



Community Grants

Over the 20+ years of this version of the Coastal News we have been collecting a small surplus from advertising which is deposited in the Māpua Community Trust. Now the Trust has built up a capital fund of over \$200,000. Interest earned on this capital is available for distribution as grants to community groups deemed worthy. With the higher interest rates of late that means more available for distribution.

Applications for funds

Voluntary organisations and clubs are invited to apply for grants from the Māpua Community Trust, with all applications to be received by 8 April. Grants are usually around \$500, depending on demand. A copy of the application form can be downloaded from:

<https://mapuacommunitytrust.wordpress.com>

You can't mail it any longer so don't print it, but please return it as an attachment by email to:

mapuarubybaycommunitytrust@gmail.com

The Trust, The Māpua/Ruby Bay & Districts Community Trust to give it its full name, is funded by the Coastal News, but also welcomes other donations. The capital is invested and the profits from interest are available for grants.

Māpua Community Trust

Māpua & Districts Community Association(MDCA)

Meeting notes - February 2025

The first Public Meeting for 2025 included a mix of existing issues and new topics.

A motion was proposed by the Chair and unanimously passed to formally rename the Mapua and Districts Community Association to the "Māpua and Districts Community Association" (including the macron), as this was required as part of re-registering the updated MDCA Constitution under the Incorporated Societies Act.

Attendees were provided with a final reminder regarding submissions on the **Māpua Masterplan**, which have subsequently closed on 16th February. Regarding the **cycleway along Aranui Road**, TDC have taken the decision to remove the concrete barriers based on safety concerns and community feedback. The cycleway will remain, with double white lines clearly marking the laneway.

We celebrated the successful installation of a **new Community Noticeboard** next to the entrance to Waterfront Park. Many thanks to TDC for funding and

managing the project, and to Andreas at Rare Creations for a great job fabricating/installing the board. MDCA will manage content and contact details are posted inside the board.

As part of the regular **Wellbeing** update, Elena Meredith gave special thanks to former Māpua Community Wellness Trust trustee **Wayne Chisnall** for his significant contributions over the past 3 years as trustee and his ongoing commitment to the community health/wellbeing.

The newly formed subcommittee tasked with compiling a **Community Emergency Preparedness Plan (CEPP)** gave their first update, with a goal of having a draft plan by Easter. Once the CEPP is completed, a **Civil Defence Coordinator for Māpua will be required** - so stay tuned if this is a role you may be interested in!

Continued on page 2

Museum cashbox theft

'Mortifying' theft of funds from museum.

"Mortified" is how Port Māpua Maritime Museum curator Annette Walker describes her feelings about the theft of money from the museum donation box late last year.

"Donations are the museum's only regular source of funding and to discover, via security camera footage, that on several occasions the donation box was broken into and money stolen, was very upsetting," Annette says.

While the exact amount stolen can't be determined, based on previous months' takings, it could be \$100 to \$200. The police have been notified and are working with the two people allegedly identified in the security footage and their families.

An apology letter was placed in the donation box with an offer from one individual to do some work, supervised by museum volunteers, as a form of recompense. However, because of the need to provide supervision and while the matter was in the hands of the police, it was decided not to take up the offer.

The museum is supported and managed by volunteers under the auspices of the Māpua Boat Club, and it was club treasurer David Patterson who discovered money was missing.

"When I cleared the box in September it contained \$7.50. This seemed low compared with the previous month's \$119.10. In October \$24.30 was all that was in the box."

David says visitors to the museum are generous, often leaving \$20 notes in the box and through the summer

months between \$150 and \$200 can be collected each month so the low returns raised concerns.

A review of the museum's security camera footage for October showed five occasions when the lock on the donation box was tampered with to gain access.

Since then, a padlock has been added to the box which is cleared more frequently and a return to near normal donation levels recorded.

Located in the original Māpua wharf building on one of the few remaining historic working wharves in New Zealand, the museum is not staffed but is open seven days a week.

Annette says, given the emphasis on working exhibits to be enjoyed by children, it is doubly disappointing that it appears it was young people who stole the money.

"The museum does not receive council funding, and the donations cover maintenance costs. We know from our visitors' book and what people tell us, that it is an icon for Māpua. Many parents say their children insist on being taken to the museum to enjoy the interactive exhibits on a regular basis."

Both David and Annette believe those responsible should be held to account for what they have done in the hope that this may deter them from future offending.

Young visitors to the Port Māpua Maritime Museum enjoy taking up the invitation to 'Turn the wheel' of this mini 'tugboat' and learn how sailors use a compass to navigate.



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Continued from page 1

During general business, **Joy Fowler** addressed the meeting on her concerns regarding stability of the large clay stockpiles created as part of the ongoing 166 Māpua Drive residential development work. Councillors agreed to raise her concerns with the TDC compliance team.

There was also discussion on how MDCA could contribute to **Youth affairs** in the village, and subsequently Councillor Trindi Walker will address an upcoming Public Meeting on her involvement with the Motueka Youth Council.

The next Public Meeting will be held on 10th March.

Annual membership subscriptions are due and can be paid by direct credit – see www.ourMāpua.org for details.

Māpua Craft Group.

We are making Birthday and Easter cards. The writer had nine birthdays to remember in February!

Our group has two books that give us inspiration: *Three Dimensional Greetings Cards* and *I love card making*. The latter has 25 projects and includes the sizing for cards and envelopes which is very useful.

We have several stamp pads, inks and design punches to make our own distinctive cards.

New members are most welcome – come along and try your skills with our equipment!

Our March meetings will be on the 7th and 21st in the supper room of the Māpua Hills Community Church, from 10am until noon. There is a Koha of \$3 to cover the cost of hiring the hall.

Please check with Val (5403931) or Barbara (4503901) in case there are any changes.

Barbara Halse



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Bullivant Island

It is a place for everyone to use and enjoy.

Unfortunately, in the last few weeks people have camped on the island and left behind rubbish, cut down trees and had a fire.

The fire is the scary part as it had burnt into dry matter under a macrocarpa tree. A member of the public noticed smoke coming from the island and called the fire brigade. The harbour master was involved in taking firemen to the island. They used buckets to extinguish the fire.

Please respect Bullivant Island and the work volunteers [BIRPers] are doing to restore the island to native vegetation.



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71 Aranui Road, Mapua

Aranui Road - an opinion

Looking back for the future

The vexed issue of the Aranui Cycleway has come to a close, or so it seems. Banishment forever to a planning limbo, are the concrete separators and their planter box predecessors. It's a debacle that has presented a wonderful opportunity to witness the diversity of human cognition, ranging from oft ill-informed Facebook opinion to bureaucratic word salad.

The power of social media's algorithms to enhance fast lazy thinking over harder, slow consideration, has been well proven by the way in which opinion has drowned out wisdom in community debate, a circumstance resultant of the Streets for People process being about as convoluted and obtuse as quantum entanglement.

Certainly, the Council failed to explain to the village the intricate and complex manner in which a multiplicity of sometimes quite diverse bureaucratic standards created the cascade that resulted in this SNAFU.

Consider why the planter box outside the Medical Centre appeared and then disappeared, while its kin further along Aranui Drive were ignored by streetsweepers and suffered the wrath of many a driver's incompetence.

The relationship between a pedestrian crossing, the 4 Square Store exit, drivers' sight lines, safer pedestrian crossing access and the necessity to assure that the intersection of Aranui Road and Toru St was not inundated in every minor deluge, exemplifies the projects complex system bureaucracy.

It's the sort of thing David Seymour's \$10,000,000 Ministry of Deregulation would dearly love to bin, but the likely outcome in terms of road safety, would reflect Simeon Brown's belief that time is money and speed does not kill.

The whole project design was constrained, due to the funding stream from Waka Kotahi, by rules and regulations such as cycle way design standards based on Kiwified

overseas standards. As standards go, they look good, but alas as always, national centralized design standards sometimes force you to fit a round peg in a square hole.

Less fortunate was that there were no central standards for community consultation on such a project, for what happened was total "seat of the pants" stuff. We've won the Waka Kotahi lottery so here's the dosh, just go for it.

Whatever the processes problems, the fact remains that Aranui Road is now, based on my personal experience, significantly safer for cycling and pedestrians, an observation biased by the fact that I never once had a concrete separator or planter box jump out at me while cycling. No longer do I have to slalom around parked cars and pedestrians on my way to tennis or get hounded through the CBD by speeding utes.

As outcomes go, the oft posed question is: was it good value for money? That is a question totally dependent on putting a price on a human life and establishing Aranui Road's death rate.

Irrespective of outcomes, Streets for People, like the Māpua Masterplan, is a great opportunity for collective learning. The Masterplan is a first such plan off the block for the TDC and while Māpua's Streets for People might not have been a first, its trials and tribulations deserve analysis, not just by the Council staff, but also by the community, for as a community, if our village is to go forward, we need to learn how to do this better and not just whinge about council incompetence.

Jim Vause



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With the summer already over half way through our attention is turning to revegetation projects. We have already started to receive orders for native plants to be planted this Autumn so contact us as soon as possible to submit your order in order to avoid disappointment!

Exotic Plants.

We also have in stock lovely English Box, as exotic hedging plants, a few bare rooted Pear Trees as well as Apple Root Stock (Northern Spy) and some Banana and Pineapple plants, visit the website for further details (www.moutereplantnursery.co.nz) or contact John on 0220403404.

If you are looking to plant shade trees for stock let me know as we have a limited number of Carob and Honey Locust trees growing.

"The one who plants trees knowing that he or she will never sit in their shade, has at least started to understand the meaning of life" Rabindranath Tagore.

South Tasman

The 7th State of Australia

(A Tasmaner = a former South Islander)

From a discussion of old buggers held 5/2/25 at the Māpua Bakery, we thought we should pass on some of our wisdom.

We propose breaking away from the North Island and joining Australia as another State.

As most of the tax money in NZ is spent in the North Island – i.e. when something goes wrong with Auckland we are paying for it. No we don't need to pay for Auckland airport. We can fly out of Christchurch International and support our own Island.

For example: Yes you can fly direct and yes a Qantas A380 could land at Christchurch taking you anywhere in the world via our sister cities in mainland Australia.

'South Tasman' would be the name of the new 7th State of Australia. Reflecting its southern location and representing our local area, Tasman. I'm sure Major Tim King will be pleased.

What's in it for you the South Islander, sorry 'South Tasmaner'?

1) Aussie Superannuation is better than ours. Free bus and train rides.

2) Better health care, with a State law for free flights to specialists in Melbourne.

3) Aussie dollar is worth more against US dollar, great when holidaying internationally. Better buying power internationally for business and farming.

4) We would not change Waitangi Day as we must accept all cultures. Again, there are so many ethnic groups in NZ these days that we are just the same as Melbourne Australia, e.g. take a ride on a Melbourne tram.

5) Ngai Tahu would be welcome with all their tourist business and investment in the South Tasman. They would be part of the South Tasman Parliament. Tasmaners making decisions about themselves for themselves.

6) Labour day should be changed to 'South Tasman Day'

7) Christchurch could be our new capital and parliament. A better choice, as most of the buildings are earthquake proof and there is new infrastructure. Wellington is falling to bits.

8) Lyttleton would make a great naval base for the Australian frigates and our new submarine. The Australian Navy hasn't sunk a ship in years!

9) South Tasman apple growers have for years been trying to get into the Aussie Market. Imagine what a boom that would be for Motueka and other fruit growers. Free trading with our sister States!

10) Sheep and cattle would now be classed as Aussie. Farmers would now have access to all the Aussie markets. Maybe they would get a better foothold in the American market. With Trump around, this isn't a bad idea.

11) The financial year as per Australia, ending 30th June. Takes in all profit and expenditure in a season. NZ farmers have this but not the Trades.

12) Aussie banks hold just about every house mortgage in the former South Island. With their huge profits of recent, the Tax would trickle down to our new State of South Tasman.

I could go on but I'm sure everyone will see the benefits of South Tasman becoming a State of Australia.

"Australia, come and take us, save us. We talk a bit different but we can learn."

PS this is written to "open discussion" with other South Tasmaners only.

Fred Cassin, Māpua, South Tasman, Australia



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Moutere Hills RSA Memorial Library

Māpua Community Library

Thank you!

The Māpua Community Library sends special thanks to everyone in the community and beyond who supported our Xmas raffle held early December and our New Year book sale.

Both events were successful in raising much needed funds to enable our book buyers to keep the library's collection up to date with the latest published books both fiction and non-fiction, plus some lovely new children's books.

We also exchanged some of our LP books that we get on loan from the Richmond library. Once again, some great titles are on display for our members to enjoy.

Word Press experience

We are wanting to find that special person who can help us with our web site. Our webpage was set up a couple of years back in Word Press and it would be great if this could be kept up to date on a monthly basis.

It's probably only around 1 hour per month timewise required and we would offer remuneration. This could suit a student. Please contact Helen at mapualibrarynz@gmail.com

Latest exhibition - Glenys Forbes

Come along and check out Glenys' pastel prints, she is the most amazing artist, and we are very lucky to have her exhibit at the library.



Glenys says she has always been interested in art, but didn't ever think she would start painting until the loneliness of living with shift work in Kalgoorlie, Western Australia, drove her to seek an interest.

She saw an ad for a multi-media night school class at the Curtin University and thought it would be fun. She found herself in a life drawing class feeling totally out of her depth, but a fellow student encouraged her.

Her next class was so technical and dour she felt she couldn't cope, so she moved on to watercolour, followed by pastel, her enduring love.

Glenys has been very involved in the Western Australian Golden Mile Art Exhibition group, and organised exhibitions for them, becoming Secretary/Treasurer and simultaneously Exhibition coordinator. She also ran the Kalgoorlie Council Art Awards, and also various exhibitions during the year. Her own art journey was put on hold at this time as she had a demanding job at the Kalgoorlie mine site.

On returning to New Zealand in 2004 she joined PANZ (Pastel Artists of New Zealand), and joined the National Executive in 2005, Editor of the newsletter from 2012 to 2016 and Area Representative for Nelson from 2004 to 2023. She has convened 42 workshops, 3 National Art Awards and Conferences.

On her retirement from the National Executive Glenys was honoured to be awarded a Life Membership. In 2019, she gained "Artist Member" Signature status, and "Distinguished Artist" 2023.

Glenys is a founding member of the Tasman Art Focus Group who now run the Tasman National Art Awards at Māpua each October. These awards are now independently run with Impressions remaining the major sponsor.

Glenys works entirely with pastel - soft pastels, hard pastels, pastel pencils and many brands of each. She says pastel is tactile, instant, vibrant and so versatile, doesn't smell and you don't have to wait for it to dry. There are no rules only options. Florals are her go-to subjects, but she loves to explore other options. Currently, the only landscapes she does are attempted in workshops.

If you wish to purchase any of her paintings, please contact Glenys: Phone: 03 540 3388 or 021 0867 9485.



Library

Books, books and more books

The Māpua Community Library has had a boost to buy some new books, thanks to a \$1000 grant from the **Network Tasman Trust**.

Library chairperson Helen Jeffery says they can spend between \$600 and \$800 on new books every month, so they are always looking for funds.

"We are a community funded library, so we are always fundraising. We are very grateful for any grants we receive. It all helps."

Helen says the grant was spent mostly on new fiction books, with a few new non-fiction and children's books too.

"We try to always keep our collection up-to-date and make sure we have all the newly published titles. The children's books always need replenishing, too."

As well as grants, the library also fundraises with quiz nights, book sales and raffles.

The library celebrated 80 years last year and with more than 30 volunteers and around 2000 registered members, they are an important part of the community.

Helen says plans are underway for a literary festival at the library this September, with more details on this to come soon.

Kate Russell

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How small shifts in daily movement can keep you active for life

Want to move better? Start here.

If I asked how much you've moved this week, you might recall hitting the gym, going for a run, playing a sport, or attending an exercise class. While these activities are essential for staying strong and healthy, they still only represent a small slice of our week, even for the most active amongst us.

Consider this: if you exercised an hour each day, that's 7 hours out of 168 hours in a week—less than 5%!

So, what about the other 95%?

How much movement is happening in the rest of your week? By segregating movement from exercise, we can begin to see that exercise is just a small piece of a much larger puzzle.

Movement is everything we do throughout the day—whether it's walking to the kitchen, standing up, reaching for something, or bending down. These small actions may seem insignificant, but they add up over time. The more we move in our daily lives, the longer we're able to move. It's a case of move it or lose it.



In today's world, human movement has been largely outsourced to get things done quicker and more efficiently. Machines handle laundry and dishes, and our jobs often require us to sit for long hours, limiting the natural movements our bodies need. What impact is this having on us?

Prolonged sitting or repetitive actions can limit our range of motion and affect how we move over time. It changes our posture, tightens muscles, and can even impact our internal systems—heart, lungs, digestion, and immunity—all rely on movement to function properly.

The good news? It's never too late to change.

So, what can you do today? Start by noticing how often



you're moving and where you might be outsourcing simple movements. For example, could you stand up more often? Reach and stretch a bit when you can? Take the stairs? Even small changes can make a big difference over time.

At **Well by design chiropractic**, we believe movement is as essential as food and water. It's not just about moving more—it's about moving in ways that are free from pain, restriction, and imbalance. If you or someone you care about could benefit from more personalised guidance in this area, we'd love to help.

Or, come join us at one of our monthly classes to open up more movement options in your everyday life.

E-mail info@wbdchiro.co.nz to register your interest.



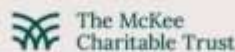
MĀPUA HALL NEWS

MARCH 2025

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Monday	Tuesday	Wednesday	Thursday	Friday
10-11.15am DELIAS DANCE DIVAS	9-12.00pm PANZ PASTELS ARTISTS OF NZ	7.15-8.30Am YOGA with Aeven	9-30-10.45 am YOGA with Debbie	9-10am/ 10-11AM STRENGTH/CARDIO & PILATES with Lynda
11.30-12.30pm MINDFUL MOVEMENT with Tilly	9-12.00pm SIOUX LINE DANCING	9-10am/ 10-11AM AEROBICS/PILATES with Lynda	9.30-12.30pm MAG MAPUA ART GROUP	9-15am YOGA with Martin
	10-1PM CREATIVE FIBRE 2ND TUESDAY OF THE MONTH	11.30-12.30pm MINDFUL MOVEMENT with Tilly		
5.30-7.00pm BROGA with Nikki	6-7pm STRENGTH/CARDIO with Lynda	1.30-2.30pm CHAIR YOGA with Yvonne	5.30-6.30pm AFRICAN FUSION AND BELLY DANCE with Indy	
7-8pm MAPUA HALL SOCIETY meetings 3rd Mondays	6-7pm YOGA with Martin	3.30-4.30pm CB DANCE with Courtney 3-5yrs olds		
7.15pm MDCA PUBLIC MEET meetings 2nd Mondays			7.30-9pm MAPUA COMMUNITY CHOIR	

HALL SOCIETY NEWS- MARCH 2025



The committee would like to extend our heartfelt thanks to the McKee Charitable Trust for their generous grant which will help significantly this year!

Save the Dates!

William Meader Talk: March 7th

An influential and respected teacher of The Esoteric Philosophy, William Meader has established an international reputation for his gift as a communicator of this philosophy.

Board Game Night: Tuesdays

Get ready for an exciting evening of fun, including a thrilling murder mystery game!

A Sound Journey with Aya Rosewood: Sunday, April 6th

An experience designed to relax and transform by listening to the power of sounds.

Mapua Easter Fair: April 20th

A fun-filled day to celebrate the season with community and creativity.

The Mapua Easter Fair is run by a charitable trust to raise funds for Mapua School & Mapua Playcentre, and is now one of the largest and most popular fairs in our greater region!

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Vetlife Paws for Thought
 Animal Health Partners

Welcome back to our monthly column from your Vetlife Māpua team.

This time we are getting to know another of our regular Māpua vets, Dr. Erin Cassie.

What inspired you to become a Vet?

I've been telling people I would be a vet since I was 5 years old! Growing up on a lifestyle block meant that I was aware of the realities of animal care from a young age, and having a supportive family who let me keep pet rats, and rescued ducklings (as well as our cat, sheep and chickens) ensured I got plenty of experience.



What do you enjoy most about working at Vetlife Māpua?

Working in a close community like Māpua allows me to start forming more lasting relationships with my patients and their people.

Is there a particular animal you enjoy working with the most? Why?

I am the crazy cat lady of Vetlife Tasman - Maybe I just understand their moods!

What aspect of your job gives you the most satisfaction?

I really enjoy the ongoing work of helping clients get the best long-term health for their furry family. Finding ways to get good health practices established for younger pets, and quality of life for older pets, leads to nurturing of the human-animal bond.

What do you appreciate the most about working and living in this region?

From Dunedin originally, I've always wanted to come back to the South Island permanently. It's only taken 14 years to be back on the homeland!

What was the first pet you owned?

A rat called Cappuccino, if we exclude family cats.

If you could choose any superpower, what would it be?

To be able to control the weather, then we could enjoy a snowy Christmas!



What's your go-to Karaoke song?

Bobby McGee - Janis Joplin, or Livin' on a Prayer - Bon Jovi.

What's your favourite thing about 2025 so far?

The bit where summer arrived, just in time for family and friends who are visiting!

To make an appointment at Vetlife Māpua phone 03 540 2329
 We are open Monday - Friday 8.30am - 12pm + 1pm - 5.30pm

Māpua Health Centre news

We are 35 years old!
And it's our birthday this month.

That is, the Māpua and Districts Health Centre came into being in the middle of March 1990 after an amazing effort by the local community in collaboration with the Nelson Area Health Board, who had just bought the site of the old post office.

It has gone through various metamorphoses and changes over the intervening years, with the latest being the addition of admin rooms and a staff room added to the back of the building. Many thanks to all the volunteer help that we have had over recent years and to the health committee who generously give their time and energy to looking after the building and equipment.

The committee that oversees the building is actively looking at how we can plan for the future and cope with the increasing population and changes in health provision (with some services likely to be devolved from the hospital to primary care).

Ideally, we would like to build a new purpose-designed centre that also incorporates other services such as physiotherapy, pharmacy, dentistry and other health professionals. If you have any ideas for achieving this or wish to help the committee please contact the chairperson, Derek Craze (info@mapuahealth.com).

We warmly welcome our new GP registrar, Brittany Puata, who works Monday, Tuesday, Thursday and Friday and will be part of the medical team for the next 6 months.

Currently we are experiencing a higher-than-normal demand for appointments and patients may find that it is a couple of weeks to get a routine appointment, although more urgent ones will be fitted in as soon as possible.

We now have nurses trained to offer advice about advance care planning. This gives everyone a chance to say what's important to them. It helps people understand what the future might hold and to say what treatment they would and would not want. It helps people, their families and their healthcare teams plan for future and end-of-life care.

This makes it much easier for families and healthcare providers to know what the person would want - particularly if they can no longer speak for themselves. If this is something you are interested in exploring, please contact Māpua Health centre to make an appointment with one of our nurses.

Shave for a cure week is a fundraising initiative that hits close to home for many Kiwis – a chance to shave, spread the word, and stand in solidarity with leukaemia and blood cancer survivors. It's an inspiring way to help fund vital care and resources for the 2,500 people affected.

Some of the events for the month:

- 1-31 SunSmart in March <http://wellplace.nz>
- 1-31 Hearing Awareness www.deafness.org.au
- 1-31 Kidney Awareness www.kidney.health.nz
- 1-31 Endometriosis Awareness
<https://nzendo.org.nz/nzendo-events>
- 1-31 Brain Awareness <https://neurological.org.nz>
- 1-31 Neighbours Aotearoa
<https://neighboursaotearoa.nz>
- 1 Zero Discrimination Day
www.unaids.org/en/resources
- 1-9 Sea Week – Kaupapa Moana www.seaweek.org.nz
- 2 National Children's Day www.childrensday.org.nz
- 3 World Wildlife Day www.wildlifeday
- 3 World Hearing Day
<https://www.who.int/campaigns>
- 4 HPV awareness day
<https://www.direct.hpv.org.nz/resources>
- 5 International Women's Day
www.internationalwomensday.com
- 8 Pasifika Festival www.aucklandnz.com/pasifika
- 13 World Kidney Day www.worldkidneyday.org
- 14 World Sleep Day www.sleephealth.org.nz
- 15 Long Covid Awareness Day
<https://longcovidsupport.co.nz/>
- 16-24 National Parks Week
www.twinkl.co.nz/event/national-parks-week-2025
- 20 World Oral Health Day www.worldoralhealthday.com
- 21 International Day for Elimination of Racial Discrimination
www.un.org/en/events/racialdiscriminationday
- 22 World Water Day www.un.org/en/events/waterday
- 23-29 Shave for a Cure www.shaveforacure.co.nz
- 24 World Tuberculosis Day www.stoptb.org

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Ruby Coast Running Club

We have had high numbers at our Thursday night 5km events over summer. It has been lovely to see some new faces, as well as lots of familiar ones too, getting out and walking and running.

Our runners have also been getting out and about taking part in events around the region.

At the end of January some of our runners entered the Milnes Beatson "Wakefield Roaster", which has both 5k and 10k walking and running options. All our runners elected the 10k run, which involves a hilly course around Wakefield. Our runners all ran well with a number of our female runners finishing in the top ten. Well done everyone.

We had a group of runners and a supporter travel to Westport for the Buller Marathon with entries in both the half marathon and full marathon distance. This is a scenic road run though the Buller Gorge and a fun event too, with entertainment and well-earned refreshments to enjoy at the finishing area. Our runners gave it their all in pretty warm conditions with some very impressive finishing times.

Next up, some of our members took part in the Mt Robert Fell Run. This annual trail run in the Nelson Lakes

National Park starts by Lake Rotoiti and goes up to Mt Robert following the Mt Robert Circuit and back down Mt Robert Road.

With a distance of over 18km across varied terrain and around 900m elevation to climb it is a challenging run. Runners are well rewarded for their efforts with great views as well as varied flora. We were fortunate to have mild conditions for the event.

All of our runners went well. Special mention to Christine and Graeme who were both placed first in their respective age categories, and also to Ursula who was placed second in hers.

If you would like to join us, our regular Thursday 5km runs meet each week in front of the playground by the Mapua Hall. We start at 5:15pm for walkers and runners that need more than 30 mins to complete 5km, and 5:30pm for everyone else. No need to register in advance – just come along a few minutes beforehand to sign in and to listen to the course briefing.

You can also find us on Facebook: Ruby Coast Running Club. There is more information there about our weekend runs and any upcoming events.



Wakefield Roaster

Nature Harp

Harpist for weddings and functions in the Tasman region.

I am a qualified youth worker and offer harp, piano and guitar lessons.

Contact me for further details:
Mobile: 027 218 6050
Email: harpnature@gmail.com

YouTube: <https://www.youtube.com/@NatureHarp>

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The ArtVine experience is now open in Māpua

Artvine has spread its wings and you can call in and visit us at our Artvine Studio Gallery HQ now based in Māpua - open 7 days, generally from around 10.30am till late (if we have an event), ground floor of the Sprig & Fern building on Aranui Road.

When the restaurant is open you may enjoy a wine, cider, craft beer, soft drink (or coffee) and order delicious food IF you are booked in for one of our Adult (18+) Ticketed Events, Classes or Workshops and come down to our Studio gallery for your Artvine Paint & Sip or many creative experiences!

You will find locally made giftware, boho beach vibe home decor, paintings and artwork by the Founder of Artvine, Lyndal Cruickshank Brunt. Locally designed and made clothing, jewellery, candles, skincare, luxurious bathtime blissballs (for men and women), bags and much more. As a working Art Gallery, Lyndal will be onsite painting and creating in between our many Workshops, Classes and Paint & Sip Events for everyone!

It's a "dream come true" says Lyndal, who has had her eye on the Sprig & Fern premises since they moved to Māpua almost 4 years ago from Queenstown. It's the seaside community village vibe that Lyndal, her husband Scott and their daughter Charlie B love so much.

Ironically, they are the "painter & the painter" as Scott and Lyndal also own and operate S B Painting Limited, a local family Painting and Decorating business – you might even decide to have a hand painted mural designed on your walls by Lyndal, or wallpaper, or have some furniture upcycled and painted. They also do gib stopping, internal and external house painting and spraying, wood finishes, commercial painting and full site management.

Let's blend a touch of fun, with a dash of paint, a smidge of creativity mixed with stunning locations, sipping local wines and enjoying delicious food prepared by our licensed restaurant Venue Partners and at our Artvine Studio Gallery where you can order your food to nibble on during events at the Sprig & Fern Tavern, Māpua.

Our Co-host Venues in Nelson, Tasman and Queenstown are wonderful restaurants, wineries and pubs such as The Sprig & Fern Māpua, Gravity Winery, River Haven, Moutere Inn Hotel, Moutere Hill Winery, McCashins Brewery, The Honest Lawyer, The Boathouse, Kismet Whiskey Bar, The Vic and Burger Culture to name a few. We also offer Private Events as well as our Public Events and larger Corporate Team Building Events at hotels and function centres.

There are many activities such as creating your very own bespoke, "one of a kind" T-shirt at our Designa Events – or bring along your Denim Jacket, a pair of jeans, a bag -

we have all the decals, patterns and images you can decorate your item or a T-shirt from our rack.

We offer T-shirt printing to clubs, groups and teams as well. We can even do bags, hats and sweatshirts! Charlie B is our 'Head Designer', ensuring that all our images and decals are created in the software we use, printed and ready for you to make something cool and unique.

We also have crochet, knitting, paint a plate, sewing, clay, poetry and writing evenings, upcycled furniture and chalk paint finishes, and different signs of all sizes and

shapes of wood designs for you to decorate and paint.

Bring your friends, family or colleagues to celebrate a birthday, anniversary or special occasion, if you are the lucky 10th person, you come for FREE - a recipe for a picture-perfect event to remember! Just show up with a sense of humour, dare to be creative while we supply everything for you to paint and create away. We even have "Date Night" every Monday evening so you can

have some time with your special person or friend and the children can come to ArtClub! Bookings are essential.

Join our Beginners Painting Classes to brush up on your painting techniques or create and play in our Art & Craft Workshops. Afterschool ArtClub gives young creatives the chance to build confidence and try new experiences every week. Kids Birthday Parties every Saturday morning unless we have a Private Event or book a teenager's party, make some jewellery or even learn about skincare, we have some beautiful locally made skincare to purchase and try at home.

Texture Paint Workshops give you the freedom to explore texture paste and paint on canvas – so much fun! We also have "Paint a Plate" workshops where you can paint your own designs on plates, cups, bowls, jugs for an original gift or piece for home. Try our Airdry clay and clay workshops to rediscover your 8-year-old self, create designs and patterns on a variety of shapes.

Artvine will be inviting Guest Tutors to our Studio such as Potters, Ceramic Artists, Mosaic Artists, Writers Workshops, Knitters, Crochet and Sewing for beginners, Leathercraft & Printmaking – the possibilities are endless.

Be part of the new vibe with ArtVine Studio Gallery, now in Nelson, Tasman and Queenstown – fun for all ages – and like a fine wine that's better with age, we offer a discounted \$35 fee to all our classes, workshops and events for Gold Club members - love to paint and create!

Contact us at bookings@artvine.co.nz or give us a call on 0212788463 and keep an eye on our website www.artvine.co.nz



CAFE OPERATOR FOR THE RUBY BAY STORE

Available for lease or for an operator.
 We reckon a cafe at the Ruby Bay Store would be a hit with locals and travellers.
 Particularly with the development of additional housing in the area.
 Our trial run last January got great feedback and encouragement for the Store opening the cafe permanently and with longer hours.
 The commercial kitchen is all set ready for someone to walk in and start up.
 Ideally it'd be open between five to seven days a week, and some evenings.
 We're flexible and negotiable.
 Do please get in touch if you have an idea you'd be interested in developing, or spread the word!
 Please email; annamacfarlane@xtra.co.nz
 Or Mobile 027 245 7887

RUBY BAY STORE March/April 2025

FRIDAY 7th MARCH RBS HOMEGROWN COMEDY NIGHT
 A bunch of laughs with local comedians \$20

SATURDAY 8th THE EARLY BOBS
 Clayton Taylor & Nate Torvik with 'Blonde on Blonde' Dylan

SATURDAY 15th SMOS
 Acoustic duo with a mix of pop, traditional, and Belgian classics

SUNDAY 16th - 11am St John First Aid Training
 St John Resuscitation & AED Training Session Koha \$\$

SUNDAY 16th - 7pm "SiCKO" Movie - Fundraiser
 Michael Moore Oscar nominated film about the US health system

FRIDAY 21st THE DESOTOS
 Americana and Country Blues Acoustic Routes Tour

SATURDAY 29th THE NELSON COUNTY PLAYBOYS
 Clayton, John Ray, & Nate Torvik showcasing The Grateful Dead

FRIDAY 4th APRIL EDEN IRIS TRIO
 Indie-folk/Americana combined with infectious pop melodies, confessional lyrics, and alt-country stringed grit!

SATURDAY 5th APRIL THE EARLY BOBS
 Clayton Taylor & Nate with excellent Dylan covers always!

MUSIC STARTS 7.30pm TICKETS \$25

For bookings, and more information - visit
www.rubybaystore.co.nz

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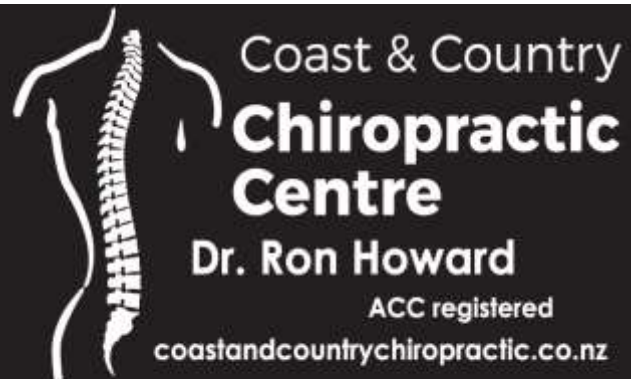
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Māpua Fire Brigade



Jan to Feb 25 call outs

- 16 Jan 25 15:31 Ute v Van Aranui Rd. One person cut out of Ute. Police investigating.
- 1 Feb 22:22 Boat on trailer on fire, on Westdale Rd. Multi brigades help put fire out. Short crewed.
- 4 Feb 14:58 Gorse fire off Pomona Rd, Workers on site put out before brigade arrival.
- 6 Feb 13:39 Digger on fire, Apple Valley Rd. Owner used 4 extinguishers to help before Brigade arrived. Cab and engine badly damaged.
- 12 Feb 11:53 Camp fire smouldering on Bullivant Island off Rabbit Island [opposite the Wharf]. Coastguard assisted with transportation to island to put fire out.
- 14 Feb 08:47 Rural/tanker to a fire in paddock caused by a spraying dome which crashed into power lines near Apple Valley Rd. Out on arrival.
- 14 Feb 16:23 Rural/tanker to large grass fire off Thorn Rd. Helicopter helped to put fire out with Upper Moutere and Ngatimoti brigades, with tankers from Motueka and Nelson
- 16 Feb 08:18 Alarm activation at Mapua School, nothing found.

Call outs for the year = 8

For fire safety info go to - <https://fireandemergency.nz/>
 For rural fire go to - <http://www.checkitsalright.nz/>

Check machinery and vehicles for birds' nests and other dry materials before starting.

Make sure the area around rubbish fires is clear of dry material, has been watered down, or has gravel or bare earth around fire.

Have a means to put fire out e.g. hose or machinery.

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Before a site can issue WoF's they must first comply with standards set by NZTA. Once standards are met they are issued with a 'Certificate of Authorisation'. Likewise, each WoF inspector must sit theory and practical exams, testing both their knowledge of the rules and their practical abilities. Upon passing these exams they are issued with a 'Certificate of Appointment'. Both of these certificates must be publicly displayed on site.

The purpose of WoF checks is to ensure each vehicle using national public roads attain minimum safety standards. If problems are identified during a WoF check, repairs need to be done before a current WoF will be issued. It is illegal for a vehicle to be used on the road without a current WoF.

When a vehicle has been inspected by an approved WoF inspector and has complied with all inspection items, a current WoF label is placed on the top right hand corner of the front windscreen. This label shows this vehicle has been visually inspected and was roadworthy at the time of the last inspection.

Keeping your vehicle safe and up to WoF standards between inspections is crucial for you, your passengers and all road users safety and is legally required.

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Our latest news & adventures



Empowering tamariki with Parklands School

Last year, Whenua Iti partnered with Parklands School to deliver a nine-week social skills programme for junior tamariki, addressing challenges like low motor skills, social skills, and resilience. Principal Andrea Smith explains, "Many of our students face barriers, from low confidence to difficulties managing emotions. Outdoor experiences like this provide vital opportunities for growth."

Over 40 tamariki in Years 2-4 engaged in activities designed to build teamwork, resilience, and problem-solving. The programme aligned with Parklands' core values—Kotahitanga, Ako, Haepapa, and Aroha—connecting outdoor lessons to classroom learning. WIO CEO Mark Bruce-Miller stressed the importance of expanding such programmes: "These initiatives foster resilience and curiosity, laying a foundation for tamariki to thrive."

This partnership was supported by Ministry of Education, Te Rau Puawai, Sport Tasman, and Te Pūtahitanga o Te Waipounamu.



Parklands School beach day with paddle boards

Youth Outdoor Short Film Competition

Do you know a young person keen to capture their summer adventure?! Be it the summit of a mountain or an adventure in the back garden, it is now the final call for submissions to our Youth Outdoor Short Film Competition. We have some epic prizes up for grabs and entrants will have a chance to see their film on the big screen!

- Free to enter for youth under the age of 24
- Submit your 2 - 10 minute film
- The best films will be shown in April at State Cinema Motueka
- Over \$3500 in prizes to be won!

Entries close March 7th.

For full entry details visit our website: www.whenuaiti.org.nz/youth-film-competition/



{ FILM FESTIVAL SCREENING }
 STATE CINEMA MOTUEKA
 APRIL 2025

YOUTH OUTDOOR SHORT FILM COMP

FREE! to enter

Entries by March 7th

Length 2 - 10 min

Open to youth (under 24yrs)

Prizes to the value of \$2000

Full entry details on our website

Calling all youth - Capture your summer adventure!

Book Review



THE BRIAR CLUB by Kate Quinn
 Seven women, one house, one deadly secret...
 Kate Quinn, the bestselling author of *The Rose Code*, has produced a powerful, unforgettable historical mystery set in Washington DC, at the height of McCarthyism. Everyone keeps to themselves at Briarwood House, an all-female boarding house in the heart of the US capital, where secrets

hide behind respectable facades.

But when the mysterious Grace March moves into the attic room, she draws an oddball collection of neighbours – a poised English beauty, a policeman’s daughter, a frustrated female baseball star, and a rabidly pro-McCarthy typist – into an unlikely friendship.

Grace’s weekly attic-room dinner parties and windows-brewed sun tea become a healing balm on all their troubled lives, but she hides a terrible secret of her own. And when a shocking act of violence tears the house apart, the Briar Club must decide once and for all: who is the true enemy in their midst?

Reviewed by Barrie Walker



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Lynda’s Exercise Classes in the Mapua Hall
 Summer 2025
 Cardio/Weights Tuesday 6 pm.
 Old-fashioned Aerobics Wednesday 9.05 am.
 Cardio/Weights Friday 9.05 am.
 Pilates Wednesday & Friday 10.05 am.
 5-trip ticket \$60; 10-trip ticket \$100; 20-trip ticket \$180.
 Casuals – \$15 per session.
 Top-ups for single sessions on your ticket \$12
 Please contact Lynda for details,
 lyndamabin@gmail.com 027 222 1491.



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**Fri 7th March:
Paul Ubana Jones**

**Sun 9th March:
MY BABY!**

**Fri 21st March:
Craig Allot's Kiwiana Show**

**Fri 28th March:
Louis TM (wellington)**

**Sat 29th March:
Paul Madsen's 7 Star Salute**

**Sat 5th April:
Burlesque Show**

**Fri 11th April:
The Doors Tribute**

**Sat 12th April:
Nirvana Tribute**

5402985 for bookings

Māpua Bowling Club

Summer has arrived, setting some challenges for bowlers. Hot days, humid days and plenty of wind which can make bowling interesting!

Monday evening bowling has become popular, with one evening welcoming 10 new people to the game.

On Monday 10th February the club held one of our big open tournaments. The club provides a lovely roast dinner at this event, all for \$22.50.

This was all made possible with the help of Mapua Four Square cooking 9 large chickens and eight 1¼kg of rolled pork for a roast lunch, along with members of the committee and club who worked hard in the kitchen.

It was great to play with other club members from Nelson, Tasman and Golden Bay

On 12th February the club started 6 session of bowls coaching for students at Māpua School. March will be busy with club championships, weather permitting

Please contact our secretary Di Blanchet on 03 540 2627 for details about bowling, coaching, friendship group or clubhouse hire.

Julie Booth

Hills Community Church
Fundraiser for Children & Families Worker fund

Afternoon Tea
at Ruby Bay Ocean View
(9 Tait St, Ruby Bay)
on Saturday 15th March
2.30-5pm
Tickets \$20 per adult,
\$10 per child
with Silent Auctions



Contact: HCC 03 540 3848 office@hillscommunitychurch.org.nz

Senior Moments

Held on the second and last Wednesdays of the month. At Hills Community Church, 122 Aranui Road Māpua 10.00 am to 12.00

Come along and enjoy:

A social get together, Morning tea, Shared lunches, Activities and games, Sharing interests and stories, Quizzes, Guest speakers and Information, Outings.

No cost involved, however a small donation is always appreciated.



Our Elder Care Team may also be able to help support members of our community at times of need with: meals, shopping, transport For further details, contact: Elder Care Coordinator, 03 540 3848,

office@hillscommunitychurch.org.nz,
www.hillscommunitychurch.org.nz

Māpua Elder Care Support is overseen by Hills Community Church with funding from the Anglican Care Charitable Trust

HILLS
Community Church



Sunday Services through the month at Hills Community Church.	
	<p>Café Church An opportunity to worship, learn, and chat in an informal setting - while enjoying croissants and fresh coffee. 1st Sunday of every month 9.30 am</p>
	<p>Holy Communion A traditional Anglican Holy Communion service. Sharing bread and wine together as a church community. 2nd Sunday of every month 9.30 am</p>
	<p>Family Praise and Worship Come together to worship God through song, prayer, listening to and hearing the Word of God. 3rd Sunday of every month 9.30 am</p>
	<p>Holy Communion Based on the Iona tradition. Sharing bread and wine together as a church community. 4th Sunday of every month 9.30 am</p>
	<p>Coming together as a church community to celebrate the different themes running throughout the year. Followed by a shared morning tea. 5th Sundays in the year 9.30 am</p>

What's on at Hills Community Church?

Throughout the week in March

Sunday: Morning Service - 9:30am

Worship and fellowship followed by morning tea

Wednesday: Senior Moments – second and last Wednesday each month. 10am to 12pm

Friendship, food, events and information

KidsnKoffee – Community Playgroup – 10am to 12pm

A great space for all the whanau

Thursday: Pray and Chat – 10:00am. An opportunity for prayer, discussion and a chat over coffee

Friday: Craft and Coffee – first and third Friday each month 10am to 12pm. If you love all things “crafty” then come along and join the group

Throughout the week: Life Groups

Drop in for coffee, chat or just a quiet space.

Come to the Quiet
Lent Reflection

Wednesday Evening
Beginning 5th March – Ash Wednesday
7pm to 7:30pm

An opportunity for coffee and conversation
7:30pm to 8:00pm

Hills Community Church
For more info, contact:
Phone 03 540 3848
office@hillscommunitychurch.org.nz
www.hillscommunitychurch.org.nz

Māpua Village Bakery

Pet of the Month



This month our special pup is Ripley (for all you Sigourney Weaver fans out there) who is a Fox Terrier and Papillon cross.

Don't tell anyone, but there may also be a sneaky bit of collie in there as well.

As to her age, well... it's not nice to ask a lady her age.

Ripley loves to play at the beach because she loves running in the sand. Her favourite game is chase when there. Other dogs and her dad are her favourite prey.

She likes getting her paws wet to cool off, but as just a little pup you won't find her swimming unless a big wave hits her.

Her most precious toy is a little gecko lizard that she likes to carry around the house proudly. And her favourite treat is homemade doggie biscuits and peanut butter. [Ed - that reminds me the Māpua Village Bakery dog treats have peanut butter in them too]

Local Cold Drinks

Hydration is important, especially in these hot days.

So we provide three full refrigerators of cold drinks for a great selection.

What we'd like to highlight is that while we carry standard

popular drinks like Bundaberg and Coke, we also are doing our best to have a selection of locally produced beverages.



These include local producers Atutahi, Pete's Natural, and Chia Sisters. All three of these provide some great and interesting flavours. They have some amazingly healthy options too.

Beef and Guinness

When we took over the bakery it made a really tasty beef and beer pie made with Speights Old Dark beer. We enjoyed it a lot but wanted it even better, so we went with a true classic and changed the beer to Guinness.

This is now Barb's favourite of our pies and it's full of beefy chunks of tastiness and an amazing sauce flavoured with the Guinness.

It's truly a great pie and will be one of our entries at the next New Zealand pie awards.

If you do grab a pie, and you should, have a think about adding a little something extra. That extra could be an apple slice as their flavours complement each other incredibly well.

Cheers!



New Layout

We're going to be making a few small tweaks to our front of house including a new Point of Sale system and minor display changes. This will enable us to highlight some more products and serve customers more efficiently.



What this means for you is that once we're set up all orders will be done at the front of the bakery where the pies and bread are.

No more orders from where the side till currently is.

Then for food takeaways, they get picked up at the end of the displays by the gluten free treats and coffee machine, which is where we are already set up for takeaway coffee.

There may be some teething pains, so if there are any issues, we're thanking you in advance for your understanding.

Noticeboard

Death Café: Share thoughts about death & dying. 2nd Wednesdays, 10-11.30am. Revite Café, 265 High St, Motueka. Email: LKc1957@protonmail.com or margaret@margaretmccallum.com

NZ Tree Crops Assoc, Nelson Branch: 50th National Conference, Māpua Hall, Sat 29 March. From 1-3pm we invite locals to talk with Tree Croppers, ask questions, view displays, grafted fruit trees, garden tools etc.

Tasman Golf Club: Ladies 9 hole & 18 hole summer competition. Tee off 9:30am every Tuesday. All skill levels welcome. \$25 for non-members. Call Lyndal 03 5266819 or email teeup@tasmangolfclub.com

Tasman Area Social Walking Group: welcomes all to our Wednesday 9.30am walks. 60-90 mins walk & then coffee. Walks vary & support local cafés. Info: Fiona 021 232 6089

Māpua Friendship Club indoor bowls, first & third Mondays, at Māpua Bowling Club rooms. Bowls 2pm, then "bring a plate" afternoon tea. \$3 door fee. Lots of laughs and non-competitive. For more info contact Val 540 3685

Nelson Branch RNZAF meets 2nd Saturdays at Phils Restaurant, Club Waimea, Richmond. ex RAF, RNZAF or others with interest in aviation. Contact: John Bethwaite, 035476634 or Trevor Squires, 039706644. Meal \$25.

Craft Group: please check with Barbara or Val that meetings are going ahead. 03 5403901

Stamp & Coin collections in Māpua/Ruby Bay & the Moutere evaluated & purchased. Nick Ferrier 021 688243

Pastel Artists Nelson: meet Tuesdays 9am-noon, Bill Marris room, Hall. Visitors welcome. Marg: 027 257 1857

Coastal Stringers: Ukulele & guitar group meet Fridays 1-4pm at Bowling Club. All welcome, just arrive & enjoy the singing. Contacts: Colleen 5403010, Diane 5402627.

Māpua Women's Rec Group. Come and join our friendly social walking group. Meet outside Village Mall Thursdays 9.15am. Options for all fitness levels plus activities and social events. mapuarecgroup@gmail.com or just turn up.

Knit & Natter group now at Appleshed: 10am Tuesdays. Contact: Debbi 027 327 4055

Motueka Toastmasters: Speak with more confidence? Meet 1st & 3rd Weds, 6.45-8.30pm, St Johns rooms, Jack Inglis hospital. Visitors welcome. Info Peter 027 7468311.

Re-cycle Printer Cartridges at the library. Volunteers are happy to collect printer & photocopier cartridges and transport to recycling centre. Blue bin in our foyer.

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 526-6707

Tasman Dippers: A casual collection of people who enjoy connecting with the open water. Year-round dips or swims in the sea at Rabbit Island. Info: www.tasmandippers.nz

Māpua Boat Club welcomes new members. No boat required. Social nights Thursdays 5.30 - 7pm at Club rooms on Māpua Wharf. Raffles, cash bar, snacks, regular guest speakers. To join, contact Secretary, Katrina 0211393945

Playcentre: behind the tennis courts at 84 Aranui Rd. Come & play – Mondays & Thursdays 9.30-noon during term time. mapua@playcentre.org.nz

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Quakers meet at Family Service Centre, Motueka 10am 2nd Sundays. All welcome. Enquiries: Linda 027 447 6435.

RSA: Anyone interested in joining Moutere Hills RSA is welcome. No service history required. Catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall Monday afternoons 2.30-4pm. mapuatoylibrary@gmail.com

Māpua Art Group meets Bill Marris Room Māpua Hall Thursdays, 9.30am-12.30pm. Paint, draw, in a social environment. All levels, media. \$5 incl morning tea. Tables, chairs, easels provided. mapuaartgroup@gmail.com

Māpua Community Choir: 4 part harmony, no audition necessary, small koha, Māpua Hall 7.15pm Thursdays, enquiries Helen: n-h.bibby@actrix.co.nz

MDCA: Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; info@ourmapua.org

Kids 'n' Koffee Playgroup: Wednesdays 10-noon during term time, at the old church building. 0-6 year olds. Morning tea provided. Gold coin donation. Info: pippie.d@gmail.com

Ruby Coast Running Club: 5k run Thursday nights 5:30pm. Also runs most mornings. Find us on Facebook or contact Debbi 027 327 4055.

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St, Motueka. Seniornetmotueka.org.nz

Coastal Garden Group meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). All most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Info: coastalgarden.group@gmail.com

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues. Morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Tasman Area Community Association (TACA) 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or www.tasmancommunity.org.nz

Motueka Scottish Country Dance Club: Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Nelson Trout Fishing Club: 7pm 3rd Wednesdays, Fish & Game Rooms, 66/74 Champion Rd, Stoke. Beginner or expert. Courses, field trips, speakers. Open to all ages. Info: 03 5476432, secretary@nelsontroutfishingclub.com

Club Notices are free. Others by gold coin donation.