



## Loyal Grossi Point Yacht Club Annual Regatta November 6th

In a break with tradition the Loyal Grossi Point Yacht Club will be holding its annual Sailing Regatta before Christmas this season. Due to the big tides next year being mainly mid-week the regatta will be held at Grossi Point on Saturday November 6<sup>th</sup>. Reserve day Nov 7<sup>th</sup>.

While there will be some congestion launching if the Snapper fleet is out, it is the only weekend king tide available this season. Entries from 10am, first start at 11am.

Classes will be Catamarans, Mono hulls including Phase2s, Lasers, Europes and Sunbursts, and Cruisers

which will be non-race classes, and others without spinnakers.

Motueka Yacht and Cruising Club will be counting the event as their Saturday race day and with the usual locals attending a good fleet is expected.

As usual a few boats have changed hands so there could be some new stars out there.

Entry is open to anyone with a sailing boat. Just turn up ready to go by 10.30 for the briefing and have your lifejacket on and your tow rope attached to your boat!

Inquiries, contact John Leydon 5402543.

## Moutere Hills RSA Memorial Library Māpua Community Library

**Letter to the Committee** We recently received a letter from the winner of the 2012 Lit Fest Short Story competition asking if we had a copy of her entry! We are very pleased to announce that we were able to find a copy and send it to her.

**Book sale** An impromptu pop-up book sale was run in October. Despite very bad weather, we raised \$260. Once again, a big thank you to those who support our fundraising by donating and purchasing books.

**Exhibition** Judy March's work will be displayed until late November when Paul Nankivell will mount an exhibition for us all to enjoy. As always, you are welcome to pop in to admire.

**Reminder - Charity status and donations** Our library is a registered charity so you can claim 33% tax rebate on your donation. Since Covid arrived on our shores, we have had significantly smaller grants from our long-standing grants organisations. On top of this, our fundraising efforts have been curtailed - no quiz nights and a postponed Literary Festival.

The library's primary objective is to maintain a collection that is current and relevant to our members so regular book purchasing is key. Your donation of any size would be particularly appreciated this year. Please take a slip from our front desk for internet banking details (or email us) - we are happy to organise a receipt for you.

*Update - we ran the above notice in the last edition of the Coastal News and have already received two lovely donations for which we are very grateful.*

**Level Two** please scan or sign in, wear a mask, and maintain social distance while in the library. Hand sanitiser is available.

**Story Time with Tim** This popular Thursday morning session (10.30-11.30am) is open to all pre-schoolers (bring an adult with you) on a week-by-week basis BUT is deferred until Level One.

Open seven days (except Statutory holidays):

Monday	2pm-4.30pm
Tuesday	2pm-4.30pm
Wednesday	2pm-4.30pm*
Thursday	10am-12.30pm; 2pm-4.30pm
Friday	2pm-4.30pm
Saturday	10am-12.30pm; 2pm-4.30pm
Sunday	2pm-4.30pm

**F** Facebook: Māpua Community Library;

**W** mapuacommunitylibrary.co.nz;

**E** mapualibrarynz@gmail.com

**Major Sponsors** Rātā Foundation, Network Tasman, The Lion Foundation; Tasman District Council



# Ruby Coast Running Club

(RCRC)

October has been a very busy month for the club. We are still running the 5k series every Thursday night from the Domain. Our numbers are growing as the days get longer. It seems to encourage people to get out again after the winter nights.

We have welcomed quite a few new runners and walkers to the Facebook group where you can find information about the Thursday 5k and many other events in the area.

Many of us ran the Waimea Harriers Sprig & Fern 10k series. Due to covid levels causing postponements we had a 10k three Saturdays in a row but that didn't slow us down. We had a good showing from the blue crew at each one.

The last 10k in the series was in our very own village. The RCRC gang lent a helping hand to the Harriers to set up the course. It was a great turn out on a lovely day for a run. The prizegiving was held at the Sprig & Fern and two of our members even won spot prizes.

Speaking of spot prizes, we now have an official sponsor. The Māpua Fruit and Veg Shop will be donating a gift voucher each month as a spot prize. We will put the names of everyone running, walking, or volunteering into the draw to be made at the end of the month. So, the more weekly runs you attend the more entries you get into the draw. A big thank you to Jared for his generosity. Now if he would just slow down so I can keep up with him on the run.

So, if you fancy having a go at walking or running the 5k please come along on a Thursday night. We meet at the Domain playground with walkers starting at 5:15 and runners at 5:30.



The group at the Māpua Sprig & Fern 10k

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# Pastel Artists Nelson

October was a month of disappointment and excitement for our pastel group. Disappointment because sadly the workshop we were looking forward to had to be cancelled.

Master Pastelists Julie and Michael Freeman had to be postponed as they live in Auckland. They have rebooked for December so hopefully they will be able to travel, and we can benefit from their skill working in pastel.

The excitement for some of our members was exhibiting their painting in the very successful Tasman National Art Awards exhibition held in Māpua Hall. Eighteen members of PANZ from around New Zealand exhibited their work and 24 paintings were sold which is quite an achievement.

Sadly, we will be closing our doors at the end of November for our Christmas break but will start back the 1st Tuesday in February. Hope we will see some new members joining us 2022. All welcome.

*Julie Booth*

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## Māpua Craft Group

"Many hands make light work" - a blanket this time!

Robyn provided some of the wool and crochet squares. Previously, Ella gave us the idea to complete a blanket for "Operation Cover-up, Mission without Borders". Those who knitted and crocheted more squares include Nita, Elizabeth, Norma, Ella, Val, Leonie, Barbara, and Penny.



See photo left (for a colour photo go to [www.coastalnews.online](http://www.coastalnews.online)). Nita has also made colourful potholders for her family during Lockdown - photo below. Many thanks to our resident photographer, Val.



We have many designs for Christmas cards that we will continue to make during November. Our November meetings are on the 5th and 19th at 10am in the supper room of the Māpua church. We care and share our talents and kindness during this frustrating time. You are most welcome to join us to see our skills in action and join in the fun!

*Barbara Halse. 5403901.*

## Tasman Art Focus Group

### Tasman National Art Awards and Exhibition

Covid didn't stop us! Sadly, there was no grand opening for this year's Tasman National Art Awards and Exhibition but the display of art from all corners of New Zealand went ahead as scheduled for two weeks in Māpua Community Hall.

Three independent judges deliberated for half a day before making the final selection of paintings that received awards. These were as follows:

**Supreme Award:** Wendy Lineham of Nelson for "Sunday 3pm Lockdown 2020 NZ"

**Merit:** Priscilla Clare of Arthur's Point for "Greenstone II"

**Merit:** Jane Duncan of Upper Moutere for "Still Point"

**Merit:** Ruth Killoran of Christchurch for "Tree Stories"

**Merit:** Sierra Roberts of Wanaka for "Rosa with Peonies"

**Best Portrait:** Maia Hetariki of Nelson for "Ruby"

**Best Watercolour:** Siobhan Rosenthal of Auckland for "The Picnic I"



It was touch and go whether the exhibition would go ahead but the committee is delighted that it came to fruition. Visitor numbers were high, and 23 artists are very happy to have sold their paintings: an amazing outcome.

Many thanks to everyone who visited, enjoyed, bought raffle tickets, and voted in the "People's Choice Award". It would have been disappointing without you!

The winner of the "People's Choice Award" was Jana Branca of New Plymouth for her portrait, "Jay".

There will be some changes to the committee for next year. If you might be interested in being involved or for any information regarding this exhibition, contact Glenys Forbes on 03 540 3388 or by email [gmforbes@ts.co.nz](mailto:gmforbes@ts.co.nz)

*Sue England*

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## Our latest adventures...

OCT / NOV 2021



### Caving, Sea Kayaking, Rock Climbing & Tramping through the Holidays!

It was a busy few weeks with 7 different holiday programmes on the go. Students were buzzing after the Adventure Leadership and Adventure Skills Development Programmes - there were some challenging adventures from lack of sleep in wind-battered tents through to tight cave squeezes. Instructors were impressed with how well the groups managed and supported one another. The younger tamariki on our Kaitiaki Kids & Go Wild programmes had a blast out in nature, visiting ngāhere (bush), moana (ocean), awa (river) and looking after te taiao by spending some time helping the Banded Rail Project with the Habitat Restoration Group. A special thanks to the **Mckee Charitable Trust** for sponsoring places on these programmes!

### Connecting to te taiao (the environment) through art

We were excited to have Daryl Frost of Frost & Fire Gallery to help us connect to te taiao through art with some nature-based clay creations on our recent holiday programmes. The tamariki from both our Go Wild & Kaitiaki Kids programmes had great fun getting messy with the clay, and for some it proved a little challenging! With a little positive encouragement from their new friends, everyone has produced a magical piece of art. Tēnā rawa atu koe Daryl - loved having you here. Ngā mihi nui to **Tasman District Council** for funding through Creative Communities to provide this awesome experience.

### Holiday Programmes available on the West Coast this Summer

We are heading to the coast this summer to run holiday programmes in January thanks to funding from **Sport Canterbury Tū Manawa Fund** and **Lottery Community Grants**. Please spread the word to friends & family on the coast! Details are on our website. We highly recommend getting in early for all holiday programme bookings to ensure you get your preferred dates. Head to [www.wio.org.nz](http://www.wio.org.nz) to book.

### Free Programmes Available for Secondary Students

We still have a few free places available on leadership programmes for local students aged 16-18yrs in Nov & Dec thanks to funding from Top of the South Trades Academy, West Coast Trades Academy, Jobs for Nature, the Whenua Iti Foundation and other community support. There are 3 to choose from - **Adventure Leadership** (7-14 Dec), **Adventure Skills Development** (7-15 Dec) and **Kaitiaki Leadership** (16-24 Nov). These will suit students who enjoy practical learning, could do with a boost of credits and some time outdoors and who don't have many external assessments. Find out more & enrol via [www.wio.org.nz](http://www.wio.org.nz) or get in touch with your school Trades Coordinator or Dean.

### Ngāti Koata Trust Wānanga Series

Ngāti Koata Trust have partnered with us to deliver a series of leadership wānanga for Ngāti Koata rangatahi designed especially with and for whānau. The first wānanga is a Waka Ama Journey on 15-18th November designed to increase rangatahi self-confidence, cultural connection, and develop a strong sense of belonging to iwi and significant whenua. It is free for Ngāti Koata Rangatahi in Years 9 - 13 to attend. To apply head to [ngatikoata.com](http://ngatikoata.com).



Students on the Adventure Skills Development Programme



Having fun making nature clay creations on the Go Wild Holiday Programme

We'll see you out there!



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# Book Review

Nelson Demille was raised on Long Island in New York, long the home of the rich and famous, large family estates, exclusive clubs and all-round privilege. You must have heard of 'The Hamptons.' It appears that the old money started to run out, the large estates got resized, and the new money has begun to move in.

Demille has used this environment as settings for some of his books, writing about the lifestyles of the inhabitants, and some of the features and events from the region.

"Plum Island" is a research facility off the northern end of Long Island. 'Night Fall' is the story and the answer to the mystery of TWA 800 which crashed off Long Island shortly after take-off in 1996. Or is it?

Nelson Demille got my attention after I read in one of his novels the hero commenting on the 'weird names the people on Long Island have'.

Like many authors, he has books featuring the same leading man and John Corey, a retired NYPD cop features in a number of them. Corey has a warped sense of humour, and while he seldom pleases the leading lady with his cutting wit, it amuses the bystanders.

Interestingly, the lead character in another of Demille's series, Paul Brenner, has a similar problem:

Cynthia said "go away Paul".

"I'm sorry I ruined your life," I said sincerely.

"You couldn't even ruin my day."

"You broke my heart" I said with more sincerity.

"I'd like to break your neck," she replied with real enthusiasm.

From 'The General's Daughter'. You may have seen the movie. I have only seen the shorts but the scenes they showed were not in the book or were happening to the wrong people. The one thing they did have in common, was that the unbelievably good looking and talented and all-round good person leading female, was dead on the 9th page: shortly after catching John Travolta's eye in the opening scene of the movie. The book is a good read. Brenner is a cop with the Army CID and uses good old fashioned detective work. He is hampered by the confines of a large Army Base, the honour of the service, and has his share of run-ins with people who are supposed to be in charge of him. Or in love with him.

'Up Country' is Paul Brenner's next solo adventure. It is a simple little job for the Army to amuse him in his retirement. It involves going back to Vietnam to investigate an alleged incident which occurred during the Vietnam war, in which Brenner had served. Between the reminiscences from revisiting former war-torn sites that were now peaceful, interaction with the locals, other former US servicemen trying to see where they had left their youth, and devious orders from his bosses, the reader picks up a fair bit of the wartime drama and also the remarkable country that tourists find today.

This brings us to 'The Panther', a ground-breaking book in several ways. You will need your atlas and Google Earth. You can actually look at the US Embassy in Sana'a and its relationship to the Airport and the other places mentioned in the story.

The atlas is to help you locate Yemen. Sana'a is the capital, and Aden will be the only town you have heard of.

John Corey and Paul Brenner are put together as part of a team to find the newest Al Qaeda leader of note. The Panther is establishing a branch of AQ on the Arabian Peninsula, which is against the wishes of the US

Government and so, by extension, the rest of the world.

John Corey is telling this story, and he notices the challenge early on:

"Paul Brenner seemed to have a sense of humour. I know someone with a similar sarcastic wit. This was not going to make us buds: there's room for only one top banana in the show."

Add in Mrs Corey who is also

there working for the FBI, various other characters working for three-lettered US Agencies, plus the corrupt or inept local law enforcers, plus the tribes, clans, terrorists, and the pace is fast and restless.

Through it all, the descriptions of Yemen, known as the 'place time forgot', will make you wonder at the hardiness of those who live there, and the foolhardiness of those who think they can improve it.

An interesting and thought provoking read about one of the least known parts of the world, and maybe parts of the plot are factual as well. If the quotes have not put you off, you will find Nelson Demille a good author, with interesting plots, great characters, and the only laugh out loud dialogue I have found in any thriller novels.

*John Leydon*



# Waipiro Bay, East Cape

Waipiro = liquor/alcohol (rotten water)

Waipiro Bay Summer 1965

**M**y new father-in-law had recently been appointed as the bank manager at Ruatoria on the North Island's East coast and we were visiting for our summer holidays.

On New Year's weekend the four of us took their caravan to my in-laws' favourite fishing spot on a Māori family's run-down farm in Waipiro Bay.

The elderly couple who owned the farm had adopted four little kids, who shyly watched our every move. After a few days, curiosity overcame their shyness and they invited me to join them riding one of the three farm hacks bareback across the farm. I pointed out the only thing I knew about horse riding was from watching Roy Rogers in his cowboy movies. Giggling they assured me "Hey, Pakeha, it's as easy as riding a bike."

I vividly remember climbing on to the horse's back and grasping the reins in one hand; just like in the cowboy movies. Then without warning Tahi, the eldest boy, let out a war whoop and whacked my horse's behind with a stick.

The three horses charged across the farm, with four Māori kids riding two per horse racing alongside, yelling and whooping like Red Indians. I, with both arms clutched around my horse's neck, screamed in terror as we galloped through trees, across streams, and jumped fallen logs. Somehow, I eventually dragged my sweating steed to a halt. The four kids leapt off and rolled on the ground, laughing so hard they had tears in their eyes.

"Hey, Pakeha, you ride just like Roy Rogers. Perhaps tomorrow we should go crayfishing. Maybe you'll be better at that than you are at horse riding."

The next morning the four kids were waiting to take us to their favourite cray-fishing spot, so I collected my snorkel, fins and face mask. They escorted us around the bay to a rocky reef stretching out from the beach and pointed out a calm patch of water, ringed with kelp-covered rocks. I first offered my diving gear to the kids, but they were too scared. They said "No there might be some Taniwha hiding down in the kelp. They can eat little kids."

I donned my gear and swam down a metre or two into the gloomy kelp where to my astonishment I saw huge numbers of lovely fat crayfish stacked row upon row like they were on supermarket shelves. I grabbed one in each hand, returned to the surface, and passed them to the waiting kids. After four dives they told me "Stop, stop! No one's allowed to take more than eight except for a hangi or tangi."

That summer was the best holiday my wife and I ever had, and our first beautiful baby daughter arrived exactly nine months later.

**"Hey**, Auntie," I asked, "what's the meaning of this word Whakatoihara?"

"Well, that's being a racist" she replied. "It means you don't like people who are different from yourselves."

"Ooh, you mean, like we don't like the Pakeha, 'cos they're untrustworthy, they stole our Whenua, our Kai and

our Mana and they have lots of money, flash cars and wear funny clothes?"

"Yeah, Holy Moly look at the bank manager's daughter's new husband staying in their caravan and fishing on our farm. His flash clothes look like he should be staying in Monaco, you know that flash place where Grace Kelly lives, not Waipiro Bay."

"Yeah, and the way they never stop touching each other when they think no one can see them; she'll soon be having lots of Mokopuna."

Auntie Rima laughed at me and said "Tahi, you're primo."

**I'm** twelve years old, my name is Tahi and I live in Waipiro Bay with my mum's Auntie Rima, (which I think means she was the fifth child to be born in her family) and my Uncle Tipene. Auntie Rima's is the best farm in Waipiro Bay and Waipiro Bay is the best place on earth to live.

I have two brothers: Rua, who's ten and Toru, who's nine, and a little sister called Aroha who's eight, but our schoolteacher calls her Lovey, so that's what everyone thinks her name is.

My mum's gone to live in Auckland so she can see my dad, 'cos he lives in a place called Mount Eden. I don't know why he doesn't stay with mum 'cos she says she still loves him, no matter what.

We took the Pakeha horse-riding. Ooh man it was choice! He made us laugh so much it hurt my sides. He's probably the worst rider I ever saw. I don't know how he stayed on without falling off. Maybe he put glue on his bum?

The next day we took the Pakeha and his wife to our Koura fishing hole, which we call a rua. He had real flash diving stuff, like big flippers, a pipe into his mouth he called a snore-call, and a big piece of glass on his face so he could see underwater.

He wore the smallest bathing suit I ever saw. I think it's called a 'bikini'. From the look of him he'd been out in the sun for too long, 'cos he looked like one of those redskins out of his cowboy movies. "He caught so many Kouras, I had to tell him to stop before the Taniwha punished us for being greedy.

On Saturday my cousin Rose, who's having her first Mokopuna next month, was getting married, so I invited the Pakeha's to the wedding. They came and brought some sheets and towels for Rose and her new husband. The Pakeha gave a speech saying 'he thought Waipiro Bay must be the best place on earth to live.' "Yeah, he got that right!"

Strangely, I really liked those Pakeha Fellas; they weren't like I expected. I hope they'll come and stay on Auntie's farm again. I told Auntie Rima, "Hey, Pakeha aren't so different after all; really they're just like us."

She said, "Tahi, you're primo."

*Continued on page 7*

**Ruatoria, Summer, 1978:**

“Hey, mum,” I asked. “What does ‘racial prejudice’ mean?” She replied. “It means you don’t like people who are different from yourselves.”

“Oh, like we don’t like Māori’s ‘cos they’re dole bludgers who have Mohawk haircuts, weird tattoos, and belong to gangs? Yeah like - look at those scruffy-looking kids with snotty noses playing outside that church. Their parents look like they’re probably leaders of the Mongrel Mob, with their faces all covered in Moko. Some have missing teeth and they’re smoking skinny, smelly cigarettes, drinking beer, and singing?”

Mum just laughed and said, “Aroha, you’re priceless.”

I’m twelve years old and my name is Aroha. I don’t like that name. Mum says the reason I have a Māori name is because of where I began life.

Mum and Dad have brought us to visit the East Coast, ‘cos Grandad and Nana used to live there before I was born. My little sister, brother and I wish we were back in Christchurch, ‘cos everyone here is brown and like - they all look at us in a funny, scary kind of way.

Today we are at something called a Karakia for the just rebuilt Tiki Tiki church and our family are the only white people here. Us kids are really scared. But dad just said ‘Harden up, don’t you think that’s just what Māori must feel when they come to the city to live amongst us Pakeha?’

Before the adults started partying a Minister came and made long speeches in Māori then all the Māori’s sang some beautiful songs that sounded like church hymns.

Afterwards all the old Māori men made long speeches in their own language. I don’t know what they said, but it made some of those scary young men with tattoos cry like babies. Mum said that’s because they’d lived in the city for so long, they couldn’t understand their own language anymore and were ashamed they couldn’t reply. She said it was really touching”.

After the speeches we were all allowed to party. Mum and Dad joined in the singing, while we joined the scary-looking Māori kids. Some of them called us ‘white honkies’ and said - like, they were planning to cook us in a Hangi and eat us. We ran back to mum and dad terrified and crying, but they just laughed and said, “Well that’s because we *are* ‘white honkies’.

“Anyway, Māori are not allowed to eat people anymore, so you just tell them your dad’s friend is the big Rangatira who’ll punish them if they harm even a hair on your heads.”

When we went back and told them that, they all just laughed and said, “Hey, Pakeha, if you are friends of the Rangatira then you’re Hapu and you’re our friends.”

Strangely I really liked those Māori kids. They weren’t like I expected, and I’d like some of them to come and stay in our house next summer.

I told mum, “Hey, Māori’s aren’t so different after all. Really they’re just like us.”

Mum said “Aroha, you’re priceless.”

Peter Francis:2013



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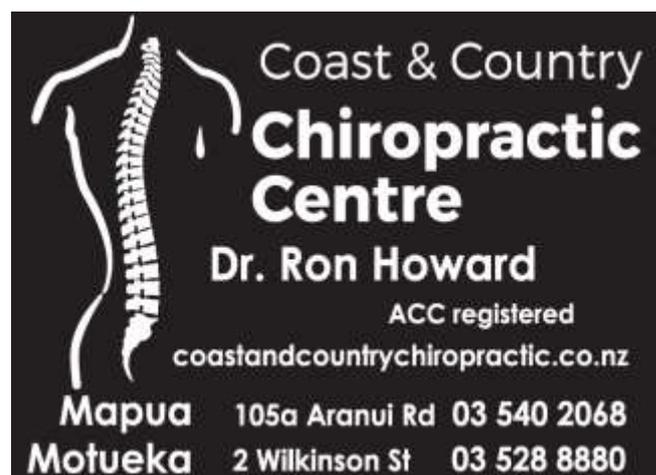
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# Hills Community Church

"If you can adapt and adventure you can thrive. But you must let go, learn as you go, and keep going no matter what." Tod Bolsinger

How have you been doing these last few weeks? I don't know about you, but it feels like each week lasts an age, and yet the weeks and months fly by so quick. This month our eldest turns 17. This, along with a 15 and an 8-year-old, brings lots of changes and adventures.

I wonder if - just as it is with family life, - an attitude of adventure might be a really good thing to grab hold of in the uncertainty and changes of this time. Adventure sounds good in theory, but the reality is that it requires a bit of a leap of faith; to live with the discomfort of uncertainty, and to trust that God will provide the way, even if we can't quite see how it will be.

This is hard - our natural inclination is to trust in ourselves to build the path we walk on - and yet to find the path God has for us, we first must quit our own path building, and let God... be God.

Jesus says it like this "If your first concern is to look after yourself, you'll never find yourself. But if you forget about yourself and look to me, you'll find both yourself and me". (Matthew 10:39, from Eugene Peterson's Message translation.

Trusting in God's path for us all.

Please see [www.hillscommunitychurch.org.nz](http://www.hillscommunitychurch.org.nz) for up-to-date information of services at HCC at this time.

*In Christ, Rev John Sherlock*

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# Māpua Health Centre news

It is with great sadness that we announce the retirement of Pat Perry who has provided a tremendous service to the Health Centre over many years, both in terms of practical help and with her tireless participation and support on the Health Committee. We will miss her happy, generous, and witty nature, as well as the hard work that she has provided.

Our evening clinic has moved to Wednesday for the spring/summer months with Andre Bonny providing appointments from 6pm to 8.30pm.

We are providing Covid-19 vaccine clinics most Mondays-Thursdays and you can make an appointment at 03 540 2211 or simply turn up.

This month is Movember month. The state of men's health needs urgent attention. Men experience worse longer-term health than women and die on average six years earlier. Prostate cancer rates will double in the next 15 years. Testicular cancer rates have already doubled in the last 50. Three quarters of suicides are men. Poor mental health worldwide leads to half a million men taking their own life every year. That's one every minute. The Movember Foundation is looking at ways that men think and act on their health, including:

- Understanding how traditional notions of masculinity can impact on men's mental health.
- The way health services are provided to men.
- New tests and treatments required to be developed to slow or stop disease progression.
- Transforming health systems to place a stronger focus on outcomes that matter to men.

It is also World Diabetes Day this month. Unfortunately, diabetes has become an epidemic related to modern lifestyles and more than 257,000 New Zealanders now live with diabetes.

The chances of developing diabetes increase if you are overweight, not very active, and eat a lot of food high in sugar. Some interesting bits of research about diabetes include evidence that eating too much red meat or darker cuts of poultry may be associated with increased risk of type 2 diabetes (*Am J Epidem* 1 October 2017), while eating more whole grains may be key to lowering diabetes risk (*J Nutr.* 2018;148:1434-1444) and replacing a portion of carbs from potatoes or white rice with "pulses" such as beans and lentils, can significantly lower blood glucose (*J Nutr.* April 11, 2018).

However, sugar remains the main concern and, in a report, entitled "Sugar Is the New Tobacco, so Let's Treat It That Way" an econometric analysis of 175 countries revealed that for every additional 150 sugar calories available for consumption, there was an 11-fold increase in the prevalence of type 2 diabetes in the population (*Medscape* - Oct 31, 2016).

National and global health promotion events for the month include the following:

- 1-30 Movember (prostate prevention) <https://nz.movember.com>
- 12 World Pneumonia Day <https://stopnpneumonia.org>
- 13 World Kindness day <https://observances.global>
- 14 World Diabetes Day [www.diabetes.org.nz](http://www.diabetes.org.nz)
- 15 International Day for Tolerance [www.un.org/en/observance](http://www.un.org/en/observance)
- 17 World COPD Day <https://goldcopd.org/world-copd-day/>
- 25 White Ribbon Day (re violence against women) <https://whiteribbon.org.nz>

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*Celebrant*

*Bringing Together Moments To Treasure*

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 Concession tickets available for 5, 10, 20 or 30 sessions.  
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*Thank you everyone for your continued support  
 Level 2 means we can return to normal operating hours*

We continue to ask you to comply with the following in order to keep  
**both you and all our staff safe**

- 1) Please bring your own mask and it must be worn, we cannot allow anyone into the shop without a mask
- 2) Please stay 2 meters apart
- 3) Sign in or scan before entry
- 4) Sanitize on entry and exit

Any questions feel free to ask our friendly staff or talk to Chris  
**Stay Safe Everyone**

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## Police Report

The last update before the busy Christmas period starts next month. Another year seems to have flown by.

Great to be able to report very little crime in the Māpua area over the last month.

As I keep saying, don't go getting complacent though as you never know when some dishonest person will be visiting the village. This happens quite regularly and people in the village get caught out with slack security.

Make sure you keep your vehicles locked even when on your property and don't leave valuables in them. Keep sheds and garages secure as thieves love stealing tools and fuel.

If you disturb anyone up to no good, please contact the police on 111 immediately so we have the best chance of catching them.

Take care out there.

16/10 Drink driver apprehended Aporo Road

15/10 Sudden death Tasman

25/9 Theft from a car Tasman

*Grant Heney, Community Constable*

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### Summer Leisure Bowls

With daylight saving and the longer evenings, Leisure Bowls at the Mapua Bowling Club will start again on **Monday 1st November.**

All welcome. All ages. No experience is needed.

Bowls are available to lend for free and coaching can be arranged. Teams are made up on the night with a mixture of experience.

\$45 for the whole summer or \$5 per night pay as you go.

Please come at 5.50 ready for a 6pm start.

Enquiries: rosebarnes1110@gmail.com or 021 11 11 003

## The Write Bias

### News from Māpua Bowling Club

The much-anticipated Opening Day of the 21/22 season went ahead as scheduled with very favourable weather conditions and a green in tip-top condition. It was very well supported by club members with a lot of fun bowling and après bowling in the Clubhouse. A few days have been lost for play since Saturday 18<sup>th</sup> September because of rain but there is plenty of promise and expectation for the year ahead.

The 6-week group coaching course for club members commenced on Wednesday 29<sup>th</sup> September with a really strong and encouraging turnout. Individual coaching is also underway and will be available throughout the year.

Once again, the weather looked doubtful for the first tournament of the season on Monday 11<sup>th</sup> October, but the threatened rain held off until the evening allowing a fun and successful event to take place. This was Ladies Giggle Day, and it was a giggle throughout. The theme of "bright and shiny" brought forth some very creative outfits and prizes were awarded to the top three teams.

Spot prizes throughout the day and prizes for the top three bowling teams were generously provided by Nelson Building Society. Māpua Bowling Club is indebted to NBS and all of our sponsors for their ongoing support. The places for 3 teams that won all 4 of their games had to be decided by the number of ends won.

They were:

**First Place:** United, Dianne Potts, Barbara McGregor, Kristine Greaney

**Second Place:** Stoke, Mary Orbell, Trish Cambell, Christine Hanton

**Third Place:** Stoke, Lesley Morris, Jenny Vaile, Alison Edwards

We are now looking forward to further tournaments, club championships and the inter-club competition, the President's Trophy.

For any information about bowling, coaching, or booking the clubhouse and facilities, please contact the secretary, Di Blanchet on 03 540 2627 or check out our website, [sporty.co.nz/māpuabowls](http://sporty.co.nz/māpuabowls)

*Sue England*

### Giggle Day



# MĀPUA HALL NEWS

72 Aranui Road Māpua | māpuabookings@gmail.com | 03 5402330

## Regular Weekly Activities at the Māpua Hall

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>9.30 am</b> Yoga with Charlotte	<b>9 am</b>  <b>PANZ</b> Pastel Artists of NZ	<b>9.05 am</b> Aerobics with Lynda	<b>9.30 am</b>  <b>MAG Art Group</b> Māpua Art Group	<b>9.05 am</b> Aerobics with Lynda
<b>9.30 am</b> Superb Dance with Hilary	<b>9 am</b>  <b>Sioux Line Dance</b>	<b>9.15 am</b> Yoga for Healthy Aging with Nikki		<b>9.30 am</b> Superb Dance with Hilary
	<b>10 am</b> Mapua Creative Fibre 2nd Tue of Month	<b>10.05 am</b> Pilates with Lynda		<b>10.05 am</b> Pilates with Lynda
<b>4 pm</b> Ballet 3-7yrs with Kerry	<b>2:00 pm</b> Chair Flair with Hilary			<b>10.45 am</b> Yoga with Martin
<b>5.30 pm</b> Broga Men's Yoga with Nikki	<b>6 pm</b> Aerobics with Lynda	<b>1:30 pm</b> Tai Chi	<b>3:30 pm</b> Fun Creative with Rachel	<b>2 pm</b> Friendship Group 3 <sup>rd</sup> & last Friday of the month
<b>7 pm</b> Māpua Hall Society Committee meeting Meeting 3 <sup>rd</sup> Monday of month	<b>5.30 pm</b> Yoga with Martin	<b>6:30 pm</b> Yoga for Healthy Aging with Nikki		
<b>7.15 pm</b> Māpua & District Community Assoc. Meeting 2 <sup>nd</sup> Monday of month	<b>7 pm</b> Pilates with Lynda		<b>7.00 pm</b> Māpua Community Choir	
	<b>7.30 pm</b> Swing Zing			

## Hall Society News November

A shout out to the team at **PANZ** who ran the **Tasman National Art Awards** exhibition in the Hall over the school holiday break, it is such a privilege to have these beautiful artworks on show locally in our village in a well thought out and organized display.

Our Hall has received some maintenance in the kitchen as we discovered some taps and pipes need repair. Thanks to **Māpua Plumbing** that have solved our leaking cupboards mystery and to the team at **Foodstuffs** who awarded the Hall Society a generous Grant which allowed us to replace one of the kitchen taps and purchase a new Chilly Bin for the Hall fundraising events.



Visit our website and fill in the google form to join or renew your Māpua Hall membership and update your contact details to ensure you are getting all the latest information.

[www.MāpuaHall.org](http://www.MāpuaHall.org)



### This month

- **Saturday 13th/ Sunday 14th**  
Lynda's Workshop
- **Sunday 21st**  
Restorative Yoga with Nikki
- **Sunday 28th**  
The Mapua Market

### Packhouse Cinema

- **Resumes under Covid-19**  
Alert Level 1 only

Come along on the third Sunday of every month: Tickets \$12 at the door: BYO chair and snacks: Doors open at 6.15pm.

### E-Newsletter

For monthly updates from the Hall community sign up to our E-Newsletter.

Just visit our website and click on "Newsletter" on the home page.

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### Regular Servicing -

#### What price are you willing to pay?

An emerging trend among many vehicle owners is an increase in the intervals between regular vehicle servicing. This may be done as an attempt to save money, it is however false economy. Extending the servicing interval sets up a chain reaction which can result in vehicle unreliability, increased fuel consumption, compromised safety, and eventual engine failure.

We have recently had two instances where conscientious owners purchased, unbeknown to them, poorly serviced vehicles. Unfortunately for them this has resulted in the need for costly vehicle repairs.

Images to the right show what happens when vehicle servicing has been irregular or absent. 1. A sump oil pick up coated with a tacky, tar like residue. 2. A sump bottom plate where the sump oil pick up sits is coated in a thick oil that resembles treacle rather than oil. 3. The presence of huge carbon deposits on the cylinder head. 4. A pile of carbon that was scraped off the cylinder head. 5. A dried tar-like substance that has started to flake off the rocker cover.

These changes, due to irregular or absent servicing, have severely compromised the reliability, performance and fuel economy of these vehicles.

It is cheaper, over the life of a vehicle, to keep to a regular servicing schedule and attend to maintenance items as they arise.

We recommend you check the odometer reading when your last service was undertaken on your vehicle and compare this against the current odometer reading. If the difference between the two is greater than 10,000km, we strongly advise you to have a full service undertaken.

Happy & safe motoring  
from the team at



## Māpua Fire Brigade



### Sept to Oct 2021 call outs

- 19 Sept 05.53: House fire in Motueka.
- 26 Sept 11.43: Medical event on Seaton Valley Rd, Lift assist ambulance.
- 28 Sept 11.42: Tanker to a tractor fire on Rosedale Rd, turned back.
- 29 Sept 15.46: Medical near Māpua Wharf, assist with lifting to ambulance.
- 4 Oct 02.07: Medical on Pomona Rd, lift assist.
- 5 Oct 04.13: Alarm activation at Tasman School, nothing found, possible cause, light on in toilet block.
- 17 Oct 10.56: Medical on Baldwin Rd, Tasman, stood down.

**Calls this year = 54**

### Safety tip – Be safe.

Clean and check smoke alarms.  
When you're asleep, you lose your sense of smell. Don't assume your smoke alarms are working. Press the button to check.

**For fire safety info go to** <https://fireandemergency.nz/>

**For fire permits go to** <http://www.checkitsalright.nz/>

Any questions phone Mark 0274392778 or [mark.Theobald14@gmail.com](mailto:mark.Theobald14@gmail.com)



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# Māpua Boat Club

**A**n active rescuer of local and maritime history

The Māpua Boat Club is an active and strong community organisation that has been instrumental in saving the Māpua wharf, establishing the local maritime museum and now leading a drive to build a modern new community boat ramp.

The wharf had been the commercial focal point for Māpua and the surrounding district for over 100 years – dating back to the 1870s when a small jetty was built by Arthur Chaytor to load local flax fibre.

A new wharf was built in 1921/22 when a record 40,376 cases of local fruit were shipped from it and the wharf frontage in total was extended to 36 metres. In 1948 a record of over 550,000 cases of locally grown apples were stored and shipped from the wharf.

Starting in 1919 a regular launch service to Nelson ran five days a week but was later discontinued as road travel from Māpua to Nelson quickly improved.

The boat club was formed in 1987 to save the derelict wharf and buildings which were no longer needed by the Nelson Harbour Board. They were given a lease over the front part of the wharf and buildings as long as the club built a boat ramp which they proceeded to do with the help of the small, local community.

The Māpua Boat Club enclosed the front of the wharf building and built its club rooms which included a bar and social area.

Club life member Gordon Wallace recalls great, and sometimes raucous, social events, at which local pianists pounded an old piano (that was purchased for \$200), to belt out ever popular 'Knees up Mother Brown' styled pub songs that everyone could sing along to.

Dedicated volunteer efforts on behalf of the community were again needed when the Council threatened to demolish the northern extension to the wharf in Year 2000.

"Boat Club members set up a locally circulated petition which generated over one thousand responses," Gordon says. "There was only one respondent who opposed saving this part of the wharf. The idea was to get the general public on our side through the petition to persuade the council not to condemn the wharf due to its very unsafe condition."

The 'public pressure' had the desired effect and the Council agreed that the northern extension could remain if the boat club helped to repair it. In a work project led by Chris Walters, members of the club stripped rotten decking and renewed the wharf planking with donated wood.

The club also managed to save the large original Port Māpua Nelson Harbour Board sign which was later to become a feature inside the maritime museum.

Ironically, having saved the wharf from destruction in 1987, the boat club faced its second challenge about 20 years later when the Tasman District Council was considering the possibility of the entire wharf becoming a commercial development – which meant the Māpua Boat Club's lease of its buildings on the wharf frontage would not be renewed.

"The Council had the idea that the Māpua Wharf frontage could be a commercial development, like a mini version of Wellington's waterfront is now," Gordon says. "However, boat club members felt the wharf and buildings on it should be saved for public enjoyment."

In order to do this, Māpua Boat Club's mission statement changed from being purely boating related, to include the title; 'Guardians of the Wharf.'

The Boat Club Committee turned the clubroom's social area into a nautical museum showing how the wharf was used in the past; along with featuring old photos of boats that had been associated with the wharf.

Gordon, who lived on his boat moored in the Māpua Channel, had already set about collecting photos and other display material for a museum from 2002.

He says Ralph Cotter made frames for the photo display boards in his woodworking shed and credits the Ricketts family of Nelson, who had a long history in the shipping industry, with helping to save many old photos and other records that were deteriorating in decaying old Nelson Harbour Board storerooms.

With careful planning, boat club members designed the photo boards so the displays could be folded back against the walls, enabling the room to continue to be frequently used for community social events that require a larger area than the boat club rooms.

In 2009 the breakthrough came when the Tasman District Council recognised that a maritime museum would be a community asset. It gave the club a sum of money to refurbish the photo boards and a group of volunteers was formed which included Richard de Hamel (creative), Cliff Riordan (photos), Eileen Thawley (historical), Dennis Crawford (carpenter) and Annette Walker (facilitator).

The Maritime Museum has expanded to include not only photos but a large display cabinet of maritime curiosities, interactive displays for children and a video recounting the rich maritime history of Māpua and detailing the wharf's history.

The museum illustrates the role of early Māori, the trading and vessels of the region and the cargoes they carried; along with some of the misadventures at sea, lighthouses, wharves, jetties and landings in the district.

The Māpua wharf and its building is one of the few remaining historic working wharves in New Zealand and the Port Māpua Maritime Museum itself is credited as having the best early photographic record of any settlement in New Zealand.

The Museum is supported and managed by volunteers under the auspices of the Māpua Boat Club and is open seven days a week from 9am to 4pm. While entry is free, donations are much appreciated and are used by the club for the ongoing enhancement of museum displays.

The Boat Club itself meets every Thursday from 5.30pm for drinks, nibbles and socialising along with hosting interesting speakers and their presentations once a month. Among other events, the club organises an annual Kids' Fishing Contest on the wharf, an annual photo competition, boat regatta, and away fishing excursions.

*Continued on page 15*

New members are most welcome and owning a boat is not required. Contact Katrina for details.

Katrina Ballantyne

Secretary Māpua Boat Club

Email: mapuabcsecretary@gmail.com



The frontage of the Māpua Wharf Maritime Museum.

**MĀPUA BOAT CLUB**   
**KIDS FISHING COMPETITION**

**Where** - Māpua Wharf  
**When** - Sunday 7th Nov 2021  
**Time** - Lines in 12noon - out 1.00pm  
**Registration from 11.00 am**

 **3 Categories:** 

- Under six years
- 6 - 9 years
- 10 - 12 years

**Spot prizes - sausage sizzle**  
**Prize presentation**

 **CONDITIONS OF ENTRY:**  
 Only fish caught on lines win prizes  
 Maximum 3 hooks per line  
 Children to be accompanied by an adult at all times

**Please direct enquiries to:**  
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**2022**



**CALENDAR**

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 and become involved in our regular events for members and the community:

Boating Regatta, Photograph Competition, Kids Fishing Competition, Fishing Trips, Club Nights, Guest Speakers and most importantly - custodians of the wharf so kids and families can continue to enjoy what is the cornerstone of what makes Māpua such a great place to live.

PS You don't need to own a boat!  
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# COMING UP



Fri 5th Nov  
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Nov 12th till Dec 18th  
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Sat 25th Dec  
Christmas Day Luncheon

Sun 26th Dec  
Backyard Cricket Day

Thurs 30th Dec  
2021 Wrap up Quiz Night

Fri 31st Dec  
Hawaiian Themed New Years Eve

Tues 4th Jan  
ABBA TRIBUTE

Thurs 6th Jan  
Fleetwood Mac and  
Elton John Tribute

Fri 7th Jan  
Rolling Stones Tribute

**P**ersonal responsibility That is a subtle idea... but an important one nowadays.

In a fascinating set of studies, outlined by Malcolm Gladwell in his book *The Tipping Point*, two psychologists decided that they would stage a series of emergencies of differing kinds and in different settings, to see who would come and help.

They found out that one single factor determined whether people would respond to a need.

It wasn't the severity of the crisis or the degree to which the person screamed or called for help; it wasn't even the characteristics of the people in the experiment—whether they were young or old, male or female, black or white, or of differing ethnicities.

*What mattered was how many witnesses there were to the event.*

The more people who were around, the less people tended to respond.

In one of the experiments, they had a student alone in a room, stage an epileptic fit. When there was just one person listening in the room next door, that person rushed to the other student's aid 85% of the time. But when subjects thought that there were as few as four others who also overheard the person having the seizure, they came to the student's aid only 31% of the time. From 85% response to 31% response, just because the sense of personal responsibility was 'spread out'.

The essence of what the two psychologists discovered is that when people are in a group, responsibility for taking personal action is diffused . . . it gets watered down.

People assume that someone else will make the call, report the problem, or respond to the need. Or they assume that because no one else is acting, the apparent



problem isn't really a problem, because if it was, others would be responding.

Since no one else is responding, there must not be a problem!

Or because others are around – witnessing what they are witnessing, experiencing what they are experiencing – the sense of

personal duty, of personal responsibility, is somehow lessened.

People are more inclined to be of help to others therefore if they are spurred on by the fact that it really was up to them... meeting others' needs actually depended on them. On you!

When I think about this, my thoughts turn to a story that came out of World War II.

A church had a statue of Christ inside it. The church was bombed, and the statue of Christ was damaged. The hands and the feet of Christ were blown off. A soldier came upon it, set it up against a wall, and tried to restore it. But he couldn't.

Then a thought came to him, and he stopped trying to repair it and instead wrote a single sentence across the bottom of the statue. On this figure of Christ without hands and feet, he wrote these words, as if Christ Himself were saying them:

**"I have no hands but your hands, and no feet but your feet."**

People need to know that.

*The above text was adapted from an article by James Emery White.*



*Greig Caigou, Pastor Tasman Church  
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# Skin tips—from the Māpua Skin Clinic

## Broad Spectrum sunshine

Sunshine can be lovely. It also contains mischief called Ultraviolet radiation. There are three types of Ultraviolet light in sunshine, 'UV-A, UV-B and UV-C'. All three cause skin cancer.

The ozone layer helps protect us from UV. It filters out half the UV-A, 90 percent of the UV-B and 100% of the UV-C. Go ozone!

*"Without ozone, the Sun's intense UV radiation would sterilize the Earth's surface." NASA*

**UV-A** passes through the surface of skin; it doesn't burn the surface! It vandalises the deep layers:

- Breaking up the collagen that gives skin elasticity causing thick leathery skin, or fragile, thinned skin like 'tissue paper' and also 'turkey flesh' and wrinkles.
- Irradiating pigment cells, until they eventually die, making the white spots where the skin has lost the pigment's protection, and that is more likely to sprout cancer.
- In areas like the hands and face, triggering overproduction of pigment causing the dark 'liver spots' of old age. On the upside, other than looking 'livery', these have no relationship to your liver health. Alcohol taken on a sunny day does. Remember that three alcohol free days a week gives the liver a chance to heal the 'alcohol scabbing'. 'Is life worth living? It depends on the liver.'

**UV-B** can't get through the skin and so instead it **collects on the surface causing sunburn and planting cancer seeds.**

**UV-A = Aging**

**UV-B = Burning**

TRIVIA: Tanning beds deliver UV-A because it doesn't cause sunburn. Nowadays we understand that it does cause premature aging and skin cancer. Sun beds are like cigarettes; why would you? On 4 Jan 2017 it became illegal in New Zealand for anyone under the age of 18 to use a tanning bed. Australia and Brazil lead the world with a total ban on tanning salons and that's why nowadays, Aussies with burnt Brazilians are less common.

**Today's tip:** Is your sunscreen 'Broad Spectrum'? *Sunscreen with 'sun protection factor' ('SPF') doesn't always mean skin cancer protection:*

- 'SPF' only measures protection from sunburn. Some 'high SPF' sunscreens only block UV-B.
- They don't block UV-A radiation or the cancers and damage it causes!
- Only a 'Broad Spectrum Sunscreen' blocks both UV-A and UV-B

**If a sunscreen isn't labelled 'broad spectrum', assume it is unsafe.**

*Dr Tim Phillips*



## KIWISKIN - Māpua Skin Clinic

Dr Tim Phillips and the KIWISKIN team are delighted to announce that in October the Māpua Skin Clinic is moving into its peaceful, purpose built professional rooms adjacent to Māpua pharmacy.

The shift means we will have more time, space, and state of the art equipment to ensure the best possible skin care.

- Full Body Skin Checks
- Spot Checks • Cryotherapy
- Minor Skin Surgery

Māpua Skin Clinic - a community skin service serving the entire Nelson/Tasman region.

Call us today to find out more or to book in to the KIWISKIN - Māpua Skin Clinic

Address: Unit 9, 66 - 68 Aranui Road, Māpua.

Phone: 03 540 2373 • Email: mapua@kiwiskin.org.nz • Website: www.kiwiskin.org.nz



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**November**

Gosh, what a busy time of year ahead of us. Hoping you are all keeping well and looking forward to a great Summer season.

**New Monthly Networking Event**

Our first catchup at the Sprig & Fern was really well received. Our next, is on **TUESDAY 2 NOVEMBER, 5-6pm @ Bee Haven Sculpture Garden, 39 Foley Road, Ruby Bay.** A monthly relaxed gathering with no agenda other than catching up with each others, sharing information and networking to support each other in business. See you there.

**NOVEMBER Lunch & Learn - November 3, 12-1.30pm. FREE EVENT. Getting to grips with Cyber Security - local expert Melonie Cole from Mindshift will help demystify this topic and answer your questions. A hot topic not to be missed. Register [mdba@māpua.co.nz](mailto:mdba@māpua.co.nz)**

**MDBA CHRISTMAS PARTY**

It's been another unprecedented, and long year, in parts for everyone in business. So let's say farewell to 2021 in style with one last chance to catch up before the Summer season really descends upon us. **THURSDAY 2 DECEMBER, from 6pm @ Rimu Wine Bar on Māpua Wharf, for drinks, nibbles and giveaways.**



**MEET OUR NEW MDBA TREASURER**

Robbie Mitchell and her husband moved all the way from Nelson to Māpua joining the local team at Harcourts as a Salesperson. I am loving working in the local community, and being able to help bring even more people into the district. It's been exciting watching the growth and diversity of new businesses, including those setting up home based businesses. I have supported businesses across the region for many years while working across the travel, retail, and hospitality sectors with roles in business development, sales and customer service training, and advisory. I am passionate about supporting a prosperous business environment that underpins a thriving community.

The Mapua Districts Business Association is a critical part of this and I am proud to be involved as a committee member. I have a love of wine, the arts, music, and the sea, so I really am in paradise.

**NEED MORE LOCAL MAPS OR DIRECTORIES FOR THE SUMMER SEASON?**

Contact Kirsten via email [mdba@māpua.co.nz](mailto:mdba@māpua.co.nz) and she will organise distribution to you. If you are a member, and need more you can have up to three copies at no charge, then just \$9 a copy for more.

**NEW MEMBER — NEW MEMBER UPDATE — NEW MEMBER**



**BEE HAVEN SCULPTURE GARDEN** Hello my name is Maeve Allen, my husband Richard and I are currently developing a sculptural garden on our new Ruby Bay property named Bee Haven (as we're NOT behaving and looking after our bees and other pollinators). I work full time in my studio situated on our property designing and creating sculptures, professional mosaics (not the broken crockery type) private commissions including the occasional public work example below shows the 'Arrivals and Departures' sculpture located on the Motueka marina. I have been working for the last two years on an exciting bee project. The whole idea is to educate the next generation/s about the importance of bees, not just in a food way if we have no bees, we wouldn't have medication, clothing & even our livestock rely on bees to pollinate their food. With this exciting project we have an opportunity to regain some old skills & see things through the eyes of our youth, and we are here to educate everyone how very important bees are to our planet's survival.

Opening hours: by appointment. 39 Foley Road, Ruby Bay Phone or text Maeve on 0274 762 461  
E: [are.u.beehaven@gmail.com](mailto:are.u.beehaven@gmail.com) Facebook: <https://www.facebook.com/maeveallenartist>

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# Noticeboard

**Motueka Toastmasters:** Like to speak with more confidence? Friendly supportive environment. Meet 1st & 3rd Weds, 6.45-8.30pm, St Johns rooms, Jack Inglis hospital, 15 Courtney St, Motueka. Visitors welcome. Info Tam: tortipon@gmail.com or 021 08738996.

**Re-cycle Printer Cartridges** The library is your local collection point. Volunteers are happy to collect local printer and photocopier cartridges and transport them to the recycling centre. There is a blue bin in our foyer.

**Tasman Golf Club:** Twilight Golf at Kina Cliffs Thursdays. Tee off 5 - 5.15pm, members (\$5) & non-members (\$10) all welcome. Optional BBQ to follow. Ph Lyndal 03 5266819, teeup@tasmandgolfclub.com or just turn up.

**Māpua Community Choir:** 4 part harmony, no audition necessary, small koha, Māpua Hall 7.15pm Thursdays, enquiries Helen: n-h.bibby@actrix.co.nz

**Tasman Dippers:** A casual collection of people who enjoy connecting with the open water. Year-round dips or swims in the sea at Rabbit Island. Info: [www.tasmandippers.nz](http://www.tasmandippers.nz)

**Māpua Boat Club** welcomes new members. No boat required. Social nights Thursdays 5.30 - 7pm at Club rooms on Māpua Wharf. Raffles, cash bar, snacks, regular guest speakers. To join, contact Secretary, Katrina 0211393945

**Māpua Craft Group:** Meetings may change this year so please contact Julie Cox 0277418575 or Barbara Halse 5403901.

**MATHS TUTOR** - Experienced High School maths teacher available for individual tuition. \$30 for 45 minutes. First lesson free. Jane 021 02972934

**Stamp Collectors** - anyone interested in forming a group or having their collections evaluated – contact Nick Ferrier 021 688243

**Quakers** meet at Family Service Centre, Motueka 10am 2<sup>nd</sup> Sundays. All welcome. Enquiries: Linda 027 447 6435.

**Māpua Friendship Club:** a young-at-heart group meet 3rd and last Fridays, Māpua Hall for indoor bowls & bring-a-plate tea, + occasional outings. \$3 door fee, 20¢ raffle. Contact Valeri 540-3685.

**Māpua Art Group** meets Bill Marris Room Māpua Hall Thursdays, 9-noon. Paint, draw, help each other in a social environment. All levels & media. \$5 incl morning tea. Tables, chairs, easels provided. Barbara Glass 027 443 1121

**Java Hut Knit Group:** 10am Tuesdays at Java Hut. Bring your knitting or crochet. Debbi 027 327 4055

**MDCA:** Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; info@ourmapua.org

**Kidz 'n' Koffee playgroup:** Wednesdays 10-noon, Hills Community Church (during term time). All parents & carers welcome, we cater for 0-6 yrs. \$2 don/family. Make new friends. Info: Verena 027 435 1932.

**Taoist Tai Chi:** gentle meditative-style movements improve flexibility, balance and relax the mind. Wednesdays 1.30-3.00 pm, Māpua Hall. All welcome. Enquiries 027 443 1121

**Women's Recreation Group** - meets outside Māpua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members cycle. Lynley 540-2292.

**Fibre Craft Sunday.** Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

**Spinners, Knitters, Weavers:** Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

**Coastal Stringers** Ukulele group: beginners welcome. Fridays, 1.30~4pm Boat Club rooms on the wharf. Just turn up & join us for some fun! Info: Colleen 540-3010, Diane 540-2627.

**Toy Library:** extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall every 1st & 3rd Tuesday, 10-11am & 6.30-7.30pm, 1st & 3rd Friday 3-4pm. mapuatoylibrary@gmail.com

**Ruby Coast Walking Group** meets 9.30am Wednesdays by Tasman Store. Walk 1½ hrs then coffee & muffins back at the Store. All welcome. Fiona: 021 232 6089 for more info.

**Ruby Coast Running Club:** 5k run Thursday nights 5:30pm. Also runs most mornings. Find us on Facebook or contact Debbi 027 327 4055.

**RSA:** Anyone interested in joining Moutere Hills RSA is welcome. No former service history required. Great platform to catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

**Daytime Book Group:** Meets first Tuesdays 9.45am. New members welcome. Gaye 03 526 6827

**Motueka Senior Net.** Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St, Motueka. Seniornetmotueka.org.nz

**Coastal Garden Group** meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). Men and women most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Ph 03 265 1842

**Sing Your Lungs Out!** Free community singing group for anyone with respiratory issues, morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

**Ruby Coast Newcomers Social Group:** meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 526-6707

**Tasman Area Community Association (TACA)** 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or [www.tasmancommunity.org.nz](http://www.tasmancommunity.org.nz)

**Nelson Trout Fishing Club:** 7pm 3rd Wednesdays, Fish & Game Rooms, 66/74 Champion Rd, Stoke. Beginner or expert. Courses, field trips, speakers. Open to all ages. Info: 03 5476432, secretary@nelsontroutfishingclub.com

**Friends & Neighbours:** Varied programs of interest, friendship & good morning tea. Third Fridays 10:30 - 12:30pm at Tasman Bible Church. Info: Jane 526-6709.

**Motueka Scottish Country Dance Club:** Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

**Club Notices** are free. Others by gold coin donation to one of the distribution boxes.