



Māpua Tennis Club is turning 100! We have liftoff...



(When you're keen, you play anywhere, anytime!)

Celebrate our centenary with us!

Here are 3 opportunities this month:

FAST4 tournament Saturday October 10th, from 3pm

Warm up and kick off with a fast fun social tournament. Fast4 Tennis is a shortened format with a few changes of rules to speed things up. The rules are easy to learn & fun to try – they'll be explained on the day.

Places are limited, so please email Mapuatennisclub@gmail.com to book a spot. It's open to everyone - members & others, young or older, new players, rusty returners and anyone keen to join in. We'd love to see you on court in your (optional) old-fashioned tennis whites!

Dinner, Saturday night, October 10th, 6pm

A night out for members – past, present and future – and anyone else who's interested. This will cost \$70 per person, which includes a 3-course meal at Māpua Bowling Club with music, memories & fun. BYO Refreshments.

LIVE MUSIC: Jez and Eva are a blues and jazz duo. Featuring dynamic piano and powerful vocal performances with rich harmonies through a wide song range. They blend tender vocals and expressive piano adaptations to bring you a memorable evening.

Email the Club for bookings, and please pay to:

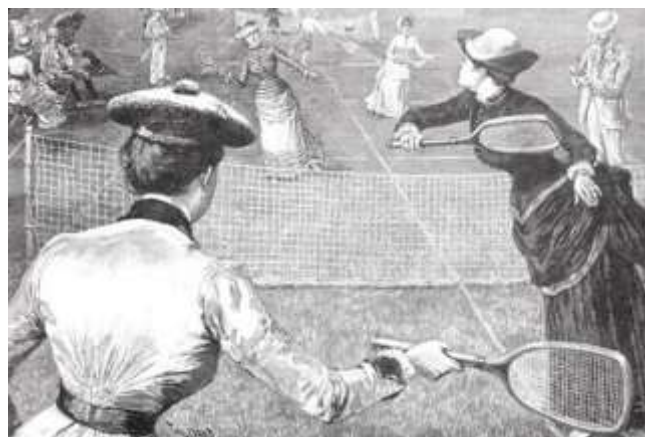
Māpua Tennis Club 03-1354-0473563-00

At last count we had about 40 who had booked & paid. There's still space for more... but please book now so you don't miss out!

Community Open Day, Sunday October 18th, 10am – 1pm

This part is intended for players, whanau, friends... anyone at all who is keen, energetic or just curious. It'll include some not-too-serious games, a barbeque, and some birthday cake if you're not too late. And there are spot prizes to be won. Just pop on in and help us celebrate. It's not often we turn 100!

And do feel free to wear some 1920s(-ish) tennis whites and bring your old wooden racquets.



Our wet-weather date – just in case – is Sunday, November 1st (same times).

Please email Mapuatennisclub@gmail.com or contact our President, Bridget Miller on 021 496 153 if you need to know anything else.

We look forward to having you join us, for any or all of these once-in-a-hundred-years events!

A big 'thank you' to Sprig & Fern Māpua for support provided towards the cost of these celebrations.



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Community Association (MDCA)

Organisation is well underway for 'Meet the Candidates' at **7pm, Friday 2nd October** in Hills Community Church Auditorium, 122 Aranui Road. The format will be several questions asked of all candidates, then a series of questions drawn from the 'biscuit tin' (which you can contribute to on the night).

The first set of questions will be drawn up in advance and shared with candidates. This will be a compilation of questions submitted from our membership and the wider community. Notices inviting suggestions were shared on our noticeboard and Facebook page, and via email to our members. We look forward to seeing you at the event.

In August, TDC ran a "Continuing LTP Conversation" meeting with members. It was a well-run meeting with open and honest communication both ways. The hope now is that collated information is made available to the public.

Councillors reported on a number of questions that have been put to Council staff and the resulting initiatives. It was confirmed that camping at **McKee Domain** will not resume until engineering reports are received and camper safety can be assured.

Members who attend Council meetings were asked what it was that they valued in attending meetings in person. The request for live streaming of workshops was again asked of councillors who will again follow this up. A hearing date for PC81 has still not been advised by the independent panel.

Roger Taylor has been appointed as Treasurer and the many and varied requirements to update bank account permissions etc can now begin. The meeting agreed that we open a direct debit card account once all the other paperwork is completed so that committee members no longer need to pay accounts using personal cards, when card payment is the only option.

We were unsuccessful in our application for Downer Volunteer Day labour.

The major project of the moment is the Technology Review project. The application process for the Google for Non-Profit account is underway and research for a provider for our website is all but complete. This project will also consider options for storage of our archives including the Māpua Memories videos, as well as how to rationalise our email accounts and digital administration.

The link to join us or renew your membership is on our website - ourmapua.org

PANZ – Pastel Artists NZ

On 12th September, 10 of us participated in "Adventure in Art" held at the Greenmeadows Centre, Stoke. We had paintings for sale, demonstrations and answered lots of questions. Over 390 people visited us over the 6 hours we were there and we answered LOTS of questions.

In April 2027, we are to host the PANZ "Purely Pastel" National Art Awards and Annual Convention here in Māpua at the Community Hall. We are busy organizing speakers and demonstrators, Judges and many other jobs that are required to run a successful event. The last time we hosted this event was in 2016 and it was a huge success. Fingers crossed this one will be too. PANZ National body will turn 25 and our PANZ Nelson group will be turning 21 so it will be a double whammy celebration.

Our guest Tutor and chief Judge will be Christine Swann from the USA. Christine is a multi-Award winning Artist and sought after Tutor, so we are really lucky to have her here. She will be running two workshops here immediately following the Convention and then another 3 in Dunedin, Wellington and Cambridge before returning to the US.

Have you ever tried working with PASTEL as a painting medium?

We would love to encourage you to the wonderful world of pastel art and send you a welcome to join us at the Bill Marris room of Māpua Hall on a Tuesday morning (Feb-Nov) 9am to noon.

We welcome visitors and prospective pastel artists and offer the use of pastels and paper for you to "try before you buy". Teas, coffees and biscuits are provided.

For further information, please contact our Nelson Area Rep, **Margie Bramley** on 027-257-1857

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Māpua Community Hall

Monday 19th October 7:30pm

Over the past year the community-led Māpua Emergency Planning Team (MEPT) has published a **Community Emergency Preparedness Plan (CEPP)** and launched it at the CEPP Awareness Day at the Māpua Community Hall. To date we have received much appreciated support from both residents and local businesses.

MEPT now invites you to participate in a Community-led Discussion focused on how residents of the greater Māpua-Seaton Valley-Pomona Road-Ruby Bay areas can be better-prepared for and resilient in the event of natural disasters. We will be joined by representatives from FENZ, Nelson-Tasman Emergency Management and Neighbourhood Support Top of the South.

Our collective goal is to:

- Support residents and the community to take ownership of their own emergency preparedness.
- Increase resilience and self-sufficiency through strong and connected social networks.



- Reduce reliance on first responder agencies during an emergency.
- Discuss practical steps to minimize fire risk during the upcoming summer season.

Many neighbourhoods already have social groups and/or contact lists – if you don't, we are asking residents to connect with your neighbours. This simple step will better link neighbourhoods, connect the community as a whole and mean we can all look out for each other.

Also, having key contacts in each area join **Neighbourhood Support Top of the South** will allow residents to receive updates specific to their neighbourhood when disaster strikes.

If you want to know more and be better prepared, please attend the Community-led Meeting. Copies of the Community Emergency Preparedness Plan are available at the Māpua Library, or online on the MDCA Website (www.ourmapua.org)



Māpua Emergency Management Team contact:

Paul McIntosh pmcintosh64@yahoo.com

To join Neighbourhood Support:

<https://commbase.nz/join/topofthesouth> or scan this QR code



Neighbourhood Support Top of the South contact:

rachael@neighbourhoodsupport.co.nz or 022 035 9493

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The future we are facing - Opinion Jan Heijs

The time for non-action and complacency on Climate Change Issues is now so urgent, that even its long-time deniers and top economy gurus are now clearly alarmed.

Even here in Māpua we cannot escape the effects. I'm basing this statement on two very recent reports.

Exxon Mobile is now openly 'admitting that greenhouse gas emissions will be much higher than needed to curb climate change'. Their director of economics and energy states (without shame?) that by 2050 at the current trajectory of emissions, global temperatures could rise between 2.5°C and 3°C.

The other report is from the "Institute and Faculty of Actuaries" in the UK. These are top economists, not a bunch of tree-huggers, who are specialised in assessing risks. Their risk matrix states that:

- at 2°C or more by 2050: "Catastrophic." GDP losses above 25%, potential mortality above 2 billion people, ocean circulation severely impacted, and involuntary migration of billions of people.
- 3°C or more by 2050: "Extreme." GDP losses of 50% or more, potential mortality above 4 billion, global tipping point cascade, breakdown of critical Earth climate and social systems.

Exxon's "business-as-usual" forecast lands squarely between those two possibilities. I find that frightening for me, for us, for our children and grandchildren.

What's so special about those two reports is that the first report is from one of the biggest oil companies on the planet, traditional in denial and doing everything to stall any progress in addressing the root causes of climate change. While the second group are financial experts, often vested in the current market economy, and typically not the first to make scary statements about our climate future.

The current New Zealand government and most local councils, including Tasman District Council and Nelson City Council, do next to nothing to reduce our greenhouse gas emissions. I recently learned that Nelson City Council has disestablished its climate change team and fired the staff that worked there.

Our current government has told us not to expect central government to help clean up the mess after the next disaster strikes. So, it will be on us to pay after the next one.

This will be the case either directly because you have suffered damage or indirectly because council will use more taxpayer money to clean up the damage to the infrastructure.

We are now paying an extra tax for the repair work caused by the flooding during mid-winter last year. Future disasters will then simply cause even more tax-hikes. So, more tax increases are highly likely.

Given the potential consequences, we will become increasingly dependent on our own communities in the very near future. The predictions referred to above are only 20-25 years away. Local resilience will become paramount.

In light of the evidence, with equal urgency, we need to develop climate adaptation plans (see my previous article) and insist that community assets are provided for and supported. Māpua already does an excellent job (saving Council money) having community run facilities such as the Māpua Community Hall and the Library, but council support is essential.

It is concerning that TDC, in the preparation of its Long-Term Plan (10-year financial plan) is looking for savings. With roads and pipes being considered the core activities, the spending on community projects becomes an easy target.

Of course, New Zealand needs to play its part in curbing greenhouse gas emissions. Although we are a small player in the global scheme, we have to take our responsibilities, as New Zealand has so often done in international crises in the past, "doing our bit".

And if we do play our part, we have a right to challenge others to do theirs. And to be able to hold our standing in Pacific forums, where climate change is already lapping if not lashing their shores.

I know there are people in New Zealand that won't agree, some political parties even want us to get out of the Paris agreement. But, even if the probability were that there is a 10% chance that the predictions above are true (I personally believe the percentage is much, much higher), would you want to risk the future of your children and grandchildren? Would you like to play Russian Roulette on your family with a 10% chance to receive the bullet?

And if the above predictions were even partly correct, we might have to head for the hills much faster than I suggested in my previous article. (CN—August)

Māpua will be affected, your community, and your family. Think carefully before you vote!



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Māpua Craft Group

At our recent meeting we tied scarves in many ways using Suzanne Paul clips. (See photo). This made our outfits look very glamorous and the scarves stayed in place.

It was also a "share and give away" of silver and gold art pens, magazines, a tapestry kit, mandarins and a recipe for making marmalade using the microwave oven.

Our October meetings are on the 2nd and 16th, and you are most welcome to join us with your craft ideas at the Mahana Lounge in the Māpua church from 10am till noon.

Ella showed us her amazing life story book focused on the Tasman district.

Soon, we will make Keepsake Story tags! Come along and find out more.

There are only six more meetings this year so we will be making cards and gifts for family and friends. Little gifts mean a lot to so many.

For more information: Barbara 03 5403901





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WE HAVE NETBALL WORLD CUP PACKAGES:

- We are taking a hosted Netball World Cup group to Sydney in Sept 2027
- Join Stephanie for an exciting few days of Netball. Then extend to Adelaide and the wine regions with your new friends.

Email: silvana@wtmot.co.nz **Call:** 0800 804 737 **Web:** www.wtmot.co.nz

Māpua Health Centre news



A reminder that we offer a wide range of services, including ear suctioning, immunisations and travel vaccines, cervical screening, blood tests, advanced care planning, dressings and wound care, smoking cessation advice and follow up, health checks, spirometry and various other procedures. Please contact Reception for more information.

If you are calling our reception team for an appointment and we are unable to offer one on the day you need, you may be referred to our triage nurse. In some cases, the nurse may be able to provide advice or help resolve your concerns without the need for an appointment with a GP or Nurse Practitioner. Please note that a fee will apply for this clinical advice. If the nurse does book an appointment for you with the GP or Nurse Practitioner there will be no charge for the nurse's time.

This is breast cancer awareness month. Breast cancer is New Zealand's third most common cancer and accounts for more than 600 deaths every year. The risk of being diagnosed with breast cancer increases with age.

- Breast cancer isn't common in women under 50.
- While it is less common, young women can get breast cancer too. 6% of breast cancer in NZ occurs under the age of 30 years. Although it is uncommon, men also get breast cancer. About 25 men are diagnosed in New Zealand each year.

Some women are at greater risk of breast cancer because there is a history of close family members having the disease. However, most women who develop breast cancer have no relatives with the disease.

Research shows that maintaining a healthy body weight can help prevent breast cancer and help improve the chances of survival after a diagnosis. Physical activity for breast cancer patients may reduce the risk of death after a breast cancer diagnosis and reduce breast cancer recurrence.

Healthy eating patterns also reduce risk of death from breast cancer. The research shows that eating more dietary fibre from whole grains, pulses, vegetables and fruits help improve survival. Soy foods such as tofu and edamame may reduce risk of death and breast cancer recurrence (*Int J Cancer*. 2023 Feb 15; 152(4): 572–599).

This month also celebrates the International Day of Older Persons. Healthy aging is the ability to maintain independence, purpose, vitality, and quality of life into old age despite unexpected medical conditions, accidents, and unhelpful social determinants of health (*Clin Geriatr Med*. 2020 Nov;36(4):671-683).

A high consumption of fruits, vegetables, and whole grains; moderate consumption of dairy products, fish, and poultry; and low consumption of sugars, saturated fat, and processed foods helps to achieve healthy aging (*Nutrients*. 2021 Nov 29;13(12):4310).

According to the CDC, adults aged 65 and older need sufficient exercise:

- At least 150 minutes a week (for example, 30 minutes a day, 5 days a week) of moderate-intensity activity such as brisk walking. Or they need 75 minutes a week of vigorous-intensity activity such as hiking, jogging, or running.
- At least 2 days a week of activities that strengthen muscles.
- Plus, activities to improve balance, such as standing on one foot.

This month's health and school events include:

- | | | |
|-------|---|---|
| 1 | International Day of Older Persons | www.un.org |
| 1-31 | Health Literacy Month | www.healthliteracymonth.org |
| 1-31 | Breast Cancer Awareness Month | www.breastcancerfoundation.org.nz |
| 1-31 | Dysautonomia Awareness Month | https://dysautonomiainternational.org |
| 5 | World Teachers Day | https://teachingcouncil.nz/ |
| 5 | World Meningitis Day | https://www.meningitis.org.nz |
| 9-15 | Baby Loss Awareness Week | www.sands.org.nz/news-blaw.html |
| 10 | World Mental Health Day | www.mentalhealth.org.nz |
| 11 | International Day of the Girl Child | www.un.org/en/events/girlchild |
| 12-18 | Mental Health Awareness Week | https://mhaw.nz/ |
| 12 | World Arthritis Day | www.arthritis.org.nz |
| 13 | International Day for Disaster Risk Reduction | www.un.org/en/events |
| 15 | Global Handwashing Day | www.hqsc.govt.nz/ |
| 16 | World Restart a Heart Day | www.resus.org.nz |
| 16 | World Food Day | www.fao.org/world-food-day |
| 16 | New Zealand Shake Out Day | www.civildefence.govt.nz |
| 17 | Loud Shirt Day | www.loudshirtday.org.nz/ |
| 19-25 | Save the Kiwi Week | https://savethekiwi.nz/savethekiwiweek |
| 20 | World Osteoporosis Day | www.bones.org.nz |
| 24 | United Nations Day | www.un.org |
| 29 | World Stroke Day | world-stroke.org |

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Book Review *by Sue Hassall*

Invisible Women by *Caroline Criado Perez*. Penguin 2019 Chatto & Windus. Royal Society Book Prize winner 2019.

Imagine a world where: "Your phone is too big for your hand; your doctor prescribes a drug that is wrong for your body; in a car accident you are 47% more likely to be seriously injured. If any of these sound familiar, chances are you're a woman."

A fascinating read which sets about, "exploring the data bias in a world designed for men". For the disputatious amongst us it is solidly backed up with evidence in comprehensive endnotes and an index that makes the anecdotal evidential.

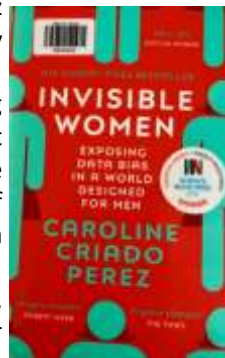
Caroline Perez delves into the data gap in areas ranging from: toilets to transport, academia to autism, snow clearing to smart phones, occupational health to orchestras, health to hurricanes just for tasters.

This smorgasbord of topics draws on evidence from many countries in the developed and developing world: cooking stoves in Bangladesh, maternity rights in the USA, pensions in Bolivia and politics in Scandinavia etc. The theme is that by and large we inhabit a world designed by men for men, not with any malign intent – it was just the way it was. The default was male.

As Perez points out, "One of the most important things to say about the gender gap is that it's not generally malicious, quite the opposite. It is simply a way of thinking that has been around for millennia... on the whole when we say human we mean man"

Published in 2019 some of Perez' concerns have already been addressed and maybe more are emerging.

One of my favourite examples is the NY Symphony Orchestra. There were almost no women in the orchestra of over a hundred musicians which is generally regarded as a job for life with very low turnover. Nowadays the



percentage is 49%. How did this turn around happen? By using a simple screen the orchestra hit on the idea of blind auditions.

This is a sit up and take notice read. It took me to places, situations and their ramifications that I'd never considered, an interesting journey. A definite recommendation for designers, engineers, researchers and planners of today and the future.

(Available in Māpua library)

Small Things Like These by *Claire Keegan*. Faber & Faber. Winner George Orwell prize 2022.

A total gem. A short read at 121 pages, though I listened to Aiden Kelly read it in an Irish accent, pure date syrup for the soul.

Set in a small rural town in 1980s Ireland it centres on Bill Furlough a fuel merchant. The story takes place in the days leading up to Christmas. This short book conjures a tale of quiet heroism in the midst of complicity. A good man doing the right thing while others look away. The spare and discreet writing allows the reader to peel back the layers of the story. Many strands are woven into this novella. It's an understated

masterpiece with an optimistic ending.

The book is dedicated to: *The women and children who suffered time in Ireland's mother and baby homes and Magdalen laundries.*

It is not available yet in Māpua Library but it is in Tasman Libraries and available in audio and e-book form on Libby and Borrow Box. It is also a film with the same name.



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Ways to claw back trust Opinion from Bruce Struthers

I attended the meeting of TDC's Strategy, Finance and Performance Committee meeting on September 17. A topic on the agenda was the annual Residents' Survey.

I was not asked to offer my opinion in this year's survey, as the methodology, and some of the questions have changed.

Two key metrics of resident satisfaction with Council performance were: "Trust in the Council" at 44% and "Overall value for money" at 35%. There is a downward trend in these numbers when compared to surveys from previous years.

When Councillor Dave Woods directly asked Group Manager, Strategy and Finance, if staff had a strategy to turn this performance around, he was met with a look of confusion and no clear answer.

If you have the patience, you can watch a recording of this meeting on the TDC's YouTube channel. Please form your own opinions of what happened.

I immediately started composing my list of recommendations for staff, which might assist if a strategy does appear:

1. Stop hiding information.
2. Communicate in language that most of your residents can understand.
3. Publish an organisation chart with clear responsibilities, from top to bottom, so that we contact the right person the first time.
4. When our elected members ask a subject matter expert a question, ensure there is an answer available at that time.
5. Drop the pretence of infallibility.
6. Require all staff to live in the same district as we do, so that you experience the same issues as we do.
7. Stop comparing yourself to other councils which have no effect on our lives.
8. Leverage the combined purchasing powers of all the country's councils to negotiate favourable terms with all your suppliers and contractors (you have done this already with access to capital, by borrowing from LGFA).
9. Stop the expensive and time-consuming efforts to make results in your reports look favourable.
10. Stop promoting yourself, at our expense. You have nothing to sell. Just deliver.

The YouTube recording reinforced my memory of what I heard in person.

Here are two examples of what NOT to do:

Councillor Timo Neubauer: "Look, I would add my own speculation to this, that if the overall trust level in council is low and if the overall perception of value for money is low then possibly other ratings will come lower than they would otherwise do as well, but that is just me speculating.

"Talking about value for money, one recurring theme that comes out of this survey, but that I also hear from the community, is the perception of wasteful spending and not focusing on core services.

"Is this due to our spending and the work that we're doing? Are we not focusing enough on core services? Are we not efficient enough as an organisation?

"Or is it lack of communication? Is it a lack of understanding of our residents what we actually do and why we do those things".

Allen Bywater, Team Leader, Community Policy: "Through you, Mr. Chair, I can't answer any of those questions because... All I can do is provide you with the results from the survey. So the survey results go so far; they don't delve into all those nuances.

"So I can't answer that question".

Councillor Timo Neubauer: "Okay. Well, I feel like we've received a bit of criticism about the consultation process related to Plan Change 81. Is there going to be a review of that process?

"What happened? What could we have done better?

"What should we learn from it for the future?"

Group Leader of Strategy and Finance Sue McLean: "I can take that offline".

Councillor Mark Greening requested a report of the results of the surveys over the past ten years, to show Council where it is heading. Staff acknowledged his request but made no commitment to provide it.

Below is what I have collated from my review of past survey reports. There could be errors in understanding or transcribing numbers from these documents. If so, I apologise.

Resident Surveys	2026	2025	2024	2023	2022	2021	2020
Satisfaction levels by topic							
Roading	54%	54%	45%	45%	53%	48%	72%
Footpaths	70%	63%	71%	68%	63%	63%	74%
Stormwater	75%	57%	65%	82%	89%	93%	61%
Wastewater	93%	68%	75%	92%	95%	98%	66%
Water supply	94%	61%	70%	85%	85%	86%	58%
Waste, prepaid	76%	44%	60%	76%	77%	82%	46%
Waste, recycling	95%	81%	84%	92%	93%	93%	82%
Information provided	76%	97%	84%	71%	77%	75%	74%
Contact with Council	86%	76%	77%	82%	75%	82%	88%
Rates: value for money	35%	43%	55%	57%	55%	57%	77%
Reputation	54%	50%	69%	72%	66%	69%	84%
Overall performance	68%	50%	69%	73%	64%	65%	42%
Consults with public	60%	44%	53%	53%	52%	58%	48%



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Cars : Questions Answered by 'Artificial Intelligence' (AI)

Is 'AI' a load of bull or a tool: I watched a Netflix video from all sorts of views, so as a test I have asked AI to answer some of my questions about cars and their future?

AI answers to my questions:



BYD electric

1) What percentage of vehicles produced will be all electric powered vehicles by 2040? - *35% to 40% of all vehicles produced will be fully electric. There will still be a billion internal combustion vehicles in the world!*

2) What percentage of vehicles produced will be hybrid by 2040? - *30% - 50% of all car sales will be Hybrid by 2040*

3) What year do you think the internal combustion vehicles will be gone from the world? - *Highly unlikely to be phased out, but continue to be used for heavy industry, road transport, agriculture, aviation. Vehicles used for personal transport will all be electric.*

4) Should I buy a car just because I like the colour? - *You should only if the car is safe, reliable and fits your budget. (Good common sense.)*

5) What colour cars have the best resale value? - *bright colours, yellow, orange, red*

6) Are Toyota Landcruisers the best selling 4x4 world wide? - *Landcruisers are one of the most successful and enduring off-road vehicles in history but not the biggest seller. Ford's F150 4x4 Pick Up truck is best seller.*

7) What SUV or 4x4 would you recommend for New Zealand for driving off road? - *Suzuki Jimny an absolute king of narrow bush roads where larger 4x4 would get panel damage. (From many years running 4x4 events I agree, the little Suzuki 4x4 can go places the bigger 4x4s never could)*

8) Compare a 1953 Ford Prefect E93A to a 2025 BYD 2WD Sealion, 100 words only :

Ford Prefect

1.2 litre side valve motor

Approx 30 horsepower

0-50 mph in 22seconds

3 speed manual gearbox

Synchromesh only in 2nd & 3rd

10 inch drum brakes

27 – 33 mpg

Vacuum wipers, 6V electrical

mechanical indicators

(vacuum wipers were dangerous, climbing a hill in heavy rain they would stop!)

BYD 7 2WD

Rear wheel drive electric motor with 82 kw battery

230kw (over 300 horsepower)

0-100kph in 6.7 seconds

1 – speed automatic

ventilated performance disc brakes

Approx 482km electric range

15.6 rotating wipers,

ADAS System,

safety, HUD, OTA updates

Although this is a mismatch for a comparison, I think it does show the progress of the motorcar.

Just like the Internet in 1991 when I finally had to buy a computer and it was great before it was corrupted by hackers etc.

AI is very smart but I always use my suspicious mind to check things. ie I do check before making online purchases by asking AI where their physical address is. Do they have a NZ shop/depot? Also look up Google maps, key in the address, do the 'street view', look for signage, is their name on any buildings! Sort them out first!

Is AI a force which is taking control to help save Mother earth? Unfortunately it will get hacked & exploited.

Frederick Cassin



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More about cars—personal experiences

Petrol versus Hybrid

Maybe some readers here are considering buying a new hybrid car, so I want to tell our story with our new car.

Our Ford Kuga turned 10 years old in March, and we had driven it a little over 160,000 km. We had been discussing getting a different car for some time. After petrol prices skyrocketed with the US-Iran War, we decided relatively quickly to buy a plug-in hybrid.

Our Kuga had a 2-litre engine with about 246 hp, so a relatively powerful engine. It consumed about 8.8 litres of 95 octane petrol per 100 km, and we spent roughly \$120 to \$140 a month on petrol. We drive an average of 800 to 1000 km a month plus some extra on holidays. It was a bit more in the winter than in the summer, and of course, it depended on where we bought the petrol.

Since we no longer tow heavy trailers and are usually only the two of us in the car, we decided to buy a slightly smaller vehicle. After some deliberation, we went with a Mitsubishi Eclipse Cross PHEW AWD. The relatively weak petrol engine only has about 98 hp, but it runs on 91 octane. Then there are the two electric motors, bringing the total output to 188 hp according to the manufacturer. You really notice the reduced power while driving, especially when running solely on petrol.

Our petrol costs have dropped by about half to around \$60-70 per month. However, our electricity consumption has doubled. Even though we only charge the car's battery when our solar panels are generating power or at night during off-peak hours, our electricity costs have increased from about \$110 per month to just over \$200. On top of that, there are the road user charges of 4¢/km, which adds another \$40 per month.

Last month, we did a road trip in the northern part of the South Island, about 1,000 km. During this trip, we didn't charge the battery using the grid, so we only drove on petrol or the electricity generated while driving. Our petrol consumption was just under 7 litres per 100 km. In my opinion, that's very high for such a weak engine.

Another cost factor is insurance. Our Kuga cost about \$550 a year, the smaller Mitsubishi about \$1,300. Sure, the new car is worth about twice as much as the 10-year-old Kuga was, but the insurance has more than doubled.

We had actually planned for this to be our last car, but after all this experience, I'm not so sure.

Reinhard Gebhard

All electric

We have had a 2016 Nissan Leaf for 9 years now. It was imported from Japan when only one year old with 7,000 km on the clock. It has now just turned over 140,000 km.

The battery health indicator shows a score of 9 out of 12, so about 75%. While the range has never been great we find it perfectly adequate for travelling to Nelson or Motueka.

We did once, as an exercise, drive it to Kaikoura, but it involved charging it four times along the way. Nelson—breakfast, Havelock—mussels, Blenheim—shopping and Ward—ice cream.

I was interested to compare the cost of travel now that RUC has kicked in. We also have a Toyota Corolla so we were able to compare the costs of the two cars. There is some maths and a spreadsheet involved here but stick with me!

The Corolla has a litres per 100 km (l/100k) average around 6 to 6.5, so here is a table with varying scenarios for 10,000 km:

l/100k	\$/litre	total
6.0	\$2.80	\$1,680
6.5	\$2.80	\$1,820
6.5	\$3.00	\$1,950

For the Leaf there is an equivalent readout of Km per kiloWatt-hour (km/kWh) and I reckon the power price is about 31¢/kWh and the RUC \$760. So for 10,000 km again:

km/kWh	¢/kWh	total	+RUC
6.4	31	\$484	\$1,244
7.0	31	\$443	\$1,203

So given these figures there is a saving of \$400 to \$700 dollars over 10,000 km, depending on the variables, and a further \$400 if you have solar.

Looking at the 140,000 km total, multiplying those savings by 14 gives you \$5,600 to \$9,800, and even more when you consider that most of that travelling was pre-RUC, but less if you factor in the lower price of petrol in the past. Where will it go from here one asks?

You still need tyres of course and we had to replace the 12v battery once, but no oil changes. Another thing to consider is the resale value, but then we tend to keep our vehicles for a while. I still have the ute I bought in 1989—so long that I think the value is increasing now!

I have always thought that the hybrid cars are not really the solution to lowering our carbon footprint, looking at Reinhard's hybrid average at 7 l/100km. Not really fuel efficient even compared to the Corolla.

Andrew Earlam



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Opinion from Timo Neubauer

Timo Neubauer is a Tasman District Councillor. This article reflects his personal views and does not necessarily represent the position of Tasman District Council.

Tourism is great for our local economy.

But what about local ratepayers?

Full disclosure: together with my family, I run a small agritourism accommodation business in Hope. Like many tourism operators in our region, we rely on visitors, and our business is highly seasonal.

From that perspective, I welcome the Government's recent investment in tourism marketing, including funding that will help promote regions like Nelson Tasman and encourage visitors outside the summer peak season.

But wearing my councillor hat, the issue is a little more complicated. The reality is that more visitors also create more costs for local councils.

Visitors use our roads. They place demand on water and wastewater infrastructure. They generate rubbish. Parks, reserves, public toilets and freedom camping facilities must all cope with seasonal peaks in demand.

Take Marahau as an example. During the height of summer, thousands of visitors pass through this relatively small community. Their wastewater and effluent may be contributing to groundwater quality issues.

We do not yet know the full extent of those impacts, which means councils must fund environmental monitoring, investigate potential causes, and potentially invest in solutions.

All of this costs money.

Yet when tourism businesses earn additional income, the income tax goes to central government.

When visitors spend money at shops, restaurants, activity providers or petrol stations, the GST goes to central government.

When international visitor numbers increase, the International Visitor Levy also goes to central government.

Meanwhile, much of the cost of accommodating those visitors falls on local communities, regardless of where those visitors come from.

At present, councils largely recover these costs through rates and user fees. In other words, local ratepayers help fund infrastructure and services used by visitors, while much of the tax revenue generated by tourism flows elsewhere.

That is why I have long supported a "bed tax". Yes, it would also affect my own business. But compared with raising rates, it seems a fairer and more transparent way of ensuring those who benefit from local tourism infrastructure contribute towards its cost.

Some politicians oppose that approach because it would also affect New Zealanders travelling domestically. That may be true. But our roads, water infrastructure and rubbish collection do not distinguish between domestic and international visitors. The cost to local government is real either way.

While I welcome the recent proposal to return a portion of International Visitor Levy revenue directly to councils and regions based on visitor numbers, I do wonder why this has not already happened. However, the proposal has an obvious limitation: it uses international visitor numbers as the primary basis for distributing funding.

Tasman's tourism sector predominantly serves domestic visitors, with only around 25 percent of visitors being international. That means our region could be disadvantaged compared with destinations that attract a larger share of overseas tourists, despite facing many of the same infrastructure, environmental and service costs.

Local ratepayers would still be left covering a substantial portion of the costs associated with hosting visitors.

Tourism delivers substantial economic benefits to Tasman and to New Zealand as a whole. However, those benefits should not come at the expense of local ratepayers who are expected to fund the infrastructure and services visitors rely on.

Returning a share of visitor-generated revenue to councils is not about discouraging tourism. It is about ensuring the communities that welcome visitors can afford the infrastructure, environmental protection and public services that tourism depends on.

That is not a left-wing idea or a right-wing idea. It is simply common sense.

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October 2026

Māpua Hall News

72 Aranui Road Māpua Mapuabookings@gmail.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEIGHTS/PILATES WITH LYNDA 8:30 – 9:45AM	SIOUX LINE DANCING 9:00AM–12:00	NEW Qigong WITH CRAIG 7.00–8.00am	M. A .G MĀPUA ART GROUP 9:30–12:30	CARDIO/WEIGHTS & PILATES WITH LYNDA 9.00 – 11:00
DELIAS DANCE DIVAS OPEN DANCE 10AM–11.00AM	PASTEL ARTISTS OF NZ 9:00 – 12:00	WEIGHT/AEROBICS/PILATES WITH LYNDA 8:30 – 11:00AM	PILATES/ YOGA WITH KRIS 10.00–11.00AM	YOGA WITH MARTIN 9.15 – 10.45AM
		YOGA FOR HEALTHY LIVING 09:15 – 10:45AM		
MINDFUL MOVEMENT WITH TILLY 11:30 – 12:30PM		MINDFUL MOVEMENT WITH TILLY 11:30 – 12:30PM		
CREATIVE DANCE WITH RAPHAELA 16.00 – 16:45	CB DANCE WITH COURTNEY 15:30 – 16:30	CHAIR YOGA WITH YVONNE 14:00 – 15:00PM		
BROGA /MENS YOGA WITH NIKKI 5.30–6.45PM	YOGA WITH MARTIN 18:00 – 19:00PM			
MAPUA & DISTRICTS COMMUNITY ASSC MONTHLY ON THE SECOND MONDAY 18:30 – 21:00pm	BOARDGAME NIGHT WITH RICHARD 19.00PM– 23:00PM	YOGA WITH RACHEL 18:30 – 19:45PM	MĀPUA COMMUNITY CHOIR 19.30–21.00PM	

**Tasman
National
Art
Awards**

The Tasman National Art awards 2026

Official opening and presentation of Awards

Saturday 26th September 7.30pm. (Doors open at 7pm).

Exhibition open to the public

Sunday 27th Sept 9.30am to 4.30pm daily through to Sat 10th Oct.

Closing of exhibition is Saturday 10th October at 4.30pm.

**VOTING IS AVAILABLE
November 7th
AT THE
MĀPUA COMMUNITY
HALL**



Māpua Hall office closed for Annual leave 5th Sept-1st Oct - Email bookings to :Mapuabookings@gmail.com

From Nappies to Keas - Makers Market – a Māpua Hall fundraiser

Textile ResQ – Robyn Pask. Māpua Makers Market 15th November 10am – 2pm

You wouldn't think that nappies and Keas have anything in common. In fact, the image is totally implausible. But repairing reusable nappies and making bags for weighing Keas are just two of the myriads of projects that keeps Textile ResQ humming along. Indeed, and at the risk of invoking another animal analogy, the Textile ResQ workroom is a veritable hive of industry.

The repaired re-usable nappies go to *Little Green Steps* whose focus is on sustainable parenting. The nappies are then passed on to mothers to use.

Then there are those Keas. Conservation projects use biodata from weighing the birds and the only way to do that is to place them into a bag. The official ones are very expensive and made from goodness knows what. Textile ResQ's bags are all recycled and reusable.

Textile ResQ is a collective that keeps clothing and textiles out of landfill by mending, repairing, repurposing, and up-cycling donated clothes and fabrics. It was started by five local women who in the early days received advice and guidance from a similar textile waste minimisation initiative in Whangārei called *Intercept Fabric Rescue*.

Impressively, there is double recycling. Another organisation Textile ResQ works with is Hospice, by taking unsold garments from Hospice shops then upcycling them for Hospice to sell in their Nelson and Stoke shops. The focus is on natural fibres where possible.

Denim. You can make a lot of different garments, bags and other items from old worn-out jeans. Textile ResQ gets a LOT of old jeans! When I visited, one volunteer was unpicking waistbands from old jeans. The waistbands make excellent handles for denim bags.

Sashiko. Google this. It is a Japanese technique for decoratively patching garments. Rachel at Textile ResQ is a master of Sashiko. It can be applied to most damaged garments and works fabulously for jeans.

NB! A Christmas or birthday hint for a grandparent with a little disposable cash to spend on your much-loved



grandchild. Textile ResQ makes the most *exquisite* upcycled garments for children. They find these a bit hard to sell as the garments have to be priced to reflect the work involved. I took photos of a fabulous little reversible dress and a delightful pinafore. Both were priced at around \$20 which may not compete with large bulk chain stores' throwaway garments, but what is

\$20 for a gorgeous, handmade garment for your grandie?

Finally, if you have a largeish office, warm garage or smallish warehouse that you'd be happy to rent out for a modest amount, Textile ResQ would be interested. They will be looking for new premises from early next year (or before). Stoke or Richmond would be ideal as a location and the space will need a small kitchenette and plenty power points. You would be doing both Textile ResQ and the planet such a favour!



If you are into sewing or craft, check out their website for a mix of videos, websites articles and resources.



Workroom

The Makers' Market is an eclectic mix of professional and amateur makers. Some new to the market scene and some old hands. As a fundraiser for the Māpua Hall, the committee tries to ensure a good mix of crafts – textiles,

jewellery, woodwork, homeware, clothing, toys – always something different to choose from. Each of the makers is selected on the quality and individuality of their products.

The very popular hall-run café overlooking the Domain, serves cakes, mini rolls and sandwiches along with Pomeroy's coffee. Perfect for a relaxing sit down and a break from the rigors of shopping.

All profits from the market stall hire, the cafe and the koha (gift) on entry go towards the upkeep of the Māpua Hall which is owned, operated and funded by the local community.

Makers in the wider area who make contemporary, quality products are welcome to apply for a place at our markets and can register their interest anytime at

mapuamakersmarket@gmail.com . When applications open, you will be asked to apply via an application link.

The November Makers Market will be perfect for those who loathe the crowds and like to have their Christmas shopping done and dusted to avoid all that mayhem.

Māpua Makers Market 15th November 2026 10am – 2pm

Mary Garner, Māpua Hall Committee



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Last month, we introduced Dr Chris Welland and discovered how a chance encounter with a brand-new ultrasound machine at the very beginning of his veterinary career sparked an interest that has stayed with him ever since.

This month, we're stepping away from the ultrasound machine to get to know Chris a little better on a personal level, from growing up in Nelson and his connection to an All Blacks captain, to faith, family and a karaoke performance we'd quite like to witness!



What do you appreciate most about working and living in this region?

I was born in the UK, but my family hopped on a boat when I was only about six weeks old and settled in Nelson where I grew up, so while Nelson has obvious natural beauty, the big thing for us is connection to family and friends.

What's one thing people would be surprised to learn about you?

I'm a massive All Blacks fan and, as a student, had a holiday job in Rockville, just outside Collingwood, doing farm work and milking cows with Todd Blackadder on a farm. I had a great summer, and he went on to become All Blacks captain, so I've always had a keen interest there.

If you could choose any superpower, what would it be?

Seeing people healed. Not through me, because that doesn't fit with my faith or beliefs, but because of what Jesus did. That would be up there.

What's your go-to karaoke song?

Sweet Child O' Mine by Guns N' Roses. I can do all the Axl Rose high notes and play my air guitar.

Favourite All Black?

I've obviously got a soft spot for Todd and the latest generation of Blackadders with Ethan, but I'd probably go Brad Thorn. His life, his faith, his strength.

If you could wake up anywhere in the world, where would it be?

Probably Golden Bay with the family. Although I did enjoy Las Vegas, but for different reasons. They're not very comparable!

And finally, coming back to your job, what do you love most about being a vet?

I love combining the detective work of medicine with the technology we now have to find answers quickly and, where possible, avoid unnecessary procedures. Also, really important to me, is the relationships you build with the owners and their animals. A hugely rewarding part of the job.

So there you have it, when Chris isn't behind the ultrasound machine, there's every chance he's talking rugby, dreaming of Golden Bay or perfecting those Axl Rose high notes. We're extremely privileged to have his expertise (and air guitar skills!) as part of our Vetlife Tasman team.

To make an appointment at Vetlife Māpua phone 03 540 2329
We are open Monday - Friday 8.30am - 12pm + 1pm - 5.30pm

Lynda's Exercise Classes in the Māpua Hall

Our timetable can change to accommodate big gigs in the Hall. Please contact me before turning up to have a chat about health stuff, to talk about the best format for you, and to be added to the group email list for notifications.

Short Weights and Pilates on Steroids \$5 per person, even if you're 92 (and you can be, you're most welcome. The average age of our participants is 60+, but 30-somethings still get a workout.) All other classes \$10.

Octogenarians+ free/koha for \$10 classes.

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Pilates on Steroids (not entry-level) Mon 9.05-9.40am.

Old-fashioned Aerobics Wednesday 9.05-10.00am. Funk about and sing along to 60s, 70s and 80s songs (with an occasional foray into music from the 21st century).

Cardio/Weights Friday 9.05 - 10.00am.

Traditional Mat Pilates Wed & Fri 10.05 - 10.55am.

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What's on during the week at HCC?

Sunday: Morning Service - 9:30am

Worship and fellowship followed by morning tea.

Wednesday: KidsnKoffee – Community Playgroup
10am to 12pm. *A great space for all the whanau*

Thursday: Pray and Chat – 10:00am.

An opportunity for prayer, discussion & a chat over coffee.

Senior Moments – 10:00am to 12:00pm – second and last Thursday of the month. *A place to connect. Friendship, food, events and relevant information.*

Kids Club – Every Thursday after school until 5pm.

A multigenerational fun afternoon of learning and sharing for primary school kids. Arts & crafts, drawing, painting, knitting, music, cooking & more.

Friday: Craft and Coffee – 1st & 3rd Fridays 10am to 12pm. *If you love all things "crafty" come along & join the group.*

Throughout the week: Life Groups

Drop in for coffee, chat or just a quiet space.

Sunday Services through the month at HCC	
	Café Church An opportunity to worship, learn, and share in an informal setting – while enjoying croissants and fresh coffee. 1st Sunday of every month 9.30 am
	Holy Communion A traditional Anglican Holy Communion service. Sharing bread & wine together as a church community. 2nd Sunday of every month 9.30 am
	Family Praise and Worship Come together to worship God through song, prayer, listening to and hearing the Word of God. 3rd Sunday of every month 9.30 am
	Holy Communion Based on the Iona tradition. Sharing bread and wine together as a church community. 4th Sunday of every month 9.30 am
	Coming together as a church community to celebrate the different themes running throughout the year. Followed by a shared morning tea. 5th Sundays in the year 9.30 am

What's happening at Seniors Connect in October?	
NB Thursday 1st October 2:30pm – 4:00pm	Connect Café Celebrate Spring with a delicious afternoon tea and pleasant conversation
Thursday 8 th Oct 10.00am – 12.00pm	Connect Café Marnie Brown (Health Coach – Mapua) Wellness Talk <i>"Looking after myself"</i>
Thursday 29 th Oct 10.00am – 12.00pm	Connect Café Meet and chat
Come and join us. Make new connections Great conversation	

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Yoga Classes in Mapua/Ruby Bay

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Yoga for fitness and fun.
Cultivate strength, flexibility, and peace of mind.

Slow & Restore Yoga

Thursdays 5.30 – 6.30pm

Slow movement, yin and restorative yoga for deep stretch and rejuvenation.

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This free training is designed to give you the confidence to take action if someone suffers a cardiac arrest by:

- Calling 111 (Step one)
- Starting CPR (Step two)
- Using an AED (Step three)

Come along to a FREE 3 Steps for Life session:

Date: Tuesday 13 October 2026 at 5.15 – 6.30pm
Location: Moutere Hills Community Centre
Contact: Register by texting your name and email address to 021 231 3947

Hato Hone St John

Why you should get involved in 3 Steps for Life?

Each year, more than 2,500 New Zealanders experience a cardiac arrest (heart stoppage) outside of hospital and most of these happen at home. Performing CPR and using an AED is easy, and doing so early can increase the chance of survival by more than 44%. For every minute without CPR or defibrillation, a person's chance of survival drops by 10–15%.

If this ONE-HOUR course fills up, we will look to run another later in the year, so please text if you are interested with the day and time that could work for you. 021 231 3947. Please include your email address.

**Oct 10th
SUNCITY SOUL BAND**

**Oct 17th
Altitude Studio Night**

**Oct 30th
Penny Ashton
Shakespeare Play**

**Nov 14th
90s Night
Free Entry!!**

**Nov 20th
Martine Baanvinger
Play "Echo"**

**Nov 27th
80s Christmas Party!**

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Have a go day Sunday 11th October 1pm

Vision: Sports Fun for All

Mission: Be Kind Be Inclusive Be Respectful

Activities: Roll ups: Tuesday, Thursday & Saturdays
names in by 1pm.

Monday twilight bowls starting 9th November

Contact: President Debbie 0272712075

Secretary Di 0210773445

Bowling can be purely for leisure or as competitive as
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for anyone to come and have a go. We have disability
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Facilities: The Clubhouse is an excellent facility for
social occasions and meetings, with one large main room
and a fully equipped kitchen. It is available for hire
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Initial contact through the email.

The Green has 8 rinks laid with cotula grass, and the
attention and care that it receives means it is one of the
very best greens around.

Ruby Coast Running Club

The increasingly lighter spring evenings have been a
welcome development at our regular Thursday 5km
events. We have been able to put away our head torches
for the year and also shed some of our warmer layers.

We continue to have a good turnout of walkers and
runners each week, including some newcomers, which is
great to see. So that everyone has a chance to run we now
have a roster for timekeeping duties for our regular walkers
and runners. If you have not done so already, please let
Sarah know what date you would be available to volunteer.

On 5 September a number of our runners took part in
the Dovedale Hill run. This is an 11km run which starts in
Wakefield and then follows the Pigeon Valley Road to the
top of Dovedale Hill. Around halfway up as the road
becomes unsealed the gradient increases noticeably, so it
is satisfying to turn the final corner and see the finish line.

We had ideal weather for the event this year, with
some light rain easing off just before the start. Although
none of our runners received placings everyone ran well
and enjoyed the event which included socialising
afterwards at the prizegiving at the Wakefield Hotel.

The next event on our calendar will have taken place by
the time this goes to print. It is the Motueka Sprig & Fern
10km on 26 September. Organised by the Waimea Harriers,
this is the last of this 10km series for the year.

If you would like to join our regular Thursday 5km event, we
meet each week in front of the playground by the Mapua Hall.
We start at 5:15pm for walkers and runners that need more than
30 mins to complete 5km, and 5:30pm for everyone else. Four-
legged walking or running buddies and strollers are welcome.
There is no need to register in advance and no fees to pay – just
arrive a few minutes beforehand to sign in and to listen to the
course briefing. Then join us afterwards for well-earned
refreshments at the Māpua Sprig & Fern.

You can also find us on Facebook: Ruby Coast Running Club.



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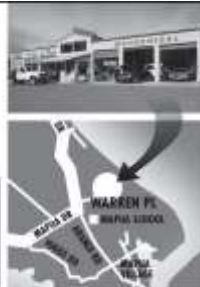


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Our latest news & adventures



Community Open Day - All Welcome

Date: 21 November
Time: 11:00 - 3:00 pm
Gold coin donation

It's our 40th birthday this November! For four decades, Whenua Iti has been inspiring, challenging and connecting people through the outdoors. This November we want to celebrate that milestone with the community who have been such a big part of it. Save the date and join us for a day of celebration.

Bring your whānau and friends for a fun-filled day exploring Whenua Iti, meeting our team, enjoying activities, and celebrating this special milestone. Whether you've been with us since the early days or you're new to Whenua Iti, we'd love you there to mark 40 years together.



WIO Site in Lower Moutere

2027 Summer Holiday Programmes

Our January holiday programmes are almost here! We have programmes developed for ages 7-18 year olds. Head to our website for programme details and enrollment forms. These programmes give tamariki a break from screens and a chance to build confidence outdoors. It's often the highlight of their summer, and for a lot of families as well.

Details about the programmes will be released soon. If you're a newsletter subscriber, you'll get an early notification before we open bookings more widely via social media. This will give you a head start on choosing the dates that suit your family.

These programmes are always popular and spots fill quickly each year, so this is your best chance to secure a place before they sell out. Last summer, several of our programmes were fully booked within days of opening, so we'd encourage you not to wait bookings go live. Keep an eye on your inbox over the coming weeks for the full programme release.



Kayak briefing at Kaitereterere

We'll see you out there!

wio.org.nz



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HAIR CREATIVES

MĀPUA, NEW ZEALAND

BOOK ONLINE AT ZOOMHAIR.CO.NZ

New art studio opening

Jenny is an accomplished watercolour artist, based in Ruby Bay. She started her art journey studying art history at Auckland University and later interior design in England.



She completed a diploma of art and creativity through the The Learning Connection (2020-23), Wellington.

She has recently returned from an art tour with well-known Australian artist John Lovett in Italy.

Jenny finds inspiration in nature & people's daily lives. She also likes historic architecture.

She is thrilled to open her working studio/gallery in Ruby

Bay on **October 15th**. She is a member of the Ruby Coast Art Trail and Māpua Art Group and also the Suter Art Society.

She has small and large originals for sale along with high-quality giclee prints of her originals. She has fun and colourful cards for sale. Call in and say hello if you are in the area and if her flag is out at:

194 Stafford Drive, Ruby Bay. 0211341326

Māpua Fire Brigade



Aug to Sept 26 call outs

- 20 Aug 13:30 Gorse fire Redwood Valley, started from a drum fire. Nearly all fire trucks in the Tasman Bay area attended and a helicopter.
- 30 Aug 19:12 Rural unit to bush fire Champion Rd, stood down after leaving station.
- 30 Aug 20:31 Rural unit to Seaview Av, Lower Moutere, pile of apples trees on fire, high wind causing issues, helped put out.
- 31 Aug 14:26 Tree across driveway, high winds, someone with chainsaw helped to clear tree.
- 1 Sept 12:04 Rural unit with Tasman Rural to fire at Glenduan. Tasman Rural has Māpua's rural truck because their truck had a broken pump.
- 05 Sept 17:27 Small fire Kina Peninsula, out on arrival. No fires allowed on reserve land.

Call outs for the year = 64

For fire safety info go to - <https://fireandemergency.nz/>

For rural fire go to - <http://www.checkitsalright.nz/>

Check and clean smoke alarms If alarm is older than 10 years old, replace it.

We are still looking for some people to join the team, if you are available in the daytime and Thursday nights for training, we would like to see you.

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Noticeboard

Kids Fishing Competition: Māpua Wharf, Sunday 15 November. Noon-1pm. Māpua Boat Club.

Found: Titanium ring, wide, on bench by Māpua tennis courts, Thurs 10 Sep. Contact 03 5403901 and describe it if you are the owner. Or text 0274 392495.

Yuan Qigong Classes for Calm, Wellbeing, Movement, Breath, Relaxation. Beginner class starts soon, Tuesdays 11am-noon. Ruby Retreat Studio. \$15/class. Ali: 02102387725, rob.and.al@xtra.co.nz

Māpua Coastal Stringers meet Fridays from 1.30-3.45pm at Māpua Bowling Club. All welcome. Just arrive and enjoy the singing. Contact Dianne 021 077 3445

Book Appreciation Group [BAG]: Māpua Library, second Wednesdays at 2:15pm. For anyone who enjoys books and talking about what they have read. Friendly and informal. Info: Rachel 027 358 6003 or just come.

Tasman Talkers: Develop speaking and communication skills in a friendly supportive environment. Club meets 6.30pm 1st & 3rd Wednesdays at St Johns rooms, Jack Inglis Hospital, Motueka. Supper provided. Info: Tristan 020 40994255 / Che 022 3189396

Justice of the Peace: Mary Garner, The Bluffs, 0210469626

Vinyasa Flow Yoga Classes. Tuesdays & Fridays 9.30-10.45am. Riverside community centre, Lower Moutere. \$15 drop-in. Contact Jo 0211709495

Tasman Area Social Walking Group: welcomes all to our Wednesday 9.30am walks. 60-90 mins walk & then coffee. Walks vary & support local cafés. Info: Fiona 021 232 6089

Nelson Branch RNZAF meets 2nd Saturdays at Phils Restaurant, Club Waimea, Richmond. ex RAF, RNZAF or others with interest in aviation. Contact: John Bethwaite, 035476634 or Trevor Squires, 039706644. Meal \$25.

Craft Group: please check with Barbara that meetings are going ahead. 03 5403901

Stamp & Coin collections in Māpua/Ruby Bay & the Moutere evaluated & purchased. Nick Ferrier 021 688243

Pastel Artists Nelson: meet Tuesdays 9am-noon, Bill Marris room, Hall. Visitors welcome. Marg: 027 257 1857

Māpua Women's Rec Group. Come and join our friendly social walking group. Meet outside Village Mall Thursdays 9.15am. Options for all fitness levels plus activities and social events. mapuarecgroup@gmail.com or just turn up.

Knit & Natter group now at Appleshed: 10am Tuesdays. Contact: Debbi 027 327 4055

Re-cycle Printer Cartridges at the library. Volunteers are happy to collect printer & photocopier cartridges and transport to recycling centre. Blue bin in our foyer.

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 021 526 6707 / 021 526 6700

Tasman Dippers: A casual collection of people who enjoy connecting with the open water. Year-round dips or swims in the sea at Rabbit Island. Info: www.tasmandippers.nz

Motueka Scottish Country Dance Club: Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Māpua Boat Club welcomes new members. No boat required. Social nights Thursdays 5.30 - 7pm at Club rooms on Māpua Wharf. Raffles, cash bar, snacks, regular guest speakers. To join, contact Secretary, Katrina 0211393945

Playcentre: behind the tennis courts at 84 Aranui Rd. Come & play – Mondays & Thursdays 9.30-noon during term time. mapua@playcentre.org.nz

Ruby Coast Running Club: 5k run Thursday nights 5:30pm. Also runs most mornings. Find us on Facebook.

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Tasman Area Community Association (TACA) 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or www.tasmancommunity.org.nz

Quakers meet at Family Service Centre, Motueka 10am 2nd Sundays. All welcome. Enquiries: Linda 027 447 6435.

Nelson Trout Fishing Club: 7pm 3rd Wednesdays, Fish & Game Rooms, 66/74 Champion Rd, Stoke. Beginner or expert. Courses, field trips, speakers. Open to all ages. Info: 03 5476432, secretary@nelsontroutfishingclub.com

Toy Library: selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall, Saturdays 10.00-noon, 1st & 3rd Tuesdays 12.30-2.30pm. mapuatoylibrary@gmail.com

Māpua Art Group meets Bill Marris Room Māpua Hall Thursdays, 9.30am-12.30pm. Paint, draw, in a social environment. All levels, media. \$5 incl morning tea. Tables, chairs, easels provided. mapuaartgroup@gmail.com

Māpua Community Choir: 4 part harmony, no audition necessary, small koha, Māpua Hall 7.15pm Thursdays, contact: Rachel Boon, 027 358 6003, rboonnz0@gmail.com

MDCA: Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; info@ourmapua.org

Kids 'n' Koffee Playgroup: Wednesdays 10-noon during term time, at Hills Church building. 0-6 year olds. Morning tea provided. Gold coin. Info: Carolyn White 5402682

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St, Motueka. Seniornetmotueka.org.nz

Coastal Garden Group meets 1.30pm first Thursdays, Upper Moutere Community Centre. All most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Info: coastalgarden.group@gmail.com

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues. Morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Club Notices are free. Others by gold coin donation to one of the distribution boxes.

Your details: Please make sure contact details on this page are up to date. Send us an email.

Check out www.coastalnews.online