



Distorted Māpua?

Opinion by Jan Heijs

Over the next few months Tasman District Council (TDC) will bombard us with a lot of information and requests for feedback about how Māpua should grow in the next 30 or so years.

This article is about the growth forecasts used by TDC, that these predictions are too high, and even if correct, that these predictions will result in a disproportionate allocation for new houses to Māpua/Ruby Bay. Please look at my Coastal News article published in July 2021 about other consequences of this business-as-usual approach.

One of these is called the 'Future Development Strategy' (FDS). It directs future growth in both Nelson and Tasman that is needed in addition to what has already been approved for development. Also, there will be a bunch of individual plan changes across the region seeking formal approval to develop areas. These are based on the previous FDS, approved a few years ago. Some of these plan changes are in Māpua/Ruby Bay.

It is important to note that plan changes when approved, have legal status under the RMA. These processes included a full assessment of effects and allows for submissions and appeals. Although councils seek feedback when preparing an FDS, it doesn't make areas identified for future growth unchallengeable.

The risk is high that TDC will go about growth in a 'business-as-usual' way: new greenfield subdivisions resulting in large three or more-bedroom stand-alone houses and nothing for people that are looking for something different or something smaller. This observation is based on the MDCA meeting last November, when specific questions were not answered by TDC, other than very general statements such as "We're in a housing crisis" and "There is no appetite for intensification within TDC".

The FDS is based on a growth forecast that was undertaken for TDC last year called "Housing and Business Assessment for Tasman" (HBA, July 2021). I will refer to and quote from this study in the text below.

The HBA concludes that the region has grown much more than forecasted. The forecast assumes that this trend will [simply] continue: "Most of the overall population growth will be driven by net migration gains" (people moving into this region).

In my view, the growth we have experienced in our region is for a large part a direct result of failing housing policies in the big cities and by central government,

resulting in many looking for other locations to work and/or live, such as our region. A lot is being done to address the housing crisis, so assuming the current trend will continue is wrong.

The HBA also provides predictions for all big and small towns, villages, and rural areas in the region. Below are the predictions for what are called 'growth areas', which includes Māpua/Ruby Bay.

As an aside, I fail to see why wee little Māpua is suddenly defined as a 'growth area'. Have we ever been consulted on this? The growth forecasts have simply extrapolated the growth per village over the last years into the future. Māpua has grown significantly over the last years mainly driven by two relatively large developments. So, the HBA assumes that this has to continue at the same speed.

Figure 1 shows that Māpua/Ruby Bay have the largest growth rate of all 'growth areas' and need to grow by 69%, Richmond by 53% and Motueka by only 17%. This simple extrapolation seems hard to justify to me. The HBA is not making any attempt to reflect a more proportional change given the small size of Māpua, resulting in disproportional growth and loss of character.

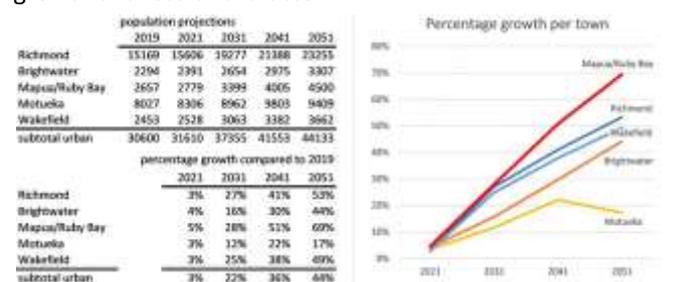


Figure 1: growth predictions taken from HBA and shown in percentage growth per village.

Interestingly, the HBA's own survey shows that less than half of older residents wanted houses with 3 or more bedrooms. It also concludes that "This suggests that current housing stock is too heavily skewed towards stand-alone housing and further efforts should be made for zoning of attached housing and apartments". A recent survey in Wakefield undertaken by their residents' association showed similar results. It however appears that the calculations for land are based on traditional housing

Continued from page 1

densities with very little allowance, if any, for smaller houses or increased densities.

What is strange is that in the same HBA, the statement "In Tasman District overall there is sufficient development capacity for housing under the medium growth population scenario for 30 years" is repeated multiple times. So why do we suddenly need to find more space and so quickly?

During my career working within and for Local Government I have seen numerous strategies where councils decide where best to grow and where growth should be restricted to meet local demand only. Typically, growth areas would be near transport hubs, areas of employment and service-centres (including shops).

Richmond and Motueka are the largest areas of employment. Residential development in Māpua will result in a lot more traffic and more cars. Climate change

and long-term sustainability issues seem to have been largely ignored and increased commuting is self-evident.

It would appear that TDC is rushing ahead with the FDS and with the plan changes (two separate processes!) based on a business-as-usual approach without a real strategy. As stated above, this article is only addressing the underlying predictions and the lack of a real strategy on how much and where we need to grow.

We really need to question why do we need to grow in the way the HBA predicts and why we need to rush through these plan changes?

Hopefully this article has highlighted the importance of our feedback and will motivate many to express their views to TDC when the Council tries to justify the need for more greenfield development. Please make sure your voice is heard and feel free get in touch with me if you need any guidance on how to go about this.



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Pastel Art Nelson

Our New Year started at the beginning of February with a very big bang as Glenys announced she was resigning for personal reasons. Fortunately, Mikey with the help of Colleen had volunteered to take over some of Glenys' duties.

Glenys started the Pastel Art group some 17 years ago together with Judy March and over the years changes took place, artists developed their skills and lovely art was produced.

Glenys soon became very involved and became the Nelson Area Representative, Nelson President, National Conference organizer, as well as organizing workshops and exhibitions along with many other duties.

As president she prepared the hall weekly, scheduled activities and organized exhibitions of the members' works. Through her work with the national PANZ group she booked a number of well-known national and international artists to run workshops for us. I can only guess how much work was involved in setting up workshops, and attending them was so rewarding for members.

The same can be said about exhibitions, and for those who have visited Mapua Hall at one of our exhibitions will recognise the high

standard that was set. Amazingly, Glenys found the time to exhibit much of her own work too.

Present and past members will all have benefited by the work done by Glenys and to show our gratitude a lunch was organised, held on 15th February at the Apple Shed. This gave many members an opportunity to say thank you with speeches and gifts. Letters were read from absent members and artists who hold Glenys in high regard, not only for her work as an artist but as a tireless worker in promoting the joy of working in the pastel medium.

Now it is time for Glenys to have a well-earned rest, but we are hoping that she will return when she is ready to practice her art in peace with us all.

Time will tell how the group now develops but Mikey and Colleen have some new ideas which we started last week with a chance to sketch a figure in 5-10 mins. We will now have to see what the future brings.



However, one thing will not change and that is our love of using pastel in all its forms.

If you want to know more, please pop in and see us. We still meet in the Bill Marris room from 9am - 12noon on Tuesdays.

Julie Booth

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Letter to the Editor

The use of covers on horses around the district in summer may not always be understood. I am prompted to write this after a visit from the SPCA.

Summer covers are lightweight and unlined. They create air movement and reflect heat, much as Arab's robes do. They are particularly useful in keeping off the biting flies that torment horses in summer.

These summer plagues of biting flies seem to concentrate in still coolness, which is why horses, which doze a lot like cats do, at times move away from shady tree cover to do their dozing in the sun protected by summer covers.

Helen Beere

This body is not me.....

"This body is not me.

I am not limited by this body.

I am life without boundaries.

I have never been born,

and I shall never die.

Look at the ocean and the sky filled with stars,

manifestations from my wondrous true mind.

Since before time, I have been free.

Birth and death are only doors through which we pass,
sacred thresholds on our journey.

Birth and death are a game of hide-and-peek.

So laugh with me,

hold my hand,

let us say good-bye,

say good-bye, to meet again soon.

We meet today.

We will meet again tomorrow.

We will meet at the source every moment.

We meet each other in all forms of life."

~ Thich Nhat Hanh ~

Thich Nhat Hahn is a contemporary Buddhist Poet. He has sought to offer what he calls "engaged Buddhism" to people from all over the world. His poetry appeals to both Buddhist and non-Buddhist readers, it has helped him gain a reputation for being a soft-spoken advocate of peace.

We should now say he was, as he died at midnight on 22 Jan 2022.

Sue Jones

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Seaton Valley development

Opinion by Jim and Annette Vause

Haha te whenua, haha te tangata
People can be judged by the state of their land.

2012: In the beginning

It all began with earthquakes and a hankering to leave the shaky city. It was an ideal new home, set on 1.7 hectares of rural land, with sea views and orchard trees dotting the landscape. Dreams of providing a corridor for bird life through planting many trees, permaculture, organic practices and family holidays.

Fast forward to 2021. Orchards gone, replaced by sheep, gorse, thistles and a view of land carved up by a grey suburbia creeping up the valley, monotone roofs smearing the ridgelines below. In our post box a letter from TDC enclosing a map of land, including ours, planned to be rezoned from rural residential to residential.

Upon our doorstep came two very pleasant ladies from the TDC consultants WSP, ready to address our many concerns. Alas answers were few, and by and large vague. As for details, these we have been promised to be forthcoming in the next consultation phase this autumn.

Thus, while we await this further information from TDC and WSP, we present below our many questions for which we would like concrete information.

Population predictions

Ignoring for a moment the greed driver for land development, ultimately it is the predicted population growth in Tasman that drives the formation of the next ten-year plan, a prediction based (according to the consultants) on population modelling. Given that this is future prediction, like weather and economics, our concern is its reliability, based on our experience of that similar digital black art, disease modelling.

In this there are many questions to be answered, such as how does the model work, how is it informed by history and how are the unpredictable events, such as the pandemic with its multiple population and housing impacts (border, social, financial) factored in, particularly as there is no data from previous pandemics to use.

Then there is the matter of how the results are presented, how granular are they, over what time frame, and what is the statistical certainty of the results. All questions that may not be typical of a resident ratepayer inquiry but nevertheless need to be answered by persons with appropriate expertise and supported by good evidence.

Is Māpua, in particular Seaton Valley Road, the best location for TDC to develop?

Marginal land

Land around Motueka, Wakefield, Brightwater, Richmond and Māpua has been designated for housing development, with preference for marginally productive land.

As any student of Tasman history will know, Seaton Valley Road hills were once productive horticulture and it has only been the escalation of land prices, resultant from

the encroachment of residential developments, that has driven out the horticulture, for it is easier to make money from subdividing than from growing fruit.

It is begging the question to describe the Seaton Valley Road hills as marginal land when its loss of horticultural productivity has been from urban development.

Infrastructure needs

If population predictions for the next ten years deem high density housing for this area, extensive infrastructure upgrading will be essential. For that under council jurisdiction, (roading, sewerage, water) on issues such as planned road safety development on Seaton Valley Road (there are currently many blind driveways) the consultation to date has only provided vague information.

More important will be the development of services not under Council jurisdiction, such as health, home care and other population and social support. The characteristics of such services will need to reflect the sociodemographic characteristics of the population.

It is difficult to see how a council can effectively plan and action the provision of such services when they are often very organic and piecemeal in the way they develop. Similarly, expansion of employment, commerce and retail are not something the TDC can ever actually implement.

Environmental impact

From a carbon footprint point of view, land should be developed that is closer to work and a variety of services. Keeping in mind the size of Māpua, developing more land will vastly increase the local population's carbon footprint as more commuters will travel for work, schools and shops. Māpua simply does not have the infrastructure to meet population demographic changes. It does have limited community support or access to a wider variety of health care.

Currently Seaton Valley Rd is a picturesque, green valley with an abundance of newly planted and mature trees. Given that the valley has been destined to become residential we can guess what will happen in the future, squeezing in yet more houses.

Tasman's record on trees and the percentage of trees lost to development is not to be admired.

Design

The aesthetics of any development along Seaton Valley Road is critical.

The current residential encroachment, as exemplified by the immediately adjacent Māpua Rise subdivision appears to have been designed with the objective of maximising the developers' profit and aesthetics have been a secondary concern.

It is the people who have to live with the aesthetics of urban development, not the developers or the house builders. Preventing repetition of the current spec-home mono-thinking design will require the engagement of

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experts in urban design and not design by developers or housing companies.

It must not only include the design but also its execution, right down to housing construction in order that innovation, efficiency and aesthetics drive housing and not off-plan spec-home thinking. Good urban design also includes residents' access to many well planted green spaces and to a good network of cycle and walkways.

This will be even more important if Māpua is to move to any extent towards a more socio-economically and culturally diverse society.

Trust

Ultimately the residents of Seaton Valley Road need to have trust that the TDC will do the right thing. This will require not only a significant upgrading of the current planning process as evidenced by Māpua Rise, but also trust in the governance of the planning.

Alas, if the Waimea dam debacle is of any evidence, the TDC has much work to do in this regard.

We await further information from the consultants that may clarify some of the issues above. Unfortunately, there is one key matter that indicates how they are likely to handle the consultancy and that is our inquiry as to how the TDC will address the rates inflation resultant from the Council rezoning.

WSP addressed our query by forwarding the TDC rates remediation policy. It is a policy where any decision on rate remediation is totally at the Council's discretion (exact words) and even if the resident ratepayer has met all of the multifarious criteria in the policy, the Council could still do what it likes. Addressing ratepayer concerns with bureaucratic double-speak is not a good look.

Trust can be hard to come by, but it can be earned if you try.



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MĀPUA HALL NEWS

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.30 am SUPERB DANCE Move Good Now	9.00 am PANZ Pastel Artists of NZ	9.05 am AEROBICS with Lynda		9.05 am STRENGTH / CARDIO with Lynda
	9.00 am SIOUX LINE DANCE		9.30am MĀPUA ART GROUP	9.30 am SUPERB DANCE Move Good Now
		10.05 am PILATES with Lynda		10.05 am PILATES with Lynda
3.00 pm BALLET 3-4yrs Kerry Clarke Dance				10.45 am YOGA with Martin
4.00 pm BALLET 5-7yrs Kerry Clark Dance	5.30 pm YOGA with Martin			2.00 pm FRIENDSHIP GROUP 3rd & last Fridays
	6.00 pm STRENGTH / CARDIO with Lynda			
7.00 pm MĀPUA HALL SOCIETY Meeting 3rd Mondays	7.00pm PILATES with Lynda		7.00 pm MĀPUA COMMUNITY CHOIR	
7.15 pm MDCA PUBLIC MEET 2nd Mondays				

Check our website for:

- **Calender** with live updates to sessions times and time-table
- **Event** news
- **Membership** details
- **Regular** activities info
- **Sign up** for Hall Society E-Newsletter
- **Venue hire** and booking info



www.MāpuaHall.org

Hall Society News March

The Hall Committee and the PechaKucha organising team has decided to postpone the 2022 PK and Curry Night scheduled for 20th May until later in the year. A date will be discussed with organisers and presenters and will keep you updated when a date is confirmed.

The Māpua Hall is a cherished and well cared for asset to the community and we would love to hear suggestions on how we could extend our reach to the youth of Māpua and build stronger ties with the next generation.

During these uncertain times we currently have fewer regular groups running, no bookings for events and no fundraising opportunities so your membership is more important than ever. Please visit the website or email MāpuaHallSociety@gmail.com for membership details, make a difference from as little as \$15 per person for annual membership.

The Māpua Community Hall is open under Red in the Covid-19 Protection Framework however there are restrictions in place, check the Covid-19 website for details.



Book Review

The Lost Pianos of Siberia by Sophy Roberts (nonfiction)

Several weeks ago I saw this book in the Māpua Library and knew I had to take it home. The title intrigued me for a start. It appeared to be a contradiction, not logical – who connects the frozen wastes of Siberia with the unwieldy and sensitive piano?

My curiosity was instantly aroused. Secondly, I had visited Russia when it was known as the Soviet Union and have always been fascinated by its vastness and its people.

Sophy Roberts, the author, is a highly respected journalist and regular contributor to the Financial Times and Conde Nast Traveller. This is her first book. She admits to having no musical background so why write about pianos?

She explains it this way. She was visiting a friend Franz-Christoph Giercke in the Orkhon Valley in Mongolia in 2015. There she met and made friends with an extremely talented Mongolian pianist Odgerel Sampilnorov, who could play the works of all the great composers from memory at the age of 19.

Giercke had sponsored her to study for 9 years in Perugia in Italy and was now hoping to provide her with an historic piano more in sympathy with her incredible talent than the modern, upright Yamaha she was currently using. “We must find her one of those lost pianos of Siberia”, he confided to Sophy.

Roberts, always open to a challenge and loving the idea of travelling through Siberia in an eccentric search for pianos agreed to do the project with Giercke’s financial backing and so the story evolves.

Sophy admits to having the usual preconceptions about Siberia being a vast and unbearably cruel place, “devoid of enchantment. A factory here, an abandoned tank there and a sickly forest eaten away by industrial pollution.” Its barbaric history during Tsarist and Stalinist times has been well documented.

However, she finds to her surprise that it has long been home to lovers of music and thousands of pianos (and piano tuners) going back to the beginning of the 19th century when owning a piano gave one status. Many instruments were made in Russia or imported from Germany and England by wealthy merchants before the Revolution. Also, many cheap domestic sized uprights were manufactured in Siberia during Soviet times in a seriously organised movement to make musical education available even in the remotest of places.

Over a period of two years the author makes numerous journeys through Siberia from Tobolsk in the west where the last Tsar and his family were held under house arrest before being moved to the execution house in Ekaterinburg, to the furthest east one can travel.

Here Roberts takes a boat to the Commander Islands and finds it has been chartered by a New Zealand ornithologist and his colleagues, one of whom is an adorable 80-year-old Australian woman who laughs in her sleep.

She ventures south beyond the Altai Mountains which the locals call “The End of Everything,” where she is introduced to an ex-flight navigator who gave up his job working for Aeroflot to move to the spiritual heart of Russia as he sees it. He is now in the process of building a small concert hall for the benefit of the local people and wants Sophy to help him find a good quality grand piano to install! (She is amused to relate how the table has been turned.)

Sophy’s book is full of tales, many tragic, many humbling. Many are inspirational and stoical accounts of survival. She allows the people she meets to tell their own or their families’ stories and finds she is welcomed into homes she wouldn’t normally be given access to.

As she says - in Putin’s Russia, being English and a journalist to boot is not a great door opener but the eccentricity of searching for pianos provides her with a passport. Does she find the right piano for Odgerel? You will have to discover that for yourself.

The Lost Pianos of Siberia is a well-researched and highly readable book written by a gifted writer. It is filled with amazing photos going back to the 19th century and each chapter has its own relevant map to help locate places mentioned. It is also a book that requires time to be fully appreciated. Read it while covid does its thing and you will be transported safely to Siberia in the warmth and comfort of your own armchair.

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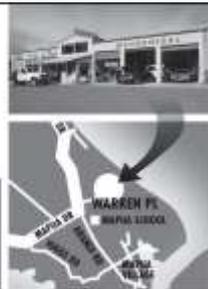
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The Write Bias

News from Māpua Bowling Club

Early February started to feel like autumn rather than the tail end of summer. Cooler temperatures, wind, rain by the bucket load and tropical cyclone Dovi. Not what everyone wanted, though the parched gardens were saying thank you and there was an easing of water restrictions. The green at Māpua Bowling Club could have stood in for a local swimming pool, good for the green, not good for the bowling programme.

The second proposed "Have a Go Day" on Waitangi Day had to be abandoned and the tournament planned for Monday 14th February rescheduled for the 28th. This latter is a very popular event offering a full roast dinner to complement some competitive bowling, sponsored by the Car Company, so hopefully the sun will shine for the revised plan.

A local competition between Māpua and Riwaka, two country clubs, was able to go ahead as planned on Sunday 23rd January. This is a reinstated tournament, previously contested between Māpua and Ngatimoti, with the coveted Rose Bowl at stake. The second round will be played early in March to decide which club will get its name inscribed on the trophy.

As we draw towards the end of the bowling season winners of the various Club championships will go forward to play in the Champ of Champs events organised by Nelson Centre. Our bowlers will play against the winners from all the other clubs in our area and we wish them the best of luck.

For any information about bowling, coaching or booking the clubhouse and facilities, please contact the secretary, Di Blanchet on 03 540 2627 or check out our website, sporty.co.nz/mapuabowls

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Ruby Coast Running Club

How the time flies. Our little group has really grown. We had 31 runners and walkers turn up last week (as of this writing). It is wonderful to see so many people enjoying what I love so much. This was the reason for this group. I wanted a local running group where we can all share our passion for running or walking, encouraging each other!

With the rapid rise in Covid we are seeing a lot of events being cancelled. Two events were able to go ahead and a few of our members were able to get out and enjoy them.

The Wakefield Roaster is a great event with a great big uphill in the middle of it. As it was held in the afternoon it was a bit of a Roaster weather-wise. But it is also a Roaster because a few of the spot prizes are full roasting chickens. Our very own Richard won one this year.

The second event was held right here in Māpua. Another afternoon run that started from Aranui Park and ran up (yes, another hill) the Chaytor track. Once again, we had a good showing from our little group of runners.

We are still holding the Thursday night 5k from the Māpua Domain. We have two start times, 5:15pm for walkers or anyone needing a bit of extra time to finish and 5:30pm for everyone else.

We still have the Wednesday morning hill run for anyone who can and wants to come along.

We try to have a longer run over the weekend. Both these runs finish with coffee. Always good to reward yourself after the effort.

To find out more about what we are up to, join us on Facebook: Ruby Coast Running Club.



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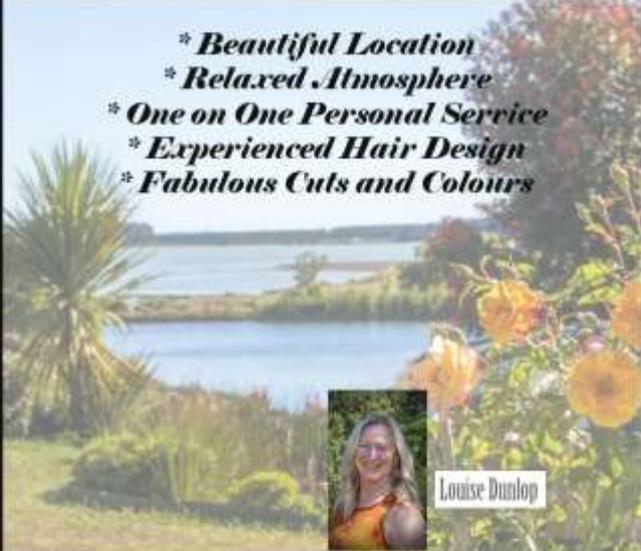
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Lynda's Exercise Classes in the Mapua Hall,

Term 2 starts Tuesday Apr 19th (in the school holidays) till Friday July 8th (12 weeks)

Regular fitness and Strength classes for all levels.

Classes on **Tuesday** evenings 6 pm & 7.05 pm,
Wednesday & Friday mornings 9.15 am & 10.15 am.

Strength/weight training, HIIT, Pump, Aerobics and Pilates.

\$12 1 session, \$20 for a double header - 2 sessions on the same day. 5-trip ticket \$45; 10-trip ticket \$75; 20-trip ticket \$140; 30-trip ticket \$190.

Please contact Lynda for details, lynda@hht.co.nz, 027 222 1491.

*Please note: at the time of writing you must have a CVC to come to class, and to enter the Hall.
Please scan into the Hall and sign into class.*

NEED A LIFT?

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Māpua Craft Group

At our meeting on 18th February, we decided to make knitted poppies ready for Anzac day and plan to decorate polystyrene Easter eggs in March. We have red wool and needles if you wish to join us to make some poppies.

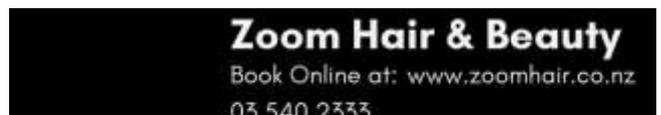
We have plenty of materials, wool, patterns, craft magazines, card making equipment and a sewing machine.

Often, we exchange items knowing others may make use of them. We make cards for special occasions, and this has become our favourite pastime, especially when we are asked to "STAY AT HOME."

There is no joining fee, just \$3 to cover the cost of the room. We enjoy morning tea. Do join us when you can.

This month we meet on 4th and 18th March at Hills Community Church, 10am to noon.

Barbara 03 5403901.



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03 540 2333



71 Aranui Road, Mapua

Skin tips—from the Māpua Skin Clinic

Today it feels like a good time to revisit the slip slop slap campaign of the 1980s.

Since this excellent campaign was introduced in both Australia and New Zealand studies have shown that the incidence of two of the most common forms of skin cancer, basal-cell carcinoma and squamous cell carcinoma, have decreased.

This means that people who grew up after the sun smart campaigns of the 1980s will have fewer of these skin cancers as they get older.

This contrasts with the Kiwis who grew up in New Zealand in the old days; back when we spent time chasing the 'Coppertone tan', because it was fashionable to look like 'Nut Brown Hare'.

The sun injury back then was worse for people in places where the sun comes back at you - like over water or on snow. And remember, nowadays that's even on cloudy days!

It also helps to remember that in the Kiwi high country the atmosphere is thinner and there's no pollution filtering the sunlight, so even in the summer there's more UV uphill than downhill.

The nuisance is that as sun-injured skin gets older it starts making cancers. By the time sun damaged skin hits the 70s, it may require several skin cancer surgeries a year. That's time consuming, expensive, and uncomfortable.

Solar Rehabilitation: hope for the sun damaged

There are neat strategies to help clear old UV damage. A dedicated solar rehabilitation program, with careful follow up, helps reduce the number of skin cancers in the future - less worry, time and expense.

Depending on the amount of damage it may only take a couple of visits to the doctor. However, if someone has severe damage and is getting frequent skin cancers, then it might take up to half a dozen appointments to simmer things back down.

The 'message of hope' is that it's possible to reverse some damage and this means less time spent having operations for skin cancer. Good one.

Slip slop and the Melanoma catch

The nuisance of the increasing strength of sunlight is that, while Slip Slop Slap has helped to protect us from most common skin cancers, the nastiest one, **Melanoma is on the increase**. Slip slop slap definitely helps to reduce the risk, but it doesn't tame melanoma!

Melanoma: Early diagnosis is crucial

Melanoma is safe when it's treated in its earliest stages. No one knows how quickly a melanoma will grow and some grow quickly. That's why it's a good idea for adults to have a skin check every year. Melanoma is a disease that can shatter young lives, and we can help to prevent it in our community.

In summary

Always slip on a shirt, slop on sunscreen and slap on a hat.

Regrettably, melanoma is still on the increase, and an annual skin check with your GP, or at your local skin service, is high value, especially if you have increased risk.

Things that can increase risk of melanoma

- Large numbers of moles, especially on the shoulders
- History of water blisters from sunburn
- Illnesses treatments or medicines that affect the immune system
- A large dark birthmark (small birth marks are common; this type is rarer)
- Skin that burns and doesn't tan
- Personal history of an abnormal or dysplastic mole (potential to become melanoma)
- Personal history of melanoma
- Family history of melanoma
- A changing mole, a bleeding mole, an unusual or sudden growth (melanoma can be normal skin colour)

KIWISKIN HAIKU

take care in the sun
remember melanoma
looks for the future

Best wishes, community family, Kiwiskin Team

- Spot Checks
- Mole Mapping
- Skin Cancer Surgery
- Treatment of other Skin Conditions

**KIWISKIN**
Māpua Skin Clinic

Telephone: 03 540 2373

Email: mapua@kiwiskin.org.nz

Website: www.kiwiskin.org.nz

Address: Unit 9, The Village Māpua
66 - 68 Aranui Road, Māpua 7005

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Our latest news & adventures

Day Programmes a welcome experience outside the classroom

Operating under the red light Covid setting is pretty challenging right now, especially for schools and their tamariki! While teachers are doing an amazing job of adapting their classrooms, we are also seeing a surge in outdoor programmes at Whenua Iti, a great option to get outside of the classroom, connect to nature, build teamwork skills and give tamariki a confidence boost (as well as break from mask-wearing!). Please get in touch if you're keen to explore options - bookings@wio.org.nz

New resources to support nature connection while at school

The nature connection team have developed a series of excellent teacher resources to support the delivery of fun nature connection activities in a classroom setting. The resources include activities such as making a bird feeder, going on a nature hunt and getting to know your trees. Each activity is designed to support learning and wellbeing through nature connection, will be a great way to incorporate a mask break and includes some new kupu (words) to support learning te reo Māori. Activities are aimed at tamariki from 7+ in a primary/intermediate school. To get the latest resources head to our website - www.wio.org.nz

Fun at Lake Rotoiti with Garin College...

Our instructors enjoyed working with Garin College students again in the Nelson Lakes National Park as part of their school camp. The students took on a variety of fun challenges and adapted to changes imposed by the weather - it's a great way to build resilience and learn that things don't always go to plan. It's a real privilege to work with each year group from Garin College and have students return to build on their skills each year - awesome to be part of their ongoing learning!

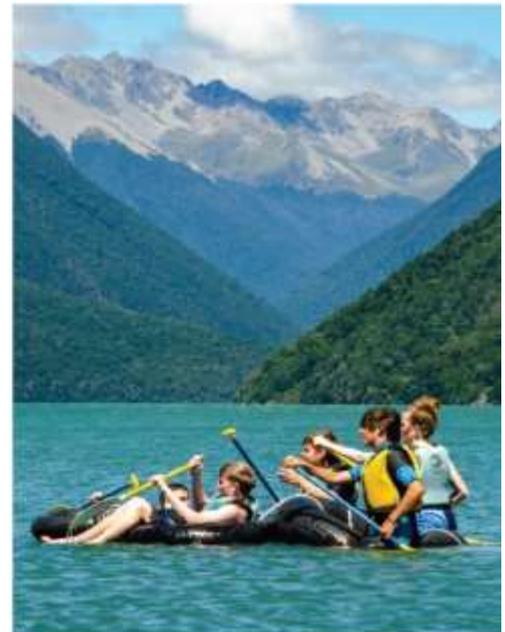
Learning Beach Safety at local swimming spots

What a week for beach safety programmes! We were joined by tamariki from Māpua School, Parklands School, Lower Moutere and St Peter Chanel at one of our region's favourite beaches, Kaitereterere. The programme is designed to incorporate fun activities while tamariki are given various water-related challenges and learn about all-important beach safety and water survival skills. This is part of a series of programmes thanks to funding from **Water Safety New Zealand** so that children can practice their skills at local swimming spots, and not just in the pool. Ngā mihi mō tautoko!

Building a connection to the outdoors for the Muslim Community

It was a joy to take members of the Nelson Whakatū Muslim Community into the Abel Tasman for an overnight camping experience. We have been working with the community to build their skills & confidence through creating experiences that allow them to access the outdoors in a safe and supportive environment. We have all been learning a lot from one another with more adventures being planned! Ngā mihi nui to funding from the **Ministry for Ethnic Communities**.

The Team at Whenua Iti.



Senior students from Garin College learning the art of paddling together



Māpua School tamariki spend the day at Kaitereterere learning beach safety skills

We'll see you out there!

www.wio.org.nz



Māpua Health Centre report

We are 32 years old! It's our birthday this month. The Māpua and Districts Health Centre came into being in the middle of March 1990 after an amazing effort by the local community in collaboration with the Nelson Area Health Board, who had just bought the site of the old post office.

It has gone through various metamorphoses and changes over the intervening years, with the latest being the addition of admin rooms and a staff room to the back of the building. Many thanks to all the volunteer help that we have had over recent years and to the health committee who generously give their time and energy to looking after the building and equipment.

The committee that oversees the building is actively looking at how we can plan for the future and cope with the increasing population and changes in health provision (with some services likely to be devolved from the hospital to primary care).

Ideally, we would like to build a new purpose-designed centre that also incorporated other services such as physiotherapy, pharmacy, dentist and other health professionals. If you have any ideas for achieving this or wish to help the committee please contact the chairperson, Derek Craze (info@Mapuahealth.com).

Now that we have moved to Phase 2 of the Covid response, both testing and isolation approaches will change in response. Digital technology is being utilised more as cases grow with the use of text via mobile phone and information via email. There will also be support for those not digitally enabled.

For Covid cases identified via positive PCR test they will be:

- Notified by text and directed to complete COVID-19 Contact Tracing form online Self-investigation tool.
- Phone based interviews will be carried out where required by our medial team or PHO.
- Household contacts to be identified and testing organised.
- Cases are required to advise contacts and employers of their positive status.

For contacts:

- Close contacts will be notified via text, directed to website, and tested on day 5 (non-household contacts to self-manage).
- Push notifications (QR scanning), Bluetooth and Locations of Interest are used to identify contacts.
- Close Contact Exemption Scheme using RATS (rapid antigen tests) to be used for critical infrastructure workers if needed.

In terms of isolation and quarantine, the plan is for:

- Cases to isolate for 10 days.
- Household contacts of a case to isolate until case completes 10 days. Test Day 3 and Day 8, or if symptomatic.
- Close contacts to isolate for 7 days. Test Day 5 or if symptomatic.

This year's flu vaccines will hopefully be available early to mid-March and we will be contacting those who are on

our computer recall system when they arrive. However, if you would like to receive a vaccination against the flu and have not had one previously, please call our receptionists at the end of March to arrange an appointment.

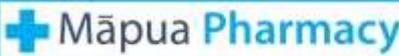
Nic, a final year medical student, will be with us for 4 weeks during February/March. This is a great opportunity for Nic to get some insight into general practice and healthcare in the community setting.

We now have nurses trained to offer advice about advance care planning. This gives everyone a chance to say what's important to them. It helps people understand what the future might hold and to say what treatment they would and would not want. It helps people, their families and their healthcare teams plan for future and end of life care. This makes it much easier for families and healthcare providers to know what the person would want - particularly if they can no longer speak for themselves. If this is something you are interested in exploring, please contact Māpua Health Centre to make an appointment with one of our nurses.

Shave for a cure week is a fundraising initiative that hits close to home for many Kiwis – a chance to shave, spread the word, and stand in solidarity with leukaemia and blood cancer survivors. It's an inspiring way to help fund vital care and resources for the 2,500 people affected.

Some of the events for the month:

- | | |
|---|--|
| 1-31 SunSmart in March | http://wellplace.nz |
| 1-31 Hearing Awareness Month | www.deafness.org.au |
| 1-31 Kidney Awareness Month | www.kidney.health.nz |
| 1 Zero Discrimination Day | www.unaids.org/en/resources |
| 3 World Wildlife Day | www.wildlifeday |
| 3 World Hearing Day | https://www.who.int/campaigns |
| 3 World Book Day | www.worldbookday.com |
| 5-13 Sea Week – Kaupapa Moana | www.seaweek.org.nz |
| 6 National Children's Day | www.childrensday.org.nz |
| 8 International Women's Day | www.internationalwomensday.com |
| 16-20 Shave For A Cure Week | https://shaveforacure.co.nz |
| 18 World Sleep Day | www.sleephealth.org.nz |
| 18 Neighbours Day Aotearoa | http://neighboursday.org.nz |
| 20 World Oral Health Day | www.worldoralhealthday.com |
| 21 International Day for Elimination of Racial Discrimination | www.un.org/en/events/racialdiscriminationday |
| 22 World Water Day | www.un.org/en/events/waterday |
| 24 World Tuberculosis Day | www.stoptb.org |

**Māpua Pharmacy** 03 540 3735

• Prescriptions	• Vaccinations
• OTC medicines	• INR testing
• Vitamin supplements and health products	• Sildenafil supply
• Trimethoprim supply	• Emergency contraception
	• Post Centre (April)

Moutere Hills RSA Memorial Library Māpua Community Library

Fundraiser Sprig & Fern Quiz Night - Save these dates
Wednesday 6th April 7.30pm and
Wednesday 27th July 7.30pm

We would love your support of these fundraisers. You may like to make up your own team with friends and neighbours and come along, or just turn up and join a group. It pays to book a table for the Quiz Night, good idea to go early and enjoy some food and drinks beforehand.

Library borrowing statistics

This could be a boring subject, but when we look at the number of books, magazines and audio books taken out from the library over the past years, it shows the library performs well.

In 2019 the number of issues were 19,971. In 2020 we had 3 months lockdown, and still issued 17,309 books and magazines. Last year we had nearly 1 month without the library operating and had 20,082 issues. We purchased nearly 500 new books in the 2021 year. The library is going from strength to strength. Well done to the buyers, and all the library team!

Volunteers required

Over the past couple of months, we have had quite a few volunteers move away, resign or take on other commitments. Special thanks to all these wonderful volunteers and best wishes for your future adventures.

We are now looking for more volunteers so if you are interested in joining the library, please give Irene a call on 021178 2097 now.

Exhibition – from 17 February: Amelia Valle

Come on down to the library and have a look at Amelia Valle's eye-catching, colourful paintings. Amelia has been painting for over 20 years, firstly in watercolours and now in oils.



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Māpua Fire Brigade



Jan 22 to Feb 22 call outs

- 10 Jan 4:34 Old Tobacco Building fire, King Edward St, Motueka.
- 23 Jan 05:59 Bach fire in Tasman, possible cause a cigarette.
- 23 Jan 14:28 Tanker to a vegetation fire, Coastal Highway near Redwood Rd.
- 28 Jan 16:55 Silage pit fire, Dovedale Rd.
- 28 Jan 23:42 Alarm activation Nile Rd. Stood down by owners.
- 29 Jan 12:09 Assist ambulance on Higgs Road with lifting a person.
- 29 Jan 15:55 Car crash SH60 near Bronte Rd. One person extricated.
- 3 Feb 17:47 Alarm activation Māpua school. Nothing found.
- 5 Feb 22:57 Tractor fire near Admirals Way.
- 11 Feb 07:38 Alarm activation Upper Moutere School. Turned back.

Call outs for the year = 11

Safety Tip – Be safe

Plan an escape route so everyone in the household including guests know how to get to a safe place if a fire occurs.

Do a night fire check before going to bed.

For fire safety info go to - <https://fireandemergency.nz>

For fire permits go to - <http://www.checkitsalright.nz>

Any questions phone Mark 0274392778 or email mark.Theobald14@gmail.com



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Ruby Coast Initiative Trust

We have farewelled long-time Trustee and Treasurer Marion Satherley and are very excited to welcome Tim Kelly as a new Trustee. Marion has been a Trustee since the Trust was first established and has contributed hugely to the Trust's projects to date, including both the Aporo and Māpua Sculptures and the interpretative signage in the Ruby Coast area.

Trust members acknowledge and thank Marion for her hard work over the past 10+ years.

Tim has lived in the area since 2010, previously in Ruby Bay and now Mahana. He is self-employed as a transportation planning consultant, a keen cyclist and tramper. He has previously been a committee member and Treasurer of the Mapua & Districts Business Association for many years and is currently also a trustee of the Nelson-Tasman Cycle Trails Trust. He joins Neil Bruce-Miller (Chair), Janet Taylor (Secretary) and Jan Crooks on this small but active Trust.

Seaton Valley Sculpture Update

We've had an exciting month with the offer of a very significant donation towards the sculpture for Seaton

Valley. This has given a great boost towards raising the final funds needed and gives us confidence that we are on track to realise this third sculpture.

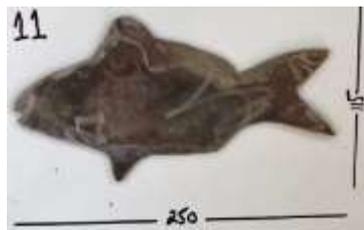
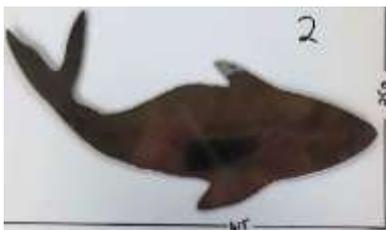
We do still need to keep fundraising and are keen to hear from any locals who would like to make a donation towards this final gateway sculpture which will be located above the underpass near the junction of Seaton Valley and Stagecoach Roads.

Fundraising

We still have some of the original fish cutouts from the Māpua Sculpture for sale. These are made from recycled, work hardened stainless steel in all shapes and sizes including sting rays and sharks.

Here are a few examples – get creative as to how you could use these and support the next sculpture at the same time.

If you would like to view the fish cutouts or find out more about the Seaton Valley Sculpture visit the website www.rcit.co.nz or call Janet on 540 3364 or 027 230 2943.



MAPUA VILLAGE BAKERY

We know it is not Easter yet....

But our community deserves the smell and taste of Easter,

..... "HOT CROSS BUNS" ARE COMING SOON

Thankyou one and all for your loyal support over the past months,
we are trying to keep to business as usual for us all.

We love how the Bakery Cafe has become a meeting place!

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-BOOZE AND CRAIC-

A Night Of Irish & Scottish Comedy



The Playhouse Theatre

171 Westdale Road, Tasman

11th March 8 pm



Alan McElroy



"Excellent Irish story teller performing a hilarious night of comedy"

Funny Tonne, Melbourne International Comedy Festival



"Alan McElroy is the Energizer Bunny of the comedy world! Comically bouncing around the stage with a full AA battery, never once falling flat!"

Pumpkins in Trees

"While the mic's in Alan's hand, there's no chance of getting bored"

Concrete Playground



Samantha Hannah



"a talented raconteur" - Fringe Biscuit

"Expert stand up throughout" - Chortle

"One of the funniest ladies on the planet" - Remote Goat

Tickets available from eventfinda.co.nz

March 2022

March already, how are you doing? We would love to hear from you on any concerns or if you need any local business information to make your life easier, email Kirsten mdba@mapua.co.nz. The committee are here to help, however they can.

NEW MAPS ARE OUT & ABOUT

We are super excited to have the new FREE Local Map out in the region. If you have a business and would like to have some on your counter email Kirsten mdba@mapua.co.nz and she will organise delivery to you.

MDBA Survey 2022

Just a reminder to check your inbox and reply to our 2022 member survey. We need to hear from you regarding what you would like to see from us in the coming year. What sort of networking events and what workshop topics and how you would like these presented. Also, what we could be doing better to serve you. It only takes a few minutes.

Thank you.



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MEMBER BUSINESS UPDATE



Have you leapt into 2022 with inspired renovation ideas for your home? Itching to get those small, niggly maintenance jobs done?

Based in Mapua, Level Ridge Nelson is a local home maintenance and renovation business, serving the Tasman community. We are a small team of skilled, professional carpenters who pride themselves on quality workmanship and customer care.

Our portfolio spans small home maintenance jobs to larger new builds and we can organise other contractors you may need to get the job done, so you don't have to. We are trusted by insurance companies to bring damaged properties back up to standard, and rental companies to maintain tenant safety and comfort. Give us a ring and Nigel (see photo) will assist you with any advice or work that you need doing.

(Tip of the Year: Book your jobs well in advance due to nationwide supplier shortage and builder demand).

Contact details: P: 0800 4 LEVEL or Nigel directly P: 0204 145 9242

Visit www.levelridge.co.nz



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10AM - 12PM
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Noticeboard

Mapua Women's Rec Group. Come and join our friendly social walking group. Meet outside Tessa Mae's Thursdays 9.15am. Options for all fitness levels plus activities and social events. mapuarecgroup@gmail.com or just turn up.

Knit & Natter group at Alberta's: 10am Tuesday's.

Local Women's Walking Group - all welcome to our Tuesday morning walk of 5-7km leaving 9am - call Lynley 03 540 2292 for more information.

Māpua Craft Group: Meetings may change this year. Contact Julie Cox 0277418575 or Barbara Halse 5403901.

Motueka Toastmasters: Like to speak with more confidence? Friendly supportive environment. Meet 1st & 3rd Weds, 6.45-8.30pm, St Johns rooms, Jack Inglis hospital, 15 Courtney St, Motueka. Visitors welcome. Info Tam: tortipon@gmail.com or 021 08738996.

Re-cycle Printer Cartridges at the library. Volunteers are happy to collect printer & photocopier cartridges and transport to recycling centre. Blue bin in our foyer.

Tasman Golf Club: Twilight Golf at Kina Cliffs Thursdays. Tee off 5 - 5.15pm, members (\$5) & non-members (\$10) all welcome. Optional BBQ to follow. Ph Lyndal 03 5266819, teeup@tasmangolffclub.com or just turn up.

Māpua Community Choir: 4 part harmony, no audition necessary, small koha, Māpua Hall 7.15pm Thursdays, enquiries Helen: n-h.bibby@actrix.co.nz

Tasman Dippers: A casual collection of people who enjoy connecting with the open water. Year-round dips or swims in the sea at Rabbit Island. Info: www.tasmandippers.nz

Māpua Boat Club welcomes new members. No boat required. Social nights Thursdays 5.30 - 7pm at Club rooms on Māpua Wharf. Raffles, cash bar, snacks, regular guest speakers. To join, contact Secretary, Katrina 0211393945

MATHS TUTOR - Experienced High School maths teacher available for individual tuition. \$30 for 45 minutes. First lesson free. Jane 021 02972934

Stamp Collectors - anyone interested in forming a group or having their collections evaluated – contact Nick Ferrier 021 688243

Quakers meet at Family Service Centre, Motueka 10am 2nd Sundays. All welcome. Enquiries: Linda 027 447 6435.

Māpua Friendship Club: a young-at-heart group meet 3rd and last Fridays, Māpua Hall for indoor bowls & bring-a-plate tea, + occasional outings. \$3 door fee, 20¢ raffle. Contact Valeri 540-3685.

Māpua Art Group meets Bill Marris Room Māpua Hall Thursdays, 9-noon. Paint, draw, help each other in a social environment. All levels & media. \$5 incl morning tea. Tables, chairs, easels provided. Barbara Glass 027 443 1121

MDCA: Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; info@ourmapua.org

Kidz 'n' Koffee playgroup: Wednesdays 10-noon, Hills Community Church (during term time). All parents & carers welcome, we cater for 0-6 yrs. \$2 don/family. Make new friends. Info: Verena 027 435 1932.

Daytime Book Group: Meets first Tuesdays 9.45am. New members welcome. Gaye 03 526 6827

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Coastal Stringers Ukulele group: beginners welcome. Fridays, 1.30~4pm Boat Club rooms on the wharf. Just turn up & join us for some fun! Info: Colleen 540-3010, Diane 540-2627.

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall every 1st & 3rd Tuesday, 10-11am & 6.30-7.30pm, 1st & 3rd Friday 3-4pm. mapuatoylibrary@gmail.com

Ruby Coast Walking Group meets 9.30am Wednesdays by Tasman Store. Walk 1½ hrs then coffee & muffins back at the Store. All welcome. Fiona: 021 232 6089 for more info.

Ruby Coast Running Club: 5k run Thursday nights 5:30pm. Also runs most mornings. Find us on Facebook or contact Debby 027 327 4055.

RSA: Anyone interested in joining Moutere Hills RSA is welcome. No former service history required. Great platform to catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St, Motueka. Seniornetmotueka.org.nz

Coastal Garden Group meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). Men and women most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Ph 03 265 1842

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues, morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 526-6707

Tasman Area Community Association (TACA) 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or www.tasmancommunity.org.nz

Nelson Trout Fishing Club: 7pm 3rd Wednesdays, Fish & Game Rooms, 66/74 Champion Rd, Stoke. Beginner or expert. Courses, field trips, speakers. Open to all ages. Info: 03 5476432, secretary@nelsontroutfishingclub.com

Friends & Neighbours: Varied programs of interest, friendship & good morning tea. Third Fridays 10:30 - 12:30pm at Tasman Bible Church. Info: Jane 526-6709.

Motueka Scottish Country Dance Club: Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Club Notices are free. Others by gold coin donation to one of the distribution boxes.

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