great way to be involved and cheer runners on as they passed by. For our runners competing in the event, it was an added bonus to see some familiar faces on the course.

All of our runners ran well and enjoyed the scenic course. Congratulations to Graeme, who was placed first in his age category and to Christine, who was placed second in hers.

We also had runners take part in the Molesworth Run,

relay event, and with no aid stations on the course, each team provides support and encouragement to their runner as they drive to the next relay changeover point.

All our runners completed their legs, and some with impressive times. Two of our teams received mention at the prizegiving: RCRC are Stihl at it were the third placed two-person team and Move that RCRC were the first women's team.

That same weekend Abi took part in the Queenstown Marathon. She ran well completing the full marathon on the challenging but very scenic course. An impressive achievement, well done.

In the meantime, we have been continuing with our regular Thursday 5km events and our longer Saturday



RCRC teams ready to tackle the Molesworth Run

an event which involves an 84km course through Molesworth Station. The course is divided into four legs and is completed by solo runners or in relay teams of two or four people.

We entered four teams: RCRC Singin' the Blues (James and Josi (sharing leg 1 of the course), Eddie (leg 2) and Marie (legs 3 and 4); Move that RCRC (Karen, Christine, Niki and Sarah running one leg each); and RCRC are Stihl at it (Steven (legs 1 and 2) and Mark (legs 3 and 4).

RCRC are Stihl at it were originally a four-person team, but two runners unfortunately had to pull out of the event at quite short notice. So, just two days before the event, Steven and Mark made the bold (and presumably daunting) decision to reform as a two-person team and run a full marathon each, instead of the planned half marathon.

At the start of the run it was a very chilly 1°C, and the temperature improved only slightly as the day progressed. As well as the cold our runners had to contend with relentless headwinds and hail. Adding in the hills and altitude made for a challenging event all round. However, Molesworth Station is renowned for changeable and extreme weather conditions, so we were all well prepared.

Our runners enjoyed the high-country scenery and the experience of running in such an isolated location. Our runners also enjoyed the team spirit of the event. As a

morning runs. These local runs generally continue right through summer. If you are a local or a holiday maker who would like to join us, we would love to see you.

For our Thursday 5km events we meet in front of the playground by the Māpua Hall. We start at 5:15pm for walkers and runners that need more than 30 minutes to complete 5km, and at 5:30pm for everyone else. There is no need to register in advance and no fee to pay – just arrive a few minutes beforehand to sign in and to listen to the course briefing.

You can find more details and information about our longer Saturday morning runs on Facebook: Ruby Coast Running Club.

Yoga with Martin

Mapua Hall

New! Beginners/Recovery:
Tuesday, 6.00 – 7.00pm

General: Friday, 9.15 – 10.30am

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Our latest news & adventures



Upcoming Programmes - Enrol Now!

Now is the time to book your tamariki on a summer holiday programme. Multiple dates in January available!

Go Wild - for 7 - 10 yr olds, active, playful and 'wild' adventures. 9am - 3pm each day

- 13 - 17 Jan (5 Days, \$400)
- 27 - 30 Jan (4 Days, \$320)

Kaitiaki Kids - for 10 - 12 yr olds, a stepping stone towards our journey programmes. 9am - 3pm each day

- 20 - 24 Jan (5 Days, \$400)

For the older youth, learn outdoor skills in the outdoor sweetspots of our region. Expedition format. Subsidised Tasman price.

Junior Journey - for 11 - 13 yr olds - 27 - 30 Jan (4 days, \$360*)

Senior Journey - for 14 - 16 yr olds, 27 - 30 Jan (4 days, \$360*)

Rangatahi Leadership Programmes

A boost in both confidence, resilience and NCEA credits!

Adventure Leadership (L1) - open to students entering Yr 11 in 2025, 6 NCEA credits.

- 13 - 16 Jan
- 27 - 30 Jan (\$300* for Tasman participants)

Adventure Leadership (L2) - open to students entering Yr 12 in 2025, 5 NCEA credits.

- 13 - 16 Jan
- 20 - 23 Jan (\$300* for Tasman participants)

Venue Hire

Did you know that you can hire Whenua Iti Outdoors as a venue? Whether it be a wedding, a staff function or a birthday party, we have facilities to cater. We also have a chiller trailer for hire. Contact us to learn more! info@wio.org.nz



Some of the 2024 Trades Academy graduates! Well done!



Caving in Irvines cave system, Golden Bay

We'll see you out there!

www.wio.org.nz





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Māpua Fire Brigade



Oct to Nov 24 call outs

- 19 Oct 22:11: Three beach fires near Pine Hill Reserve. Left with persons involved to put fires out.
- 23 Oct 06:28: Dog stuck up cliff at Kina. Dog got down by itself. Line rescue from Nelson attended.
- 23 Oct 12:24: Rural /tanker to an out-of-control burn-off up the Brooklyn valley. Turned back at Brooklyn.
- 28 Oct 07:23: House fire in Motueka. Sat on station for await.
- 31 Oct 12:38: Light switch fire in a cool store at Port Motueka. Turned back.
- 1 Nov 13:58: Smoke from cooking set alarm off at Tasman school. No action taken.
- 11 Nov 09:54: AirCon cleaning set off roof alarms, Tasman School. No action taken.
- 12 Nov 12:29: Rural / tanker to vegetation fire Rosedale Rd. High winds flared up the fire.
- 12 Nov 18:43: Grass fire off Māpua Drive. Wind picked up ember from rubbish.

Call outs for the year =57

For fire safety info go to - <https://fireandemergency.nz/>

For rural fire go to - <http://www.checkitsalright.nz/>

Check your gas BBQs are clean and gas cylinders for leaks with good seals, use soapy water.

Keep barbecues well away from tents and caravans.

We are looking for two persons to join our team. Ideally looking for daytime persons living and/or working in Māpua.

Come and see us at 3 Iwa St after 7pm on a Thursday night, or call CFO Aaron Thawley on 0274 275 813

Pastel Artists of Nelson/Tasman

Our year of pastelling at the Hall is all but over as I write. The last Tuesday meeting for 2024 was 26th November. Due to Nelson Anniversary Day on the 3rd, we commence the 2025 year on 10th February.

2024 has been a year of ups and downs. The highlight of the year would have been when “our Trishy” turned 100!! [see Coastal News Nov]

Trishy (as she is known to us) is an absolute delight and wonderful example of commitment to our other members. We even have to stop her from helping with the tables!

There have been a variety of talks, demos, videos and great discussions about artists and pastel art, with workshops as well.

This year’s National convention and Art Awards (held at Morrinsville) was attended by 11 of our members who came away with 4 awards and some sales.

We are now working towards the 2025 National Convention which is being held at Alexandra in April.

Our Tuesday meetings are “open door” and we welcome visitors. As every artist works differently, it is a very interesting walk around the room. We can also offer a “Free Trial” of using pastels as a painting medium to see if you would enjoy it.

We will be finishing the year with selecting our annual Xmas challenge, which we must do over the holiday break and bring back to our first Tuesday meeting for show. A picture will be selected by all (through an elimination process) and this is used as an “idea” only. Last year, a lovely hat was painted from the shape of a mushroom!

Our Xmas luncheon will be hosted this year by Nita on the 3rd December. For more information, contact our Area Representative Margie Bramley margbramley@gmail.com

Reporter- Glenys Forbes

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Book Review

Three fascinating astronomy/cosmology books available in the Māpua Library

To find books that give glimpses into the infinite and complex void of space and that are also thoroughly readable (to an unscientific mind such as mine) is a treat indeed.

Cosmology enlightens some of the deepest questions that we are capable of asking and in these books, I found so much insight, so much to ponder, and so many WOW! moments. And in these times don't we all need that real sense of connection with something much larger than ourselves and be able to stand in awe of all we know and all we don't know (cosmic wisdom and humility)?

Bright Star: Beatrice Hill Tinsley, Astronomer

by Christine Cole Catley (NFNZ925.1)

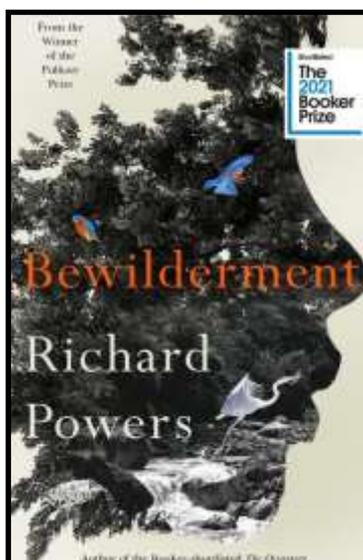
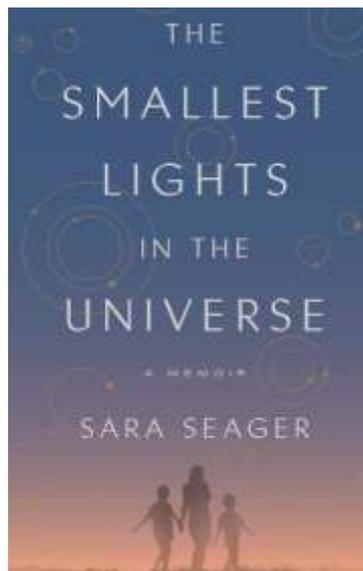
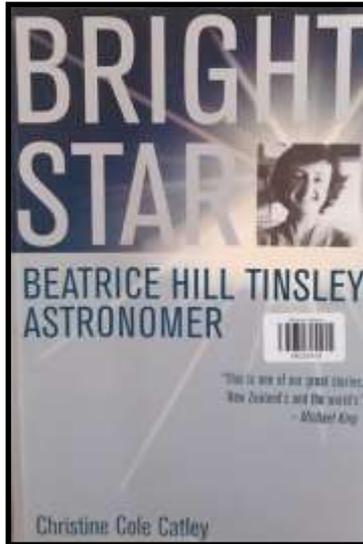
When I first read this biography some years ago, I couldn't understand why we hadn't heard more of this brilliant female NZ astronomer. She sadly died in 1981, at only 40 years old, but achieved so much in her short career.

She was the first female professor of astronomy at Yale University, made groundbreaking contributions to the understanding of how galaxies evolve, grow and die, and achieved all this in a male dominated field. In her obituary in the Journal of the Royal Astronomical Society it stated, "she is one of the most known and respected theorists in modern astronomy".

So, this book gives a much-needed insight into her upbringing in provincial New Zealand, her many life-changing circumstances, how she navigated the constant challenges of academia, personal life and being taken seriously as a woman, and the science that she gave so much to. An inspirational and compelling read. There is talk this year of a movie being made about her life – hope it happens!

The Smallest Lights in the Universe: A Memoir by Sara Seager (NF925.1)

Sara Seager is a Canadian American astrophysicist and planetary scientist. She is currently Professor of Planetary Science and Physics at the Massachusetts Institute of Technology and is at the forefront of the search for Earth-like exoplanets (planets that orbit stars other than the sun) and for signs of life on them. An article about her in the New York Times had the headline "The Woman Who Might Find Us Another Earth."



In this beautifully written memoir Sara weaves together the journey of her career, her passionate search for other worlds, her navigation of grief after losing her first husband to cancer, bringing up two boys on her own, and her unexpected discovery of new love. Although she is highly respected in her field, has won many awards, and can write brilliantly, there is a real humility in her writing.

The vastness of her knowledge and work sits alongside a very honest and intimate telling of her daily life, struggles and joys. The science in the book is fascinating and very accessible.

Bewilderment: Richard Powers (fiction)

This author, Richard Powers, strongly believes that the stories we tell have a very real place in changing global consciousness and the directions we take. In his recent books *The Overstory* (winner of the Pulitzer Fiction Prize in 2019), *Bewilderment* (shortlisted for the Booker Prize 2021) and *Playground* (2024) he powerfully reminds us of the extraordinary beauty and fragility of the world we live in and the urgent need for different paths to protect it.

Bewilderment is set in the near future. The main character, Theo, is an astrobiologist who creates models of planets where life can exist. He is also recently widowed and raising a neurodivergent son, Robin, who has been diagnosed with various labels. Theo does not want these labels, or any drug treatments, to take anything away from his son's personality, sensitivity or unique clarity of thinking, so he turns to other ways to help Robin to relate to the world he lives in.

One of them is through telling him stories of planets that could be out there supporting life, mirroring the way humans have always used stories to explain the unknown and find meaning. Focussing on humanity's place in the universe, a very special father-son relationship and what it is to parent children in a time of multiple ecological crises, the author has given us an incredibly well researched and deeply moving book.

Reviewed by Diane Sutherland



MOUTERE PLANT NURSERY

The Moutere Plant Nursery is a small family run nursery located in the heart of the Moutere Valley. We specialise in native plants (for both residential and revegetation projects) and a small range of exotic plants (including Bananas, Pineapples, English Box etc).

This Month's Specials:-
 Radiata Pine Christmas Trees for sale starting at \$30.
 Lemonwood plants at \$3.50 each (minimum purchase 4 plants),
 Bare rooted pear trees at \$45 each
 Lovely New Zealand Tree Ferns (Dicksonia squarrosa) 0.7 to 1.2m starting at \$100 each.

Visit us at; the Moutere Hills Christmas Market on the 7th of December, our website (www.moutereplantnursery.co.nz) or contact John on 0220403404 to check if we have what you want. "A society grows great when old men plant trees whose shade they know they shall never sit in" Greek Proverb

Vetlife Paws for Thought

Animal Health Partners

Summer is here (hooray!) bringing with it a few seasonal challenges for our pets to navigate. Here's a few things we wanted to focus on as the weather heats up.

Walking your dog during the heat of the day can be *ruff* on their paws. Use the five-second rule to check if it's safe—place the back of your hand on the pavement or sand for five seconds. If it's too hot for your hand, it's too hot for your pet to walk on. *Paw-saver tip* - We recommend walking your dog early in the morning or later in the evening when it's cooler.



Cats are natural sun lovers, often seeking out warm, sunny spots to lounge in. When they get too hot, they instinctively move to cooler areas, so be sure to provide shaded, cool spaces both inside your home and garden. Cats also shed more in the summer, and since matted fur can trap heat, regular brushing will help keep them comfortable. *Cool cat tip* - Place mini hydration stations of glasses and bowls of ice water around the house to give your pet plenty of fresh, clean drinking options—and hopefully discourage them from opting for less desirable water sources (why do they do that?!).

Unlike us, dogs can't sweat to regulate their body temperature, making them more prone to heatstroke. Dogs with short noses or flat faces (brachycephalic breeds like bulldogs and pugs) are at even higher risk because they struggle to pant and breathe efficiently. Heatstroke can happen fast. If your dog starts showing signs—excessive panting, weakness, or even collapse—get them to a cool space, dampen their fur, and give us a call immediately. Time is of the essence! *Treat tip* - Doggie ice blocks are an enjoyable way to keep them cool and hydrated. Simply freeze your dog's favourite treat in water, inside a Kong, which you can pick up from any of our Vetlife Tasman clinics.

Applying pet-safe sunscreen to areas with little or no fur can help protect fair-skinned or light-haired pets from the sun's harmful rays. Dogs and cats can commonly develop skin cancer, so it's important to reapply sunblock every three to four hours to exposed spots. Regular sunscreen can contain ingredients toxic to animals, so always choose a pet-friendly option. Focus on areas like the tips of their ears, the end of their nose, and their stomach, as these are the spots most prone to sunburn. *Sun safe tip* - Swing by Vetlife Māpua to grab pet-safe sunscreen, or just come in for a visit—we love meeting your furry family members!

Finally—and we can't stress this enough—NEVER leave your dog or cat in a parked car on a hot day. Even with the windows cracked, it heats up fast in there! *Top tip* - Vetlife Māpua is open Monday to Friday, 8:30 a.m. – 12:00 p.m. and 1:00 p.m. – 5:30 p.m., with an emergency vet available 24/7. Any questions or concerns? Call us at 03 540 2329.

So, whether it's sunscreen for your fair-furred friend or a doggie ice block to beat the heat, let's keep our pets cool, safe, and happy this summer!



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What's on at Hills Community Church?

December, January, February - Each Sunday
Morning Service followed by Morning Tea - 9:30am

Community Carols

Thursday December 12th - 6:00pm
At Waterfront Park and coming to a street near you!

Advent Season - "Come to the Quiet"

December 4th, 11th, 18th - 7pm to 7:30pm
An opportunity for stillness and quiet reflection

Christmas Eve, Tuesday 24th December

Creative Christmas Family Fun Time – 5:00pm.
An opportunity for families/people of all ages to celebrate Christmas in a fun relaxed way.

Carols by Candlelight - 9:00pm
A celebration of Carols and Readings

Christmas Day

Wednesday December 25th 9:30am
 A Christmas Celebration with Holy Communion

For more information contact: Hills Community Church

Phone 03 540 3848, office.hcc@xtra.co.nz
<https://www.hillscommunitychurch.org.nz/>



Coastal News Advertising Costs

Ads go by the size in column centimetres.
 Columns are 8.5 cm wide and costs are as follows:

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| \$2.50 per cm up to 6 cm | \$3 per cm up to 10 cm |
| \$4 per cm over 10 cm | \$48 ¼ page |
| \$60 ½ page | \$80 full page |

With 20% discount for long-term advertising (3+ months) and prompt payment by internet banking only.
 The deadline is the 20th of each month with each issue coming out on the 1st.
 There is no separate January issue.
 E: news@coastalnews.online for more information.

Sunday Services through the month at Hills Community Church.

| | |
|--|--|
| | Café Church An opportunity to worship, learn, and chat in an informal setting - while enjoying croissants and fresh coffee. 1st Sunday of every month 9.30 am |
| | Holy Communion A traditional Anglican Holy Communion service. Sharing bread and wine together as a church community. 2nd Sunday of every month 9.30 am |
| | Family Praise and Worship Come together to worship God through song, prayer, listening to and hearing the Word of God. 3rd Sunday of every month 9.30 am |
| | Holy Communion Based on the Iona tradition. Sharing bread and wine together as a church community. 4th Sunday of every month 9.30 am |
| | Coming together as a church community to celebrate the different themes running throughout the year. Followed by a shared morning tea. 5th Sundays in the year 9.30 am |

COMMUNITY CAROLS

With:
Motueka District Brass Band
Māpua School Choir
Māpua Community Choir

Something for all the family 😊

When: 6.00pm Thursday 12th Dec.
Where: Waterfront Park, Māpua
 and ... coming to a street near you on foot and by truck from 7.00pm onwards

For more info contact: Hills Community Church
 Tel: 540 3848 office.hcc@xtra.co.nz
www.hillscommunitychurch.org.nz

MĀPUA COMMUNITY LIBRARY

BOOK SALE

2ND JANUARY 2025 9.00 am- 1:00 pm
OUTSIDE THE LIBRARY AT 60 ARANUI ROAD
DROP DONATED BOOKS OFF AT THE LIBRARY

The Coastal News is edited by Andrew Earlam, Mary Garner and Trees van Ruth. Views expressed are not necessarily those of the editors. Distributed 1st of the month. Deadline for copy to news@coastalnews.online is 20th of the month. Noticeboard items are a gold coin donation in the collection boxes. Club notices are free. Happy holidays to one and all.

Māpua Health Centre news

2024 has been another busy year for Māpua Health Centre and we would like to say thank you to all our patients for your support during this time. Fortunately, we now have a full complement of highly skilled and caring staff, including doctors, a nurse practitioner, nurses, receptionists, administrators and supportive health practitioners.

Dr Louise Darwin is leaving MHC early December to start a new adventure in Christchurch, and we wish her well. A new registrar GP will start in the New Year.

This means that we are usually able to provide appointments at short notice and that patients can maintain consults with their own doctors in terms of continuity of care. Our nurses also provide a range of services, including answering and making phone calls. There are charges for longer calls with our nurses as these can take up a considerable part of their nursing time.

This month we are including a spotlight on Irene Minchin, our Nurse Practitioner. We are incredibly fortunate to have Irene as a part of our clinical team. She is one of approximately 750 highly skilled and experienced clinicians working in New Zealand as a nurse practitioner. Although this number continues to climb, the nurse practitioner role is one which is often overlooked.

Nurse practitioners combine their advanced nursing knowledge and skills with diagnostic reasoning and therapeutic knowledge. They provide care for people with both common and complex conditions.

Many nurse practitioners work in primary care where, like general practitioners, they may be the lead health care provider for patients and their whānau. To become a nurse practitioner, at least four years of clinical experience must be attained, followed by the completion of a clinical master's degree and finally a minimum of 300 hours clinical supervision. Whilst having a background in the countless skills that nurses hold, nurse practitioners are also able to diagnose, order tests, have the same prescribing authority as medical practitioners and can treat you. In addition to this Irene has a special interest in skin checks, minor surgery and women's health.

With her broad scope of practice and extensive background of more than 20 years in the health sector, we truly value having Irene working alongside our General Practitioners and the wider Māpua Health Centre team.

You may well be offered the opportunity to see Irene when looking for an appointment and if so, you can look forward to a thorough and efficient consultation.

We also have a Health Improvement Practitioner (HIP) working at Māpua Health on a Thursday. An appointment with Kamallesh Lovegrove is free and available to anyone of any age who would like support with health improvement

- Managing stress
- Making healthy lifestyle changes
- Learning strategies to improve your wellbeing.

Please talk to one of our clinical team if you think this may be of assistance.

Over the holiday period we are open as usual except for the statutory holidays. If you require healthcare on the

days that we are closed the team at Medical and Injury Centre will be open for urgent care.

You can contact them directly on 546 8881 or if you phone our practice during this time your call will be diverted directly to an after-hours service.

Please consider that if you are taking regular medication this is a good time to think about stocking up so that you do not run out over the holiday period. Don't forget that enrolled patients can use the Well portal to request medications online. If you are unsure, please phone the health centre, 5402211. You can also get your test results on Well or contact our staff if needed.

However, we do not give results from tests that have been ordered outside the practice or from specialists. You will need to contact the specialist who ordered the test to get those results.

With summer approaching, don't forget:

- **Slip** into the shade
- **Slip** on a shirt
- **Slop** on some sunscreen
- **Slap** on a hat, and
- **Wrap** on some sunnies.

The *Sun Smart*, www.sunsmart.org.nz, has some valuable information and resources to help protect skin and eyes from UV radiation, as well as warning signs of skin cancer.

We all hope to enjoy quality time with whanau and friends over the festive season. However, this can sometimes put added financial and social pressure on people and can lead to difficulty coping or affect someone's mental health.

It is important if this happens to seek help, which is freely available with the following resources:

- Lifeline 0800 543 354 (0800 LIFELINE) or free text 4357 (HELP) - here to help
- Samaritans 0800 726 666 – for confidential support for anyone who is lonely or in emotional distress
- Depression Helpline 0800 111 757 or free text 4202 – to talk to a trained counsellor about how you are feeling or to ask any questions www.depression.org.nz
- Healthline 0800 611 116– for advice from experienced health staff.

National and global health promotion events for the month include the following:

- 1 World Aids Day www.who.org
- 2 Safe Sleep Day www.changeforourchildren.co.nz
- 3 International Day of Disabled Persons www.un.org/disabilities
- 5 International Volunteers Day www.worldvolunteerweb.org
- 10 World Human Rights Day www.un.org
- 18 International Migrants Day www.un.org/en/events/migrantsday
- 20 Term 4 ends for schools

Finally, on behalf of the team at Māpua Health Centre, we wish you all a very Meri Kirihimete. Stay safe, enjoy quality time with family and friends and take care of each other. We look forward to working with you again in 2025.

Māpua Bowling Club

The season has been quite challenging so far with rain making the green out of action for quite a few days. Despite this we have managed some enjoyable bowling, and the playing club of championship games have been started.

On Monday 11th Dec we held a very successful and enjoyable open triple match sponsored by Mike Greer Homes. We had teams from Takaka, Stoke, Richmond and Māpua and the weather was kind to us. Great green, good food, raffle prizes and a lovely friendly atmosphere.

Weather permitting, roll up days continue Monday evenings, Tuesday, Thursday and Saturday afternoons. New players welcome.

Contact Di Blanchet (secretary) 0210773445 for details regarding bowling club membership and clubroom hire.

Julie Booth

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Holiday Opening Hours at Perrys Auto
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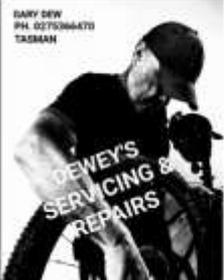
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Waste management

Recycling tips for Māpua residents

Have you seen the info board on the road into Richmond, focusing on our TDC household recycling bins? It caught my eye the other day, and I decided to head to the TDC website and correct a few misconceptions in our household.

What they don't want in our yellow bins are: takeaway coffee cups or lids, plastic lids, Food and Beverage (F&B) cartons (like tetrapaks), 'compostable' plastics or any soft plastics.

If you visit the TDC website, (tasman.govt.nz) you can watch a three-minute video of the Material Recovery Facility (MRF) in Richmond, showing what happens to plastics in the region. It would be a great video to share with your kids. The website also outlines where the region's recycling is sent, for the next step in the process.

When you see the mountains of hard plastics they are dealing with, you will want to change the way you shop!

We're lucky to have Weka Peckers on our doorstep. Sometimes called 'The Mariri Mall', this reuse shop is on the corner near the Motueka dump, 97 Robinson Road, Lower Moutere. While on your way to Motueka, it's a short diversion from the highway.

If you haven't been there for a while, it's worth a visit. Ricarda and Merv are continually looking at new ways to divert resources from landfills and have extended the array of reuse and sustainable recycling options for our area. It's a handy drop off point for wine bottle lids, metal jar lids, plastic lids marked with 2 or 5, and F&B cartons. They also accept branded toner and ink cartridges.

Ricarda has given us instructions on how to prepare F&B cartons for recycling [see diagram]

Another service provided by Weka Peckers is their e-product recycling. They will dismantle non-working or unsafe electrical items and recycle reusable components. Some small items are dismantled free of charge, but in recognition of the time involved, you can expect to pay \$2 for an old laptop, and \$4 for some small appliances.

From their website, I learned that they have recently ventured into the deconstruction of residential buildings.

Did you know our Māpua Community Library is also a collection point for toner and ink cartridges?

You will know that soft plastics can be returned to various supermarkets, like Countdown, The Warehouse, New World, Pak'n'Save, and Woolworths. You do need to look for the 'recycle at store' logo on the packaging.

There is an awesome new website aimed at the Nelson Tasman region - Wasteless (wasteless.org.nz), offering almost 300 available solutions and suggestions of ways to reduce our personal and household waste. There is a great list of repairers, for example. As stated on the website, the aim is to make the right thing easier to do, so more of us choose these actions.

With Christmas coming up, browse this website for planet-friendly shopping ideas!

An inspiring 17-minute video on the Wasteless website focuses on a couple who have lived for eight years without a rubbish bin. As they say, waste is not just about plastics or packaging, but how we use the planet's resources.

Our Swedish exchange student, who lived with us for a year, had grandparents who started a Waste Management company in Stockholm. It is still running today, employing the third generation of her family. It was she who told me that when you buy a new fridge in Sweden, the calculated cost of its end life goes

directly from the manufacturers to the waste management company - in recognition of the true cost of this final process.

It feels we have a long way to go, but there are actions we can take each day to reduce those great piles of rubbish that end up in landfill.

Bridget Castle

Recycle your Drink & Beverage Cartons
at Weka Peckers Recycling
97 Robinson Road

01 Flip the four corners and flatten the box
**Note: Leave the cap attached*

02 Cut into a corner and up one side

03 Rip open along top and bottom and open out flat

04 Clean and dry

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Are you prepared to enjoy your Summer Holiday Motoring

Reduce the risk of your vehicle breaking down while you are away on holiday by organising a pre-holiday vehicle inspection.

We recommend a pre-holiday inspection so special attention can be given to the areas which are more likely to be put under pressure while you are away.

Those areas include the braking system, cooling system, shock absorbers, wheel alignment, tuning, servicing items (fluid levels, belts, hoses etc), and ensuring you have a current WOF.

If you have a boat, caravan or trailer with your camping gear, don't forget to have the tyres and brakes checked so they are in sound condition and their WOF is also current prior to heading away.

I'm sure you've heard the saying 'prevention is better than the cure'.

This saying is very pertinent when it comes to your vehicle, especially when the cure can entail spending hundreds of dollars. Coupled with the inconvenience, stress, and missed opportunities a breakdown can cause if holiday activities and/or travel plans have to be altered as a result.

There are definitely better ways of spending your holiday dollars and time than having your vehicle repaired.



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Noticeboard

Tasman Area Social Walking Group: welcomes all to our Wednesday 9.30am walks. 60-90 mins walk & then coffee. Walks vary & support local cafés. Info: Fiona 021 232 6089

Māpua Friendship Club indoor bowls, first & third Mondays, at Māpua Bowling Club rooms. Bowls 2pm, then "bring a plate" afternoon tea. \$3 door fee. Lots of laughs and non-competitive. For more info contact Val 540 3685

Nelson Branch RNZAF meets 2nd Saturdays at Phils Restaurant, Club Waimea, Richmond. ex RAF, RNZAF or others with interest in aviation. Contact: John Bethwaite, 035476634 or Trevor Squires, 039706644. Meal \$25.

Craft Group: please check with Barbara or Val that meetings are going ahead. 03 5403901

Stamp & Coin collections in Māpua/Ruby Bay & the Moutere evaluated & purchased. Nick Ferrier 021 688243

Pastel Artists Nelson: meet Tuesdays 9am-noon, Bill Marris room, Hall. Visitors welcome. Marg: 027 257 1857

Coastal Stringers: Ukulele & guitar group meet Fridays 1-4pm at Bowling Club. All welcome, just arrive & enjoy the singing. Contacts: Colleen 5403010, Diane 5402627.

Māpua Women's Rec Group. Come and join our friendly social walking group. Meet outside Village Mall Thursdays 9.15am. Options for all fitness levels plus activities and social events. mapuarecgroup@gmail.com or just turn up.

Knit & Natter group now at Appleshed: 10am Tuesdays. Contact: Debbi 027 327 4055

Motueka Toastmasters: Speak with more confidence? Meet 1st & 3rd Weds, 6.45-8.30pm, St Johns rooms, Jack Inglis hospital. Visitors welcome. Info Peter 027 7468311.

Re-cycle Printer Cartridges at the library. Volunteers are happy to collect printer & photocopier cartridges and transport to recycling centre. Blue bin in our foyer.

Tasman Golf Club: Mixed Social 9 Holes of Golf. Tee off 9.30am Fridays. Friendly group, all levels very welcome. Cost: \$25 for non-members. Ph: Lyndal 03 5266819, teeup@tasmangolffclub.com or just turn up at Kina

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 526-6707

Tasman Dippers: A casual collection of people who enjoy connecting with the open water. Year-round dips or swims in the sea at Rabbit Island. Info: www.tasmandippers.nz

Māpua Boat Club welcomes new members. No boat required. Social nights Thursdays 5.30 - 7pm at Club rooms on Māpua Wharf. Raffles, cash bar, snacks, regular guest speakers. To join, contact Secretary, Katrina 0211393945

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Quakers meet at Family Service Centre, Motueka 10am 2nd Sundays. All welcome. Enquiries: Linda 027 447 6435.

RSA: Anyone interested in joining Moutere Hills RSA is welcome. No service history required. Catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall Monday afternoons 2.30-4pm. mapuatoylibrary@gmail.com

Māpua Art Group meets Bill Marris Room Māpua Hall Thursdays, 9.30am-12.30pm. Paint, draw, in a social environment. All levels, media. \$5 incl morning tea. Tables, chairs, easels provided. mapuagroup@gmail.com

Māpua Community Choir: 4 part harmony, no audition necessary, small koha, Māpua Hall 7.15pm Thursdays, enquiries Helen: n-h.bibby@actrix.co.nz

MDCA: Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; info@ourmapua.org

Kids 'n' Koffee Playgroup: Wednesdays 10-noon during term time, at the old church building. 0-6 year olds. Morning tea provided. Gold coin donation. Info: pippie.d@gmail.com

Playcentre: behind the tennis courts at 84 Aranui Rd. Come & play – Mondays & Thursdays 9.30-noon during term time. mapua@playcentre.org.nz

Ruby Coast Running Club: 5k run Thursday nights 5:30pm. Also runs most mornings. Find us on Facebook or contact Debbi 027 327 4055.

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St, Motueka. Seniornetmotueka.org.nz

Coastal Garden Group meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). All most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Info: coastalgarden.group@gmail.com

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues. Morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Tasman Area Community Association (TACA) 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or www.tasmancommunity.org.nz

Motueka Scottish Country Dance Club: Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Nelson Trout Fishing Club: 7pm 3rd Wednesdays, Fish & Game Rooms, 66/74 Champion Rd, Stoke. Beginner or expert. Courses, field trips, speakers. Open to all ages. Info: 03 5476432, secretary@nelsontroutfishingclub.com

Club Notices are free. Others by gold coin donation to one of the distribution boxes.

Please make sure contact details are up to date. Check out www.coastalnews.online to see the issue in colour.

Your notice here.