

Māpua & Districts Community Association (MDCA)

The Public Meeting was held on Monday 9th June at the Māpua Hall.

Elspeth Collier gave a comprehensive presentation on The Battle for the Banded Rail / Waimea Estuary Project that looked at the history of the inlet, the ecological significance of it, the role of the

different groups that take an interest in the area and the ongoing conservation work.

Discussion included how to manage the dog area, the need for more signage and concerns about the impacts of sedimentation entering the inlet. For more information please visit TDC's website and the 'Waimea Estuary Action Plan 2050'.

Councillor **Mike Kininmonth** noted that the Waimea River Park Plan, Responsible Camping Bylaw, Granny Flats (central government) and Speed Limits Phase 2 were all currently out for consultation.

Mike also confirmed that after nearly two years of extensive community engagement, the Strategy and Policy Committee approved the **Māpua Masterplan** and **Māpua Catchment Management Plan** for formal adoption. The Mayor and Councillors voted 12–1 in favour at the deliberations hearing held on Thursday 5th June, with formal adoption by the full Council expected on 31st July.

Mike noted that there will be another chance to submit on the Plan Changes (e.g. rezoning etc) required to meet the Masterplan, thus giving residents another opportunity to provide feedback. Some attendees expressed their disappointment in the Māpua Master Plan process and outcomes.

Councillor **Dan Shallcrass** added that the **Alcohol bylaw** and **Rivers bylaw** are also out for consultation, and urged residents to have their say on how the large river-related spaces can be best utilised.

Dan also noted that **Youth Council representative Ava Bessant** is keen to attend the MDCA meetings.

Finally, a reminder that **Nominations for Council** candidates open 7th July and TDC are hosting a candidate information session from 6.30 pm on Thursday 26th June in the Richmond Council Chamber.

Pop-Up Frisbee Golf event

This was held in Aranui Park on King's Birthday weekend, was well-attended and generated feedback.

Some were opposed to any permanent Frisbee Golf setup, sharing the history of Aranui Park, the Well's wishes,



the park's reserve status, and their concerns regarding maintaining the peaceful nature of the park.

Others supported such activities and spoke of the calm nature of Disc Golf and that it wouldn't detract from the area, rather add another reason for people of different ages to enjoy the

space.

Councillor Mike Kininmonth suggested we wait for the Disc Golf Club report to council, noting no formal proposal has been made by Nelson Frisbee Golf to the TDC regarding any permanent course in Aranui Park.

Māpua Community Wellbeing Trust (MCWT)

They are running a **Drop-in Centre** every Friday 2.30-4.30pm at the Hall - come for a cup of tea, chat and let MCWT know how they can help in the future. The hope is to develop a directory of local services and clubs.

Also **Click and Collect** – a drop-in, 'help with tech time' is currently being held at the Māpua Library once a week on Tuesdays 2.15 to 3.30pm. The MCWT are also looking at working with the Hills Community Church to re-establish a **Youth Group**, and will potentially provide some financial support if it is a secular youth group.

Community Emergency Preparedness Plan

This has been completed and undergoing final review with NTEM Coordinator Kathy King.. **Susie Wendelborn** (Māpua Civil Defence Co-ordinator) has provided a further update in this edition of Coastal News, covering the next steps and planned community survey.

Next Meeting

Our TACA neighbours will share their journey on the **Te Mamaku Drive Planting Project** at the July meeting, and tentatively TDC's Alastair Clement (Team Leader, Natural Hazards and Geomorphology) may share his work on **Māpua Inlet Estuary Modelling** at the August AGM / Public Meeting.

The next Public Meeting will be held at the Māpua Community Hall on Monday 14^{th} July at 7pm.

Annual membership subscription can be paid by direct credit – see www.ourMāpua.org for details.

The Coastal News is edited by Andrew Earlam, Mary Garner and Trees van Ruth. Views expressed are not necessarily those of the editors. Distributed 1st of the month. Deadline for copy to news@coastalnews.online is **20th of the month**.

Opinion piece, Timo Neubauer

Selling Out or Standing Strong: The Future of Tasman's Land and People

As the world around us becomes increasingly unpredictable, New Zealand may need to reassess and redefine its position within the global fabric. The security of a rules-based world order and the stability of global trade have shaped our heavily export-dependent economy, an economy that seems to put exports first - often to the detriment of our domestic needs and wants.

Our relative isolation means that our supply routes are more fragile and potentially at risk of global upheaval – a threat to the wellbeing of our people that we cannot ignore. This is where we need to think about resilience. Rather than hoping for the best, we should be prepared.

We are lucky to live in a resource-rich country that can produce much more primary produce than our own population needs – this is especially evident in Tasman, where we have some of the most productive land in the country and where our natural riches are the envy of many.

The rapid changes that are currently happening around the globe highlight the important question: how do we best manage the treasure that we've been handed? Do we sell to the highest bidder for short-term gain, or do we protect and nurture our land to sustain our quality of life? And when we ask these questions – who is the 'we'? Who truly benefits? And who decides? Should decisions that affect us here in Tasman be made by our local community, represented by our local government?

Increasingly it appears that the beehive is taking over the reins and is ruling by decree. Fast-track processes are bypassing our local democracy; planning rules and policies are drafted in Wellington; important local transport strategies are defunded; and the Council's responsibilities are clipped left, right and centre. It appears that rather than representing our local community, our council devolves into merely an implementation tool for New Zealand's central government.

In my observation, this centralised approach may work well for some, but overall it does not serve Tasman well. Many in our community do not feel represented – they feel disenfranchised, hopeless and cynical.

I have talked to disconcerted communities in Golden Bay that fear the contamination of their precious aquifer with arsenic from a foreign mining company establishing a gold mine at Sam's Creek, right on the doorstep to our Kahurangi National Park and upstream of Te Waikoropupū Springs.



I have talked to tourism operators in our Abel Tasman National Park, some of whom feel at risk of losing their businesses due to central government mismanagement. I have talked to residents in Hope who are in disbelief that Wellington's planning directives result in highly productive land being lost to new light industrial and business zonings.

And I have talked to villagers in Māpua, whose community aspirations are likely to be steamrolled by fast-tracked housing developments at Seaton Valley.

I strongly believe in strengthening our local economy, not by selling off the family silver, but by looking after and leveraging the greatest asset of our district: our outstanding, rich and beautiful rural countryside. I commend local growers like Connings, 185 and those who supply our farmer's markets, for bucking the trend by using their diverse product offerings to serve our local market. I admire Tasman's many boutique artisan businesses with creative locals at the heart of their business' success.

I also believe that carving up our countryside to sell lifestyle blocks and subdivisions to people from elsewhere is generally not in our best interest and that this practice won't solve our housing problem. It is merely the manifestation of an extractive economy that undermines the very asset that makes Tasman special.

Central government is poised, however, to force a planning policy upon us that may well see live-zoned 30 years' worth of growth turning into 30 years of sprawl - in Hope, Brightwater, Wakefield and everywhere between Māpua and Motueka! This replacement legislation for our Resource Management Act is expected to be introduced to Parliament by the end of 2025 with the aim of passing it into law in 2026.

I believe in "local decisions by local government" to warrant that our communities are in charge of the future of Tasman's land and people.

With local elections fast approaching, now more than ever we need to elect strong leadership – leadership with a long-term vision for our local economy and a deep understanding of land use, transport, infrastructure, and urban design. We need elected officials who will ask hard questions, challenge central directives when necessary, and stand up for what's right for our people and for our land.

Timo Neubauer is a Hope-based urban designer and small business owner. He is a Mayoral candidate for Tasman in this year's local government elections. www.timo4tasman.nz



www.perrysautoservices.co.nz | Find us on Facebook @perrys9829



Are you

ready?

Hope you fared okay in this recent storm which activated a civil defence emergency?

Have you heard about the Māpua & District Community Preparedness Plan (CEPP)?

Background: A small CEPP committee was formed after a presentation was given to an MDCA meeting by Kathy King, Emergency Management Advisor / Group Welfare Manager (Nelson Tasman Emergency Management) encouraging our local community to be prepared with a plan and volunteers.

Murphy's law – the event presented itself before our Māpua planning was completed.

We had moved the CD Emergency box & kit to Māpua Hall which was decided at the last MDCA meeting as the Hall is on higher ground than Hill's Community Church.

Several volunteers had attended Civil Defence training days, a Civil Defence Supervisor course, and recently a Psychosocial course organised and run by Kathy King.

Volunteers have also upskilled by attending a Basic Life support training day. Further training will be offered next year.

With the Civil Defence Emergency being called with this recent storm, a few trained supervisors volunteered at the CD centre in the Motueka Rec Hall and experienced the positives and negatives. This makes it even more important that we have a community led Emergency centre if one occurs locally, giving us control, unless it is too serious. The purpose of a plan is to:

- Enable, empower, and support individuals and our community to take ownership of our own emergency preparedness.
- Increase the resilience of our community to the impacts of hazards.
- Promote problem solving and encourage our community to be self-sufficient through strong social networks and a culture of mutual help.
- Reduce the reliance on first responder agencies.
 Once completed, the plan will be available to all residents to view at various locations and online platforms.

We would welcome volunteers to be part of our team.

A survey will be circulated amongst business owners and the community to establish what resources in the form of equipment, practical help & skills could be available.

Thank you for your support.

Susie Wendelborn (Coordinator), Ph 021374117 susiewendelborn@xtra.co.nz











MOUTERE HILLS COMMUNITY CENTRE A fundraiser for Sarau Community Trust

People, Places and Personalities of Māpua

The following article is the first in a regular feature for the Coastal News with this title. The topics will cover a wide range of anything related to our village and immediate surroundings. If you have any ideas or/and wish to write an article yourself please write to: storytimemapua@gmail.com

Toss Woollaston

Is Māpua's Artistic Past Threatened?

I recently stumbled on a documentary on Toss Woollaston produced in 1987. This program started me on a journey to discover our village's past, its artistic traditions. and what inspired them.

Philip Woollaston said it best: "It's a landscape that does exert a very strong influence on people. People are moved by it."

Māpua is known for its outstanding natural landscapes, drawing artists to live and work in the area for almost one hundred years.

The Group was founded in Christchurch in 1927, but several of its members drifted north to Māpua. Toss Woollaston was one of the first

Farming led the recovery from the Great Depression, and employment in the orchards beckoned. Employment did not translate into an easy life. They made artists tougher back in the day.

In 1934 Toss Woollaston came to Māpua and literally scratched out a mud-brick home and studio from the yellow clay of Seaton Valley and from the orchards of the district.

He and his new wife Edith worked hard all day but found time to raise a family of four and create art at night and time off.

What inspired their art was the natural landscapes in the area, not yet dominated by the urban neighbourhoods that would creep toward and surround this magnificent valley.

Woollaston's is just one of many stories of New Zealanders, starting from nothing and making a life from this beautiful, but sometimes unforgiving, land. We must respect their legacy and preserve what few relics that survive of their struggles and triumphs.

The Group's art is reverentially preserved in museums around the country. It captures a formative period in New Zealand's history, and the life that built this community.

To fully understand this art, sometimes as rough as the

1941—Graham (Joe) 4½. Wall with cow dung.

conditions that spawned it, we need to preserve the remaining physical evidence of their homestead, and the natural beauty that inspired the artistic vision.

In today's vernacular, Woollaston was "Kiwi as". His is a kind of life be celebrated to and remembered. Toss Woollaston said he painted "to reach at one stroke, the essence of feeling I had for the landscape".

With one stroke of consented earthworks, this place could be gone.

Do not let the Toss Woollaston earth house be ploughed back into the dirt to provide for two flat NZ3604 build pads.

When all the lead arsenate has been removed from the historical storage shed and surrounding lands at 53 Seaton Valley, this

place must become an historical reserve that celebrates the birth of Māpua's proud artistic tradition.

> Bruce Struthers Continued on page 4 ...

Toss emerging from the back door, 1942



4

(Continued from page 4)

Transcript of first minute of part 2 of NZONSCREEN Kaleidoscope documentary. Go to www.nzonscreen.com and search for Toss Woollaston

In the mid-1930s, Toss Woollaston borrowed a piece of land in Māpua. On it, he built a house that was to become his home for the next 15 years.

The mud hut at Māpua was built primary as a studio. Woollaston trampled the clay to make the sun-dried bricks and constructed the place himself.

In 1936, he married Edith Alexander, whom he had met in Dunedin, and the cottage became their home.



They lived а subsistence life in what he has described as 'our primitive days'. Their four children born were at Māpua, and the clay house was home for the family for fourteen vears.

Toss worked long days in the surrounding

orchards, tough physical work now a way of life. Time to draw and paint was snatched in evenings and at weekends.

Toss in his garden 1942

As always, it was his

immediate environment which attracted him. Again and again, he'd paint the same subjects, striving to succeed in his own terms. As he put it "to reach at one stroke, the essence of feeling I had for the landscape".



In 1950, the family left the Māpua cottage and moved to Greymouth.

[Pictures sourced from hocken.recollect.co.nz]



Horoirangi (Cable Bay) from our house



Site of the house at 53 Seaton Valley Road



Arsenic in Paradise

Empathising with a Mayor might seem grandiose on my part, but having been there, done that, I am very aware, i.e. woke, as to how a leader's seemingly innocuous comment might come back and bite one by the gluteals.

Our council was deliberating how, under the Māpua Masterplan, the chemically contaminated land under proposed development at 53 Seaton Valley Road might be managed by remediating the contamination to a recreational and non-residential standard.

The contamination level for residential land is four times harder to achieve than for recreational use¹. The Council doesn't want us to grow our veges on contaminated soil but when it comes to playing, rolling and cutting ourselves, a little arsenic or lead or whatever is OK.

Our good Mayor, in supporting this very reasonable application of a recreational and not residential contamination standard, stated:

"Despite the fact that most of the people who live in Māpua currently live on sites that don't meet any of these standards, because they were all subdivided before HAIL was an issue. It was all orchard, ex-orchard land. If they all went and tested their backyards, they'd probably all be living on contaminated soil. So, we definitely don't want to lock ourselves into a higher standard than the recreational one."

Fascinating! Is Mayor King just postulating, you know blowing smoke, when he states Māpua properties are contaminated or has the Council gone around testing each and every property? Surely, he should inform us of this.

Is not the Mayor interested in protecting his ratepayers from the harm of some very dangerous chemicals such as arsenic, lead, herbicides and pesticides? Remember, dead ratepayers don't pay rates.

More questions

1. Where is this knowledge kept in the Council?

It's on their HAIL (Hazardous Activities Industrial List) register, but you, Mr/Ms Ratepayer, can't find that. The Nelson City Council publishes this on a Map on its website. Tasman doesn't.

Why doesn't TDC make this information available?
 Ok, it does, just not to all and sundry, but IF YOU ASK, you can get it, in a LIM report. Charge = \$350.

Not another money-making trick, charging ratepayers for information that ratepayers actually own? Perhaps it's hidden, because going public might depress property values in Māpua, dropping Council rate revenue and might that also impact on the financing of all those green field developments in the pipeline around our little village?

Maybe Seymour's regulatory bill might cost the Council dearly if publishing HAIL info should adversely affect a developer's profit?

But firstly, the TDC must answer as to why it charges for HAIL information that is rightly a landowner's?

Jim Vause

1. Ref: https://www.landcareresearch.co.nz/publications/ soil-horizons/soil-horizons-articles/soil-guideline-values/



An aerial photo from 1958 showing orchards all along the southern side (RHS) of Seaton Valley.



Slow Flow Yoga with Debbie Sumner

Join Debbie for a calming, breathfocused Slow Flow Yoga class perfect for all levels. Classes run every **Tuesday** at Māpua Bowling Club and **Thursday** at Māpua Hall (Big Room) 9:15 to 10:30am. Enjoy a gentle yet dynamic flow with plenty of variations and progressions to suit your individual needs.

First class free! Sessions follow school term schedule. For more details, contact Debbie 027 689 0558 or dbsumnerwellbeing@outlook.co.nz. Offered by Sitara Yoga—Debbie is a qualified and experienced teacher who also hosts community classes, annual retreats, and special events. www.sitarayoga.co.nz

Māpua Health Centre news

We are fortunate to have a new GP registrar, Dr Roshana Fernando, starting with us at the end of July when we will be farewelling Brittany Puata, who we have loved having on the team for the last 6 months.

We have employed a second Healthcare Assistant (HCA), Pip. She will be starting in mid-August, working 3 mornings a week. Her role will be to assist Tania, our lead HCA, and the clinical team.

We had a team pink ribbon breakfast to support ongoing research into breast cancer and were very pleased to donate \$500 from staff, patients, and MHC.

Flu vaccines are still available so if you would like to book an appointment, please contact one of our receptionists or alternatively if you already have an appointment with the nurse or doctor the flu vaccine can be done at the same time.

This month is "Dry July". Dry July is a fundraiser that challenges you to go alcohol-free and raise funds for New Zealanders affected by cancer.

The funds raised through Dry July will help cancer patients, their families and carers in practical, tangible ways.

Dry July aims to improve the comfort, care and wellbeing of people affected by cancer. Since it launched in New Zealand in 2012, the campaign has inspired over 40,000 Kiwis to go dry, raising \$millions for people affected

by cancer, and funding more than 170 projects for 15 beneficiary organisations across the country.

We now have staff members who are trained to provide guidance regarding 'advance care planning'. This gives everyone a chance to say what's important to them. It helps people understand what the future might hold and to say what treatment they would and would not want.

It helps people, their families and their healthcare teams plan for future and end of life care. It also makes it much easier for families and healthcare providers to know what the person would want - particularly if they can no longer speak for themselves.

Please contact the receptionist to book an appointment or speak to Kathryn, our Clinical Lead Nurse for more information.

There are a number of important national and global events for the month, including:

- 1-31 Dry July
- 11 World Population Day
- 12 www.un.org/en/events/populationday
- 14 Term 3 begins Primary & Secondary schools.
- 28 Hepatitis Awareness Day hepfoundation.org.nz30 International Day of Friendship

www.un.org/en/events/friendshipday

www.dryjuly.co.nz







Get your push bike serviced locally by a qualified local bike mechanic.

Pickup and delivery service available from your home (Mapua/Ruby Bay/Tasman/Moutere)

Call or text Gary 0275366470

Craft Group

Forty blankets have been assembled from knitted squares and are ready to send to an overseas cause, thanks mostly to Elizabeth, Ella and help from several other friends.



The Craft Group has also made a very colourful blanket from knitted squares and donated wool.

Another project is for knitted neck and / or head bands for use in our winter months. These can be made using double-knit wool casting on 80 stitches on size 5 needles. Using knit stitch, rib or moss stitch, proceed to knit to 10 to 20 cm deep, casting off and joining the short edges.

Any combination of colours makes a very bright item. Children could make these easily as a winter project with perhaps a competition to find the most attractive ones. You can view the attached photo here or in colour by going to the Coastal News web site coastalnews.online.



Dates for our July meetings are the 4th and 18th of the month, between 10am and noon in the Māpua church meeting room, with a cup of coffee and a chat.

Any donations of wool would be most welcome for the above projects. *Barbara 5403901*





Māpua Boat Club

Guest speaker Thursday 3rd July

Mapua Boat Club Deep Dive into Lake Rotoiti

Māpua author Annette Walker will be taking her audience on "A Deep Dive into Lake Rotoiti".

Subtitled "the editors cuts", her talk is about her just released book '*Up the Lake – the story of Rotoiti*' which is the result of years of research and a lifetime of enjoying and studying Lake Rotoiti, its geology, fauna and flora.

The beautifully crafted and illustrated hard cover book details Rotoiti's natural and social history, interwoven with stories of Annette's life spent 'Up the Lake'.

Annette, who lives at Māpua, is a past Māpua Boat Club Commodore, curator of the Māpua Maritime Museum, a scientist, cellist, boatie, campaigner and author.



Everyone is welcome to come along and listen to Annette's speech at the Māpua Boat Club on **Thursday 3 July**. Doors open at 5.30pm. A cash bar is operating and light refreshments served.

'Up the Lake' is available by emailing: rotoitiupthelake@gmail.com and through retail stores including Delicious at Māpua.

Guest speaker Thursday 17th July

Idyllic East African childhood led to life-long career.

An idyllic childhood growing up in Tanganyika and Kenya with frequent visits to game reserves and the East African coast, engendered Andrew Tilling's love for wildlife and the natural environment.

However, the violence of the Mau Mau Uprising and demands for independence that rocked Kenya in the 1950s saw Andrew sent to England to complete his schooling and university, where he studied economics and geography.

This was the beginning of a varied and fascinating life and career, which Andrew, who lives at Ruby Bay, has now recounted in his book 'Jogoo the Rooster'.

Andrew will talk about his life and career, which took him from South Africa, to Australia, New Zealand, Nepal, Vietnam, China and Oceania, when he is guest speaker at the Māpua Boat Club on **Thursday 17 July**.



'People's Choice' votes in photo competition

The public will have the chance to vote for their favourite photos when the exhibition of entries in this year's Māpua Boat Club Amateur Photographic competition opens at the Māpua Maritime Museum on Monday 14 July.

Photos will be on display at the museum until July 25. Judges will make their selection of winners before the exhibition opens, but the public can cast their votes in the 'People's Choice' box for any image they like.

Entries close on July 11 for the competition which has three categories in both the adults' and children's sections – Nature, Boats and People and all must have a maritime theme.

Sponsors providing prizes for this year's event are: CopyArt, Delicious, Jellyfish, Appleshed, Smokehouse, Kiwi Journeys (Māpua Ferry), Jared's Fruit& Veg, Sprig & Fern Māpua and Māpua Pharmacy.

A 2026 calendar featuring images from the competition will be produced. Proceeds from the calendar and competition are in support of the museum.



Raewyn Wood's image of two Kotare (kingfisher) – was the 'People's Choice' winner in the 2024 Competition.



0G00

A.J. TILLING

RUBY BAY STORE What's On in July

RHYTHM & KIN Saturday 5 July, 7 pm Riwaka Valley mother-and-daughter duo Tamsin and Phoebe favour trad Celtic, folk, tango and gypsy music for violin, voice, guitar and tin whistle. Fundraiser for Phoebe

JASON MCIVER & GUESTS Saturday 12 July, 7 pm Singer-songwriter Mciver presents energetic and upbeat songs fusing alt-folk, country and rock. Among his guests, Elisha Hobbs

HOBNAIL Sunday 13 July, 4 pm Spend an afternoon with a crowd-pleasing Wellington institution (30 years in the music biz). Touring their new album of reworked original songs, plus Kiwi and Australian covers

AMALGO Saturday 26 July, 7 pm They hail from Nelson and Motueka and play a foot-tapper mix of progressive Celtic music and song. Fiddle, guitar, mandolin, Irish bouzouki and double bass, plus vocals

Tickets \$25 pp

For bookings and more information

www.rubybaystore.co.nz 174 Stafford Drive, Ruby Bay • 027 417 1713 Store opens one hour before the show

Local food, wine, beer, cider



Chelle the Seamstress

Clothing alterations, dressmaking Repairs, cushion covers / squabs Curtain shortening *by appointment* 11 Korepo Rd, Ruby Bay 021 2086 286 chelle.evanson@gmail.com

Garry Simkin Plastering For all Interior Plastering 027 226 1722



Māpua Community Library Moutere Hills RSA Memorial Library

EXHIBITION till 16 July: Barry Robertson

Artist and Environmental Scientist (PhD Zoology)

"My artwork is primarily autobiographical, shaped by places I've visited and how I remember them through my imagination. These memories emerge as filtered versions of reality—dreamlike, simplified, and deeply personal.

"My worldview has been strongly influenced by my upbringing, where freedom, creativity, self-responsibility, and respect for Māori culture were encouraged.

"I was raised with a love of books, sea life, birds, and even the beauty found in dumps.

"Alongside this was an almost constant need to create—an impulse both nurtured and challenged by the physical limits of chronic fatigue syndrome and the constraints of academic life.



"These influences have led me

to favour calmness, clarity, and simplicity in my work.

"I often express strong inner guidance through symbolic elements—such as large, clothed bird figures—that reflect themes of love and quiet strength.

"In my world, buildings, animals, birds, mountains, and water are rendered not in intricate detail, but as their essential forms—stripped back to their 'bones', yet still warm, connected, and supportive of one another.

"My art is, at heart, a visual dialogue with the essence of myself. I am excited to have this opportunity to share these with you and look forward to any of your feedback."



We recently received a grant from **Richmond Rotary**. The grant team is always looking for new charities and foundations to support us as we have found some of our traditional donors are oversubscribed and have reduced funds.

At our recent fund-raising quiz night at the Sprig & Fern we were approached by someone from Richmond Rotary, and we are pleased to say that our recent application to them was successful. Watch out for new books from funds donated from **Richmond Rotary**.

Māpua Community Hall

Weekly Classes July 2025

Tuesday	Wednesday	Thursday	Friday
Sioux Line dancing 9-12pm	Aerobic/Pilates with Lynda 9-11am	MAG Mapua Art Group 9:30-12:30pm	Cardio weights/Pilates with Lynda 9-11am
Pastel Artists of NZ 9-12.00pm	Yoga for Healthy Living with Nikki 9.15-10.30am	Yoga with Debbie 9,15-10,30am	Yoga with Martin 9.15-10.45am
Mapua Creative Fibre 10:00 – 10:00pm Monthly on the second Tuesday	Mindful Movement with Tilly 11.30-12.30	Yoga/ Pilates with Kris 10.45-11.30am	
CB Dance with Courtney 3.30-4.30pm	Chair Yoga with Yvonne 1.30pm-2.30pm		The Hub
Strength and Cardio with Lynda 6-7pm			Community drop in support 2.30-4.30pm
Yoga with Martin 6-7pm	Mapua Football 5.30-8pm	African Fusion & Belly dance with Indy 5.30-6.30pm	
Boardgame night with Ryan 7-11.30pm	Yoga with Rachel 6.30-7.45pm	Mapua Community Choir 7.30-9pm	Would you like
	Sioux Line dancing 9-12pm Pastel Artists of NZ 9-12.00pm Mapua Creative Fibre 10:00 - 10:00pm Monthly on the second Tuesday CB Dance With Courtney 3:30-4:30pm Strength and Cardio with Lynda 6-7pm Yoga with Martin 6-7pm Boardgame night	Sioux Line dancing 9-12pmAerobic/Pilates with Lynda 9-11amPastel Artists of NZ 9-12.00pmYoga for Healthy Living with Nikki 9.15-10.30amMapua Creative Fibre 10:00 - 10:00pmMindful Movement with Nikki 9.15-10.30amMapua Creative Fibre 10:00 - 10:00pmMindful Movement with Tilly 11.30-12.30Monthly on the second TuesdayChair Yoga with Yoonne 1:30pm-2:30pmStrength and Cardio with Lynda 6-7pmMapua Football 5:30-8pmStorength martin 6-7pm5:30-8pm	Sloux Line dancing 9-12pmAerobic/Pilates with Lynda 9-11amMAG Mapua Art Group 9:30-12:30pmPastel Artists of NZ 9-12:00pmYoga for Healthy Living with Nikki 9.15-10:30amYoga with Debbie 9.15-10:30amMapua Creative Fibre 10:00 - 10:00pmMindful Movement with Tilly 11:30-12:30Yoga/Pilates with Kris 10:45-11:30amMapua Creative Fibre 10:00 - 10:00pmMindful Movement with Tilly 11:30-12:30Yoga/Pilates with Kris 10:45-11:30amMonthly on the second TuesdayMindful Movement with Yvonne 1:30pm-2:30pmYoga/Pilates with Kris 10:45-11:30amStrength and Cardio with Lynda 6-7pmMapua Football 5:30-8pmAfrican Fusion & Belly dance with Indy 5:30-6:30pmYogaMapua Football 5:30-8pmMapua Community Choir

<complex-block><image>

Office hours are Mon-Frl 9-12pm 03 540 2330 72 Aranui Road Mapua email: mapuabookings@gmail.com

Our latest news & adventures

Equipping teens with future skills

Did you know we offer a range of programmes where teens can earn NCEA credits whilst gaining practical skills to support them in the future? Check out our website to find our latest programmes ranging from adventure, cultural, environmental and leadership.

Duke of Edinburgh's International Award

We've had some epic adventures with The Duke of Edinburgh's International Award participants lately! Did you know you can complete your Adventurous Journey or Gold Residential Project with us! Check out:

- Senior Journey
- Adventurous Journey
- Adventure Skills Development
- or design your own custom programmel

Visit our website to learn more & enrol!



Garin College Camp at Nelson Lakes

We'll see you out there!

Save the date - Charity Golf Tournament 12th October 2025 at Motueka Golf Club

Get ready for a great day on the green - all in support of youth development through outdoor learning! This fun, friendly tournament will raise funds for Whenua Iti Outdoors, so we can keep supporting youth to access life-changing programmes in the outdoors. **Team registrations opening soon!** Want to support the cause? We're looking for event sponsors and prize donors - a great way to give back and get your brand seen. Contact Nick to get involved - nick@whenuaiti.org.nz

Team Building & Corporate Packages

Did you know Whenua Iti Outdoors offers tailored programmes for corporate groups and professionals? Whether it's adventurebased or cultural, we can design a programme that suits your group's goals - making full use of our facilities, specialist gear, stunning outdoor locations and experienced instructors. Get in touch to explore what kind of experience you are looking for!



Adventure Tourism Leadership students practice fire-lighting

www.wio.org.nz



Coastal News Advertising Costs

Ads go by the size in column centimetres. Columns are 8.5 cm wide and costs are as follows:

\$2.50 per cm up to 6 cm\$3 per cm up to 10 cm\$4 per cm over 10 cm\$48 ¼ page\$60 ½ page\$80 full page

With 20% discount for long-term advertising (3+ months) and prompt payment by internet banking only.

The deadline is the 20^{th} of each month with each issue coming out on the 1^{st} .

There is no separate January issue.

E: news@coastalnews.online for more information.



oorate Packages

VHENUA IT



For info: 03 540 3848, office@hillscommunitychurch.org.nz www.hillscommunitychurch.org.nz

What's on at Hills Community Church?

Throughout the week

Sunday: Worship Service - 9:30am followed by morning tea.
Wednesday: Senior Moments – second and last

Wednesday each month. 10am to 12pm *Friendship, food, events and information.*

KidsnKoffee – Community Playgroup – 10am to 12pm A great space for all the whanau.

Thursday: Prayer and Coffee – 10:00am. *An opportunity for prayer, discussion and a chat.*

Friday: Craft and Coffee – first and third Friday each month 10am to 12pm.

If you love all things "crafty" come along & join the group Throughout the week: Life Groups

Drop in for coffee, chat or just a quiet space.

Senior Moments

What's on this month?

Wednesday 9th July

Travels through Iran with Richard Clements A talk with photos on his travels through Iran. When you look past the current conflicts in the Middle East, Iran is said to be one of the world's most enigmatic and captivating countries that has a rich Persian history, culture and diverse and beautiful landscapes.

Wednesday 30th July

"Click and Connect" with Sally Hargreaves Sally runs the Click and Connect service at Mapua Library on Tuesdays.

If you would like help with your phones or other devices, please bring them along and Sally will offer help and advice.

This service is free of charge. Delicious Morning Tea, Great conversation No charge but Koha welcome 10.00am Look forward to seeing you!







Stephanie Wright

Practitioner of Tibetan Medicine Tibetan Acupuncture & Massage Facial Enhance Cosmetic Acupuncture

Ph. 021 169 0218

swchiro@gmail.com stephaniewright.co.nz

Sunday Services through the month at Hills Community Church.

Café Church

fresh coffee.









An opportunity to worship, learn, and chat in an informal setting – while enjoying croissants and

1st Sunday of every month 9.30 am

Family Praise and Worship Come together to worship God through song, prayer, listening to and hearing the Word of God. 3rd Sunday of every month 9.30 am

Holy Communion

Based on the Iona tradition. Sharing bread and wine together as a church community. 4th Sunday of every month 9.30 am



Coming together as a church community to celebrate the different themes running throughout the year.

Followed by a shared morning tea. 5th Sundays in the year 9.30 am





laserelectricalmotueka.co.nz

Book Review

'Fire' by John Boyne. Reviewed by Shona McLean

This was a lucky dip for me, my husband had brought this book home from the library for himself and handed it on to me when he had finished it, saying he thought I'd enjoy it.

I was hooked from the first page. That doesn't happen very often, and when it does, reading becomes even more of a delight than usual.

It's an unusual story about a woman who, on the face of it, lives a privileged and respectable life as a surgeon specialising in burns victims and skin grafts. She has an expensive car and a beautiful flat in a sought-after area of town.

It all sounds good, doesn't it? But the opening lines mention a traumatic event that had occurred when she was twelve years old.

It's a very clever technique to use, because from then on, the hooks in the way of hints just keep coming, not often enough to be annoying, just perfectly timed.

I was intrigued, and wanting to know more from page to page, which is a bit unusual for me. And I think this clever use

of such a technique says a lot about the author's ability as a writer.

The story is the slow unravelling of what had happened to her as a child, and her subsequent behaviour, but not in that order. Most of the story centres on her habit of enticing males of all ages, getting them into her flat on one pretext or another, then setting about making use of them sexually in whichever way she chooses, which escalates somewhat as the story continues.

So, on one hand her life to all intent and purpose is devoted to the care and restoration of burn victims, which she appears to do in a very dedicated way. And at the same time, her off duty life consists of enticing and seducing a huge range of males, which becomes more obsessive as time goes on.

The denouement is very unexpected, but again, the clever use of clues is there, if you are smart enough to pick them up! I went back over the story at this point and had a look at the clues I had missed!

I'm not going to tell you how the denouement comes about because that would spoil it for readers new to this book. All I can say is its one of the best I've read for a while.

I love stories like this where you are hooked from the first page onward. It's a technique to be admired, and I was sort of sorry when it ended!

Postal delivery subscription

We can post you the *Coastal News*. Email your address to us [see front page] and we'll give you bank details to pay \$25 per year.



We are expecting a downturn in attendees for the months of June and July. It's the travel and flu season -a double whammy. However, the stalwarts will keep the home fires burning and the pastels busy.

PAN7

Last month, Glenys Forbes gave us an interesting and educational talk on how to paint white. Her florals have been doing very well in international competitions of late and mostly with white flowers – which are not actually white! Lots of questions and constructive discussion followed.

This month, we plan to have a small challenge involving the colour wheel. It will be fun.

Our pastel group meets every Tuesday morning 9am to noon at Māpua Hall and we welcome visitors and prospective pastel artists. We offer the use of pastels and paper for you to "try before you buy" in order for you to find out if you would enjoy using pastels as a painting medium.

Teas, coffees and biscuits are provided.

For further information, please contact our Nelson Area Rep, **Margie Bramley** on 027-257-1857

Or:- if you cannot attend the Tuesday morning group and would like to try painting with pastel, try a Saturday morning at Greenmeadows (Stoke) on the 3rd Saturday of every month. For further information, contact **Lyse Beck** lyse@lysebeck.com

Mahana Electrical

All servicing, repairs & installations. Domestic, commercial & rural.

Phone Simon: 021 994 306



Referrals, families and all new patients welcome Visit our website or call for more information

Keeping you in the game since 2002





SUMMIT

GORDON WEBB

Top Salesperson 2007/2008/2009/2010 Top Office 2015/2019/2020/2021/2022/2023 in Summit Real Estate MRENZ

Having grown up in this fantastic little village and seeing it blossom and thrive, I truly believe that my team and the passion and knowledge I have for the area will get you the

very best results.

'A Good Deal Better'

Gordon Webb

Residential & Rural Branch Manager 021 540 241 | 544 2900 gordon.webbesummit.co.nz



Vetlife Pavs for Thought

This month we peel back the surgical gloves and get to know Ashlyn Sutherland, one of our talented nurses who regularly joins the Vetlife Māpua team each Wednesday for our surgery days. Ashlyn brings a fabulous mix of compassion, energy, and care to the clinic.

Read on to find out what keeps our American pocket rocket inspired, why she would love to swap her Subaru for wings, and the 'Rumours' she's happy to sing about at karaoke.

What inspired you to become a Vet Nurse?

The love of animals of course. There's nothing like the bond between pets and their people. What do you enjoy most about working at Vetlife Māpua? It's got a



It's got a small-town vibe to it, plus Jeannie's the best! She runs

the clinic so well and it's a great atmosphere. (NB No cash or delicious snacks were exchanged for that comment... I promise!)

Is there a particular animal you enjoy working with the most? Why?

It's great to see the same animals on a regular basis. We can follow their health journeys and get to know their owners along the way. (But dogs for sure).

What aspect of your job gives you the most satisfaction?

Successful surgeries, working with patients through injuries or illnesses that result in a healthy recovery. Reuniting pets with their families at the end of a shift makes for a great day.

What do you appreciate the most about working and living in this region?

My team, working with great people every day makes it a little easier to be so far away from friends



What was the first pet you owned? A goldfish named Marshmallow.

and family (I'm from the States!).

If you could choose any superpower, what would it be?

Flying would definitely be more interesting than driving in my Subaru to work every day.

What's your go-to Karaoke song?

Any song from Fleetwood Mac's Rumours.

What's one thing people would be surprised to learn about you?

I was a Personal Trainer for 10 years.

To make an appointment at Vetlife Māpua phone 03 540 2329 We are open Monday - Friday 8.30am - 12pm + 1pm - 5.30pm

Travel with Becks

Maximise Your Airfare: Turn Transit into Travel

The most exciting part of your holiday doesn't have to start at your final destination. With thoughtful planning, your journey can be filled with unforgettable experiences along the way.

Many travellers don't realise that with smart planning, stopovers and side trips can be added to long-haul flights at little or no extra cost. Airlines often offer special add-on fares, giving you the chance to explore a new Asian city, soak up the energy of the Americas, or wander through a European gem. You might arrive in Bucharest ahead of a river cruise to Amsterdam, take the Chunnel to London, and on your return experience the magic of Arabian nights beneath a sky full of stars. The key is knowing how to connect the dots for the best value and experience, and that's where I come in.

Rather than relying on search engines or basic booking sites, I craft flight itineraries tailored to you. That might mean a stylish two-night stay in Singapore to break up a long-haul trip, a few days discovering hidden food spots in Hong Kong, or a cultural detour in Istanbul. Imagine strolling through vibrant street markets, the scent of spices in the air, or sipping coffee in a sunlit square as locals pass by. Every detail is designed around your preferences, timing, and way of travelling.

At Travel with Becks, your airfare becomes more than just a way to get from A to B; it becomes part of the adventure. Whether you're heading off on a bucket-list trip, visiting loved ones abroad, or simply making the most of your annual leave, I'll show you how to stretch your airfare creatively and comfortably. For frequent travellers or expats flying to the UK or Europe, mixing things up can make even a familiar journey feel fresh. Instead of the usual straight-through flight to London, why not recharge somewhere unique? These moments transform travel from a chore into something truly memorable.

I handle the details, from flight timing and cabin class to baggage allowances and loyalty programmes, so you don't have to worry about the fine print. I'll also ensure you have time to enjoy each place without feeling rushed, arriving at your destination rested and inspired instead of drained.

Whether it's a quick stopover to shake off jet lag, a cultural detour to enrich your trip, or a smarter way to see more of the world on the same ticket, let's make your journey just as rewarding as your destination.

Curious to see what's possible for your next trip? Chat with Becks on 021 0260 7333. We can meet over coffee, on Zoom, or wherever suits you best. No pressure, just fresh ideas, helpful insights, and personalised support from start to finish.









Fri 4th July Stand Up Comedy

Sat 5th July Billy Joel and Fleetwood Mac

> Sat 12th July King and Queens Ball

Fri 18th July All You Can Eat Ribs Night

> Sat 19th July Live Hip Hop Night

Sat 26th July Nelson Big Band

Fri 1st August Fondue Night

Sat 2nd August: Sun City Soul

www.playhousecafe.co.nz

Māpua Fire Brigade 💿 🚛



May to June 25 call outs

- 8 May 10:46 Fire in area of rock wall, permitted burn. No action taken.
- 22 May 6:10 Alarm activation Village Mall at Bakery, smoke from Tee towel near oven, no action taken.
- 25 May 00:28 House fire in Upper Moutere village. Ashes put on wooden deck, burnt up inside wall. ALWAYS store hot ashes on a safe surface like concrete and leave for few days to cool down.
- 25 May 08:31 Fire in house on Pomona Rd. It's possible that the heat exchange fan unit failed, causing a small fire in the ceiling. Help from Motueka fire brigade.
- 25 May 13:03 Alarm activation at Māpua Hall, steam from kettle set alarm off. Faulty kettle.
- 6 June 00:57 Assist Upper Moutere Brigade with a pump shed fire on Wills Rd.
- 12 June 14:38 2 Car crash SH60 between Bronte and Trafalgar Rds. Assist at scene. Police investigating.
- 13 June 16:57 Smoke and paint fumes in a house on Tahi St. From a new wood burner.
- 15 6 15:48 Car on fire on Tasman View Rd. Person cutting parts off abandoned car set petrol alight. They did try to put fire out but it got too big.
- 19 June 14:16 Two car crash at SH60 and Māpua Dr intersection. One person badly hurt. Watch your distances before turning.
- 19 June 16:17 Car hit lamp pole on Aranui Rd, Police investigating.

Call outs for the year =38

For fire safety info go to - https://fireandemergency.nz/ For rural fire go to - http://www.checkitsalright.nz/

New fireplace / wood burners should have their first fire small to cure paint.

During the very first fire your new wood burner will give off an odour and fumes as the firebox paint cures.

Open all windows and external doors in that room and close any internal doors. The fresh paint finish on your wood fire needs to be cured to preserve its quality and the curing process will last for approximately one hour and is likely to happen just this one time.

IMPORTANT: Burning a small fire at a medium burn rate for the first few hours of operation will achieve the optimal curing process.

Ruby Coast Running Club

Our Thursday 5km events have been continuing through the cold and dark winter evenings. It can sometimes be hard to venture out when it's cold, but it is well worth the effort. Extra layers deal to the weather, and we wear headtorches and reflective gear to see and be seen.

We had one particularly fun run this month with the scheduled run of the aptly named convoluted cross country course coinciding with the aftermath of a heavy downpour. It made for lots of puddles and some very muddy and slippery conditions.

It was quite an adventure making our way around the lesser used trails in Aranui park and around behind Māpua School in the dark. Unfortunately a couple of runners took a tumble in the slippery conditions. Thankfully there were no serious injuries, but there was certainly a lot of wet and muddy shoes and clothing.

Events our runners have been taking part in this month include the Kaiteriteri Gold at King's Birthday weekend. This is a trail running event in the Kaiteriteri Reserve that makes use of the trails in the Kaiteriteri Mountain Bike Park.

We had really good representation at the event with runners in the half marathon, 16 km and 8 km events as well as the 3.2 km kids' run. It is such a scenic course with both the pretty fern fringed trails as well as the stunning views of the bay from the top of the hill and at various viewpoints along the way. We were very lucky with the weather. A sunny but cool morning, with barely a breath of wind made for pretty much perfect running conditions.

Our runners gave it their all with some impressive results to show for it as well. Very well done to Lucy, one of our youngest runners, who was placed first in her age category in the 3.2km kids' event. With a large field of runners this is a very impressive achievement. Well done also to Graeme and Andrew who were placed first in their respective age categories in the half marathon and to James who was placed first in his in the 8km event. James also had some very good luck in winning the major spot prize too!

If you would like to join us, we meet each Thursday in front of the Māpua playground, at 5:15pm for walkers and slower runners, and 5:30pm for the rest. Bring a light, sign in and listen to the course briefing. Well-earned refreshments at the Sprig & Fern afterwards. See you there.

We are also on Facebook: Ruby Coast Running Club.



Lynda's Exercise Classes in the Mapua Hall

Winter 2025, Classes restart Tuesday June 3rd. Same timetable; classes now running in 3-week blocks. Start dates: July 1st (no classes week of July 22nd). July 28th (no classes week of August 18th). Etc. Cardio/Weights Tuesday 6 pm. Old-fashioned Aerobics Wednesday 9.05 am. Cardio/Weights Friday 9.05 am. Pilates Wednesday & Friday 10.05 am. All sessions \$10.00. Payment details on request. Please contact Lynda for details, lyndamabin@gmail.com 027 222 1491.

Noticeboard

Justice of the Peace: Mary Garner, The Bluffs, 0210469626 **Māpua Community Toy Library** - Committee Vacancy: Chairperson. Voluntary Role. Approx 5 - 10 hrs/month (can be variable). Role begins at the next AGM in July.

Māpua Community Toy Library - Toy Librarian Vacancy. Paid position. 1½ hrs per week during term times. Training provided. Start date: asap! mapuatoylibrary @gmail.com

Yoga [hatha]: Tuesdays 7.30-8.30pm, Appleby School Hall; Fridays 7.45-8.45am, Richmond Town Hall. Contact Janey, 021 979 244

Death Café: Share thoughts about death & dying. 2nd Wednesdays, 10-11.30am. Revite Café, 265 High St, Motueka. Email: LKc1957@protonmail.com or margaret@margaretmccallum.com

Tasman Area Social Walking Group: welcomes all to our Wednesday 9.30am walks. 60-90 mins walk & then coffee. Walks vary & support local cafés. Info: Fiona 021 232 6089 **Nelson Branch RNZAF** meets 2nd Saturdays at Phils Restaurant, Club Waimea, Richmond. ex RAF, RNZAF or others with interest in aviation. Contact: John Bethwaite, 035476634 or Trevor Squires, 039706644. Meal \$25.

Craft Group: please check with Barbara or Val that meetings are going ahead. 03 5403901

Stamp & Coin collections in Māpua/Ruby Bay & the Moutere evaluated & purchased. Nick Ferrier 021 688243

Pastel Artists Nelson: meet Tuesdays 9am-noon, Bill Marris room, Hall. Visitors welcome. Marg: 027 257 1857

Coastal Stringers: Ukulele & guitar group meet Fridays 1-4pm at Bowling Club. All welcome, just arrive & enjoy the singing. Contacts: Colleen 5403010, Diane 5402627.

Māpua Women's Rec Group. Come and join our friendly social walking group. Meet outside Village Mall Thursdays 9.15am. Options for all fitness levels plus activities and social events. mapuarecgroup@gmail.com or just turn up.

Knit & Natter group now at Appleshed: 10am Tuesdays. Contact: Debbi 027 327 4055

Re-cycle Printer Cartridges at the library. Volunteers are happy to collect printer & photocopier cartridges and transport to recycling centre. Blue bin in our foyer.

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 526-6707

Tasman Dippers: A casual collection of people who enjoy connecting with the open water. Year-round dips or swims in the sea at Rabbit Island. Info: www.tasmandippers.nz

Māpua Boat Club welcomes new members. No boat required. Social nights Thursdays 5.30 - 7pm at Club rooms on Māpua Wharf. Raffles, cash bar, snacks, regular guest speakers. To join, contact Secretary, Katrina 0211393945

Tasman Area Community Association (TACA) 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or www.tasmancommunity.org.nz

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Quakers meet at Family Service Centre, Motueka 10am 2nd Sundays. All welcome. Enquiries: Linda 027 447 6435.

Nelson Trout Fishing Club: 7pm 3rd Wednesdays, Fish & Game Rooms, 66/74 Champion Rd, Stoke. Beginner or expert. Courses, field trips, speakers. Open to all ages. Info: 03 5476432, secretary@nelsontroutfishingclub.com

RSA: Anyone interested in joining Moutere Hills RSA is welcome. No service history required. Catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

Playcentre: behind the tennis courts at 84 Aranui Rd. Come & play – Mondays & Thursdays 9.30-noon during term time. mapua@playcentre.org.nz

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall Monday afternoons 2.30-4pm. mapuatoylibrary @gmail.com

Māpua Art Group meets Bill Marris Room Māpua Hall Thursdays, 9.30am-12.30pm. Paint, draw, in a social environment. All levels, media. \$5 incl morning tea. Tables, chairs, easels provided. mapuaartgroup@gmail.com

Māpua Community Choir: 4 part harmony, no audition necessary, small koha, Māpua Hall 7.15pm Thursdays, contact: Rachel Boon, 027 358 6003, rboonnz0@gmail.com MDCA: Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; info@ourmapua.org

Kids 'n' Koffee Playgroup: Wednesdays 10-noon during term time, at the old church building. 0-6 year olds. Morning tea provided. Gold coin donation. Info: pippie.d@gmail.com

Ruby Coast Running Club: 5k run Thursday nights 5:30pm. Also runs most mornings. Find us on Facebook or contact Debbi 027 327 4055.

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St, Motueka. Seniornetmotueka.org.nz

Coastal Garden Group meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). All most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Info: coastalgarden.group@gmail.com

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues. Morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Motueka Scottish Country Dance Club: Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Club Notices are free. Others by gold coin donation to one of the distribution boxes. Advertising costs—see p13.

Your details: Please make sure contact details on this page are up to date. Send us an email.

Check out www.coastalnews.online to see the issue in colour and to download a copy.