



Dominion Flats Reserve

The important news from the reserve this month is that there are to be two planting days at the end of May 29th and 30th. [See Notice on page 7]

We have 2000 plants again this year to get into the ground, so we need lots of helpers. These plants have come through the Tasman Environmental Trust from the Billion Trees project.

For those of you who have not been walking there recently we can report that the tracks are now completed so there are several different loops that can be done as well as connecting to Dominion Rd through the underpass, Chaytor Track at the top end of the reserve and Dawson track that connects to Dawson Rd. Spoilt for choice! It is a great place for a walk or to exercise your dog so come and have a look.

Everything is growing so well that we are now needing to trim back the edges of the tracks. The Tuesday group continue their good work with weeding and giving the plants room to grow. Always room for more helpers if you are free on a Tuesday morning – even only every now and then would be a help.

While it is nice to be told what a great job we are doing as users pass through, we are only volunteers, very easy to get along with, and would welcome anyone who is prepared to stop and lend a hand.

Contact Helen Bibby 5403830 for more information.

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Māpua Community Hub (MCH)

The idea of establishing a Community Hub in Māpua continues to develop and grow. Progress from the March update:

1. Community Connections Three working group members received a warm welcome, positive encouragement and offers of support for the Māpua Hub initiative when they visited Victory Community Centre, The Habitat for Humanity Hub at Tahunanui and Motueka Community House.

The three centres visited differ but have features common to all. These features have been noted for future Hub planning. Thank you, John, for your informative powerpoint presentation and working group members who also undertook the valuable and informative visits.

Jan attended a funding roadshow and has made valuable connections. An offer of help to set up a meeting with possible funders and the Community Hub Working Group has been made. At the appropriate time, fundraising for a feasibility study will be the first priority.

2. Draft MOU A meeting has been scheduled on the 13th of May between the Māpua Community Wellbeing Trust and the Hills Community Church Trust to discuss the draft MOU and lease.

3. Governance A meeting was held on the 16th of April between the Māpua Community Wellbeing Trust and Māpua Community Hub working group members to discuss their relationship and agree upon a way forward. Aspects of co-operation, roles and responsibilities were agreed upon and planning phases set.

The next meeting of the Working Group and Supporters is to be held on:

Tuesday 11 May, 10am at the Old Church on Aranui Road.

The meeting is open for interested members of the community to attend.

info@mapuahub.nz



Tessa Mae's
WITH ATTITUDE

Gifts & Homewares in The Village

OPEN 7 DAYS

MDCA. Future of Māpua and Districts

Information, Consultations and Submissions –

Being informed and having our say.

Māpua and Districts Community Association's February 2021 meeting focused on:

- *Being informed* About progress on water issues; playground developments; what the various categories of "Land Use" relate to.
- *Having input* Into current issues and potential future developments, with an emphasis on intensification of housing, future transport options and becoming involved early on in planning processes.

Current state of upgrade of water distribution and storage facilities

Rob O'Grady (TDC) updated on the various aspects of this process. This was done on a ZOOM platform and the set of slides he spoke to plus his notes as text, are available on MDCA Facebook Page. The main aspects he commented on were:

- Māpua Water Treatment Plant upgrade by Oct 21 to meet higher drinking water standards and seismic requirements.
- Pomona Road Reservoir. Temporary tank to be demolished and replaced by concrete tank.
- Stormwater discharge from Broadsea Ave. Two Flood gates are to be bigger; land at Chaytor Reserve to be regraded to allow water to flow out.
- Resurfacing Aranui Road "next summer".
- Channel from Apple Shed to Rabbit Island -2037!
- Vaughan Cerfontaine (Project Manager Luke Donaldson's) reported on progress on pipe and pump upgrades:
- Mains. Live from wharf to tennis courts.
- Wastewater. Live from Higgs Rd to Wharf.
- Warren Place to Pinehill Road. Live on LH side; putting in pipe lines on RH side.
- Wastewater Ruby Bay Tait St to Pomona Road. Now working on Aranui Road back to the school (new lines by April 21).
- Pipe to Pump Station not yet replaced. Main problems with Reservoir are capacity and leakage.

ENVIRONMENTAL PROJECTS

Intensification in Māpua Noted that MDCA has set up a new working group to address these issues; chaired by Bruce Gilkison. The group met near the end of February. Noted that MDCA had "been a bit late" in relation to input on developments of local subdivisions and that we want good connections so that we can be involved and engaged earlier ("ahead of the ball") in the decisions and processes rather than "always playing catch-up" behind the developers.

Issues relating to approval for new subdivisions

- Problems were identified relating to lack of response to requests made to TDC for earlier notification before new subdivisions approved as well as community consultation being sought in December/January.
- Members identified "a hole in the system" in terms of "how this is being managed" with not enough time allowed for residents to gain understanding of the issues (including **why the changes are being made**) before engaging in the process of making a submission (see Aranui as Case Study) and asked for Ward Councillors' assistance. Cr Christeen Mackenzie suggested a meeting with TDC's CEO and described this as "another example in different communities of how current regulations are being interpreted by planners and others....."
- Cr Anne Turley suggested asking the CEO to halt the process until the contradictions in classifications/re-zoning are clarified, noting their impact on future processes in terms of zoning and land-usage.

Access to cycleways

Issues/problems related to cyclists accessing the cycleway from the roundabout at Higgs Road were raised. Wayne Chisnall will follow this up with the Project Manager checking if the project is actually completed.

COMMUNITY WELLBEING

Māpua Willing Wheels (MWW) noted that we are still waiting for confirmation of ongoing funding for this project for the rest of 2021. Many of the team of volunteer drivers

Continued on next page



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MDCA continued.....

indicated their ongoing availability as "Willing Wheels" for the coming year. Local businesses/organizations encouraged to offer sponsorship to support the scheme's administrative costs; any amount will be appreciated.

Motueka Coastal Corridor Community Bus Route
(Motueka through Tasman/Māpua to Richmond). Rachel Mason has been contracted to set up a six-month trial of this new extended service. This service will pass through Tasman and Māpua and is seen as complementary to MWW (which Rachel also co-ordinates).

Community Hub See separate article elsewhere in this issue [page 1] with details of projects and progress. The data collection project came to a close at the end of February with interest shown by many organizations, groups and businesses in accessing the future resource. A fruitful meeting was held with the Māpua Community Hall Committee Members to discuss how the two facilities can complement each other's service and work in co-operation, not competition.

Future hot topics

May "Hot Topics": Both will be presentations by TDC staff with the chance for questions.

Nelson/Tasman Environmental Plan

Nelson/Tasman Public Transport Plan (Draft) 2021-2031

2021 months: A list of possible Hot topics for the rest of 2021 was presented to the meeting and is posted on MDCA's Facebook page. If you have any other suggestions of topics that you believe will be of particular interest to the community, please send them to info@ourmapua.org as soon as possible so they can be considered for the calendar.

Be sure to attend/join in our next monthly meeting:
Monday, 10th May 2021 at 7pm. Content and format to be confirmed on MDCA Facebook and Mailchimp mailout).

MDCA works closely with TDC to ensure our community functions in a way that suits the majority of our residents.

To have a vote that counts, become a financial member of

MDCA by simply paying a \$10 membership fee to our NBS account 03-1354-0356471-00 with your name and phone number as reference.

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Letter to the editor

Tasman's 10-Year Plan

'Developer's Dream' or 'Death by a Thousand Cuts' could be titles for Tasman District Council's 10-Year Plan.

The underlying theme, 'growth is good', promotes 4300 more houses and 7700 extra people, a 13.65 percent population increase on 56,400.

Tasman already has more residents than Nelson City's 54,600.

Golden Bay and Lakes-Murchison ratepayers might have to subsidise a big subdivision at Lower Moutere.

'Choices' are mentioned, but locals are given no real choice. Our environment and our heritage treasures (like Nelson Provincial Museum) are threatened by a Stalinist plan. It's either \$124 or \$169 million for more housing and although Waimea Dam costs are harder to fathom in the public relations hype, the council says it's 'contractually obligated to proceed.... we have not presented an option that doesn't meet those commitments.'

Meanwhile, climate change is an empty bureaucratic buzz-word. It's simply bad planning to further clog the roads, intensify land-use, pollute waterways, and destroy the rural nature of our coastal hills. A sustainable, intelligent 21st century vision and stable population should replace this 1950s blueprint.

Beautiful Tasman, the district I love more than anywhere in the world, must be saved for our children and grandchildren, please.

Paul Bensemann,
13 Tahiti Street, Māpua 7005
021 2142665



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Moutere Hills RSA Memorial Library

Māpua Community Library

Winter Book Sale 16th May 9am-2pm Wet or Fine. We are sharing the date with the Māpua Makers Market so come along to both events and make a day of it!

Patron We are delighted to announce that Emma Stevens has accepted our invitation to be our new patron.

Emma is a graduate of Christchurch Teachers' College and holds a MEd from Victoria University. Much of her teaching career has been spent working with indigenous students in NZ, Australia, and Alaska.

Her way of life changed completely when, divorced and in her late forties, she met online, the principal of an Inupiaq school in the Arctic Circle, Alaska. The couple married, and Emma spent the next six years working beside her new husband in the icy wilderness of bush Alaska. More information about Emma is covered elsewhere in the Coastal News [page 6].

Story Time with Tim Do your children like exciting, interest and amazing stories being read to them? Then bring them along to listen and join in with Story Time with Tim. Tuesday and Saturday 10.30-11.30am at the library. Suitable for babies to early school age. Children need a big person to come with them.

Correction re AGM Date You are warmly invited to attend our AGM on Tuesday 11 May at 10.30am at the library. All welcome.

Exhibition The talented Creative Fibre Group will be exhibiting their work for the month of May. We love sharing the wonderful art and craft created locally. Don't miss this one!

Hardy Kids We are thrilled to welcome a group from Hardy Kids to the library on a weekly basis. If you would like to book a group to come along regularly, just be in touch via Mapualibrarynz@gmail.com.

Lit Fest 2021 Save the dates 24-26 September. Watch this space!

Open Seven Days (Except Stat holidays):

Monday	2 pm-4.30 pm
Tuesday	2 pm-4.30 pm
Wednesday	2 pm-4.30 pm*
Thursday	10 am-12.30 pm; 2 pm-4.30 pm
Friday	2 pm-4.30 pm
Saturday	10 am-12.30 pm; 2 pm-4.30 pm
Sunday	2 pm-4.30 pm

Facebook: Māpua Community Library;
Mapuacomunitylibrary.co.nz;
Mapualibrarynz@gmail.com

Major Sponsors: Rata Foundation, Network Tasman, The Lion Foundation; Tasman District Council



Māpua Community Library

BOOK APPRECIATION GROUP

Now meeting at Māpua Library on the first Wednesday of each month @ 2.15 pm.
starting May 5th.
New members welcome.

For more information: Judy Vaughan: 027 5403163
or email bvaughan@xtra.co.nz

MAPUA COMMUNITY LIBRARY

TASMAN ADULTS: NEED SOME EXTRA HELP WITH READING, WRITING OR MATHS?

We are offering a free, private space within our library to be used for helping adults with 1:1 teaching. We will assist with matching up students with trained tutors.

Please call Judy Vaughan for more information on 027 5403163 or email bvaughan@xtra.co.nz

An advertisement for Brook Street Lounge, a sustainable clothing store. It features a bright orange dress on the left and a pair of jeans on the right. A circular recycling symbol is in the center. Text on the left reads: "Brook Street Lounge is a recycled designer labelled clothing store for men and women." Text on the right reads: "At corner of Aranui Road and Mapua Drive".

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Māpua Health Centre

Many GP practices in the Tasman Bay/Nelson area, as well as in NZ as a whole, have been struggling to maintain a high level of service due to insufficient doctors being available. Several practices in the area have recently had to stop taking new patients.

However, we are very pleased to announce that we will soon have another female doctor joining us with a special interest in women's health and that Dr Andre Bonny will be working full-time from July.

This will allow us to continue to offer a full range of GP services and take on new patients. We also thank the support from our locum doctors, including Jo Alwood and Bruce Dooley.

The Covid vaccines are currently being offered by external providers throughout New Zealand. The population is split into tiers to assist with the rollout of the vaccine. For further information please visit the Ministry of Health website - <https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-vaccines/covid-19-getting-vaccine/covid-19-when-you-can-get-vaccine>

The flu vaccine for those 65yrs+ has arrived and this is currently being rolled out by the practice. However, if you have had a COVID vaccine, there is then a STAND DOWN PERIOD of two weeks after your second COVID vaccine.

If you have not had a COVID Vaccine and are 65yrs and over, you can make an appointment for your flu vaccine now. For the rest of the community wanting the flu vaccine we have been advised that they should be available mid-May.

On a few occasions we have had members of the community contact staff outside of normal working hours via telephone and/or social media. All staff are here to support our community and help in any way we can. However, if you do need help after hours then please ring the Healthline number for advice on 0800 611 116 or attend The Medical and Injury Centre (5468881) which is the big orange building next to the hospital on Waimea Rd.

We thank you for respecting our privacy outside of working hours.

This month also includes asthma awareness day and, in addition to routine supportive options and medical treatment, research suggests that nutrition modification, mind-body medicine, physical activity, and certain dietary supplement interventions can be helpful (*Current Allergy and Asthma Reports* Oct 2014). For instance, children who eat fast-food three or more times a week had a much higher likelihood of severe asthma, as well as more hay fever and eczema, whereas eating extra fruit appeared to be protective (*Thorax* 2013).

A meta-analysis suggested that taking vitamin D reduced the frequency of acute exacerbations, namely emergency department visits, hospitalizations, or the need to administer corticosteroids, by over 60% (*Cochrane Database Syst Rev*. 2016).

This month's health and school events include:

5	International Midwives Day	www.midwiferycouncil.org.nz
5	World Asthma Day	www.ginasthma.org
8	World Red Cross Day	www.redcross.org.nz
8-15	Youth Week	www.arataiohi.org.nz
11-16	ME Awareness Day	www.anzmes.org.nz
10-14	Privacy Awareness Week	https://privacy.org.nz
12	International Nurses Day	www.nursingcouncil.org.nz
15	International Day of Families	www.un.org
17-23	Hospice Awareness Week	www.hospice.org.nz
17-23	Road Safety Week	www.brake.org.nz
21	Pink Shirt Day – awareness of bullying	www.pinkshirtday.org.nz
30	Multiple Sclerosis Day	www.msnz.org.nz
31	World Smoke-Free Day	www.who.int

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The Write Bias

News from Māpuia Bowling Club

Sadly, the last tournament of the season, Ladies Giggle Day, had to be cancelled. Yes, you guessed, it was raining! It is hoping to reschedule this popular event to the start of next season so that once again all the ladies can come out giggling.

One open tournament in March did go ahead with a full green and plenty of bowling action. This was generously sponsored by Golden Bay Motueka Funeral Services. All the winning teams were visitors; first place went to a triple from Tahunanui, second and third places were both triples' teams from the United Club in Nelson.

Sponsorship has been vital for all the tournaments throughout the year and the Club is indebted to everybody who supported us.

As the season comes to a close, we honour all the Club champions and hope that they will defend their titles next year.

Men

Senior singles - Danny Beattie

Veteran singles - Allan Forrest

Junior singles - Warren Keith

Senior pairs - Errol Beattie / Grahame Williams

Veteran pairs - Sean McBride / Warren Keith

Junior pairs - Warren Keith / Murray Blanchet

Triples - Danny Beattie / Ian Benbow / Arthur Win

Fours - Ian Benbow, Arthur Win, Warren Keith, Bill McKinlay

Ladies

Senior singles - Sue England

Veteran singles - Sue England

Junior singles - Not Contested

Senior pairs - Sue England / Jean Daubney

Veteran pairs - Sue England / Julie Booth

Junior pairs - Not Contested

Triples - Sue England / Margaret Busby / Julie Booth

Fours - Jean Daubney / Margaret Busby / Ann Briggs / Melva Forrest

And now it is time to look forward to some indoor carpet bowling as we meet on Friday evenings throughout the winter months to socialise and play indoor games. Newcomers are very welcome to come along to meet us and join in.

For any information about bowling, coaching, or booking the clubhouse and facilities, please contact the secretary, Di Blanchet on 03 540 2627 or check out our website, sporty.co.nz/māpuabowls

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Introducing Emma Stevens

New Patron of Moutere Hills RSA Memorial Library

Emma Stevens was born in Christchurch and raised in Whanganui. A graduate of Christchurch Teachers' College, Emma holds a MEd from Victoria University.

Much of her teaching career has been spent working with indigenous students in NZ, Australia, and Alaska. She was voted Sydney's Child Teacher of the Year in 1994 while teaching at an alternative school in Sydney, Australia.

Her way of life changed completely when, divorced and in her late forties, she met online the principal of an Inupiaq school in the Arctic Circle, Alaska. The couple married, and Emma spent the next six years working beside her new husband in the icy wilderness of bush Alaska.

Emma has written a trilogy of romantic memoirs on her experiences in Alaska: 'Walking on Ice', 'Nesting in the Nushagak' and 'Dancing in the Tundra.'

At the Māpuia Community Library's Literary Festival this September Emma will talk about her amazing life and adventures in remote Alaska.

Emma and her husband now live among orchards and vineyards just outside Nelson, where the winters are mild, and the summers are long.

Where to find Emma Stevens online:

Website: <http://www.walkingonice.co.nz>

Blog:<http://www.walkingonice.co.nz/blog>

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Heart health

A new online heart health risk management tool for Kiwis

The Heart Foundation is helping New Zealanders become more proactive about their heart health with its new online risk assessment and management tool, *My Heart Check*.

The risk management tool is freely available for all New Zealanders to self-assess their heart health.

Based on New Zealand data, it uses information like location, ethnicity, and medical history to give a heart health estimate and approximate heart age, compared to actual age.

My Heart Check complements the tools clinicians use in assessing the heart health risk of their patients and helps health care professionals provide further care for patients at increased risk.

General Practitioner Dr Joan Leighton says the tool will be a valuable starting point for conversations around heart health.

"Being able to show risk into the future and the positive impact of possible lifestyle such as stopping smoking is particularly useful," says Dr Leighton.

"It gives a risk assessment using New Zealand data and will be very valuable in a wide range of settings including workplaces, enabling early conversations on ways to improve heart health."

My Heart Check is the first heart health risk tool based on New Zealand population data and provides a tailored assessment for all New Zealanders, including Māori, Pasifika, and high-risk populations.

The Heart Foundation's Medical Director, Dr Gerry Devlin says New Zealand's heart health risk equations are among the best in the world.

"Our goal is to use the data to provide New Zealanders with information to proactively start a conversation with their health professional about their heart health. This includes lifestyle changes for many but may also lead to medications for blood pressure, diabetes and high cholesterol if they need it," says Dr Devlin.

"The tool will play an important part in screening for risk of heart disease in high risk, difficult to reach communities and workplaces. It can open up the important early conversations about how individuals can improve their own heart health," he says.

My Heart Check is evidence-based and consistent with best practice guidance on CVD risk assessment and management and is based on the guidelines from the New Zealand Consensus Statement.

For more information on *My Heart Check* visit myheartcheck.org.nz or contact the Heart Foundation's Nelson Marlborough office, phone 03 545 7112 or 027 215 3836 or email averilw@heartfoundation.org.nz



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Mapua & District Community Association



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Jersey Boys: The Movie

Showing at Māpua's famous "Packhouse Cinema."

6:30 pm Sunday 16th May.

I saw the stage play in Sydney a couple of years ago and I was fully prepared to hate this movie. But I thoroughly enjoyed it.

It's not so easy to take a stage production and make a good movie. However, you can watch this movie, tap your feet and clap along with the music. There was no one behind me so I got up and danced in my seat a couple times. It was AWESOME!

The actors are stellar, the music is fantastic and the film completely engrossing. I had a big smile plastered across my face from beginning to end.

The audience clapped twice during the movie (it was that good).

Most of you know this music and will love it just like Di does. What more do I need to say?

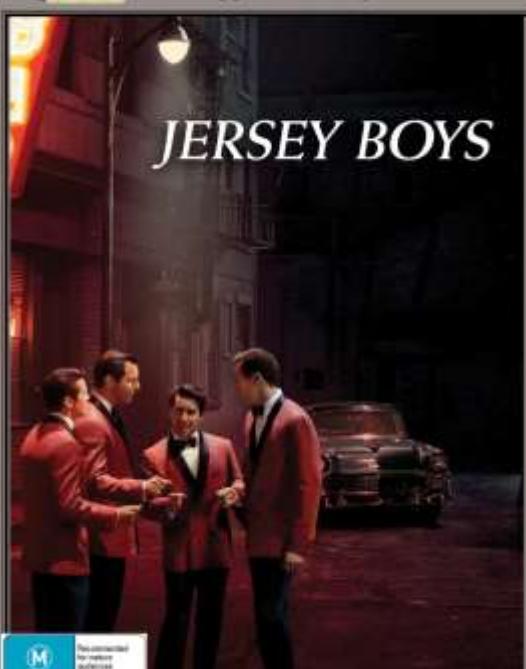
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Sunday 16th May

Entry at 6.15

Movie starts at 6.30pm

Bring your own camp chair, snacks & drinks



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Hills Community Church

I am trusting you are doing ok as the year seems to be racing by. I am writing this from Hanmer Springs, where every couple of years, we come together with a group of friends from our Otago university days.

The intervening years have brought many changes along the way, seasons of busyness and travel, kids, and expanding families. In many ways, life has moved on for all of us, and yet it is a joy, and amazing privilege to spend time together; catching up, reflecting on life, and seeing our kids connect.

What is the glue that keeps this community together? It is not that we are all the same, or that we all agree, or that we are all dependant on one another. I guess we do share a common experience of a time and place, but the reality is we have all gone our separate and unique ways in life.

In many ways it is simply this: somehow there is a commitment to one another, I think because each of us realise, that our lives are richer because of one another.

We live in a culture that is radically individualistic, in which the richness of genuine community is hard to find, and even harder to keep; there is no getting around it, relationships are hard work.

And more than this, the busyness and pressures of life can tempt us to focus solely on 'what' we are doing, or what we want to achieve, rather than whom God might have given us to share the journey with.

May each of you learn to recognise the gift of community that we have been given in each other.

In Christ.

Rev John Sherlock, 021 0707 276 hillscommunitychurch.org.nz

Refugee Appeal.

Exciting news! Nelson is again able to welcome refugee families to our area through the Red Cross Resettlement programme.

Our community over the last four or so years has supported families by supplying a bucket of cleaning products which acts as both a welcome present and a tool for encouraging learning of English with their volunteer support team.

Hills Community Church has had an annual appeal for money (usually at the Carols at the wharf event); we have another \$120 to raise to cover the cost for the eight families who will soon arrive.

If you would like to contribute towards this project, please internet bank your donation into

Account name: Hills Community Church Trust: 02-0692-0005485-00. Reference: refugee.

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Journeys of Discovery

APRIL / MAY 2021



Wānanga (conference) for students a huge success

We had an amazing three days of manaaki style fun & learning with thanks to a grant from RUIA and a whole lot of mahitahi (teamwork)!! The three days connected present and past students from across Te Tau Ihu (the Top of the South) through an awesome series of workshops at the Moutere Hills Community Centre. The workshops included performance of mau kōrari thanks to a leading Māori choreographer Tāne Mahuta Gray, collaborative art with the guidance of local artist Ronald Petley and guided reflection, dreaming & planning with the help of ex-Manaaki student Kiwa Denton and Sean Delany of Te Āwhina Marae. A highlight was watching the mau kōrari performance come together on Moturoa (Rabbit Island) beach on a stunning day, the connection of the students and the leadership from our senior Manaaki students. Ka rawe! A huge thanks to everyone who was involved in making this a really special event for our rangatahi. You can read more about the event and our Manaaki Tāpoi programme on our website.



Students learning mau kōrari at the wānanga

Duke of Edinburgh's Award Programmes up & running

It's been great to see schools get in behind the Duke of Edinburgh's Award - the world's leading youth achievement award. Whenua Iti is the hub for the Top of the South and can support schools & youth organisations in offering the Award, and also help individuals who want to take part. A recent Adventurous Journey took 13 students enrolled in the Bronze level of the Award for overnight expeditions in the Kahurangi & Nelson Lakes National Parks. If you're interested have a look at our website for more information on the Award or get in touch with our Hub Leader Kathryn by email: kathryn@wio.org.nz



Students at Nelson Lakes on their Adventurous Journey for Duke of Edinburgh's Award

Primary School Adventure Camps – Book in now!

We are running adventure camps in Term 4 – this is a great way for primary schools to offer fun adventurous elements in their school camp while Whenua Iti take care of all camp logistics & safety, minimising school organisation load and giving teachers more time to connect with students. For bookings please email mo@wio.org.nz or visit www.wio.org.nz for more info.

New Portacom Arrives!

Staff were well entertained on site one lunchtime watching a port-a-com be expertly manoeuvred into place next to our existing office building. It will be used as temporary office facilities for new staff starting in the coming months to support nature connection programmes which are currently under development as part of the Kaimahi for Nature Project. More on that soon!

Outdoor Wanderings: Beachcombing at Kina Beach

It's a great time of year for locals to head to our crown jewel of beaches and make the most of the moana before winter arrives! Take a paddle board or kayak to enjoy an early morning or high tide paddle, take a refreshing dip in the ocean, have a sand castle building competition with the kids and pack a picnic for the day. Bliss!

We'll see you out there!



www.wio.org.nz

Experiential Learning Inspiring Positive Change



Māpua Craft Group

April has been a "sharing and caring" month. We have knitted poppies for family and friends. We shared the significance of the poppies we made (see photograph) to remember ANZAC.

We are producing delicate knitting for our grandchildren and Plunket. Cards have been made and sold. Sadly, some of these are sympathy cards.

When Elizabeth Vanderberg joined us, she showed us some of the work for "Operation Cover Up" which provides warmth and comfort items for some Eastern European countries. There is a book, "The warmth of Love", the story of 20 years of Operation Cover up. (See the photo of some of the items). There will be a display of this year's work at St Thomas church in Motueka on 21st July.



Jean Satherley showed us some Brussels lace - such beautifully fine work. Thank you to both of our guests at our April meetings.

A benefit of our meetings is the sharing of patterns, materials, and tips, such as where to buy the replacement watch batteries (!) and delicious chocolates. Mention was made of the free digital assistance at the Richmond library.

We welcome anyone who would like to share and care, bringing the crafts that you enjoy. Our meetings for May are 7th and 21st from 10am to 12 noon at Hills Community church supper room.

A big "thank you" to Val for the attached photographs.

Barbara Halse. 5403901.

Tasman Bible Church

By the time of this May edition of Coastal News we will have moved on one year from the first occasion NZ came out of the "State of National Emergency" and the enforced conditions of what was Level 4 lockdown.

On May 13, 2020 we moved to Alert level 2 as a nation and on a world scale we were truly blessed when on June 8 we moved to the sublime freedoms of Level 1.

By that stage we'd all become quite used to the patchwork thumbnail screens associated with Zoom rooms, and it was at that time that word went out across NZ churches looking for those willing to add their voices to a unified musical project of blessing.

The idea was simple . . . film yourself singing a popular rendition of a prayer of blessing found in the book of Numbers in the Bible. Individual recordings would be patched together by the masters of tech and sound, and the result would be part of a global chorus of voices binding us in peace and faith and kindness.

Local musicians from Māpua and the wider Tasman district were amongst those whose recordings were crafted into this musical treasure.

The project was compiled and ultimately launched to YouTube just as a new wave of alerts surfaced in Auckland and the regions went into further lockdowns.

Here are the words of the priestly blessing that were to be spoken over the people of ancient times, as recorded in the Bible scriptures.

*"The LORD bless you and keep you;
The LORD make his face shine on you and be
gracious to you;
The LORD turn his face toward you and give you
peace."*

The act of blessing is speaking God's good purposes over people's lives or situations and often to encourage and instil hope.

We are well-used to the idea of blessing someone through our actions and good deeds for the benefit of others, but employing the "good speaking" and language of blessing is something we are less used to . . . especially as our mind and mouths seem to have capacity to both curse and bless!

Like those songsters, let us be people who reflect the character of a great and good God, and call forth His good purposes across Aotearoa and in our local communities.

And in His name let us also be people who are a blessing in the way we think, and act.

*Greig Caigou, Pastor, Tasman Church
A vibrant community of Jesus followers*



Māpua Fire Brigade

Fire Brigade



March to April 2021 call outs

- 18 March 11:42: Motorbike crash SH60 near Aporo Rd, turned back by St John.
- 25 March 22:32: Car in ditch Aporo Rd. Left with police.
- 26 March 09:34 Alarm activation at Upper Moutere School. Caused by cooking competition
- 26 March 11:01: Cardiac Arrest Broadsea Ave, Assist with CPR until Ambo arrived.
- 26 March 23:49: Cardiac arrest Moreland Pl, Assist with CPR until Ambo arrived.
- 8 April 09:49: Alarm activation at Upper Moutere School. Caused by cooking competition. Asked to change where cooking is done.

Calls this year = 23

Safety Tip – Be safe.

Check and clean fireplaces and chimneys.

Remove all items from fireplace and to 1 metre away.

Ashes can take up to five days to cool – empty fireplace ashes and ashtrays into a metal bin and allow to get cold before disposal.

Always use a fireguard or a spark-guard with open fires.

For fire safety info go to - <https://fireandemergency.nz/>
for fire permits go to - <http://www.checkitsalright.nz/>

Mark Theobald, Māpua Volunteer Fire Brigade

Heroes

A poem for Anzac day 2021

Peter Francis: April 2021

On Anzac Day we all gather to remember the heroes who bravely:
"Gave up their today. So that all of us might have a tomorrow."

But what do we need Heroes for – Are they needed only when there's War?

And what becomes of Heroes - when there're no more wars to fight?
Do they become more famous - or do they simply 'Fade into the night'?

However, War's not the only time we need saving from our fears
When last year a deadly Virus came – the worst in many years

Up stepped a "Wartime Hero" who lifted spirits all around the planet
"Captain Tom" - became "A Global Inspiration" (altho' he didn't plan it)

With steely purpose and his cheeky wit - a daily walk he'd begun
"Filling each unforgiving minute - with sixty seconds distance run."

Stylish in blue blazer, striped tie and wearing his War Medals
Raised millions walking in his garden - Showing us - his 'True Mettle.'

For his Hundredth birthday- His goal- 'One thousand British pounds'
Achieving - Over Thirty million! – Astounded him and everyone around

He cheered us daily with his saying – "Tomorrow will be a good day."
Until slowly, slowly – in our favour – the balance began to sway

The knighthood from his Queen – he accepted proudly with aplomb
A shining example of modest, wartime courage - Our "Sir/Captain Tom"

Sadly "Captain Tom" succumbed to that Virus he'd encouraged us to fight
And – "I told you I was old" on his tombstone – is all that he asked we write.

May you Rest in Peace - "Sir/Captain Tom Moore. We will remember you."



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Pastel Artists of New Zealand

The year started well with The National Art Awards and Convention held in Auckland. Three of our members were able to attend: Glenys Forbes, Dawn Carter, and Nicola Reif.

Members started early in the year to produce artwork for judging but no framing, packing, and posting this time as entries were by digital presentation; a challenge in itself. Judging of entries took place at the convention by Master Pastelists from America, Canada, and Australia.

From our small group in Māpua seven artists together submitted fifteen pictures which were accepted for judging and Glenys won an award for her stunning picture of a swan preening itself painted with soft pastel and pastel pencil. Congratulations from us all Glenys.

We also have had one demonstration on the use of pastel in artwork from our local artist Nicola Reif.

Our membership in Māpua is diverse meaning we have very competent artists who sell and take commissions, but we also have members who are purely hobbyist who like to paint for pure fun and pleasure.

So, if there is anyone in the local area who would like to have a go please come and see us. We are a very friendly bunch, have lots of fun and learn a lot from each other.

We meet every Tuesday in the Bill Marrs Room From 9am-12noon. We can provide paper and pastels to have a go. Please contact Glenys Forbes on 5403388 or gmforbes@ts.co.nz if you would like more information.

Julie Booth



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Lynda's Exercise Classes in the Mapua Hall, May-July 2021.

A new 10-wk term starts May 4th and runs till July 9th.

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Casual (one-off) \$12, 2 sessions on the same day \$16.

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MĀPUA HALL NEWS

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Regular Weekly Activities at the Māpuua Hall

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.15 am Yoga with Charlotte	9 am  PANZ Pastel Artists of NZ	8.30 am Aerobics with Lynda	9.30 am  MAG Art Group Māpuua Art Group	9.15 am Aerobics with Lynda
9.30 am  Superb Dance with Hilary	9 am  Sioux Line Dance	9.15 am Yoga for Healthy Aging with Nikki		9.30 am  Superb Dance with Hilary
3.30 pm Ballet 3-4yrs with Kerry	10 am Mapua Creative Fibre <small>2nd Tue of Month</small>	9.30 am Pilates with Lynda		10.15 am Pilates with Lynda
4 pm Ballet 5-7yrs with Kerry	2:00 pm Chair Flair with Hilary	1:30 pm  Tai Chi	3:30 pm Fun Creative with Rachel	10.45 am Yoga with Martin
5.30 pm Broga Men's Yoga with Nikki	6 pm Aerobics with Lynda		7.00 pm Māpuua Community Choir	2 pm Friendship Group <small>3rd & last Friday of the month</small>
6:30 pm Māpuua Hall Society Committee meeting <small>Meeting 3rd Monday of month</small>	6 pm Yoga with Martin			6.30 pm YOUTH GROUP <small>Next Fridays</small>
7 pm Māpuua & District Community Assoc. <small>Meeting 2nd Monday of month</small>	7 pm Pilates with Lynda			

This month

- Sunday 16th May
Māpuua Market
- Friday 21st May
PechaKucha!
Doors open at 6pm
Presentation starts at 7.30pm

Packhouse Cinema

- Sunday 16th May

Come along on the third Sunday of every month: Tickets \$12 at the door: BYO chair and snacks: Doors open at 6.15pm.

E-Newsletter

For monthly updates from the Hall community sign up to our E-Newsletter Just visit our website and click on 'Newsletter' on the home page.

Hall Society News May

The Māpuua Market returns to Māpuua Hall on Sunday 16th May from 10am-2pm, further event details can be found @TheMapuaMarket on Facebook.

Our beloved PechaKucha event is on this month on Friday 21st May, tickets are \$22 and includes entry and a curry or a drink. Please email mapuahallsociety@gmail.com for ticket pre-sales.

Doors open at 6pm for service of curry and presentation starts at 7.30pm with an intermission half way through, the bar will remain open throughout the event.

Hall membership for the current financial year which runs from April 2021 to March 2022 is now available form \$15 per person for the year. Please make payments with your name and Membership as reference to: Mapua Hall Public Hall Society 03-1354-0308218-00

www.MapuaHall.org



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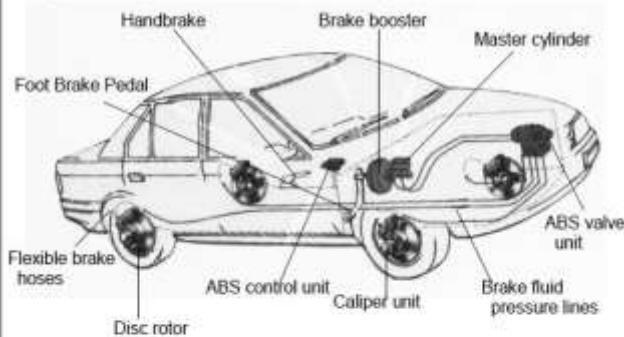
Braking System

Did you know!

- That even in a brand new family car, equipped with ABS antilock brakes and top grade tyres, it's going to take you around 45 metres to stop when travelling at 100km/h. To put that into sobering context, you will cover nearly half the length of a football field between hitting the brakes and coming to a complete stop. Hesitate for a second and a half before applying the brakes, and you'll add another 42 metres to the total stopping distance.
- When coming to a stop when travelling at 100km/h, the braking system of a typical family car generates enough heat to boil a litre of water. If the components in your braking system are excessively old, badly worn or poorly manufactured, the heat generated by normal braking can 'cook' the linings, warp the disc rotors or drums, and damage other components. Most importantly, the brake system may fail when you need it the most.

It's hard to overstate the importance of keeping your braking system at its best. Even a slight deterioration in performance can have dire consequences when there are pedestrians, walls and other cars about - every single metre counts.

Major components of a braking system:



What can you do:

Between services you should be on guard for any changes in the operation of your brakes, such as:

- A pedal which is 'spongy' or sinks to the floor.
- Strange noises or vibrations.
- A tendency for the brakes to 'grab' or lock-up.
- A tendency for the car to pull to one side during braking.
- An increase in braking distances.
- And don't forget to check the brake fluid level.

Remember, your vehicle's brakes are a series of interconnected components and sub-systems and like a chain is only as strong as its weakest link - look after them like your life depended on it.

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May 8th: The Underground
and Burn...Best of
British Rock

29th May: Magic Show
Presented by Andre Vegas

4th June: Hunter Gilles
Blues Music

5th June: Annual Burlesque

11th June:
David Bowie Tribute

June 19th:
Fleetwood Mac Tribute

Getting a coveted Covid jab

The evening before Good Friday. A sense of expectation. A relative's visit pending. Read and reread a text message received at 17:12. From an unknown contact.

"Dear Jane, there is a small amount of Pfizer covid vaccine in our region Friday 2nd April and you are eligible. Please contact the call centre ... to book in."

Is this a hoax? A dedicated vaccination team, on duty Good Friday?

With clumsy eagerness press the link. A reassuringly professional voice advises call centre hours as "9.00 -5.00 Mon – Sat." Sounds authentic enough. Recall official warnings of the unscrupulous taking advantage of the fearful, who may wish to jump the vaccination queue. No hint of anything amiss. "You are eligible" resounds. Higher risk has propelled me up the queue?

Good Friday arrives. Ready to spring out the front door and head in any direction, for any distance as soon as an appointment is available. Try the call centre at 9:00 and again a few minutes later. A helpful operator offers a midday appointment, only 20 minutes from home. So unexpected. A rush to read more on the possible side effects of this vaccine and its efficacy. Hesitancy is small, but once the needle goes in that's it!

Growing excitement and relief. In a rush of enthusiasm promise myself a visit to the cinema once the vaccination process is complete. With "an abundance of caution" have not seen a movie on the big screen for 14 months. Auckland starts to look more welcoming. Less reason to delay those catch-ups any further.

Two hours ahead of the appointment a second message "Hi Jane your Covid-19 vaccine appt is 02 April 2021 at 12:10 pm. If unsure of location, please call Find a large purposeful gathering. Two groups are seated. Others stand in short queues. A calm and efficient team keep processes flowing. One team member looks familiar but can't pinpoint our earlier contact. It appears those filling in forms, confirming personal details, are most likely patients of several local medical practices.

A woman alongside tells me she had been contacted while her husband had not. She considered he had a greater need of an early vaccine and had asked if he could take her place. It had been suggested he come along too.

In the now masked, hand sanitised and seated queue, snaking towards the actual jab, a fellow participant tells me

he is a lot more comfortable with a standard workplace mask. Repelling paint fumes his concern long before anyone had ever heard of Covid. His first text message arrived two days ago.

I feel even luckier to be there. On the other side of me another willing recipient is busy scrolling through a Kindle as we edge closer to those needles.

Immediately following vaccination, a supervisor announces "you can go when I tell you to". No one blinks. Compliant, mature Kiwis. Many probably too familiar with waiting rooms.

My eyes, straying to the clock, widen when another woman, waiting with her partner, tell me why she cannot have a jab. She describes her anaphylactic reaction to a vaccination. Waiting for the specified 20 minutes becomes a very small inconvenience.

A day later my arm is sore but nothing to worry about.

The final task at this coveted appointment is registering for the second jab three weeks or so later. A choice of day, time and place. Such welcome flexibility. Those options are patiently repeated over and over to a steady stream of the now partially vaccinated, moving towards that familiar, calm face and her laptop. A day later the initial dose has been captured in a personal online medical record. "At risk" category noted.

A few days later a friend relates a conversation she had concerning her imminent Pfizer vaccination. Her acquaintance was insistent that such an appointment was not yet possible, and the appointment could only be for a flu injection. So very insistent that finally my friend, keen to conclude this unwelcome interrogation, said she would take the advice and check she was not mistaken. She wasn't.

Glimpses into the complexity of this nationwide vaccination programme are sobering. A few dozen vaccines given in one location within an hour, on a public holiday. Millions more doses to be administered over the coming months. We can only applaud the dedication of those working on the ground to make it happen.

The weekly updates of vaccinations achieved in each region suggest we fortunate New Zealanders have an additional dose of luck in living in Nelson Marlborough. As the nation-wide programme ramps up it is reported that more Covid vaccines have been given, per head of population, in this region than anywhere else in the country.

Jane Dillon, Māpua



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13/5 Week 5

Flank Steak, "Pommes Paillason" (Potato Cake), béarnaise Sauce
Apple & Feijoa Crumble, Vanilla Ice Cream

20/5 Week 6

Sautéed Calamari w/ Local Chorizo, Rocket & Cherry Tomato
French "Crêpe Suzette", Orange & Cointreau Sauce

27/5 Week 7

Market Fish Ballotine, Sautéed Chinese Cabbage, Wasabi Fish Sauce
Butternut & Cardamome Crème Brûlée

3/6 Week 8

Braised Pork Chop, Butter Beans Tajine
Ambrosia Desert (Mascarpone Cream, Berry Compote & Dark Chocolate Crumble)

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Spring & Fern Mapua



Smooth concrete surface
Acid etched with pigment concrete
Trees and low seabirds
Existing garden and trees
Low native shrub plantings
Open space lawn area Synthetic grass
Existing boat ramp
Concrete focal point
Small boat play area
Bicycle and dinghy racks
Wooden picnic table
Reserve sign, rubbish bins
Concrete pattern denotes occasional vehicle parking
Entrance Pou
Removable bollards

Māpua Wharf - Ngaio Park

Landscape Development Plan

FOR PUBLIC NOTIFICATION

Project Commencement 10th May 2021

Expected completion early July 2021

Project Partners:

Māpua Districts Community Association
Māpua Districts Business Association
Friends of Māpua Waterfront Ngāti Tama Ki Te TAUIHU Ngāti Rārua Te Atiawa o Te Waka-a-Mäui Māpua Boat Club Tamaha Sea Scouts Tasman District Council

Tasman District Council Contact: Stephen Richards 03 5438400

Māpua Waterfront Area Masterplan Working Group



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Simone Wenk

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MAPUA & DISTRICTS BUSINESS ASSOCIATION

May. We hope you have all adjusted to the shorter days and had a brilliant Easter with your businesses. We have a busy month ahead so make sure you book these dates...

LUNCH & LEARN—MAY 5, 12.15-1.30pm

Our first of 2021, we are excited to welcome **Helena Merschdorf** who is a website copywriting and content marketing consultant who brings a wealth of copywriting experience, research skills, and marketing expertise to the table.

COVID-19 has forced us – as businesses – out of our comfort zones and left us with two options. Sink, or learn how to swim against the current of constant change.

Helena will share how you can use your website as an asset to showcase your ideas and demonstrate resourcefulness, leadership, and innovation in the (post)COVID-19 era.

REGISTER FOR THIS FREE EVENT through [www.ntbt.co.nz/event/
lunchlearninmapua](http://www.ntbt.co.nz/event/lunchlearninmapua) held at Mapua Hall. Proudly working with NTBT.



Want to get in touch?
Email us at:
mdba@mapua.co.nz

MDBA AGM—REGISTER NOW—25 MAY, 7pm

It's our AGM later this month at the Moutere Inn, Tuesday 25th May from 7pm. If you haven't registered yet you still have time. Email us at mdba@mapua.co.nz. We have an inspirational guest speaker lined up who is very passionate about our region as he works and lives here, has an impressive CV and will talk about the future and how working together will make us stronger as a region.

Enquiries about becoming a member of the MDBA, email us on mdba@mapua.co.nz. **Stay Local—Support Local—Shop Local—Eat Local**

BOOK THE DATE - MDBA 2021 AGM

TUESDAY 25th MAY 2021, 7pm @ MOUTERE INN - RSVP - mdba@mapua.co.nz

MEMBER UPDATE— MEMBER UPDATE



Perry's Auto Services are proud to be local and the area AA breakdown contractor, also offering a tow service with a Purpose-built transport trailer. We do WOFs plus servicing. Shane Henderson is our service manager who is happy to help out with your vehicle maintenance requirements. Darryl Young does WOFs and oil changes etc. Paul Hurry is our Senior Mechanic doing larger mechanical repairs. Chris Atkins/Owner is a qualified Auto Electrician and able to do Air Conditioning repairs and maintenance. For Super Gold card holders we offer a discount of 10 percent on all workshop work (conditions apply). Check out this month's WOF Coffee promo in conjunction with Java Hut on our Facebook page.

Our current hours are: Forecourt -- Mon – Fri 7am – 6pm, Sat – Sun 8am – 5pm

Workshop -- Mon – Fri 8am – 5pm, Closed Weekends

Check us out on Facebook – Perrys Auto Services or website www.perrysautoservice.co.nz. Phone 03 540 2866

Supporting Local Businesses since 1992

Noticeboard

Tasman Dippers: A casual collection of people who enjoy connecting with the open water. Year-round dips or swims in the sea at Rabbit Island. All the info you need can be found at www.tasmandippers.nz

Māpua Boat Club welcomes new members. No boat required. Social nights Thursdays 5.30 - 7pm at Club rooms on Māpua Wharf. Raffles, cash bar, snacks, regular guest speakers. To join, contact Secretary, Katrina 0211393945

Māpua Craft Group: Meetings may change this year so please contact Julie Cox 0277418575 or Barbara Halse 5403901.

MATHS TUTOR - Experienced High School maths teacher available for individual tuition. \$30 for 45 minutes. First lesson free. Jane 021 02972934

Stamp Collectors - anyone interested in forming a group or having their collections evaluated – contact Nick Ferrier 021 688243

Quakers meet at Family Service Centre, Motueka 10am 2nd Sundays. All welcome. Enquiries: Linda 027 447 6435.

Māpua Friendship Club: a young-at-heart group meet 3rd and last Fridays, Māpua Hall for indoor bowls & bring-a-plate tea, + occasional outings. \$3 door fee, 20¢ raffle. Contact Valeri 540-3685

Māpua Art Group meets Bill Marrs Room Māpua Hall Thursdays, 9-noon. Paint, draw, help each other in a social environment. All levels & media. \$5 incl morning tea. Tables, chairs, easels provided. Cushla Moorhead 03 528 6548.

Java Hut Knit Group: 10am Tuesdays at Java Hut. Bring your knitting or crochet. Debbi 027 327 4055

MDCA: Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; info@ourmapua.org

Kidz 'n' Koffee playgroup: Wednesdays 10-noon, Hills Community Church (during term time). All parents & carers welcome, we cater for 0-6 yrs. \$2 don/family. Make new friends. Info: Verena 027 435 1932.

Taoist Tai Chi: gentle meditative-style movements improve flexibility, balance and relax the mind. Wednesdays 1.30-3.00 pm, Māpua Hall. All welcome. Enquiries 027 443 1121

Women's Recreation Group - meets outside Māpua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members cycle. Lynley 540-2292.

Re-cycle Printer Cartridges at the Library. Printer & Photocopying cartridges accepted. Reduce waste, raise funds for the Library. Two good reasons!

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall every 1st & 3rd Tuesday, 10-11am & 6.30-7.30pm, 1st & 3rd Friday 3-4pm. mapuatoylibrary@gmail.com

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 526-6707

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Ruby Coast Walking Group meets 9.30am Wednesdays by Tasman Store. Walk 1½ hrs then coffee & muffins back at the Store. All welcome. Fiona: 021 232 6089 for more info.

Ruby Coast Running Club: 5k run Thursday nights 5:30pm. Also runs most mornings. Find us on Facebook or contact Debbi 027 327 4055.

RSA: Anyone interested in joining Moutere Hills RSA is welcome. No former service history required. Great platform to catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

Daytime Book Group: Meets first Tuesdays 9.45am. New members welcome. Gaye 03 526 6827

Toastmasters: Like to speak with more confidence? Motueka Toastmaster Club meets every 1st & 3rd Weds, 6.45-8.30pm, 15 Courtney St, Motueka. Please come along to a meeting, no obligations. Info: Dave 027 538 0059.

Community Youth club. Year 9 -13 youth. 6.30-8.30 most Fridays at Māpua Hall. Contact: Mark Waweru 020 410 48 799. Funded & co-ordinated by HCC.

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St, Motueka. Seniornetmotueka.org.nz

Tasman Golf Club welcome new golfers to Kina Cliffs for local golf experience at realistic cost, the best in Nelson. Coaching available. Info: Jim 022 096 6067 & Lyndal 03 526 6819, teeup@tasmangolfclub.com

Coastal Stringers Ukulele group: beginners welcome. Fridays, 1.30~4pm Boat Club rooms on the wharf. Just turn up & join us for some fun! Info: Colleen 540-3010, Diane 540-2627.

Coastal Garden Group meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). Men and women most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Ph 03 970 0565

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues, morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Tasman Area Community Association (TACA) 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or www.tasmancommunity.org.nz

Nelson Trout Fishing Club: 7pm 3rd Wednesdays, Fish & Game Rooms, 66/74 Champion Rd, Stoke. Beginner or expert. Courses, field trips, speakers. Open to all ages. Info: 03 5476432, secretary@nelsontroutfishingclub.com

Friends & Neighbours: Varied programs of interest, friendship & good morning tea. Third Fridays 10:30 - 12:30pm at Tasman Bible Church. Info: Jane 526-6709.

Motueka Scottish Country Dance Club: Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Technical problems solved! - Can't set up something new you've bought? Need computer tuition? Local help is at hand! Web design and mobile app creation also available. Call Sam, 03-538-0711, 021-0828-4473, sam@sambennett.co.nz.

Club Notices are free. Others by gold coin donation to one of the distribution boxes.