

Levels of Tsunami Risk Outlined

The major presentation at the May Community Association meeting was from Civil Defence. Roger Ball, the Nelson Tasman regional emergency management controller, presented new maps and information about our tsunami risk.

These are available on-line at <http://nelsontasmancivildefence.co.nz/tsunami-evacuation-maps/>

Roger began by comparing the relative risks here for significant events. Because of their infrequency the tsunami risk rated at number four, behind flood, earthquake and fire. The maps have been created alongside GNS Science and have been informed by the significant tsunami events around our global region in the last decades.

The maps show the hazard zones in a series of colours according to predicted wave height. This will allow Civil Defence to issue tiered warnings with appropriate responses already in place. The red zone is the beach and near shore hazard zone from the small and relatively frequent tsunamis. Orange zone is the significant tsunami hazard zone, up to a three metre wave, a 500-year event. The yellow zone is the hazard zone for a large local tsunami, a 2500-year event creating a three to eight metre wave. These large events are usually very close and without time for warnings or alerts. The public will need to self-evacuate based on natural warnings, such as a very strong earthquake that knocks you off your feet or lasts a more than a minute.

Key messages were that in a severe earthquake scenario:

- 1) There is no siren warning system in our region
- 2) Identify your risk level and plan your appropriate evacuation
- 3) A very large tsunami would occur after a major earthquake, within a few minutes and be an event with several waves at intervals
- 4) Evacuate uphill, beyond the 'yellow' zone or inland away from rivers or estuaries

The lack of a siren warning system was criticized at the meeting but Roger countered that because of the sparse coastal population and probable delay in setting the siren off here the siren was not regarded as hugely effective. Where risk is imminent we will all have experienced a very large earthquake and we should plan to evacuate quickly and appropriately.

Where an event is distant (eg, in the Solomon Islands) we will have time to alert residents (several hours) and retreat in a controlled way. Local radio will be the most useful information channel and new cellular technology is opening up alert options that are also very promising. A meeting to re-establish a local emergency response group here in Mapua is planned for later in the winter.

Proposed fence criticised

The Community Association has described the fence structure planned for between Alberta's cafe and the coolstore building on Mapua Wharf as "divisive and out of character" with our friendly Mapua values and have written to the Tasman District Council expressing their strong opposition and objection to the fence idea. The council has planned to put the fence in place to protect business on its land from nearby competition. The fence has been contentious and posts erected have already met with a late-night chainsaw once. Watch that space.

Another initiative from the association meeting was to request that the TDC prioritizes the Higgs Road footpath. Increasingly dodgy mixes of cars, pedestrians, bikes and scooters have been a concern on Higgs Road for some time. The road has been busier as housing spreads, the port becomes perennially popular, and road configuration changes have encouraged its use. Write to TDC and join the push to get this footpath underway.

There were strong views expressed about the Harakeke village proposal hearings at the meeting. Karen Joost, a Tasman resident from Hortons Road, overlooking the proposed site, questioned the water provision and fire-fighting capability in the proposal. Richard Clement, also from Hortons Road, supported Karen's views and objected to the potential loss of rural character from such a large scale development.

The hearing under the Resource Management procedures was held mid-May and both objectors and council planners attacked the proposal. The developer's counsel requested an adjournment for a couple of months. The decision is going to be of interest to many of us, from residents who want to protect rural values and landscapes, as well as from potential developers of parcels of Rural 3 land. Neither the Mapua and District Community Association nor the Tasman Area Community Association were formally involved in the process or took supporting positions or otherwise.

Graeme Stradling, secretary

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Police Report

Well, it looks like the wonderful autumn might finally be coming to an end. Roads will be wetter and frosty soon no doubt. You should allow some extra time to travel anywhere at this time of year. We have noticed an increase in accidents over the last six weeks – most due to poor decisions or being impatient.

In Motueka we have just apprehended three youths who had a great few nights and broke into three unlocked cars. Luckily we used the town surveillance system to catch them. People keep leaving valuables in cars...and then leave them unlocked!

In the Mapua area it is very easy to get complacent and think "we are safe here, not much happens." Well, that is why thieves and burglars travel to areas to steal because people get slack. So be warned. Lock your cars and sheds and don't leave valuables anywhere you don't need to.

*Grant Heney, Community Constable Motueka.
 Ph 03 970-5271.*

Crime stoppers Anonymous Info line 0800 555 111

Mapua Occurrences:
 May 10: Shed broken into Stafford Drive. Stihl chainsaw, Stihl scrub cutter, Solo knapsack sprayer and drill stolen.
 May 4: Assist a mentally unwell person
 Apr 28: Accident Aranui Road

Community Association Meeting

Moturoa/Rabbit Island Reserve Management Plan: We have until 8 July to submit formally on the Draft Management Plan just released by the Tasman District Council. The hearings will be held in early August. The draft plan can be accessed at <http://www.tasman.govt.nz/tasman/projects/community-projects/moturoa-rabbit-island-reserve-management-plan-review/>

There are also copies of the plan at the Mapua Library.

The next Community Association meeting will be on 13 June. Our Facebook page, "Mapua Community Association," is getting huge interest, take a look. The Harakeke posting recently went to over 1000 hits in three days

Graeme Stradling, secretary

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Youngsters Enjoy Fishing Contest

Ever seen the wharf covered with kids and their fishing rods with smiling mums and dads giving advice? Well, on a Sunday early in May the Mapua Boat Club held its popular Annual Local Kids Fishing Competition. Rather late in the year some may ask but the day has to coincide with small, afternoon tides for safety reasons (just in case someone falls overboard). We have also found that Sunday is the most convenient day.

Boat Club member Dennis Crawford had spent several days encouraging the fish with the help of oily fish waste and mussels which had a very encouraging effect. That's another story.

We had 31 enthusiastic children and their mums and dads, some who appeared even more enthusiastic than their children! Catches were carefully weighed and recorded and either kept for the cat or carefully sent back to sea.

Preschoolers had great fun, with Ryan Cameron catching four fish. His 250g yellow eyed mullet was

the largest for this age group. Five to seven-year-olds saw Morgan Grove Roberts catching a 200g yellow eyed mullet. The eight to ten-year-old group had Joseph Cameron with the biggest catch of the day and second place went to Cassie Cameron who caught eight fish and also had the largest fish (a 260gm yellow eyed mullet).

The most unusual catch of the day was a mussel attached to a rock, fished up by Grace Barrow, and Xavier Lawrence's 2g starfish was the tiniest catch of the day. Jack Trott was awarded a prize for "the best helper." The prize-giving in the Boat Club rooms gave everyone a chance to catch up and thank all the club members who rallied round to support us, and well done to all participants whose stamina, on a not-so-warm day, was rewarded with chocolate fish and 'Juices' (from club member Martin Barlow of Tasman Bay Food Group) were distributed throughout the competition. The sausage sizzle proved worthwhile as did the coffee and cups of tea.

Annette Walker, club president



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Artist Explores Leipzig's Urban Spaces

Well, I can't believe I am already halfway through my four-month artist residency at the Leipzig International Artist Programme (LIAP) in the Spinnerei Art Hub, Leipzig, Germany. I arrived 1st March to snow on the train platform, but now spring has definitely sprung with the cherry blossoms in full bloom, and by the time you read this in the June issue, summer will be here.

I chose to come to Leipzig because the city has a strong painting base. Leipzig is known internationally for 'The New Leipzig School', which relates to a group of painters working in the post-reunification climate of modern Germany. Artworks by this group of painters, such as Neo Rauch, tend to be characterised by a combination of figurative and abstract elements; a balance of imagery that I also explore in my work.

Leipzig is the largest city in Saxony with a population of around 550,000 and it played a major role in instigating the fall of communism in Eastern Europe. Since the reunification of Germany, Leipzig has undergone significant change with the restoration of some historical buildings, the demolition of others, and the development of a modern transport infrastructure.

I have been reading with interest about the 'gentrification' of Leipzig. The suburb of Plagwitz, where the Spinnerei Art Hub is based, used to be a wasteland of abandoned factory buildings until a group of artists moved in, in the 1990s. They slowly transformed the space into what is now known as the 'creative hub' of Leipzig. It seems ironic that it is often artists who first inhabit these older spaces, bringing them to life and making them interesting spaces, but then the developers follow and the area gets 'gentrified', prices increase and artists are some of the first to have to move out! To the dismay of many Leipcigers, their city has recently been coined 'the New Berlin' and many fear that the city will also become too popular and expensive.

There is a strong history of freedom of speech here in Leipzig, stemming from the peaceful protests in and around St Nicolas Church during the 'Monday Demonstrations' in 1989. Recently there have been anti-gentrification protests held in the city and hopefully the politicians will listen. Encouragingly many of the dilapidated brick buildings, of which there are

still many, are being restored rather than torn down – this will help maintain the cities character, another element that gentrification can destroy.

In terms of my art practice, the unique urbanscape is informing a new series of paintings called 'Between Yesterday and Tomorrow'. I am fascinated with the abandoned buildings and the negative spaces created by broken windows and exposed roof rafters. I have used these to inform my compositions which layer elements of urban life; derelict buildings, graffiti, skyscrapers and cranes to reflect the tensions and relationship between urban culture and gentrification.



Lisa photographing one of the many dilapidated buildings in Leipzig. (She is in the picture at the bottom and near the middle)

The window structure forms a metaphor for looking back to the past and forward to the future.

Tasman is so very different from Leipzig, yet I see many similarities in the future development of both areas. I have no issues with new development or re-development; that's progress, it is inevitable and can be very positive. But it is important that cities develop in a way so that everybody is included and that each place's unique identity and character is preserved. I certainly don't want every place to look like every other place – how about you?

You can follow my experiences in Leipzig on my FB page: <https://www.facebook.com/lisa.chandlerartist/>

Lisa Chandler

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Investigation after Mapua water supply failures

An unacceptable number of breaks in water pipes in Mapua have led to a recent Tasman District Council decision to review all water and sewerage infrastructure in the village.

The latest was a major pipeline failure near the intersection of Aranui Road and Langford Drive on 18 February. TDC Engineering Services chairman Trevor Norriss said that the number of water pipe breakages over the past year in Mapua was a concern, and the council wanted to be in a position to react quickly if the situation worsened.

Most pipes for Mapua's water and sewerage services were laid about 30 years ago, and this was about the expected life of pipes installed at that time, he said.

However, improved materials used in pipes was now leading to a longer life for water supply services, and the council was looking to install pipes that would have about double the life of the old ones. It was also able to use newer technology such as specialised cameras to traverse the pipes and record the state of them.

Costs of any improvements for water and wastewater would not fall directly on Mapua residents, as costs for infrastructure services in particular parts of the district are levied across the whole Tasman District, Cr Norriss said.

In addition to the pipe breakages, rapid residential growth in Mapua was testing the limits of current infrastructure, Cr Norriss said. However, he was not aware of any other bigger subdivisions being considered after the approvals over the past two years for

two big ones, each involving about 90 new house lots. These are Mapua Rise subdivision on former Freilich orchard land north of Mapua Drive, and the subdivision of a 10.2ha property at 102 Aranui Road that backs on to Mapua Domain.

Both the water and wastewater networks in Mapua were near, or at, capacity and the system could not accommodate growth over and above the developments that have TDC consent.

Cr Norriss was aware that there are a number of Mapua-Ruby Bay applications for connection to water supply that could not be met at present because of limitations in the supply. He did not know the number, but said that the council's policy that applications for a water connection were dealt with on a "first in, first served basis" and that bigger subdivisions were not given priority.

Cr Norriss expects to have the results of the Mapua infrastructure study in time to make any changes needed in the council's 2017-18 annual plan. Most major capital works to upgrade Mapua infrastructure in the council's long-term plan to 2028 are some time away.

The upgrades planned in the existing Long Term Plan, totalling \$11 million, include:

Mapua water storage upgrade – 2017–2019

Water pipe renewals – 2018-2021

Water reticulation upgrades, including between Waimea pumping station across Rabbit Island to Mapua Wharf – 2025-2028

New wastewater pump station and rising main at Stafford Drive – 2018-2021

Wastewater pump station upgrades – 2019-2023

Replacement Aranui Road wastewater pump station – 2026-2029

New wastewater rising main across Mapua Channel – 2026-2028.

David Mitchell



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Building 'Near Heavenly State'

The story so far: on a road not far away, a future home is under construction. Despite best efforts of regulations, legislation, steel makers and weather forecasters, it began. In the last episode the slab had just been poured and the concrete was setting. In fact the very next day after writing those words, the slab was polished, expansion grooves cut and the slab officially finished.

It's now safe to say we are "above ground," that near heavenly state in a build when, after tonnes of money have disappeared, one can almost imagine what the house might possibly look like. Currently it looks like the 3D ghost outline of a house, a skeleton, but that's enough to start visualising where the copious number of things we have are going to go. While the dog wanders in and out of the frames looking for discarded sandwich crusts (what is it with concreters and bread crusts?), we are busy mentally rearranging furniture.

It's been a good month since the slab too, a month of steady, reliable progress. Not too fast, not too slow, just about right. And the author of this progress is our builder. Some say that he is the product of 500 years of selective breeding with the sole purpose of creating the perfect builder, and that he can calculate angles using sines, cosines and tangent equations faster than a modern smartphone. All we know is that he's called Bob, or rather that's what we'll call him to keep his true identity safe.

Bob is more like a maker of Chippendale chairs than an exhibit in a Chippendale's calendar and, from a bloke's perspective, I think that's the way it should be. You want clear eyes, a steady hand, a good concept of "level," an actual level, an ability to lift heavy things, the desire to lift heavy things, and a very strong wish to get the job done to a very high quality. Our builder can certainly do all of these things and much more. Level means level; square means square; in line means in line. Most importantly though, he can explain things.

Knowing what's going into your house and having it explained is really quite fun. For example, he showed us the plan that says the frame is bolted to the slab every 600mm of every frame. In his words: "If the house does get blown away, it'll have a concrete block attached to it." And I believe him, too, because there really are huge bolts screwed into the slab every couple of feet along the frames. The plan calls for a similar sort of strap to hold the roof trusses onto the frames, and I believe him when he says the roof won't be going anywhere without a house attached to it.

We often go to the site to review progress around 5pm, and it is surprising the number of times Bob and team have still been there, often tidying up and reflecting on the day. Taking time to explain stuff delays his departure, a real credit to him. Our Australian building experience couldn't have been more opposite, where the place was deserted after about 3pm and, if you did catch one, they had obviously received training not to make eye contact with the owner and to get away as fast as possible.

Summing up this month, though, perhaps the key to our imagination is having a schedule now we are "post-slab." We now have a project plan, a list of 60 or so tasks each with a date, a duration and a description. It says that one day in October the final task will be ticked off, the one saying Completion and Handover." We can't wait.

John Bampfylde

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Playcentre

To start off Term Two we headed out to Tahunanui for a morning riding the trains with our friends from Richmond Playcentre. Thank you to Nelson Modelers' Society for opening up and running the trains for a morning of continuous rides, the tamariki absolutely loved it and parents embraced their inner child and merrily rode along too.

Watch as the children now build their own train out of boxes and tubes over the next few weeks, extending their imaginations, fine motor skills and explore problem-solving. Continuing to strengthen our links to wider community, it is rewarding to team up with other Playcentre groups on trips which we will do again later this term when we have our termly stretch at Nelson Gymnastics, this time the whanau from Enner Glynn will join us.

Our parents have over the last few weeks been reviewing and our centre practices as we delve into preparing our annual self-review. It's been incredibly valuable to receive verbal and written feedback from so many of our whanau, which we now collate and produce our Annual Plan for 2016-2017. We had some fantastic ideas and look forward to some exciting new

activities on session. It looks as though we will have to dust off our ukuleles and practice our waiata! Many of us are learning more about contributing Learning Stories and narratives to the children's Profile Books and being actively involved in session planning based around our children's interests, which is fantastic. We are really excited about children and parents extending their learning together and gaining a deeper understanding of Te Whariki - the Early Childhood Curriculum and how we at Playcentre relate this to learning through PLAY.

Mapua Playcentre is Ministry of Education-registered centre the difference being parents' input into their child's learning, development and fun. We have a qualified supervisor on each session, whose experience and knowledge is invaluable. Visitors always welcome, drop in and find out what Kiwi families have been embracing for generations.

Session times Mondays and Fridays 9.30am – 12noon (school term time). We are at 84 Aranui Road, behind the tennis courts and by the scout den.

Any enquires please phone Anita on 021 1265 357.

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Mapua Community Library

(Moutere Hills RSA Memorial Library)

Volunteers Needed

We are starting to plan our next Lit Fest so we're looking for volunteers to form an organising committee. Like previous festivals it will be held over a weekend and will likely include author panels, workshops, events for children, competitions and a fun literary-themed evening.

The Lit Fest has become an iconic Mapua event and is an invaluable fund-raiser for our library. If you would like to be involved in any way (big or little) or would like more information please contact Anne (540-3934).

AGM

The AGM was held on Monday 9 May and I am pleased to announce the new committee:

Chairman, Lynley Worsley; vice-chair, Anne Thompson; secretary, Colleen Irwin; treasurer, Ruth O'Neill; committee, Penny Brown, Joyce Bullock, Gaye Jameson, Jill Bunting, Jacqui Jaine and Ev Smith

We are thrilled to welcome Jill, Jacqui and Ev to our committee and look forward to adding their ideas and energy to the mix!

We farewelled Vicky Stocker who has undertaken sterling work as one of our Grants Committee members. She has mastered the application process which has become increasingly complex over recent years. Thanks Vicky, for your work in the past and your very thorough hand-over to the new committee (Gaye and Jill).

School Holiday Sessions

Featuring Jerri Pirc on 21 and 28 April. These generate a nice buzz in the library and we received a lovely note from Jerri. It was great to see so many

'littlies' in our library enjoying the pleasures of books.

Donations

We are always happy to receive donated books, but recently a special treat arrived in the mail. We were thrilled to be given a series of brand new, beautifully presented older children's books by local author Alison Condon. *The Chronicles of Paki* are written in the graphic novel style and is an impressive collection of little-told New Zealand stories.

Men Wanted!

It has been noted that we are very light on male volunteers. Do you know someone who needs shoulder-tapping to join us? A male perspective and presence would be welcome for so many reasons and we currently have a strong female dominance!

Display

Gosh, Ray Bolderson's photos are fantastic! We enjoy these until mid-June when Glenys Forbes will hang her pastels.

Lynley Worsley

Library Hours (closed Statutory Holidays)

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BOOK REVIEW

Shining. The Story of a Lucky Man, by Abdi Aden. Reviewed by Joyce Bullock. This book is available in the Mapua Community Library.

Somalia was for me a country in Africa where a school friend went missing in the 1960s and was never found. Not a country I would ever wish to visit. But when I noted this book in the non-fiction section of our library I was tempted to read about a young survivor.

Abdi Aden grew up in a middle class home in Mogadishu where life was comfortable. He appreciated the opportunity at school to succeed and was nick-named 'Shiner.' His expectations were high until vicious civil war broke out.

Families were forced to flee and en route to Kenya with 60 others the 15-year-old Abdi lost track of his family. He vividly describes death squads and he quickly learnt the need to lie low in near death situations. Day after day he and his comrades faced violence, starvation and deprivation.

Four months later only five of his group who fled together were alive. He later returned to Mogadishu in the hope of tracing family and friends but to no avail.

He recognizes that his only hope of surviving further is to relocate to another country.

His experiences give an insight into life as a refugee as he arrives first in Romania and then Germany. Australia had always been his dream destination and he fulfils this desire, through luck and charm.

Despite his lack of English on arrival in Melbourne, a university degree followed his secondary education. His personality, hard work and determination shine through in this inspirational story.

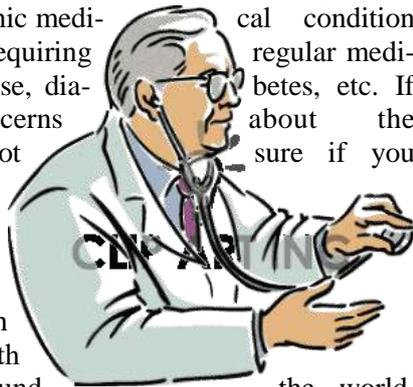
His gratitude for the opportunities he receives are extolled and he repeatedly counts his blessings

Now married to a British Australian and the proud father of three sons, it is not surprising that as well as assisting new arrivals from various war zones he has become a very popular inspirational speaker.

Mapua Health Centre

For teenagers and youths there is a website called 4YOUth which provides information on youth services offered in the Nelson/Tasman Region. This covers lots of issues from employment through to health, for 12 to 24-year-olds – www.4youth.org.nz. At the health centre all consultations are confidential and the fee may be covered by a special fund. You can check this out by simply coming in, ringing 540-2211 or emailing us at info@mapuahealth.com.

If you are still wish to make use of the flu vaccine, it is available free of charge to those over 65 years or if you have a chronic medical condition such as asthma requiring regular medication, heart disease, diabetes, etc. If you have any concerns about the vaccine or are not sure if you qualify for a free one please do not hesitate to contact one of our nurses.



In June each year Men's Health Week is held around the world. Locally, it's a chance for New Zealand men to make a difference to their health for themselves and their families. The Get the Tools website (www.getthetools.org.nz) has been developed to provide the latest health and well-being information and support for Kiwi blokes, and ultimately to ensure that our men get to stick around and celebrate more birthdays with their families. It looks at a whole range of important things from checking out about cancers to sexuality, worklife balance, weight, kai and nutrition,

mental health, skin, man maintenance and getting active.

As autumn moves towards winter there can be a sense of viruses and bacteria waiting to settle in the nose and, if the immune system doesn't put up an effective fight, then they may start affecting the sinuses or throat and, if you are susceptible, they may spread to the bronchi. There are a few options from research that could help to prevent or minimise their efforts, e.g., probiotics (friendly gut bugs) may help to prevent colds in young adults (*British Journal of Nutrition* February 2015) and kids (Cochrane Database Syst Rev. 2011 Sep), garlic can reduce the length of colds and flu's (Clin Nutr. 2012 Jan), green tea may lessen flu (J Nutr. 2011 Oct), vitamin C seems to decrease the duration and severity of colds (Cochrane Database Syst Rev. 2012 Nov), vitamin C and E may help prevent colds (J Am Coll Nutr. 2011 Aug), and vitamin D seems also to help prevent flu (Am J Clin Nutr. 2010). A recent trial on zinc lozenges showed that they shortened the duration of nasal discharge by 34%, nasal congestion by 37%, sneezing by 22%, scratchy throat by 33%, sore throat by 18%, hoarseness by 43%, cough by 46% and duration of muscle ache by 54%, but there was no difference in the duration of headache and fever (*BMC Family Practice* 2015, 16:24).

There are a number of important national and global health promotion events for the month, including:

- | | | |
|-------|--------------------------------------|--|
| 1 | Just Cook Month | http://justcook.co.nz |
| 1 | Junk Free June (no junk food) | https://nz.junkfreejune.org |
| 6 | Matariki – Māori New Year | www.teara.govt.nz/en/matariki-maori-new-year |
| 13-19 | Men's Health Week | www.getthetools.org.nz |
| 14 | World Blood Donor Day | www.nzblood.co.nz |
| 15-21 | Elder Abuse Awareness Week | www.ageconcern.org.nz |
| 18-24 | Coeliac Awareness Week | www.coeliac.co.nz |
| 19-25 | National Volunteers Week | www.volunteeringnz.org.nz |
| 20 | World Refugee Day | www.un.org/depts/dhl/refugee |
| 20-26 | Continenence Awareness Week | www.continenence.org.nz |
| 26 | International Day Against Drug Abuse | www.unodc.org |

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May Madness for the Mapua Craft Group

What a glorious autumn we've had so far. It has meant the weeds in my garden have just kept on growing. Marvellous - not. Amazing to think we haven't needed to light our wood burner, yet winter is almost upon us.

Our first week back to the craft group was full of catching up with a show and tell and thinking about new ideas. Our first week back at the beginning of any term is always full of chat, with show and tell.

For the past fortnight we have been transforming light bulbs into ornamental hanging hot air balloons. Yes. That is what I wrote. Light bulbs to ornamental hot air balloons. Except for those that fancied for their light bulbs to remain working light bulbs of the type you place into a lamp stand and switch on. Those that morphed their light bulbs into the hot air balloons will be hanging them up to sparkle like sun-catchers.

Recipe: Take one light bulb. Wield a paintbrush and add a little glass paint. Blob a little bit of relief paint here and there. Stick any old adornments on and glue a bit of ribbon so it will hang. Something like that anyway, but most importantly of all, have fun.

It's always pleasing to see how everyone creates something different from the same idea.

Next up we will be trying our hand at something called crazy patchwork, with the helping hand and guidance of Rowena Lukomska. Many of you will know her for her art. From our efforts we hope to fashion our crazy patchwork into spectacle cases or small bags. We just need to search the dusty corridors of our memories for the assorted embroidery stitches we may have been taught as young 'uns.

Of course, the twiddle muffs are ongoing. Anyone out there that could donate wool, we would be happy to receive it. You know where to find us.

To round off our wee update for this month, I thought it would be nice to share a fab photo of three of our lovely ladies Nita, Audrey and Leonie, who have been very busy knitting some rather gorgeous blankets, all of which will be donated to Age Concern. Apparently there will be more where those came from.

Between the blankets, the twiddle muffs and craft time, goodness knows when they find the time to put their feet up.

Anyone interested, just pop in for a cup of tea or coffee. We're in the supper room of the Hills Community Church every Friday term time between 10am and noon.

Until next month then, I'll leave you with the Vulcan salute, "Live Long and Prosper."

Marian Bevan,





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Outdoor versus Indoor Exercise

"Why do I need to join the gym? I can exercise outside."

This is a question I'm asked from time to time, and it's a valid one. We live in a gorgeous part of the world and our weather is good most of the year.

But, the question isn't really 'which is better?' It's "how do they complement each other?"

Outdoors offers a variety of scenery and terrain, the benefits of fresh air and sunshine and, if desired, the feeling of adventure or exploration, and of course, it's usually free.

Indoor exercise has different benefits to offer; everything's in one place and it's great having other people around for encouragement. For some, just the fact they have paid for the membership is a motivating factor (it's all too easy to put it off if it is free!) And, there's a trainer on hand for help with technique and coaching.

I like nothing more than going for a run in the sunshine, a bike ride along the Westbank or just a gentle stroll along Ruby Bay beach with the dogs. But, hav-

ing the core strength, stability and flexibility to maximise this, really helps with the enjoyment and that is where there is no real substitute for a Catalyst Fitness program.

Two or three sessions at Catalyst each week gives you the chance to get some good core, weight and stability exercises in. These are also important for bone health as we get older. We don't have big intimidating machines and all our programs are designed to fit your life and goals.

At Catalyst we love seeing our members keeping fit, strong and mobile, and then getting out and about at the weekends and using that fitness and strength to have an even more enjoyable time doing what they love.

So yes, you can exercise outside but by adding Catalyst Fitness to your healthy lifestyle, it can only help enhance your enjoyment. I believe a mixture of both is perfect.

Jane Smith, 03 540-2007, 021 0254 0254 <http://www.chocolatedog.co.nz>



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Edited by Andrew Earlam (advertising) 540-2845, and Terry Smith (editorial) 540-3203. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. The deadline for emailed items to coastalnews@mapua.gen.nz is the 20th of the month. Notices are a gold coin donation in the collection boxes. Club notices are free. Printed by the Tasman District Council.

Open Studios Weekend

Looking for something to fill a winter weekend or somewhere to take visiting guests? Queen's Birthday Weekend once again sees the members of Ruby Coast Arts (RCA) throw open their doors to the public for an Open Studios Event. All the artists are based in and around Mahana, Mapua and Tasman and you are welcome to visit them throughout the weekend.

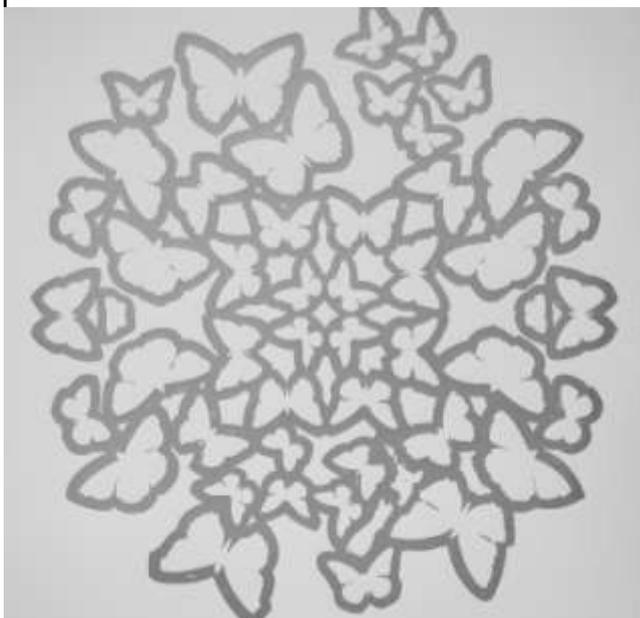
Potters, painters and printmakers are opening their studios along with a sculptor, jeweller, weaver and two fine furniture-makers. It's an opportunity to see the range and quality of professional talent working today in our small community.

Trail maps can be picked up in The Naked Bun, Mapua Mall, Java Hut, The Jellyfish Café and Bar, Mapua Library and Motueka i-Site. Alternatively visit the website to download an A4 version and view the artists' works.

Jo Heatherbell will unfortunately not be open. She will be back soon we hope.

We look forward to seeing some of you on Queen's Birthday Weekend, 4,5 and 6 June, 11am to 4pm each day.

The RCA Team, www.rubycoastarts.co.nz



New Zealand Butterflies No.4. Metallic silver ink screenprint by Lance Trolle, Tasman.



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- ❖ **THE DARKSIDE SHOWCASE Fri June 17th - Monday June 20th**
8 Wired Flat White, Townshend St Bernards Stout, Twisted Hop
Nokabollockov Imperial Stout, Altitude Peated Stout
- ❖ **MID WINTER CHRISTMAS LUNCH Sunday 19th June**
It's Mid Winter and time to get together and enjoy a delicious Mid Winter Christmas lunch. Bookings essential, check our website for menu details.
- ❖ **FINE DINING EVENING Sat 25th June 7pm \$50**
We will be offering a relaxing evening, of fine dining, over five courses. Bookings essential, check our website for menu details.
- ❖ **DON'T FORGET**
Raffle every Wed 6pm with Chase the Ace and Steak Wed.
1st Thurs Folk Night. This month the 2nd.
2nd Thurs Quiz Night. This month the 9th.
3rd Thurs Curry Night. This month the 16th.
Last Thurs Cigars and Whisky This month the 30th.

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For more details, contact Barry on 021 1000 007 or barry@carconciierge.co.nz

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The B vitamins are a chemically related family of nutrients that work as a team. Their mood-boosting and other health benefits result from intricate behind-the-scenes work in the body.

Some B vitamins help cells burn fats and glucose for energy. Others help make neurotransmitters like serotonin. And some Bs assist with the production and repair of DNA.

B vitamins are also available in capsules or tablet form. Discuss your B vitamin needs with your natural health specialist and take as directed.

Resources -www.marthastewart.com

Recipe: Ayurvedic Cooking with Dr S Ajit

Ayurvedic Besan Protein Pancakes (Gluten-free)



Ingredients

- Besan (Black grain) flour - 1 heaped cup
- Onion - finely sliced - 1 lg
- Optional - coriander chopped - small bunch
- Salt - 1 tsp
- Ajwain seeds - ½ tsp (Wild celery seeds)
- Cumin seeds - 1 tsp
- Turmeric - ¼ tsp
- Cold water - 1 ½ cups
- Oil/ghee for frying
- Fresh coriander to garnish

Method:

1. In a large bowl mix the flour, onion, salt, ajwain seeds, cumin seeds and turmeric.
2. Add the water and mix well.
3. Heat a non-stick fry pan and add oil/ghee.
4. Spoon 2-3 Tbs of the batter into the pan and spread it out to make a pancake. (Saucer size)
5. Shallow fry and flip.
6. Serve with fresh coriander.
7. Makes 10-12 pancakes.

These really yummy Ayurvedic Pancakes are great as a winter or spring lunch. They can be served alone, with pickle or as a side dish to an Indian meal. (The more ghee/oil you fry them in the crisper they are).

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Sat June 4th 8pm
The Playhouse

Tickets:
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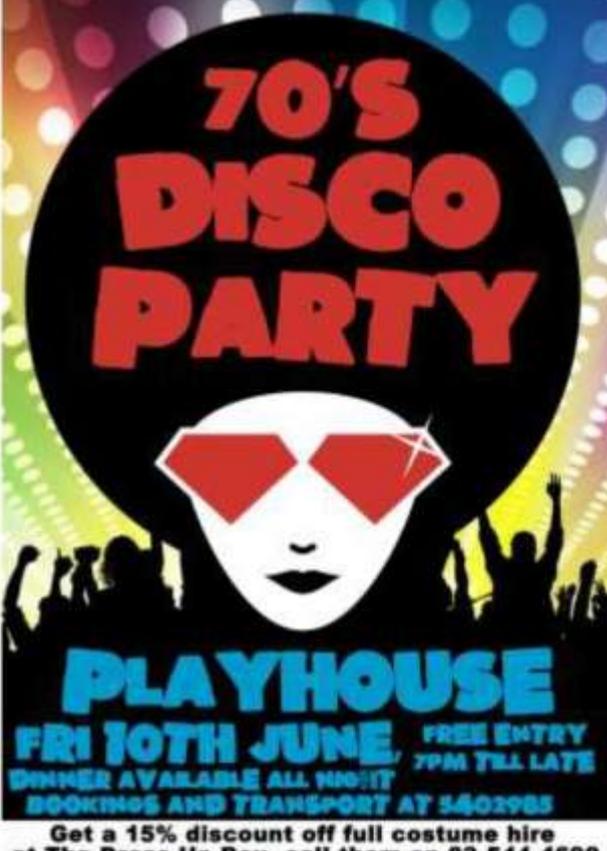
Featuring:
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Playhouse Cafe Theatre, Mapua

Luke Streetwalker embarks on a journey to save the princess. With a little help from his friends the Thunderbirds, a Jedi Master and the crew of The Starship Compromise – Captain Jerk, Lt. Hooroo and Mr Spunk, will he save her in time? Will he complete his training? And is he any match for Death Vader?

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\$15 for show, plus food option if desired.

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A Theatre Restaurant
Written by: Simon Denton
Directed by: Ralder Jansenfeld
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www.playhousecafe.co.nz www.mowatts.com



The Playhouse Cafe

What's On Guide

June 2016

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13

14

15

16

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19

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Packing Boxes – an ultimate proof?

In 1611 Kepler's quest for finding out the density of objects led to an enquiry regarding the most efficient way of packing containers of fruit. But he insisted upon the conjecture becoming mathematical proof.

Fast forward nearly 400 years. After the final 10 years of writing the software for it, a conference of experts declared the proof of Kepler's conjecture to be, well, proven...at least on paper (or on a computer screen)...and now it is a theorem. Out of that small cluster of mathematicians, only one or two confirmed they thought they understood the actual proof. To most attending the conference and the mass populace of the planet, it may as well have been Egyptian hieroglyphics!

Meanwhile, millions of people over the centuries had satisfactorily packed fruit in boxes quite happily (and efficiently?) without the complex mathematics to verify their method and practice.

Kepler's conjecture (and now proof or theorem) raises the general question, 'What is the standard of proof?' We use the idea in law ('balance of probabilities', 'beyond reasonable doubt' etc.), in sociology (plausibility structures), and, in everyday life for a vast array of things.

Are you a Victor Meldrew (*One Foot in the Grave*) and automatically resort with 'I don't believe it' for most things?

The Gospel writer and historian Luke wrote in his second volume:

'After his suffering, he presented himself to them and gave many convincing proofs that he was alive. He appeared to them over a period of forty days and spoke about the kingdom of God.'

Luke referred to the Jesus of real history after His (Jesus') resurrection from the dead. Luke's history-writing is as good, if not better, than the history writers of his day. He was presenting a case and a call for faith in God based upon certain witness evidences. With all our so-called technological advances, the same approach is still largely followed today in courts of law and elsewhere.

So, what is it exactly that would cause a person to believe and to commit to any relationship, let alone one toward the revelation of God in Jesus Christ?

Kepler's fruit-packing conjecture helps us examine what exactly we mean by 'proof' and what it is that will convince us of anything. The Hebrew psalmist said, 'Taste and see that the Lord is good'.

Theory is one thing but without suspending our faculties for testing things, relationships are entered into by a faith commitment, based upon certain evidence that culminates in an 'I do'. This is especially so for relating to God through Jesus Christ. Perhaps there's something just as scientific about the saying, the 'proof of the pudding is in the eating?'

Richard Drury

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What's On at the Hall In June

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
www.mapuahall.org		1 9am Yoga 9:05am Aerobics 10:05am Pilates 12.30pm Tai Chi	2 9am Mapua Art Group 3.30pm Karate 6pm Zumba 7pm MDBA Meeting	3 9am Yoga 9:05am Aerobics 10:05am Pilates 1pm Probus 6.30pm Mapua Youth Group	4	5
6 QUEENS BIRTHDAY HOLIDAY	7 9am PANZ 9.30am Zumba 1pm Beginners Tai Chi 2.30 Sit & Be Fit 6pm Cardio/Pump 6pm Yoga 7pm Pilates	8 9am Yoga 9:05am Aerobics 10:05am Pilates 12.30pm Tai Chi 12-8pm Mapua School Matariki Event	9 9am Mapua Art Group 3.30pm Karate 6pm Zumba	10 9am Yoga 9:05am Aerobics 10:05am Pilates 6.30pm Mapua Youth Group	11 12-4pm Painting Class	12 6.30pm Mapua Movie Night
13 6pm Zumba 7pm Comm. Assc. Meeting	14 9am PANZ 9.30am Zumba 10am Mapua Creative 1pm Beginners Tai Chi 2.30 Sit & Be Fit 6pm Cardio/Pump 6pm Yoga 7pm Pilates	15 9am Yoga 9:05am Aerobics 10:05am Pilates 12.30pm Tai Chi	16 9am Mapua Art Group 2pm Friendship Club 3.30pm Karate 6pm Zumba	17 9am Yoga 9:05am Aerobics 10:05am Pilates 6.30pm Mapua Youth Group	18 7.30pm Motueka Social Dance Group	19
20 6pm Zumba 7pm Hall AGM	21 9am PANZ 9.30am Zumba 1pm Beginners Tai Chi 2.30 Sit & Be Fit 6pm Cardio/Pump 6pm Yoga 7pm Pilates	22 9am Yoga 9:05am Aerobics 10:05am Pilates 12.30pm Tai Chi	23 9am Mapua Art Group 3.30pm Karate 6pm Zumba 7pm Comm. Assc. Meeting	24 9am Yoga 9:05am Aerobics 10:05am Pilates 2pm Friendship Club	25 9:05am Aerobics 10:05am Pilates	26
27 8am-5pm First Aid Course 6pm Zumba	28 9am PANZ 9.30am Zumba 1pm Beginners Tai Chi 2.30 Sit & Be Fit 6pm Cardio/Pump 6pm Yoga 7pm Pilates	29 9am Yoga 9:05am Aerobics 10:05am Pilates 12.30pm Tai Chi	30 9am Mapua Art Group 3.30pm Karate 6pm Zumba			

Out and About with Hugh

Some readers of the *Coastal News* may have noted that this column has not appeared recently. I owe you an explanation: I have been both 'Out and About' but not at my desk at the computer screen and therefore not putting Hugh's Musings to paper. Or, more to the point, to on their way to being printed in the *Coastal News*..

Starting with "Out": "Out of Commission" is more to the point, meaning physically, ie, I had a fall and broke my hip. This event can best be characterised as extremely unwelcome. However, there is most always more than one side to most everything. In this case the "opportunity" (albeit unwelcome) to experience first hand our St. John Ambulance Service and secondly a stay in our Nelson District Hospital. In effect, the benefits of our New Zealand health system.

My conclusion? "We should be so lucky". The care I received was outstanding and the food got full marks.



At the Mapua & Districts Community Association meeting in May, John Fountain reported that there has been a poor response to the concept of a collective broadband facility for Mapua. That's disappointing. The Alan Trent proposal for a "village" complete with apartments and cottages and retail store was discussed. Local residents immediately adjacent are concerned about the possible effect on the character of the area should all or even part of his proposals be approved by the Tasman District Council.

Has something happened to the IQ of America? Has it skipped a beat? It's OK to have George W. Bush but not okay to have President Obama?

Lots of people have good stories in them which are awaiting the telling.

Hugh Gordon.

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Hills Community Church



One of things I have really loved this past month has been the autumn colours in and around Mapua.

It struck me though, as I walked past all the leaves falling onto the ground, what a truly amazing thing a leaf is. They are beautiful, all uniquely different and all intricately created for an amazing purpose, that of giving life to the tree. It also struck me that, apart from the tree, a leaf has no purpose in itself, although they are still a thing of wonder and beauty.

But the tree offers more to the leaf than this sense of connection. It is through the tree and its roots that the leaves are in fact connected to the ground and its nutrients. Without this connection the leaf will die.

As it is with leaves, in many way so it is with us. It is vital for us to be connected to others, we are all part of the tree, but it is also vital for us to find our nutrients in the ground of our being, Life is not all about us and asserting our independence.

As I thought about it this I realised that we live in a culture in which individualism and independence are so highly valued that we can forget that the purpose we are created for is about being connected to something much bigger than ourselves. We might be tempted to say 'it's all about me!'

The Christian psychiatrist M Scott Peck writes: 'To function decently in this world we must submit



ourselves to some principle that takes precedence over what we might want at any given moment. For the religious this principle is God...But ...even the non-religious submit themselves, whether they know it or not, to some 'higher power' – be it truth or love, the needs of others, or the demands of reality.'

Or in the words Augustine of Hippo from the 4th century: "Thou hast made us for thyself, O Lord, and our heart is restless until it finds its rest in thee."

Blessings in Christ, Rev John Sherlock

Hills Community Church is a community-based church with historical roots in the Anglican, Presbyterian, Methodist and Pentecostal traditions. We offer traditional and contemporary worship in an informal and relaxed style. Visitors and newcomers are most welcome.

Sunday Worship: 9am, Traditional service. 10:30am Contemporary service & Children's programme including crèche; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea in-between.

Weekly Calendar:

Wednesdays: 10am-noon—Kidz n Koffee. Open to parents-caregivers-pre-K kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft and share a laugh! Open to all, crèche provided.

Drop-off for area food bank – Bring your non-perishable food items to the church (122 Aranui Road) on Friday mornings between 10am & noon.

We offer numerous activities throughout the week. Contact 540-3848 for more information.

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Under The Bonnet with Fred

Ron's project—a 1974 Corvette



After the disaster of the Christchurch earthquake Ron and his wife moved to Ruby Bay. Their house in Christchurch was red-stickered for demolition.

Bored but adapting to his new environment, Ron needed a project, something to do. He ended up buying someone else's project—a 1974 C3 Chev Corvette Stingray. This project had already been started and was a body shell and chassis and a 1000 parts. This was all moved up from Christchurch in Ron's ute and trailer. Parts were stuffed to the roof of the body shell of the Corvette, in the back of the ute and back seat of the ute to the roof.

The car had been completely stripped with little or no identification of all of the parts. Ron even received parcels from the seller with parts and a notes say, "this belongs to the Corvette." Ron even went to the expense of building a new garage on his Ruby Bay property just to restore the Corvette. He was a brave man to take on this project.

The car has no real history but was originally a Californian car imported to Christchurch, along with another 1969 Corvette which was to be totally restored but it also never got beyond being dismantled.

Under the bonnet of Ron's car is a 220hp L48 version of the 5.7-litre V8 engine with a four-barrel Weber carburettor, four-speed automatic transmission, chrome tappet covers and a new steering box, required for New Zealand certification. It is a reasonably simple but reliable engine.

The car is now completely restored with a black mica paint with a blue fleck in it which seems to light up as the sun brightens. The one-colour look on the all-fibreglass body has a genuine Corvette shape we all saw in the movies in the 70s. The T-top removable

roof sections quickly turn the car into a convertible. The roof sections are stored behind the seats.

I loved the nice, high raised mudguards and chisel-nose front which give good air flow over the car. It has short, tight rear end with double round tail lights, but no chrome bumpers for the C3 model Corvette. All the vents and openings are highlighted with chrome, as is a luggage rack across the boot. Original extras with the car are the twin exhaust external mufflers mounted along the door sills on each side. Nice polished stainless grates cover the long mufflers with "Stingray" embossed in them. That true V8 rumble where you can hear the exhaust gases being fired out from the individual cylinders was music.

Listening to that noise you could be on a race track anywhere in the world.

Inside the car is tight and compact, the main dials being in front of the steering wheel and a cluster of gauges in the centre of the dash. A centre console has glove box and a short chrome shift lever. Again the

chrome highlighting on the white leather upholstery and black fittings make a nice contrast. The steering wheel boss has the Corvette crossed racing flags emblem. Sitting in the car gave me the real sports car feel "ready for speed."

A lot of car guys reading this will appreciate the hassle it must have been to get all the parts sorted out to end up this mean looking American muscle car. I can't print noise to for readers to hear but I can say that the exhaust noise from the 1974 Corvette is the best ever!

Fred Cassin



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Moving to Mapua, an early account

Part 13 of a series of excerpts from the book, Turning Back the Clock, by the late Iola McPherson. Iola moved from Nelson to Mapua in August, 1932, at the age of nine and this is part of her story.

The RSA Hall

Mr Sam Busch, originally from Murchison, lived in Toru Street in Mapua and he owned the section next door to him on the corner of Aranui Road, which he donated to the RSA. The land was covered in broom and blackberries at that time. When it was cleared an ex-army hut was brought out from Nelson to become the RSA Hall. It was lifted onto a concrete foundation to give it more height, and a kitchen was added on the back to cater for social gatherings and RSA meetings. A large fireplace was built, which made the hall very warm and comfortable. Sam also planted a kowhai and a cherry tree in the grounds, and the property was enclosed by a thick hedge with an iron gate at the entrance.

The hall was opened in 1948, and my wedding reception on the 17th of February that year, was the first function to be held there.



The RSA Hall, before it was demolished in 2002

The hall served the public for many years. A flagpole was erected, and the flag was flown at half-mast on appropriate occasions such as Anzac services, and as a mark of respect for RSA members who died.

Anzac services always had a good turnout of members in the early days, but with the passing on of many of the ex-servicemen, attendance numbers came to be made up more of younger boys and girls, including boy scouts, girl guides and school pupils. These days turnout is increasing by the year.

A good many years later, in 2002, the building was demolished and a new community library was built on the site, but there is still a room attached to the building that is used for RSA meetings. This was a condition specified by Sam Busch from the beginning.

Some of the hedge has now gone and in its place is a fancy fence with an archway over the entrance. In the archway is a plaque recording the names of the fallen soldiers of the two world wars.

Perry's Garage

Lionel and Netta Perry and their family arrived in Mapua in 1939 and initially lived in a cottage next to the store. Lionel Perry bought Ottar Rose's blacksmith shop which was located in a little tin shed past the school on the main road. He turned it into a car repair garage and employed Ottar Rose and Bill Higgs to work there. There were very few cars about but plenty of horses, carts and hand tools. Perry's did good business sharpening grubbers and slashers and mending cart wheels and any other work in the way of ironmongery.

I remember Bill Higgs when I was still at school and he was courting our schoolteacher, Miss Adamson, whom he later married. Bill owned a motorbike with a sidecar – his pride and joy. The two teachers, Miss Adamson and Miss Wix, shared a cottage on Higgs Hill. On Fridays I was delegated to take Miss Adamson's pushbike home to her place as she had a date with Bill. He would pick her up from the school on his motorbike and she would ride in the sidecar. I felt really honoured to be chosen out of all the kids to take the teacher's bike home.

In 1941 Perry's garage was shifted along to the village to where it is today and Lionel added petrol pumps and began employing more labour. The Perry's had a house built on the hillside opposite the garage which, at the time of writing this, was still owned by Netta Perry. In those days Netta had a shop in Aranui Road called The Enterprise. It was on the roadside in front of their new house and it sold fabrics and sewing items.

The two Perry sons, Ted and Dennis, took over the garage business after Lionel's death and gave good service to the community. In 2001 the business was sold out of the family.

A limited number of Iola McPherson's book, Turning Back the Clock, are still available. Please ring Jeanette on 540-2769.

The worst date

Part 1 A fictional story based on real events

By Peter Francis

31/12/1997: 9pm

As the sun slowly sank below the ridge line above Punga Cove, a 'Mystery' forty foot long white ketch with blue banding around the waterline and brass porthole covers quietly motors up to one of the outermost moorings in crowded Endeavour Inlet. On deck the two crew members, Hamish Thompson and 'Sir' Thomas Fry, are arguing.

"OK then Hamish you go to freaking Furneaux, get freaking pissed and get your freaking rocks off. But do it quickly because we are out of here before dawn. We still have one more delivery to do and I don't want any of these freaking tourists noticing we've even been here."

01/01/1998: 04:15am .

After attending the New Year's Eve party at Furneaux Lodge in New Zealand's beautiful Endeavour Inlet, 21-year-old Ben Smart, 17-year-old Olivia Hope and a *"Scruffy, unshaven man with shoulder-length hair"* are dropped off at a mystery two-masted ketch by the water taxi driver, Guy Wallace, and the young couple disappear. Coincidentally *Lonebird*, another two-masted (but much larger) ketch with blue markings and brass porthole covers similar to the mystery yacht, was also in Endeavour Inlet on that New Year's Eve. It was moored at Punga Cove a short distance across the bay from Furneaux Lodge.

01/01/1998: 04:30am

In the cabin of the mystery ketch another argument occurs.

"You are a freaking moron Thompson, bringing two freaking tourist's on board! This is not a freaking cruise ship. We're dealing in hard freaking drugs, now we simply can't let them go. They could easily inform the police they've seen us and then we'll be doing hard freaking time. Quickly, the tide's on its way out, you cast off and I'll take the helm and we're out of here as quietly as possible. And, you'd better freaking well hope no one remembers seeing us."

01/01/1998: 7am

A clean-shaven and short-haired Scott Watson, sails his small, single masted yacht *Blade* from Furneaux to visit his marijuana grower friend in Erie Bay, arriving some time between 10am and 5pm. Then over the next few days, as he had planned, begins cleaning and repainting *Blade*.

02/01/1998:

Olivia's distraught father Gerald Hope informs the New Zealand police his daughter was missing.

02/01/1998: Late at night.

Out at sea on board the mystery ketch there is activity. Two bodies were consigned to the deep, weighed down with spare anchor chain. Then they set course

for Auckland. A passing yacht notices some unusual behaviour on a ketch in Cook Strait so photographs the ketch (they handed their film to the police who some time later advised "unfortunately they had lost the film")!

4/01/1998:

The NZ news media hear about Ben and Olivia's disappearance and the 'Media Frenzy' begins.

12/01.1998:

Two Auckland yachties (David and Rachel Aldridge) claim to have sighted the mystery ketch moored in Bayswater Marina, Auckland. Furthermore they say the yachts owner (who bore a strong resemblance to convicted drug dealer, 'Sir' Thomas Fry) told them he was actually present in Endeavour Inlet at the time Ben and Olivia disappeared.

20/01/1998:

Fry and Thompson realise they need to quickly conceal any evidence of Ben and Olivia's presence so decide to scuttle their ketch in deep water within the 'No Fishing' zone north of Auckland, where it is unlikely to be dredged up by any fishing vessels. Fry sails the ketch north alone while Thomson borrows a car and boat trailer then drives to a secluded Northland beach in The Bay of Islands to wait for Fry's arrival. After scuttling their ketch late at night, Fry motors ashore in the ship's rubber dinghy. They load it onto the boat trailer and drive back to Auckland along with hundreds of other weekend boaties.

But now Fry and Thompson have a big problem! To continue their drug-smuggling activities they urgently need a replacement yacht. Thompson has a 'Brainwave'. *"Why don't we buy that ketch we saw in Punga Cove? It looks almost identical. The people we deal with won't even realise it's a different yacht so won't be suspicious and the cops will never find any evidence linking us to Ben and Olivia."*

(Concluded next month)



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- Class D: METALS such as aluminium, magnesium, titanium
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damage goods and machinery. It is also very messy.

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For more go to FireBuddy.co.nz and search fire extinguishers.

TRAPPING RATS

I had a call last week about last month's article regarding the release of rats away from the home. This is something I overlooked and I wholeheartedly agree that they should be knocked on the head at any opportunity.

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Rough snow covered roads can test your vehicle to the limit. Your cooling system will be working overtime on the journey up to the field, and the tyres, suspension, gearboxes, and vehicle tune will also be put through their paces and then your vehicle will be left to sit in the snow covered car park until you decide to go home. This is when the condition of your battery and your anti-freeze will be put to the test.

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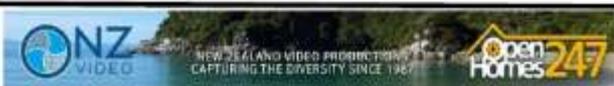
MAPUA AND DISTRICTS BUSINESS ASSOCIATION

Coordinator: Janet Taylor
P: 540 3364 or
M: 027 230 2943



The MDBA held it's AGM early this year. There was a good turn out of members at this April event who also had the chance to hear an important business update from Marie Hall of Kay Chapman Employment Relations and the opportunity to view the very successful PANZ National Exhibition as part of the evening.

Current MDBA committee members Del Trew (Chair), Flynn Perry (Vice-Chair), Tim Kelly (Treasurer), Nicky McBride (Secretary) and Jill Archibald have been joined by new members Claire Prendlebury, Sian Potts and Pete Archibald. Outgoing committee members Richard Ewbank, Debbie Watson and Lis Pedersen were all acknowledged and thanked for their contributions to the MDBA.



Commercial Video nzvideo.co.nz
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Almost 2 years ago, my wife Jill and myself (Pete Archibald) moved to Mapua. We are both from the North Island and have become very settled in this beautiful little village. We run our own businesses from our home in Iwa Street. Jill has Radiance Beauty Therapy and I operate my commercial video production studio, New Zealand Video Productions. Some ask me why the name NZ Video Productions? - Well since 1987, my business name pretty much describes exactly what I do...I use moving images (Video), often accompanied with professional narrative, to tell marketing stories about New Zealand businesses. I started in Rotorua in 1987, serving the tourist industry with marketing video production services - back then, commercial video production was extremely expensive. My first camera was a Panasonic 3 tube camera, (it had to warm up before use!) and cost around \$15,000. But that was only the camera! The recorder it plugged into cost another \$10,000 and as for the studio editing gear - you could buy a very nice new car for that cost! Back then, I was recording footage on 3/4 inch video cassettes, that only allowed for 20 minutes of recording. Remember VHS? ...all my productions were distributed using VHS video tape. I don't miss that old school technology! Now a small SD card, the size of a thumbnail, will record hours of High Definition video footage. This has made the camera gear that I now record with light weight, very sensitive under low light and extremely good in terms of full High Definition picture quality. Technology has allowed me to be a "one man band" with some very unique skills. I am also an editor, (I edited news stories for TV3 in the 90's) so I always shoot footage with the editing process in mind. Wondering what my productions look like? - Check out my websites - nzvideo.co.nz (Commercial productions) or openhomes247.co.nz (Productions for Real Estate for sale) Both sites have many video production styles that I produce. I have a knowledge base of many tips and tricks to help promote and market your business or your home for sale using online video - call me anytime. 027 2788147

www.rubycoastmouterehills.co.nz



Hi, I'm Sue Jones the owner of Darby and Joan that is located in the new Shed 4 complex on the Mapua Wharf. I have long had an interest in design and home renovation and this coupled with the opportunity to open a store at the new Shed 4 at the Mapua Wharf has allowed me to take this one step further and into retailing. Having had a holiday home in the area for the last ten years, it has been a long time coming to living here permanently.

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Darby and Joan is open 7 days a week, August through to end of May and closed on a Tuesday during June/July.

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Motueka Social Dance Group: next dance 7:30pm 18 June, Mapua Hall. Admission \$6 plus a supper plate. Live music, dance prizes & raffles. All welcome. Contact Gary 5285363 or Lloyd 5280617

Ruby Coast Run Club meets 9am Mondays at Mapua School parking lot. Info: Debbi 027 327 4055.

Java Hut Knit Group meets 10am Tuesdays at Java Hut. Bring your knitting or crochet project. Info: Debbi 027 327 4055

Yoga. Ashtanga - flowing, dynamic class. Tuesdays 5.45-7.15pm at Lancewood Villa, Upper Moutere. \$15. Winter Warrior yoga retreat weekend 24-26 June. See www.angepalmer.com contact herbalist@angepalmer.com

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Mapua Community Youth club. Year 9 -13 youth. 6.30-8.30 most Fridays at Mapua Hall. Contact: Andy Price 540 3316, Marv Edwards 027 312 6435. A community-based youth project for Mapua and district, funded and co-ordinated by Hills Community Church in partnership with the wider local community.

The Fantail Book: extraordinary aviator, spectacular photos. Available at BNZ, Delicious Gift Shop and Tessa Mae, Mapua. 2 sizes \$25 & \$20 each. Fundraiser for Native Bird Recovery Richmond.

Mapua Craft Group meet Fridays 10 – noon, supper room, Hills Community Church. Simple craft work including: paper craft & card making, sewing, knitting, cooking, small upcycling projects. Occasional guest speakers, demos & outings. A social, some fun and a chat, some easy craft along the way. Info: Julie Cox 540-3602, juliecox@xtra.co.nz

Coastal Garden Group meet first Thursdays, 1.00pm, Tasman Bible Hall. Members, guests & visitors welcome. Judy Sisam, 547-7292, 142doubleview@gmail.com

Women's Recreation Group - meets outside Mapua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540-2292.

Mapua Art Group meets Bill Marris Room Mapua Hall Thursday mornings, 9-noon. Like-minded artists get together to paint, draw, help each other in a social environment. All levels & media welcome. \$5 /session includes morning tea. Tables, chairs & easels provided. Cushla Moorhead 03 528 6548.

Mapua Friendship Club meets twice a month, 3rd Thursdays & last Fridays at Mapua Hall for indoor bowls

and bring-a-plate afternoon tea. New members enthusiastically welcomed, no prior bowling experience needed - non-competitive, lots of laughs. \$3 door fee, 20¢ raffle. Contact: Val 540-3685.

Mapua Social Cycling Group: “Wheels 2 Meals”. Approx 20 – 30 km ride with coffee break at halfway point and no racing! Depart Mapua Wharf each fine Thursday @ 9:30 am. Anyone interested - just turn up with your bike, “Hi Vis” top and coffee money, or email me wheels2meals@gmail.com

Ruby Coast Walking Group meets 9.30am Wednesdays outside Tasman Store. We walk for about 1½ hours, then enjoy coffee & muffin back at the Store. Walk according to your ability and speed. Newcomers & all welcome. Just turn up or contact Fiona - 526-6840, fiona.oliver@xtra.co.nz

Kidz 'n' Koffee playgroup: 10am – noon, Wednesdays during school term at Old Church Hall, Aranui Rd. All parents & caregivers welcome, we cater for 0-6 yrs. Gold coin donation for morning tea. Come & make some new friends. Info: Bridget, 540-2572.

Daytime Book Group: Meets first Tuesdays 9.45am. New members welcome. Anne 540-3934

Fair Exchange: A small group meets at Appleshed restaurant 9am 2nd & 4th Wednesdays to exchange home grown and home made produce & goods. We welcome everyone! It's the sharing that counts. Info: Judith Holmes 021 072 8924 / 544-0890.

Ruby Coast Newcomers Social Group: meet new people, make new friends. We have coffee at 10am last Fridays at Tasman Store & hold ad hoc day & evening social events. Info: Vivien/Richard 526-6707, vpeters@xtra.co.nz, or just turn up.

Probus Club meets Mapua Hall, 1.30 pm, first Fridays. Guest speakers talk for about an hour, and club member will also give a short talk. Now in its 15th year, new members always welcome. Pres: Bill Hall, 540-2522, Secr: Rita Mitchell, 03 528-8097

Motueka SeniorNet: Get tech savvy and share more family experiences. Community computer support for 50+. Training courses for iPads, Phones, Tablets, PC and Mac. Members meeting 10am first Mondays. 42 Pah Street, Motueka. seniornetmotueka.org.nz

Spinners, Knitters, Weavers – Creative Fibre Group, Mapua Hall, 2nd Tuesdays 10am. All welcome.

Moutere Hills Rose Society. A gardener with a special love of roses? We meet monthly - contact Margaret 03 528-8477 or Cynthia 03 528-8664.

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544-8733, about membership or casual hire.

Technical problems solved! - Don't know how to use your electronic devices? Can't set up something new you've bought? Need computer tuition? Local help is at hand! Average job price just \$35. Web design and mobile app creation also available. Call Sam, 03 544-0737, sam@sambennett.co.nz.